

Under 11 Girls Results Track

<u>75m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
Channon Cox	R Rhondda		11.8	10.7 8-Aug-04 HER Sam Griffiths
Bethan Hill-Howells	N Newport		12.1	
Holly Jones	A Aberdare		12.6	
Hannah Seabourne	C Cwmbran		13.6	
<u>75m</u>	<u>2</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
Bethan Morgan	NN Newport		12.7	
Alice Davies	AA Aberdare		13.3	
<u>75m</u>	<u>2</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
Sian Jones	107 Aberdare		12.1	
Kate Lazlo	102 Aberdare		13.7	
<u>150m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
Channon Cox	R Rhondda		24.4	22.2 27-Jul-03 ABD Christie Williams
Holly Jones	A Aberdare		25.0	
Bethan Hill-Howells	N Newport		26.2	
Hannah Seabourne	C Cwmbran		28.5	
<u>150m</u>	<u>2</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
Sian Jones	AA Aberdare		25.8	
Bethan Morgan	NN Newport		26.5	
<u>150m</u>	<u>2</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
Kate Lazlo	102 Aberdare		23.4	
Kate Mathias	103 Aberdare		29.7	
<u>800m</u>	<u>2</u>	<u>A String</u>		<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
Hannah Mittelberger	A Aberdare		3:00.00	2:43.90 23-Jul-05 ABD Emily Frow
Megan Tasker	R Rhondda		3:28.50	
<u>800m</u>	<u>1</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
Emily Murphy	AA Aberdare		3:41.70	
<u>800m</u>	<u>0</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
#N/A	0	#N/A	0:00.00	
<u>Relays</u>	<u>1</u>			
<u>Name</u>	<u>Club</u>			
Hannah Mittelberger, Emily Murphy, Sian Jones, Kate Mathias	Aberdare		68.1	

Under 11 Girls Results Field

<u>Long Jump</u>	<u>3</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
Bethan Hill-Howells	N Newport		2.99	3.81 8-Aug-04 HER Sam Griffiths
Channon Cox	R Rhondda		2.64	
Kate Mathias	A Aberdare		2.55	
<u>Long Jump</u>	<u>3</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
Megan Tasker	RR Rhondda		2.49	
Alice Davies	AA Aberdare		1.81	
Bethan Morgan	NN Newport		1.73	
<u>Long Jump</u>	<u>3</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
Holly Jones	108 Aberdare		2.47	
Sian Jones	107 Aberdare		2.46	
Emily Murphy	105 Aberdare		1.83	
<u>2.72kg Shot</u>	<u>0</u>	<u>A String</u>		<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
#N/A	0	Error	0.00	6.68 27-Jul-03 RHO Candice Finlay
<u>2.72kg Shot</u>	<u>0</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
#N/A	0	Error	0.00	
<u>2.72kg Shot</u>	<u>0</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
#N/A	0	#N/A	0.00	
<u>300g Javelin</u>	<u>3</u>	<u>A String</u>		<u>RECORD</u>
<u>Name</u>	<u>Club</u>			
Kate Mathias	A Aberdare		7.39	7.39 23-Apr-06 ABD Kate Mathias
Megan Tasker	R Rhondda		6.30	
Hannah Seabourne	C Cwmbran		4.85	
<u>300g Javelin</u>	<u>1</u>	<u>B String</u>		
<u>Name</u>	<u>Club</u>			
Alice Davies	AA Aberdare		5.36	
<u>300g Javelin</u>	<u>0</u>	<u>Guests</u>		
<u>Name</u>	<u>Club</u>			
#N/A	0	#N/A	0.00	

Congratulations to Katie Mathias of Aberdare who has a new record with a new javelin of 14.22m

Under 11 Boys Results Track

<u>75m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>			

Under 11 Boys Results Field

<u>Long Jump</u>	<u>3</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>			

ABERDARE Match 1

Oliver Hudson	N	Newport	11.9
Dylan Nash	R	Rhondda	12.4
Miles Thomas	A	Aberdare	12.9
Thomas Fellows	H	Hereford	13.1

75m 3 B String

Gregory Beynon	AA	Aberdare	12.1
Max Murray	NN	Newport	12.5
Dan Costello	HH	Hereford	12.8

75m 2 Guests

James Simons	434	Newport	12.9
Connor Thomas	106	Aberdare	15.1

150m 4 A String

Gregory Beynon	AA	Aberdare	23.1
Oliver Hudson	N	Newport	23.1
Dylan Nash	R	Rhondda	24.0
Dan Costello	H	Hereford	24.4

150m 2 B String

Max Murray	NN	Newport	24.9
Miles Thomas	A	Aberdare	24.9

150m 1 Guests

James Simons	434	Newport	24.9
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800m 2 A String

Harry Millikin	HH	Hereford	3:23.40
Stephen Russell	N	Newport	3:26.00

800m 0 B String

#N/A	0	Error	0:00.00
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800m 0 Guests

#N/A	0	#N/A	0:00.00
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Relays 2

Max Murray, Oliver Hudson, Stephen Russell, James Simons	Newport	67.2
Thomas Fellows, Dan Costello, Kyle Willis, Harry Millikin	Hereford	72.5

SOUTH EAST WALES LEAGUE

10.6
5-Sep-04
BRE
Cynfelen Nancarrow

Oliver Hudson	N	Newport	3.15
Gregory Beynon	AA	Aberdare	3.06
Kyle Willis	H	Hereford	2.69

Long Jump 3 B String

Max Murray	NN	Newport	2.96
Miles Thomas	A	Aberdare	2.74
Harry Millikin	HH	Hereford	2.44

Long Jump 3 Guests

Stephen Russell	433	Newport	2.52
Connor Thomas	106	Aberdare	2.44
James Simons	434	Newport	2.43

2.72kg shot 1 A String			
Thomas Fellows	H	Hereford	3.47

2.72kg shot 1 B String			
Dan Costello	HH	Hereford	3.07

2.72kg shot 0 Guests			
#N/A	0	#N/A	0.00

300g Javelin 3 A String			
Dylan Nash	R	Rhondda	14.22
Thomas Fellows	H	Hereford	11.55
Stephen Russell	N	Newport	11.01

300g Javelin 1 B String			
Kyle Willis	HH	Hereford	9.39

300g Javelin 1 Guests			
Harry Millikin	302	Hereford	6.24

4.00
5-Sep-04
BRE
Cynfelen Nancarrow

RECORD
7.11
7-Sep-03
RHO
Aaron Finlay

RECORD
14.22
23-Apr-06
RHO
Dylan Nash

RECORD
21.6
23-Jul-05
HER
Harry Ravenhill

RECORD
2:30.50
18-Apr-98
NPT
Tom Organ

Congratulations to Dylan Nash of the Rhondda who has a new record with a new javelin of 14.22m

Under 13 Girls Track

70m Hurdles	A String				
Name	2	Club	Perf	GR	RECORD
Bianca Kay	H	Hereford	15.5		11.8
Elisha Hughes	A	Aberdare	15.8		20-Jun-99
70m Hurdles	0	A String			TOR
					Cate Povey

