

**Aug 8th**

**Stretford**

**North of England U20 3000m Championships**

**U20 Men**

1 D Marsh (Sale) 8:32.24; 2 L Timmins (Gos) 8:34.74; 3 A Duffield (Loft) 8:34.75; 4 J Taylor (Midd) 8:34.75; 5 C Gundersen (Liv H) 8:38.95; 6 B Lindsay (Pend) 8:44.79; 7 J Wilkinson (Leeds, U17) 8:46.18; 8 P Street (Pres) 8:47.35; 9 J Johnson (KuH) 8:47.64; 10 R Hodges (KuH) 8:47.85; 11 A Nixon (Stock) 8:49.51; 12 T Boardman (Leigh) 8:49.52; 13 R Stones (B'burn) 8:57.06; 14 D Shaw ( N Mar) 8:58.79; 15 J Perkins (Scun) 9:07.02

**U20 Women**

1 E Highway (Sale) 9:54.08; 2 M Ferrier (Gate) 9:58.94; 3 H Timmins (Warr, U17) 9:59.69; 4 S Stockton (Vale R) 10:07.24; 5 J Maddick (KuH) 10:09.65; 6 R Edwards (Hali) 10:22.39; 7 J Stockton (Sale) 10:23.86; 8 L Young (Leeds) 10:24.61

**Trafford Grand Prix**

**Men**

**BMC 800:r1:** 1 B Green (Warr) 1:50.69; 2 A Wales (Aber) 1:51.11; 3 T Gayle (Stoke) 1:51.15; 4 M Bowser (Linc W) 1:51.37; 5 M Coltherd (Traff) 1:51.38; 6 T Carter (Vale R) 1:51.47; 7 C Hart (B'burn) 1:51.99; 8 C Brown (Mans, U20) 1:52.37; 9 C Parr (Gate) 1:53.35. **r2:** 1 G Bristow (Traff, U20) 1:52.41; 2 A Teate (Dur U) 1:52.48; 3 M Nicholson (Gos) 1:53.25; 4 I Rawlinson (Bord) 1:53.46; 5 S Morland (Liv H) 1:53.86; 6 A Vandenberg (Lough) 1:53.91; 7 W Strangeway (Linc W) 1:54.98; 8 N Samuels (Sale) 1:55.58. **r3:** 1 Rob Banjac (Roch, U20) 1:54.06; 2 A Gibson (Kilb, U20) 1:54.16; 3 O Blake (Osw, U20) 1:54.40; 4 P Bradshaw (B'burn, U20) 1:54.48; 5 M Wood (B'burn) 1:55.18; 6 G Allott (Staffs M, U20) 1:55.40; 7 R Warburton (Notts) 1:55.57; 8 T Davies (Team S) 1:57.84. **r4:** 1 N Bradley (Bord, U20) 1:54.81; 2 J Harman (Leeds, U20) 1:54.99; 3 R Morrell (Midd, U20) 1:56.19; 4 J Mannion (Liv H) 1:56.35; 5 J McCole (Liv H) 1:56.63; 6 D Griffiths (Wig, U20) 1:56.87; 7 B Sumner (E&H) 1:56.95; 8 S King (Mans, U20) 1:56.96; 9 A Harris (Mans, U20) 1:59.47. **r5:** 1 I Whittaker (Roth) 1:56.23; 2 N Malkin (Sale, U20) 1:56.34; 3 W Goudie (Wirr) 1:56.64; 4 M Reid (Sheff) 1:56.91; 5 M Hunt (Pend) 1:56.95; 6 A Maguire (Midd, U17) 1:57.01; 7 J Donnelly (Wirr, U20) 1:58.51; 8 L Collier (Dulw) 1:59.07; 9 H Lawson (Pend, U17) 1:59.22. **1500:r1:** 1 D Proctor (Roch) 3:49.28; 2 R Millington (Stock, U17) 3:50.01; 3 R Toole (Kilb) 3:50.94; 4 D Webb (Leeds) 3:51.32; 5 S Deakin (Leeds) 3:52.28; 6 J Millington (Tip) 3:52.32; 7 P Nicholls (Tip) 3:55.21; 8 T Egerton (Traff) 3:57.43; 9 D Beier (Birm U) 3:58.24; 10 M Williams (Tip) 3:59.02; 11 A Smith (Hallam, U20) 3:59.92; 12 A Wiles (Midd, U20) 4:01.13; 13 B Craddock (Leeds, U20) 4:06.16. **r2:** 1 A Ahmed (Sheff, U17) 4:00.56; 2 J Griffiths (Vale R, U20) 4:01.32; 3 A Reid (Mans, U17) 4:02.50; 4 M Hilton (Leeds) 4:02.91; 5 D Catt (Liv H, U20) 4:04.04; 6 J Gilmour (Traff, U17) 4:04.84; 7 P Matthews (B'burn, U17) 4:05.07; 8 M Salter (Leeds, U17) 4:06.67; 9 W Strangeway (Linc W) 4:06.93