Under 13 Girls Field

Long Jump		A String			
Name	4	Club	Perf	GR	RECORD
Natasha Lewis	C	Cwmbran	3.71	4	4.80
Jessica MacDonald	A	Aberdare	3.56	4	16-Jun-95
Latasha Allen	N	Newport	3.46		TOR
Chloe Griffiths	H	Hereford	2.90		Aimee Cutler

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

#N/A	0	Error	0.0						
70m Hurdles	0	Guests							
#N/A	0	#N/A	0.0						
100m	4	A String							
Carly Brown	CC	Cwmbran	14.0	3	RECORD				
Jessica MacDonald	A	Aberdare	14.1	3	13.1				
Lauren Archer	N	Newport	14.7	4	9-Sep-01				
					NPT				
					Rebecca Williams				
100m	4	B String							
Hannah Kelleher	AA	Aberdare	14.4	3					RECORD
Chloe Swadling	C	Cwmbran	15.1	4					1.41
Latasha Allen	NN	Newport	15.6						10-Aug-97
Bianca Kay	H	Hereford	17.2						NPT
									Joanne Hodge
100m	8	Guests							
Samantha Strickland	213	Cwmbran	15.2	4					
Megan Risdale	309	Hereford	15.4						
Natasha Lewis	200	Cwmbran	15.7						
Rebecca Webb	211	Cwmbran	15.9						
Kate Mathias	103	Aberdare	16.3						
Chloe Griffiths	305	Hereford	16.7						
Kate Parker	307	Hereford	17.3						
Katherine Green	201	Cwmbran	17.6						
200m	4	A String							
Hannah Kelleher	A	Aberdare	29.8	3	RECORD				
Lauren Archer	NN	Newport	30.4	4	27.3				
Bethan Risdale	H	Hereford	31.6		10-Aug-97				
Natasha Lewis	C	Cwmbran	36.7		NPT				
					Joanne Hodge				
200m	2	B String							
Megan Risdale	HH	Hereford	32.4						
Latasha Allen	N	Newport	33.4						
200m	1	Guests							
Samantha Strickland	213	Cwmbran	31.4						
800m	1	A String							
Kate Parker	H	Hereford	3:14.60		RECORD				
					2:32.10				
					27-May-01				
					NPT				
					Zoe Llewellyn				
800m	1	B String							
Sian Richards	HH	Hereford	3:15.50						
800m	0	Guests							
#N/A	0	#N/A	0:00.00						
1500m	1	A String							
Ellie Leek	C	Cwmbran	5:54.50	4	RECORD				
					5:00.90				
					31-Jul-00				
					ABD				
					Rachel Byrne				
1500m	0	B String							
#N/A	0	Error	0:00.00						
1500m	0	Guests							
#N/A	0	#N/A	0:00.00						
Relay	2								
Chloe Swadling, Carly Brown, Natasha Lewis, Katherine Green	C	Cwmbran	62.7						
Bianca Kay, Bethan Risdale, Megan Risdale, Chloe Griffiths	H	Hereford	65.7						

Long Jump	3	B String			
Elisha Hughes	AA	Aberdare	3.47		
Chloe Swadling	CC	Cwmbran	3.01		
Sian Richards	HH	Hereford	2.54		

Long Jump	2	Guests			
Carly Brown	210	Cwmbran	2.86		
Rebecca Webb	211	Cwmbran	2.60		

High Jump	1	A String			
Emma Crooke	H	Hereford	1.20	4	

High Jump	1	B String			
Bethan Risdale	HH	Hereford	1.00		

High Jump	0	Guests			
#N/A	0	#N/A	0.00		

Shot	2	A String			
Emma Crooke	H	Hereford	7.37	3	
Chelsie Simms	R	Rhondda	4.66		

Shot	1	B String			
Chloe Griffiths	HH	Hereford	4.61		

Shot	0	Guests			
#N/A	0	#N/A	0.00		

Discus	2	A String			
Emma Crooke	H	Hereford	15.29	4	
Chelsie Simms	R	Rhondda	10.51		

Discus	1	B String			
Stephanie James	HH	Hereford	6.11		

Discus	0	Guests			
#N/A	0	#N/A	0.00		

Javelin	3	A String	Perf		
Ellie Leek	C	Cwmbran	10.89		RECORD
Chelsie Simms	R	Rhondda	7.43		26.70
Sian Richards	H	Hereford	7.39		12-Jun-05

ABD

Christie Williams

Javelin	1	B String			
Stephanie James	HH	Hereford	5.50		

Javelin	0	Guests			
#N/A	0	#N/A	0.00		

Under 13 Boys Track

75m Hurdles	A String				
Name	2	Club	Perf	GR	
Shaun Bartz	A	Aberdare	14.3	2	
Jiles Barratt	H	Hereford	17.9		

75 Hurdles	0	B String			
#N/A	0	Error	0.0		

75 Hurdles	0	Guests			
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RECORD

12.3

22-May-05

ABD

Shaun Bartz

Under 13 Boys Field

Long Jump	4	A String			
Name	N	Club	Perf	GR	
Nathan Breeds	N	Newport	3.38		
Ryan Lester	C	Cwmbran	3.23		
Matthew Bennett	H	Hereford	3.21		
Tomas Adler	A	Aberdare	3.07		

Long Jump	2	B String			
Marcus Wright	CC	Cwmbran	3.10		

RECORD

4.94

8-Sep-02

NPT

Leigh Collwell

05-Sep-04

NPT

Rhydian Wilson

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

#N/A	0	#N/A	0.0		Joseph Roberts	AA	Aberdare	3.03	
100m	4	A String		RECORD	Long Jump	1	Guests		
Ieuan Growe	H	Hereford	14.0	3	Alex Thomas	100	Aberdare	2.99	
Tom Norton	C	Cwmbran	14.9	4					
Owain Curnell	R	Rhondda	15.5			High Jump	2	A String	
Alex Thomas	A	Aberdare	16.4		Joe Maddy	H	Hereford	1.20	4
					Shaun Bartz	A	Aberdare	1.15	
100m	2	B String							RECORD
Jiles Barratt	HH	Hereford	15.2			High Jump	1	B String	
Joel Wright	CC	Cwmbran	15.9		Tomas Adler	AA	Aberdare	1.10	
									1.55
									6-Jul-97
									BRE
									Richardo Childs
100m	0	Guests				Shot	5	A String	
#N/A	0	#N/A	0.0		Gethin Parry	R	Rhondda	6.48	4
					Joel Wright	C	Cwmbran	5.40	
200m	2	A String		RECORD	Nathan Breeds	N	Newport	5.26	
Ieuan Growe	H	Hereford	29.6	4	Matthew Bennett	H	Hereford	4.89	
Tom Norton	C	Cwmbran	30.6		Joseph Roberts	A	Aberdare	4.72	
									RECORD
									10.62
									25-Jul-98
									RHO
									Greg Finlay
200m	1	B String				Shot	1	B String	
Joel Wright	CC	Cwmbran	33.4		Joe Maddy	HH	Hereford	4.21	3
200m	0	Guests				Discus	2	A String	
#N/A	0	#N/A	0.0	1	Gethin Parry	R	Rhondda	13.98	4
					Jason Offord	C	Cwmbran	11.64	
									RECORD
									28.84
									25-Jul-98
									RHO
									Greg Finlay
800m	4	A String		RECORD		Discus	0	B String	
Marcus Price	C	Cwmbran	2:40.60	4	#N/A	0	Error	0.00	
									RECORD
									36.02
									5-Sep-04
									NPT
									Kevin Trigg
800m	2	B String				Javelin	2	A String	
Tomas Adler	A	Aberdare	2:53.30		Tom Norton	C	Cwmbran	23.28	4
					Owain Curnell	R	Rhondda	18.60	
1500m	3	A String		RECORD		Javelin	2	B String	
Ryan Lester	C	Cwmbran	5:19.60	4	Jason Offord	CC	Cwmbran	13.05	
					Gethin Parry	RR	Rhondda	12.53	
1500m	0	B String							
#N/A	0	Error	0:00.00						
Relay	2								
Tom Norton,Joel Wright,Ryan Lester, Marcus Wright		Cwmbran	61.5						
Alex Thomas, Joseph Roberts, Tomas Adler, Shaun Bartz		Aberdare	65.7						