**Mixed**

**100:r1:** 1 C Holder (Traff) 11.04; 2 D Bradley (Bir) 11.04; 3 D Scott (Traff) 11.11; 4 G Williams (Menai,U20) 11.40. **r2:** 1 A Stokes (Liv PS, U20) 11.36; 2 E Simpkins (S/W, U20) 11.38 ... 4 P Hickey (N Vets, M45) 12.16 ... 7 I Scholes (Traff, M45) 12.66. **r3:** ... 3 L Evans (Menai, U17W) 12.98. **200:r1:** 1 Scott 21.97; 2 Holder 22.33; 3 Bradley 22.48. **r2:** 1 R Yates (Traff) 22.57; 2 Williams 22.88 ... 4 R Smith (Leeds, U20) 23.23. **r3:** 1 Simpkins 22.97; 2 Stokes 22.98 ... 4 N Stevens (Stock, U20) 23.47; 5 Hickey 24.58. **r4:** 1 Scholes 25.40 ... 4 Evans 26.53; 5 V Malady (Traff, U15G) 27.09. **r5:** ... 2 V Blanchard ( N Vets, M60) 27.42. **400:r1:** 1 Yates 48.26; 2 Smith 49.77; 3 A Dean-Young (Barns, U20) 49.90; 4 P Grattage (Bury) 50.37; 5 T Bolan-Ashworth (Wig) 50.79. **r2:** 1 M Draper (S/W, U20) 50.36; 2 S Riley (Traff) 50.71 ... 4 A Ree (Sale, U20) 51.57. **r3:** ... 3 J Allan (Bing, U15) 54.61; 4 F Scott (Alt, M45) 55.19 ... 6 T Atkinson (unatt, U15) 55.87. **r4:** ... 4 J Price (Alt, W) 57.08; 5 E Richardson (Sale, W) 58.27. **r5:** 1 J Duxbury (Traff, U20W) 59.17; 2 L Williams (Sheff, U20W) 60.35; 3 Blanchard 60.69; 4 A Williams (Hynd, U17W) 61.62. **800:r1:** 1 L Harreld (Bury) 1:58.72; 2 G Walters (Stoke) 1:58.87; 3 P McMahon (Traff) 1:59.38 ... 5 R Schofield (Hynd, U17) 2:01.04; 6 M Proctor (Roch, U20) 2:01.56; 7 M Lloyd (Pres, U17) 2:01.64 ... 9 J Skeet (Linc W, U15) 2:03.90. **r2:** 1 J Hallas (Wake, U17) 1:58.51; 2 A Hurley (B'burn, U17) 1:59.67; 3 K Thompson (Shil, U17) 2:00.00 ... 6 J Townsend (Leeds, U17) 2:00.72; 7 M Pye (KuH, U17) 2:03.04. **r3:** ... 2 A Barker (Ross, U17) 2:01.75; 3 M Evans (S/W, U17) 2:02.46; 4 M Allott (Staffs M, U17) 2:02.52 ... 7 J Palmer ( Nest R, U17) 2:03.98 ... 10 J Oguntayo (Sale, U15) 2:09.82. **r4:** ... 6 D Beckett (Sale, U15) 2:07.28 ... 9 R Little (Bury, U15) 2:09.20; 10 T Yates (Hynd, U15) 2:09.24. **r5:** ... 3 R Thompson (Liv H, W) 2:09.16 ... 6 J Kinch (Stoke, U15) 2:11.57; 7 C Pedder (Moss H, M45) 2:12.55; 8 A Partington (Sale, U15) 2:12.55. **r6:** ... 2 S Maude (Charn, W) 2:13.02; 3 K Harris (Hull A, U17W) 2:13.75; 4 C Duck (Nest R, W) 2:14.20; 5 H Singleton (Wake, W) 2:15.25; 6 M Shaw ( N Mar, U13) 2:17.01; 7 C de Maria (Leeds, W) 2:17.45 ... 9 S Simmons (Holm, U17W) 2:18.66; 10 S Fletcher (Pres, U15G) 2:19.55; 11 K Young (Leeds, W) 2:20.58. **r7:** 1 C Peacock (R&Z, M45) 2:14.10 ... 