Under 15 Girls Track

75m Hdl	1	A String		RECORD	
Name	Club	Perf	GR	12.10	
Harriet Leek	C	Cwmbran	14.3	06-Aug-00	
				NPT	
				Elizabeth Nasrat	
100m	4	A String		RECORD	
Georgia Trewick	N	Newport	13.5	3	12.4
Katie Hewitt	A	Aberdare	13.7	4	27-Jul-03
Sarah Bent	H	Hereford	14.2		NPT
Jenny McLoughlin	C	Cwmbran	16.8		Rebecca Williams
					27-Jul-03
					CWM
100m	1	B String			

Under 15 Girls Field

Long Jump	4	A String		RECORD	
Name	Club	Perf	GR	5.36	
Rachel Bevan	C	Cwmbran	3.94	9-Jun-96	
				TOR	
				Aimee Cutler	
Long Jump	0	B String			
#N/A	0	Error	0.00		
High Jump	2	A String		RECORD	
Georgia Trewick	N	Newport	1.52	2	1.60
Alex Thompson	A	Aberdare	1.00		31-Jul-96
					TOR
					Hannah Jones
High Jump	0	B String			
#N/A	0	Error	0.00		

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

Shalena Graham	NN	Newport	13.9	4	<i>Bryony Turnbull</i>
100m	4	Guests			
Mica Moore	403	Newport	13.5	3	
Zara Grant	408	Newport	14.3		
Abbi Acott	400	Newport	14.6		
Antonia Yorkshire	407	Newport	14.9		
200m	4	A String			RECORD
Georgia Trewick	N	Newport	27.9	4	26.4
Sarah Bent	H	Hereford	29.4		9-Sep-01
Kirsty Marshall	A	Aberdare	30.3		NPT
Jenny McLoughlin	C	Cwmbran	34.0		Joanne Hodge
					09-Sep-01
200m	2	B String			BRE
Christie Williams	AA	Aberdare	28.6	4	Jessica Tucker
Zara Grant	NN	Newport	30.0		15-Jun-03
					NPT
200m	4	Guests			Rebecca Williams
Katie Hewitt	104	Aberdare	28.1	4	
Shaleena Graham	404	Newport	28.9	4	
Amy Breeds	402	Newport	33.5		
Amy Jones	401	Newport	34.0		
300m	2	A String			RECORD
Tara Cunliffe	N	Newport	51.3		45.5
Vanessa Brann	H	Hereford	51.4		22-May-05
					CWM
					Laura James
800m	2	A String			RECORD
Benytta Doman	C	Cwmbran	2:30.70	3	2:20.40
Antonia Yorkshire	N	Newport	2:31.20	3	6-Aug-94
					TOR
					Sarah Mead
800m	0	B String			
1500m	2	A String			RECORD
Natasha Cockram	C	Cwmbran	5:14.00	3	5:05.10
Vanessa Brann	H	Hereford	5:31.30		18-May-96
					NPT
Relays	1				Georgina Parnell
N		Newport	57.30		27-Jul-03
					CWM
					Nia Dainton

Shot	2	A String			
Christie Williams	A	Aberdare	8.56	4	RECORD
Sian Jordan	NN	Newport	6.88		11.00
					24-May-98
					RHO
					Louise Finlay
Shot	2	B String			
Tara Cunliffe	N	Newport	5.93		
Alex Thompson	AA	Aberdare	5.76		
Discus	2	A String			RECORD
Sian Jordan	N	Newport	20.21	4	29.04
Alex Thompson	A	Aberdare	7.50		25-Jul-98
					RHO
					Louise Finlay
Discus	0	B String			
Javelin	3	A String			RECORD
Christie Williams	A	Aberdare	21.03	4	25.32
					4-Sep-05
					NPT
Javelin		B String			Amanda Price
#N/A	0	Error	0.00		

Under 15 Boys Track

80h	A String				
Name	1	Club	Perf	GR	RECORD
Finn Spencer	H	Hereford	16.0		11.8
					9-Sep-01
					CWM
					Mark Hicks
100m	3	A String			RECORD
Luke Williams	CC	Cwmbran	12.8	4	11.3
Kevin Trigg	N	Newport	12.9	4	5-Sep-04
Adam Grove	H	Hereford	15.5		CWM
					Tom Bradbury
100m	2	B String			
Oliver Edwards	NN	Newport	13.0	4	
Jack Burgess	C	Cwmbran	13.9		
200m	3	A String			RECORD

Under 15 Boys Field

Long Jump	4	A String			RECORD
Name	4	Club	Perf	GR	RECORD
Craig Offord	CC	Cwmbran	4.62		6.10
Finn Spencer	H	Hereford	4.06		10-Aug-97
Oliver Breeds	N	Newport	3.91		TOR
Daryl Salisbury	R	Rhondda	3.17		Stephen Jones
Long Jump	1	B String			
Jack Burgess	C	Cwmbran	3.24		
High Jump	1	A String			RECORD
Daniel McKenzie	N	Newport	1.35		1.65
					20-Aug-95
					BRE
					David McFall
High Jump	0	B String			
#N/A	0	Error	0.00		
Shot	3	A String			RECORD

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

Luke Williams	CC	Cwmbran	27.2			Kevin Trigg	N	Newport	10.61	3	14.42
Oliver Edwards	N	Newport	27.6			Craig Offord	C	Cwmbran	8.62		9-Jul-00
Adam Grove	H	Hereford	33.1			David Mayhew	R	Rhondda	5.02		RHO
											Greg Finlay
200m	1	B String				Shot	0	B String			
Jack Burgess	C	Cwmbran	27.9			#N/A	0	Error	0.00		
400m	0	A String				Discus	2	A String			RECORD
#N/A	0	Error	0.0			Aled Pople	N	Newport	20.66		40.16
						Daryl Salisbury	R	Rhondda	14.25		9-Jul-00
											RHO
											Greg Finlay
800m	3	A String				Javelin	3	A String			RECORD
Daniel Hiscox	AA	Aberdare	2:19.7	4		Kevin Trigg	N	Newport	42.07	2	48.05
Finn Spencer	H	Hereford	2:36.7			Daryl Salisbury	R	Rhondda	17.49		27-Jul-03
Nick Brimble	N	Newport	2:37.2			Luke Williams	C	Cwmbran	11.26		CWM
											Chris Wannell
800m	1	B String				Javelin	1	B String			
Luke Watkins	AA	Aberdare	5:46.9			Aled Pople	NN	Newport	20.57		
1500m	2	A String									RECORD
Daniel McKenzie	N	Newport	5:02.5								4:29.9
Matthew Walford	A	Aberdare	5:13.9								7-Sep-03
											ABD
											Matthew Williams
1500m	1	B String									RECORD
Luke Watkins	AA	Aberdare	5:46.9								9:37.4
											7-Sep-03
											CWM
											Gavin Hanrahan
3000m	0	A String									RECORD
#N/A	0	Error	0:00.0								9:37.4
											7-Sep-03
											CWM
											Gavin Hanrahan
Relay	0										
#N/A		Error	0.0								

Under 17 Women Track

80h		A String				
Name	1	Club	Perf	GR	RECORD	
Laura James	C	Cwmbran	12.7	3	12.6	
					31-May-03	
					HER	
					Jocelyn Davies	
100m	2	A String			RECORD	
Sarah Weaver	H	Hereford	13.1	3	12.3	
					27-Apr-02	
					CWM	
					Kelly Birkin	
100m	2	B String			RECORD	
Leah Preston	HH	Hereford	13.7		25.5	
					27-Jul-02	
					CWM	
					Kelly Birkin	
200m	3	A String			RECORD	
Sarah Weaver	H	Hereford	28.0		25.5	
Katherine Davies	CC	Cwmbran	28.9		27-Jul-02	
Rhiannon Yates	V	ymney Valle	29.3		CWM	
					Kelly Birkin	
200m	2	A String			RECORD	
Leah Preston	HH	Hereford	29.0		11.48	
					22-Apr-00	
					RHO	

Under 17 Women Field

Long Jump		A String				
Name	3	Club	Perf	GR	RECORD	
Rhiannon Yates	V	Rhymney Valley	4.40		5.52	
Sarah Weaver	HH	Hereford	3.91		18-Apr-99	
Katherine Davies	C	Cwmbran	3.75		NPT	
					Lara Richards	
Long Jump	1	B String			RECORD	
Sophia Day	H	Hereford	3.14		1.65	
					12-Jun-94	
					HER	
					C Watton	
High Jump	2	A String			RECORD	
Laura James	C	Cwmbran	1.35		11.48	
Sarah Rees	A	Aberdare	1.15		22-Apr-00	
					RHO	
High Jump	0	B String			RECORD	
#N/A	0	Error	0.00		11.48	
					22-Apr-00	
					RHO	
Shot	3	A String			RECORD	
Lucy Bath	N	Newport	7.11		11.48	
Sophia Day	H	Hereford	6.77		22-Apr-00	
Emma Reynolds	C	Cwmbran	5.32		RHO	

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

Emma Reynolds	C	Cwmbbran	29.5	
<u>300m</u>	<u>0</u>	<u>A String</u>		
#N/A	0	Error	0.0	
<u>800m</u>	<u>2</u>	<u>A String</u>		
Aysha Doman	C	Cwmbbran	2:33.3	4
Sarah Rees	A	Aberdare	3:16.0	
<u>1500m</u>	<u>0</u>	<u>A String</u>		
#N/A	0	Error	0:00.0	
<u>3000m</u>	<u>1</u>	<u>A String</u>		
Cerys Nightingale	N	Newport	12:46.8	
<u>Relay</u>	<u>1</u>			
0		Cwmbbran	56.3	

RECORD
41.8
12-Jun-94
TOR
Charlotte Reeks

RECORD
2:19.30
6-Apr-97
NPT
Georgina Parnell

RECORD
5:03.8
6-May-95
NPT
Ceri Wensley

RECORD
10:36.2
8-Sep-02
C+G
Kate O'Byrne

<u>Shot</u>	<u>1</u>	<u>B String</u>		
Bethany Pople	NN	Newport	5.37	
<u>Discus</u>	<u>2</u>	<u>A String</u>		
Lucy Bath	N	Newport	20.56	
Sophia Day	H	Hereford	19.53	
<u>Discus</u>	<u>1</u>	<u>A String</u>		
Bethany Pople	NN	Newport	18.26	
<u>Triple Jump</u>	<u>1</u>	<u>A String</u>		
Bethany Pople	N	Newport	7.79	
<u>Javelin</u>	<u>2</u>	<u>A String</u>		
Lucy Bath	N	Newport	16.55	
Leah Preston	H	Hereford	16.28	

Congratulations to Lucy Bath of Newport who has a new record with a new age group event in the javelin of 16.55m

Louise Finlay

RECORD
31.98
9-Jul-00
RHO
Louise Finlay

RECORD
9.78
4-Sep-05
ABD
Laurie Harris

RECORD
16.55
23-Apr-06
NPT
Lucy Bath

Under 17 Men Track

<u>100m Hurdles</u>	<u>1</u>	<u>A String</u>		
Name	Club	Perf	GR	
Eric Spink	H Hereford	17.5		
<u>100m</u>	<u>4</u>	<u>A String</u>		
Tom Bradbury	C Cwmbbran	11.9	3	
Rhys Kelleher	A Aberdare	12.2	4	
Sam Hampton	H Hereford	12.8		
Edward Lantzoz	N Newport	12.8		
<u>100m</u>	<u>3</u>	<u>B String</u>		
Jamie Mayers	CC Cwmbbran	11.7	3	
Daffyd Hicks	AA Aberdare	12.3		
Alan Kan	HH Hereford	13.7		
<u>200m</u>	<u>4</u>	<u>A String</u>		
Tom Bradbury	C Cwmbbran	23.8	3	
Rhys Kelleher	A Aberdare	25.3		
Edward Lantzoz	N Newport	26.7		
Sam Hampton	H Hereford	27.1		

RECORD
14.1
27-Jul-03
CWM
Mark Hicks

RECORD
11.1
22-May-05
CWM
Tom Bradbury
22-May-05
ABD
David Mann

RECORD
22.4
9-Sep-01
CWM
Iain Hunt
04-Sep-05

Under 17 Men Field

<u>Long Jump</u>	<u>2</u>	<u>A String</u>		
Name	Club	Perf	GR	
Eric Spink	H Hereford	5.45		
Gareth Lewis	C Cwmbbran	4.18		
<u>Long Jump</u>	<u>1</u>	<u>B String</u>		
Sam Hampton	HH Hereford	4.97		
<u>High Jump</u>	<u>1</u>	<u>A String</u>		
Eric Spink	H Hereford	1.60		
<u>Triple Jump</u>	<u>0</u>	<u>A String</u>		
#N/A	0	Error	0.00	
<u>Shot</u>	<u>1</u>	<u>A String</u>		
Anthony Halling	R Rhondda	10.40		