7 H Robinson (B'burn, U17W) 2:18.59; 8 K Shuttleworth (E Ches, U20W) 2:19.02; 9 A Firth (Hallam, U20W) 2:19.52; 10 J Spencer (KuH, U17W) 2:19.97. **r8:** 1 K Legg (Midd, U17W) 2:20.69 ... 3 S Gray (Scar, U17W) 2:23.37 ... 5 D McCann (Pres, U20W) 2:23.89; 6 E Bowen (Liv PS, U15G) 2:24.29 ... 9 A Mackley (Pres, U15G) 2:27.31. **r9:** ... 5 C Robertson (Bing, U15G) 2:22.98. **r10:** ... 2 M Bell (Linc W, U13G) 2:35.37; 3 L Gabriel (Traff, W40) 2:37.80. **1500:r1:** 1 J Moody (Mat, U15) 4:07.68; 2 J Fahey ( N Mar, U20) 4:09.03 ... 4 R Jowett (Sale, U20) 4:10.38; 5 D Bamber (B&F, U17) 4:10.38; 6 S Channon (B&F, U17) 4:10.87 ... 16 D Barnes (N&P, W) 4:26.49 ... 19 K Johns (Gate, W) 4:40.65. **r2:** 3 A Joel (Bas, W) 4:30.84; 4 S Johnson (C&S, U20W) 4:30.96 ... 7 S Thomas (Sale, W) 4:33.70; 8 C Woods (Sale, U17W) 4:36.77 ... 10 N Maddick (KuH, U20W) 4:42.36 ... 13 M Stone (KuH, U17W) 4:45.11 ... 15 C Leaver (Holm, W) 4:54.43; 16 K Reynolds (E Ches, U13G) 4:57.36; 17 M Davies (Liv H, U15G) 4:59.67. **3000:r1:** 1 J Mellor (Liv H) 8:28.20; 2 T Elly (Salf/KEN) 8:28.91; 3 P Green (Hallam) 8:29.71; 4 J Gilby (Der) 8:35.01; 5 M Bond (Sale) 8:35.99; 6 R Burney (Liv H) 8:44.17; 7 P Williams (Roch) 8:57.20; 8 D Gallagher (Stoke, U20) 8:59.24 ... 11 A Bowen (Liv PS, U17) 9:03.83 ... 14 H Boyd (S/W, U17) 9:11.66; 15 L Clapham (Clee, U17) 9:12.59; 16 C Shubotham (Stoke, U20) 9:13.08; 17 M Johnson (Holm, U17) 9:14.84; 18 J Parkinson (Liv H, M40) 9:16.53 ... 20 R Best (N Mar, U17) 9:24.32. **r2:** ... 2 Jane Potter (Charn, W) 9:28.35 ... 9 A Gostling (Leeds, W) 9:47.39; 10 C Martin (Telf, W) 9:52.73 ... 12 S Davies

(Telf, W) 9:55.09 ... 16 S Clark (Sale, W) 10:28.00 ... 19 L Pitcher (Linc W, W)  
10:40.69

### **Men**

**HJ:** W Mkandawire (Sheff) 2.03. **DT:** 1 M Gouldbourne (Sale) 56.29; 2 A Brassington (Stoke) 43.84; 3 M Bomba (Liv H) 42.47; 4 H Lawrence (unatt) 38.22; 5 J Taylor (Sheff) 38.14; 6 M Gulliver (Leeds) 35.38. **HT:** 1 Bomba 50.83; 2 Gulliver 49.84; 3 R Gayle (Wake) 42.60. **JT:** 1 B Fisher (SHS) 56.15; 2 P Ostapowycz (M50) 50.44

### **U17**

**HT:** 1 A Reynolds (Liv H) 48.51; 2 M Rigby (Old) 46.18

### **U15**

**SP/DT:** J Fortune (Dees) 11.42/37.92

### **Women**

**HJ:** S Moncrieff (Traff) 1.79. **DT:** F Jones (Dees) 38.30. **HT:** 1 L Brannan (Bir) 60.77; 2 A Lockley (Traff) 41.93; 3 Jones 30.30; 4 S Woodward (Liv H, U17) 29.95