RECORD
6.43
9-Sep-01
CWM
Iain Hunt

RECORD
1.82
12-Jun-94
HER
D.Francis

RECORD
11.71
12-Jun-05
ABD
Daniel Williams

RECORD
14.06
15-Jun-03
BRE

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

200m	3	B String				
Jamie Mayers	CC	Cwmbran	24.2	4		
Daffyd Hicks	AA	Aberdare	26.3			
Alan Kan	HH	Hereford	28.3			
400m	1	A String				
Daniel Lester	C	Cwmbran	65.7			
400m	1	B String				
Daniel Norton	CC	Cwmbran	66.2			
800m	3	A String				
Daniel Lester	C	Cwmbran	2:05.8	4		
Carwyn Adler	A	Aberdare	2:17.8			
Alan Kan	H	Hereford	2:29.7			
800m	1	B String				
Gareth Lewis	CC	Cwmbran	2:15.3			
1500m	1	A String				
Chris Wreford	N	Newport	4:46.8			
1500m	0	B String				
#N/A	0	Error	0:00.0	1		
3000m	1	A String				
Adam Lewis	A	Aberdare	9:57.5	2		
Relay	1					
0		Cwmbran	48.20			

CWM
Tom Bradbury

Discus **1** **A String**
Anthony Halling R Rhondda 25.61

Ryan Spencer-Jones

RECORD
41.78
9-Jun-96
TOR
James Bryan

RECORD
51.4
6-Jul-97
HER

Javelin **2** **A String**
Anthony Halling R Rhondda **33.23**
Joshua Williams A Aberdare 27.22

RECORD
33.23
23-Apr-06
RHO
Anthony Halling

RECORD
2:04.1
25-Jul-04
ABD
Craig Maybank

Congratulations to Anthony Halling who has a new record with a new age group event in the javelin of 33.23m

RECORD
4:21.1
4-Sep-05
NPT
Matthew Wreford

RECORD
9:19.4
25-Apr-04
ABD
Matthew Williams

U20 Women Track & Field

100m	A String				RECORD
Name	0	Club	Perf	GR	
#N/A	0	Error	0.00	1	12.0 31-May-03 CWM

Under 20 Men Track & Field

110m H	A String				RECORD
Name	0	Club	Perf	GR	
#N/A	0	Error	0.0	1	20.5 04-Sep-05 ABD

Under 11 Girls Results Track

<u>75m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>	<u>Club</u>	<u>Perf</u>	<u>RECORD</u>
Channon Cox	R	Rhondda	11.8	<u>10.7</u>
Bethan Hill-Howells	N	Newport	12.1	<u>8-Aug-04</u>
Holly Jones	A	Aberdare	12.6	<u>HER</u>
Hannah Seabourne	C	Cwmbran	13.6	<u>Sam Griffiths</u>
<u>75m</u>	<u>2</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
Bethan Morgan	NN	Newport	12.7	
Alice Davies	AA	Aberdare	13.3	
<u>75m</u>	<u>2</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
Sian Jones	107	Aberdare	12.1	
Kate Lazlo	102	Aberdare	13.7	
<u>150m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
Channon Cox	R	Rhondda	24.4	<u>22.2</u>
Holly Jones	A	Aberdare	25.0	<u>27-Jul-03</u>
Bethan Hill-Howells	N	Newport	26.2	<u>ABD</u>
Hannah Seabourne	C	Cwmbran	28.5	<u>Christie Williams</u>
<u>150m</u>	<u>2</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
Sian Jones	AA	Aberdare	25.8	
Bethan Morgan	NN	Newport	26.5	
<u>150m</u>	<u>2</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
Kate Lazlo	102	Aberdare	23.4	
Kate Mathias	103	Aberdare	29.7	
<u>800m</u>	<u>2</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
Hannah Mittelberger	A	Aberdare	3:00.00	<u>2:43.90</u>
Megan Tasker	R	Rhondda	3:28.50	<u>23-Jul-05</u>
				<u>ABD</u>
				<u>Emily Frow</u>
<u>800m</u>	<u>1</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
Emily Murphy	AA	Aberdare	3:41.70	
<u>800m</u>	<u>0</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
#N/A	0	#N/A	0:00.00	
<u>Relays</u>	<u>1</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
Hannah Mittelberger, Emily Murphy, Sian Jones, Kate Mathias		Aberdare	68.1	

Under 11 Girls Results Field

<u>Long Jump</u>	<u>3</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>	<u>Club</u>	<u>Perf</u>	<u>RECORD</u>
Bethan Hill-Howells	N	Newport	2.99	<u>3.81</u>
Channon Cox	R	Rhondda	2.64	<u>8-Aug-04</u>
Kate Mathias	A	Aberdare	2.55	<u>HER</u>
				<u>Sam Griffiths</u>
<u>Long Jump</u>	<u>3</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
Megan Tasker	RR	Rhondda	2.49	
Alice Davies	AA	Aberdare	1.81	
Bethan Morgan	NN	Newport	1.73	
<u>Long Jump</u>	<u>3</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
Holly Jones	108	Aberdare	2.47	
Sian Jones	107	Aberdare	2.46	
Emily Murphy	105	Aberdare	1.83	
<u>2.72kg Shot</u>	<u>0</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>	<u>Club</u>	<u>Perf</u>	<u>RECORD</u>
#N/A	0	Error	0.00	<u>6.68</u>
				<u>27-Jul-03</u>
				<u>RHO</u>
				<u>Candice Finlay</u>
<u>2.72kg Shot</u>	<u>0</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
#N/A	0	Error	0.00	
<u>2.72kg Shot</u>	<u>0</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
#N/A	0	#N/A	0.00	
<u>300g Javelin</u>	<u>3</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
Kate Mathias	A	Aberdare	7.39	<u>7.39</u>
Megan Tasker	R	Rhondda	6.30	<u>23-Apr-06</u>
Hannah Seabourne	C	Cwmbran	4.85	<u>ABD</u>
				<u>Kate Mathias</u>
<u>300g Javelin</u>	<u>1</u>	<u>B String</u>	<u>Perf</u>	<u>RECORD</u>
Alice Davies	AA	Aberdare	5.36	
<u>300g Javelin</u>	<u>0</u>	<u>Guests</u>	<u>Perf</u>	<u>RECORD</u>
#N/A	0	#N/A	0.00	

Congratulations to Katie Mathias of Aberdare who has a new record with a new javelin of 14.22m

Under 11 Boys Results Track

<u>75m</u>	<u>4</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>	<u>Club</u>	<u>Perf</u>	<u>RECORD</u>

Under 11 Boys Results Field

<u>Long Jump</u>	<u>3</u>	<u>A String</u>	<u>Perf</u>	<u>RECORD</u>
<u>Name</u>	<u>Club</u>	<u>Club</u>	<u>Perf</u>	<u>RECORD</u>

ABERDARE Match 1

Oliver Hudson	N	Newport	11.9
Dylan Nash	R	Rhondda	12.4
Miles Thomas	A	Aberdare	12.9
Thomas Fellows	H	Hereford	13.1

75m 3 B String

Gregory Beynon	AA	Aberdare	12.1
Max Murray	NN	Newport	12.5
Dan Costello	HH	Hereford	12.8

75m 2 Guests

James Simons	434	Newport	12.9
Connor Thomas	106	Aberdare	15.1

150m 4 A String

Gregory Beynon	AA	Aberdare	23.1
Oliver Hudson	N	Newport	23.1
Dylan Nash	R	Rhondda	24.0
Dan Costello	H	Hereford	24.4

150m 2 B String

Max Murray	NN	Newport	24.9
Miles Thomas	A	Aberdare	24.9

150m 1 Guests

James Simons	434	Newport	24.9
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800m 2 A String

Harry Millikin	HH	Hereford	3:23.40
Stephen Russell	N	Newport	3:26.00

800m 0 B String

#N/A	0	Error	0:00.00
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800m 0 Guests

#N/A	0	#N/A	0:00.00
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Relays 2

Max Murray, Oliver Hudson, Stephen Russell, James Simons	Newport	67.2
Thomas Fellows, Dan Costello, Kyle Willis, Harry Millikin	Hereford	72.5

SOUTH EAST WALES LEAGUE

10.6
5-Sep-04
BRE
Cynfelen Nancarrow

Oliver Hudson	N	Newport	3.15
Gregory Beynon	AA	Aberdare	3.06
Kyle Willis	H	Hereford	2.69

Long Jump 3 B String

Max Murray	NN	Newport	2.96
Miles Thomas	A	Aberdare	2.74
Harry Millikin	HH	Hereford	2.44

Long Jump 3 Guests

Stephen Russell	433	Newport	2.52
Connor Thomas	106	Aberdare	2.44
James Simons	434	Newport	2.43

2.72kg shot 1 A String			
Thomas Fellows	H	Hereford	3.47

2.72kg shot 1 B String			
Dan Costello	HH	Hereford	3.07

2.72kg shot 0 Guests			
#N/A	0	#N/A	0.00

300g Javelin 3 A String			
Dylan Nash	R	Rhondda	14.22
Thomas Fellows	H	Hereford	11.55
Stephen Russell	N	Newport	11.01

300g Javelin 1 B String			
Kyle Willis	HH	Hereford	9.39

300g Javelin 1 Guests			
Harry Millikin	302	Hereford	6.24

4.00
5-Sep-04
BRE
Cynfelen Nancarrow

RECORD
7.11
7-Sep-03
RHO
Aaron Finlay

RECORD
14.22
23-Apr-06
RHO
Dylan Nash

RECORD
21.6
23-Jul-05
HER
Harry Ravenhill

RECORD
2:30.50
18-Apr-98
NPT
Tom Organ

Congratulations to Dylan Nash of the Rhondda who has a new record with a new javelin of 14.22m

Under 13 Girls Track

70m Hurdles	A String				
Name	2	Club	Perf	GR	RECORD
Bianca Kay	H	Hereford	15.5		11.8
Elisha Hughes	A	Aberdare	15.8		20-Jun-99
70m Hurdles	0	A String			TOR
					Cate Povey

Under 13 Girls Field

Long Jump		A String			
Name	4	Club	Perf	GR	RECORD
Natasha Lewis	C	Cwmbran	3.71	4	4.80
Jessica MacDonald	A	Aberdare	3.56	4	16-Jun-95
Latasha Allen	N	Newport	3.46		TOR
Chloe Griffiths	H	Hereford	2.90		Aimee Cutler

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

#N/A	0	Error	0.0																	
70m Hurdles	0	Guests																		
#N/A	0	#N/A	0.0																	
100m	4	A String																		
Carly Brown	CC	Cwmbran	14.0	3																
Jessica MacDonald	A	Aberdare	14.1	3																
Lauren Archer	N	Newport	14.7	4																
100m	4	B String																		
Hannah Kelleher	AA	Aberdare	14.4	3																
Chloe Swadling	C	Cwmbran	15.1	4																
Latasha Allen	NN	Newport	15.6																	
Bianca Kay	H	Hereford	17.2																	
100m	8	Guests																		
Samantha Strickland	213	Cwmbran	15.2	4																
Megan Risdale	309	Hereford	15.4																	
Natasha Lewis	200	Cwmbran	15.7																	
Rebecca Webb	211	Cwmbran	15.9																	
Kate Mathias	103	Aberdare	16.3																	
Chloe Griffiths	305	Hereford	16.7																	
Kate Parker	307	Hereford	17.3																	
Katherine Green	201	Cwmbran	17.6																	
200m	4	A String																		
Hannah Kelleher	A	Aberdare	29.8	3																
Lauren Archer	NN	Newport	30.4	4																
Bethan Risdale	H	Hereford	31.6																	
Natasha Lewis	C	Cwmbran	36.7																	
200m	2	B String																		
Megan Risdale	HH	Hereford	32.4																	
Latasha Allen	N	Newport	33.4																	
200m	1	Guests																		
Samantha Strickland	213	Cwmbran	31.4																	
800m	1	A String																		
Kate Parker	H	Hereford	3:14.60																	
800m	1	B String																		
Sian Richards	HH	Hereford	3:15.50																	
800m	0	Guests																		
#N/A	0	#N/A	0:00.00																	
1500m	1	A String																		
Ellie Leek	C	Cwmbran	5:54.50	4																
1500m	0	B String																		
#N/A	0	Error	0:00.00																	
1500m	0	Guests																		
#N/A	0	#N/A	0:00.00																	
Relay	2																			
Chloe Swadling, Carly Brown, Natasha Lewis, Katherine Green	C	Cwmbran	62.7																	
Bianca Kay, Bethan Risdale, Megan Risdale, Chloe Griffiths	H	Hereford	65.7																	

RECORD
13.1
9-Sep-01
NPT
Rebecca Williams

RECORD
1.41
10-Aug-97
NPT
Joanne Hodge

RECORD
10.27
18-May-96
RHO
Louise Finlay

RECORD
27.3
10-Aug-97
NPT
Joanne Hodge

RECORD
24.98
18-May-96
RHO
Louise Finlay

RECORD
2:32.10
27-May-01
NPT
Zoe Llewellyn

RECORD
26.70
12-Jun-05
ABD
Christie Williams

RECORD
5:00.90
31-Jul-00
ABD
Rachel Byrne

Under 13 Boys Track

75m Hurdles	A String				
Name	2	Club	Perf	GR	
Shaun Bartz	A	Aberdare	14.3	2	
Jiles Barratt	H	Hereford	17.9		
75 Hurdles	0	B String			
#N/A	0	Error	0.0		
75 Hurdles	0	Guests			

RECORD
12.3
22-May-05
ABD
Shaun Bartz

Under 13 Boys Field

Long Jump	A String				
Name	4	Club	Perf	GR	
Nathan Breeds	N	Newport	3.38		
Ryan Lester	C	Cwmbran	3.23		
Matthew Bennett	H	Hereford	3.21		
Tomas Adler	A	Aberdare	3.07		
Long Jump	2	B String			
Marcus Wright	CC	Cwmbran	3.10		

RECORD
4.94
8-Sep-02
NPT
Leigh Collwell
05-Sep-04
NPT
Rhydian Wilson

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

#N/A	0	#N/A	0.0		Joseph Roberts	AA	Aberdare	3.03	
100m	4	A String		RECORD	Long Jump	1	Guests		
Ieuan Growe	H	Hereford	14.0	3	Alex Thomas	100	Aberdare	2.99	
Tom Norton	C	Cwmbran	14.9	4					
Owain Curnell	R	Rhondda	15.5						
Alex Thomas	A	Aberdare	16.4						
100m	2	B String							RECORD
Jiles Barratt	HH	Hereford	15.2					1.20	4
Joel Wright	CC	Cwmbran	15.9					1.15	
100m	0	Guests							
#N/A	0	#N/A	0.0						
200m	2	A String		RECORD					
Ieuan Growe	H	Hereford	29.6	4					
Tom Norton	C	Cwmbran	30.6						
200m	1	B String							
Joel Wright	CC	Cwmbran	33.4						
200m	0	Guests							
#N/A	0	#N/A	0.0	1					
800m	4	A String		RECORD					
Marcus Price	C	Cwmbran	2:40.60	4					
800m	2	B String							
Tomas Adler	A	Aberdare	2:53.30						
1500m	3	A String		RECORD					
Ryan Lester	C	Cwmbran	5:19.60	4					
1500m	0	B String							
#N/A	0	Error	0:00.00						
Relay	2								
Tom Norton,Joel Wright,Ryan Lester, Marcus Wright		Cwmbran	61.5						
Alex Thomas, Joseph Roberts, Tomas Adler, Shaun Bartz		Aberdare	65.7						

Under 15 Girls Track

75m Hdl	1	A String		RECORD					
Name	Club	Perf	GR	12.10					
Harriet Leek	C	Cwmbran	14.3						
100m	4	A String		RECORD					
Georgia Trewick	N	Newport	13.5	3					
Katie Hewitt	A	Aberdare	13.7	4					
Sarah Bent	H	Hereford	14.2						
Jenny McLoughlin	C	Cwmbran	16.8						
100m	1	B String							

Under 15 Girls Field

Long Jump	4	A String		RECORD					
Name	Club	Perf	GR	5.36					
Rachel Bevan	C	Cwmbran	3.94						
Long Jump	0	B String							
#N/A	0	Error	0.00						
High Jump	2	A String		RECORD					
Georgia Trewick	N	Newport	1.52	2					
Alex Thompson	A	Aberdare	1.00						
High Jump	0	B String							
#N/A	0	Error	0.00						

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

Shalena Graham	NN	Newport	13.9	4	<i>Bryony Turnbull</i>
100m	4	Guests			
Mica Moore	403	Newport	13.5	3	
Zara Grant	408	Newport	14.3		
Abbi Acott	400	Newport	14.6		
Antonia Yorkshire	407	Newport	14.9		
200m	4	A String			RECORD
Georgia Trewick	N	Newport	27.9	4	26.4
Sarah Bent	H	Hereford	29.4		9-Sep-01
Kirsty Marshall	A	Aberdare	30.3		NPT
Jenny McLoughlin	C	Cwmbran	34.0		Joanne Hodge
					09-Sep-01
200m	2	B String			BRE
Christie Williams	AA	Aberdare	28.6	4	Jessica Tucker
Zara Grant	NN	Newport	30.0		15-Jun-03
					NPT
200m	4	Guests			Rebecca Williams
Katie Hewitt	104	Aberdare	28.1	4	
Shaleena Graham	404	Newport	28.9	4	
Amy Breeds	402	Newport	33.5		
Amy Jones	401	Newport	34.0		
300m	2	A String			RECORD
Tara Cunliffe	N	Newport	51.3		45.5
Vanessa Brann	H	Hereford	51.4		22-May-05
					CWM
					Laura James
800m	2	A String			RECORD
Benytta Doman	C	Cwmbran	2:30.70	3	2:20.40
Antonia Yorkshire	N	Newport	2:31.20	3	6-Aug-94
					TOR
					Sarah Mead
800m	0	B String			
1500m	2	A String			RECORD
Natasha Cockram	C	Cwmbran	5:14.00	3	5:05.10
Vanessa Brann	H	Hereford	5:31.30		18-May-96
					NPT
Relays	1				Georgina Parnell
N		Newport	57.30		27-Jul-03
					CWM
					Nia Dainton

Shot	2	A String			
Christie Williams	A	Aberdare	8.56	4	RECORD
Sian Jordan	NN	Newport	6.88		11.00
					24-May-98
					RHO
					Louise Finlay
Shot	2	B String			
Tara Cunliffe	N	Newport	5.93		
Alex Thompson	AA	Aberdare	5.76		
Discus	2	A String			RECORD
Sian Jordan	N	Newport	20.21	4	29.04
Alex Thompson	A	Aberdare	7.50		25-Jul-98
					RHO
					Louise Finlay
Discus	0	B String			
Javelin	3	A String			RECORD
Christie Williams	A	Aberdare	21.03	4	25.32
					4-Sep-05
					NPT
Javelin		B String			Amanda Price
#N/A	0	Error	0.00		

Under 15 Boys Track

80h	A String				
Name	1	Club	Perf	GR	RECORD
Finn Spencer	H	Hereford	16.0		11.8
					9-Sep-01
					CWM
					Mark Hicks
100m	3	A String			RECORD
Luke Williams	CC	Cwmbran	12.8	4	11.3
Kevin Trigg	N	Newport	12.9	4	5-Sep-04
Adam Grove	H	Hereford	15.5		CWM
					Tom Bradbury
100m	2	B String			
Oliver Edwards	NN	Newport	13.0	4	
Jack Burgess	C	Cwmbran	13.9		
200m	3	A String			RECORD

Under 15 Boys Field

Long Jump	4	A String			
Name	4	Club	Perf	GR	RECORD
Craig Offord	CC	Cwmbran	4.62		6.10
Finn Spencer	H	Hereford	4.06		10-Aug-97
Oliver Breeds	N	Newport	3.91		TOR
Daryl Salisbury	R	Rhondda	3.17		Stephen Jones
Long Jump	1	B String			
Jack Burgess	C	Cwmbran	3.24		
High Jump	1	A String			RECORD
Daniel McKenzie	N	Newport	1.35		1.65
					20-Aug-95
					BRE
					David McFall
High Jump	0	B String			
#N/A	0	Error	0.00		
Shot	3	A String			RECORD

ABERDARE Match 1

SOUTH EAST WALES LEAGUE

23rd April 2006

Luke Williams	CC	Cwmbran	27.2		23.3	Kevin Trigg	N	Newport	10.61	3	14.42
Oliver Edwards	N	Newport	27.6		5-Sep-04	Craig Offord	C	Cwmbran	8.62		9-Jul-00
Adam Grove	H	Hereford	33.1		CWM	David Mayhew	R	Rhondda	5.02		RHO
					Tom Bradbury						Greg Finlay
200m	1	B String				Shot	0	B String			
Jack Burgess	C	Cwmbran	27.9			#N/A	0	Error	0.00		
400m	0	A String			RECORD	Discus	2	A String			RECORD
#N/A	0	Error	0.0		56.9	Aled Pople	N	Newport	20.66		40.16
					27-Jul-03	Daryl Salisbury	R	Rhondda	14.25		9-Jul-00
					CWM						RHO
					Ashley Green						Greg Finlay
800m	3	A String			RECORD	Javelin	3	A String			RECORD
Daniel Hiscox	AA	Aberdare	2:19.7	4	2:08.5	Kevin Trigg	N	Newport	42.07	2	48.05
Finn Spencer	H	Hereford	2:36.7		23-Jul-05	Daryl Salisbury	R	Rhondda	17.49		27-Jul-03
Nick Brimble	N	Newport	2:37.2		NPT	Luke Williams	C	Cwmbran	11.26		CWM
					Nick Johnson						Chris Wannell
800m	1	B String				Javelin	1	B String			
Luke Watkins	AA	Aberdare	5:46.9			Aled Pople	NN	Newport	20.57		
1500m	2	A String			RECORD						
Daniel McKenzie	N	Newport	5:02.5		4:29.9						
Matthew Walford	A	Aberdare	5:13.9		7-Sep-03						
					ABD						
					Matthew Williams						
1500m	1	B String									
Luke Watkins	AA	Aberdare	5:46.9								
3000m	0	A String			RECORD						
#N/A	0	Error	0:00.0		9:37.4						
					7-Sep-03						
					CWM						
					Gavin Hanrahan						
Relay	0										
#N/A		Error	0.0								

Under 17 Women Track

80h	A String				
Name	1	Club	Perf	GR	RECORD
Laura James	C	Cwmbran	12.7	3	12.6
					31-May-03
					HER
					Jocelyn Davies
100m	2	A String			RECORD
Sarah Weaver	H	Hereford	13.1	3	12.3
					27-Apr-02
					CWM
					Kelly Birkin
100m	2	B String			
Leah Preston	HH	Hereford	13.7		
200m	3	A String			RECORD
Sarah Weaver	H	Hereford	28.0		25.5
Katherine Davies	CC	Cwmbran	28.9		27-Jul-02
Rhiannon Yates	V	ymney Valle	29.3		CWM
					Kelly Birkin
200m	2	A String			
Leah Preston	HH	Hereford	29.0		

Under 17 Women Field

Long Jump		A String				
Name	3	Club	Perf	GR	RECORD	
Rhiannon Yates	V	Rhymney Valley	4.40		5.52	
Sarah Weaver	HH	Hereford	3.91		18-Apr-99	
Katherine Davies	C	Cwmbran	3.75		NPT	
					Lara Richards	
Long Jump	1	B String				
Sophia Day	H	Hereford	3.14			
High Jump	2	A String			RECORD	
Laura James	C	Cwmbran	1.35		1.65	
Sarah Rees	A	Aberdare	1.15		12-Jun-94	
					HER	
					C Watton	
High Jump	0	B String				
#N/A	0	Error	0.00			
Shot	3	A String			RECORD	
Lucy Bath	N	Newport	7.11		11.48	
Sophia Day	H	Hereford	6.77		22-Apr-00	
Emma Reynolds	C	Cwmbran	5.32		RHO	

Match Points 2006

Under 11 Girls Points							Under 11 Boys Points							Under 11 combined						
Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV
M1 MP	81	16		42	45		M1 MP	43		74	67	21		M1 MP	124	16	74	109	66	
M1 LP	6	3		4	5		M1 LP	4		6	5	3		M1 LP	8	4	6	7	5	
TOTAL	81	16	0	42	45	0	TOTAL	43	0	74	67	21	0	TOTAL	124	16	74	109	66	0
TOTAL	6	3	0	4	5	0	TOTAL	4	0	6	5	3	0	TOTAL	8	4	6	7	5	0
Under 13 Girls Points							Under 13 Boys Points							All Female Points						
Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV
M1 MP	38	59	120	32	21		M1 MP	65	98	62	27	36		M1 MP	116	171	238	180	21	19
M1 LP	4	5	6	3	2		M1 LP	5	6	4	2	3		M1 LP	3	4	6	5	3	1
TOTAL	38	59	120	32	21	0	TOTAL	65	98	62	27	36	0	TOTAL	116	171	238	180	21	19
TOTAL	4	5	6	3	2	0	TOTAL	5	6	4	2	3	0	TOTAL	3	4	6	5	3	1
Under 15 Girls Points							Under 15 Boys Points							All Male Points						
Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV
M1 MP	64	40	34	92		5	M1 MP	31	60	26	82	33		M1 MP	153	253	178	136	93	
M1 LP	5	4	3	6		2	M1 LP	3	5	2	6	4		M1 LP	4	6	5	3	2	
TOTAL	64	40	34	92	0	5	TOTAL	31	60	26	82	33	0	TOTAL	153	253	178	136	93	0
TOTAL	5	4	3	6	0	2	TOTAL	3	5	2	6	4	0	TOTAL	4	6	5	3	2	0
Under 17 Women Points							Under 17 Men Points							U13 to U20 Points						
Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV
M1 MP	14	64	68	56		14	M1 MP	50	79	53	19	24		M1 MP	269	424	416	316	114	19
M1 LP	2	5	6	4		2	M1 LP	4	6	5	2	3		M1 LP	3	6	5	4	2	1
TOTAL	14	64	68	56	0	14	TOTAL	50	79	53	19	24	0	TOTAL	269	424	416	316	114	19
TOTAL	2	5	6	4	0	2	TOTAL	4	6	5	2	3	0	TOTAL	3	6	5	4	2	1
Under 20 Women Points							Under U20 Men Points													
Events	ABD	CWM	HER	NPT	RHO	RHV	Events	ABD	CWM	HER	NPT	RHO	RHV							
M1 MP		8	16				M1 MP	7	16	37	8									
M1 LP		5	6				M1 LP	3	5	6	4									
TOTAL	0	8	16	0	0	0	TOTAL	7	16	37	8	0	0							
TOTAL	0	5	6	0	0	0	TOTAL	3	5	6	4	0	0							

Athlete of the Match Aberdare 23rd April 2006

MALE TRACK	Tom Bradbury	Cwmbran	U17 Men 200m	23.8
MALE FIELD	Kevin Trigg	Newport	U15 Boys Javelin	42.07
FEMALE TRACK	Sarah Weaver	Hereford	U17 W 100m	13.1
FEMALE FIELD	Georgia Trewick	Newport	U15 Girls High Jump	1.52
U11B TRACK	Gregory Beynon	Aberdare	U11 Boys 150m	23.1
U11B FIELD	Dylan Nash	Rhondda	U11 Boys Javelin	14.22
U11G TRACK	Hannah Mittelberger	Aberdare	U11 Girls 800m	3.00.0
U11G FIELD	Kate Mathias	Aberdare	U11 Girls Javelin	7.39