

UK Women's Athletics League 2006

National Division 1 - Sports City, Manchester

03 June 2006

Events	BIRCH		ESH		COM		R&N		SBH		TRAFF		WSE&H		WG&EL		UNUSED		TOTAL	
Women's 100m	9	3	5	7	7	4	4	2	1	1	6	6	2	9	3	5			37	37
Women's 200m	7	7	9	9	6		3	4	1	2	5	3	2	5	4	6		1	37	37
Women's 400m	4	4	6	2	9	9			3	7	5	6	2	5	7	3	1	1	37	37
Women's 800m	4		9	5	6	7	1		3	6	5	9	2	4	7	3		3	37	37
Women's 1500m	6		9		5	9	1		4	6	7	7	2	5	3	4		6	37	37
Women's 3000m S/Chase																				
Women's 3000m	6	3	2		4	6	1		7	7	3	4	9	9	5	5		3	37	37
Women's 400m Hurdles	6	3	5	9	2	5	1		9		3	4	7	7	4	6		3	37	37
Women's 100m Hurdles	1		9	9	2	5	4	7	6	6	7	3	5	4	3	2		1	37	37
Women's Hammer	7	4	6	9	5	6	4	1	1	3	9	5	3	2	2	7			37	37
Women's Discus	3	6	1	2	6	7	7	1	5	9	2	4	9	3	4	5			37	37
Women's Javelin	9	2	2	5	1	1	4	3	7	7	5	6	6	9	3	4			37	37
Women's Shot Putt	6	7	1	4	9	9	3	3	5	5	4	6	2	1	7	2			37	37
Women's Long Jump	2		9	3	6	4	1	2	3	6	7	9	5	7	4	5		1	37	37
Women's Triple Jump	9	5	7	6	5	3	1		6	9	2		3	4	4	7		3	37	37
Women's High Jump	4	2	3	3	9	9	6	7	1.5	5	7	4	1.5	6	5	1			37	37
Women's Pole Vault	9	7	4	6	3		2				5	5	7		6	9	1	10	37	37
Women's 4x100m Relay	5		9		7		6		1		2		4		3			37	37	37
Women's 4x400m Relay	5		9		7		2		3		6		4				1	37	37	37
	102	53	105	79	99	84	51	30	66.5	79	90	81	75.5	80	74	74	3	106	666	666

Match Summary	BIRCH	ESH	COM	R&N	SBH	TRAFF	WSE&H	WG&EL	UNUSED	TOTAL
Teams	155.0	184.0	183.0	81.0	145.5	171.0	155.5	148.0	109.0	1332.0
Match Position	5	1	2	8	7	3	4	6		
League Points	4	8	7	1	2	6	5	3		

Standings	BIRCH	ESH	COM	R&N	SBH	TRAFF	WSE&H	WG&EL
League Points	4.0	8.0	7.0	1.0	2.0	6.0	5.0	3.0
Match Points	155.0	184.0	183.0	81.0	145.5	171.0	155.5	148.0
League Positions	5	1	2	8	7	3	4	6

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				Perf	Record	Wind	UKA	AW	3 June 2006						
				Perf	Record	Wind	UKA	AW							
Women's 100m A				Wind=	-0.5				Women's 100m B						
									Wind=	-1.0					
1	1	Amy Harris	Birchfield Harriers & AC	11.90			145	☑	1	77	Karlene Turner	Windsor,Slough,Eton & Hour	12.3	84	☑
2	3	Helen Taylor	City of Manchester	11.93			140	☑	2	22	Louise Dickson	Edinburgh Southern Harriers	12.3	84	☑
3	6	Louise Bloor	Trafford AC	12.00			130	☑	3	66	Katie Flower	Trafford AC	12.3	84	☑
4	2	Sara Whigham	Edinburgh Southern Harrier	12.25			92	☑	4	88	Katie Skelding	Woodford Green with Essex	12.3	84	☑
5	4	Emma Bailey	Rugby & Northampton AC	12.28			88	☑	5	33	Lucy Evans	City of Manchester	12.4	69	☑
6	8	Joanne Ryan	Woodford Green with Essex	12.34			78	☑	6	11	Kayo Citiloye	Birchfield Harriers & AC	12.7		☑
7	7	Lesley Owuso	Windsor,Slough,Eton & Hour	12.45			62	☑	7	44	Vicky Barr	Rugby & Northampton AC	12.9		☑
8	5	Nony Mordi	Shaftesbury Barnet Harriers	12.88				☑	8	55	Lorna Rogers	Shaftesbury Barnet Harriers	13.5		
Women's 200m A				Wind=	-3.3				Women's 200m B						
									Wind=	-2.3					
1	2	Susan Deacon	Edinburgh Southern Harrier	24.49			123	☑	1	22	Sara Whigham	Edinburgh Southern Harriers	24.83	101	☑
2	1	Amy Harris	Birchfield Harriers & AC	24.79			103	☑	2	11	Rachel Harris	Birchfield Harriers & AC	25.17	78	☑
3	3	Helen Taylor	City of Manchester	25.03			87	☑	3	88	Katie Skelding	Woodford Green with Essex	25.33	67	☑
4	6	Louise Bloor	Trafford AC	25.23			74	☑	4	77	Jenny Christie	Windsor,Slough,Eton & Hour	25.68		☑
5	8	Joanne Ryan	Woodford Green with Essex	25.26			72	☑	5	44	Vicky Barr	Rugby & Northampton AC	26.09		☑
6	4	Emma Bailey	Rugby & Northampton AC	25.31			69	☑	6	66	Nisha Desai	Trafford AC	26.27		☑
7	7	Lesley Owuso	Windsor,Slough,Eton & Hour	25.35			66	☑	7	55	Nina Anderson	Shaftesbury Barnet Harriers	27.05		
8	5	Nicola Martell	Shaftesbury Barnet Harriers	26.87				☑	8						
Women's 400m A									Women's 400m B						
1	3	Faye harding	City of Manchester	54.28			155	☑	1	33	Rebecca Sweeney	City of Manchester	55.35	128	☑
2	8	Marion Omajuwa	Woodford Green with Essex	54.74			144	☑	2	55	Ellie Childs	Shaftesbury Barnet Harriers	56.28	105	☑
3	2	Katherine Evans	Edinburgh Southern Harrier	54.76			143	☑	3	66	Catherine Riley	Trafford AC	56.80	92	☑
4	6	Katie Flower	Trafford AC	55.73			119	☑	4	77	Dawn Wilson	Windsor,Slough,Eton & Hour	56.85	91	☑
5	1	Seemita Gumbs	Birchfield Harriers & AC	56.24			106	☑	5	11	Ellie Darby	Birchfield Harriers & AC	57.13	84	☑
6	5	Nina Anderson	Shaftesbury Barnet Harriers	56.91			89	☑	6	88	Melanie Brown	Woodford Green with Essex	58.93		☑
7	7	Michelle Rodgers	Windsor,Slough,Eton & Hour	57.49			75	☑	7	22	Rebecca Dougall	Edinburgh Southern Harriers	59.72		☑
8									8						
Women's 800m A									Women's 800m B						
1	2	Joanna Ross	Edinburgh Southern Harrier	02:04.30			177	☑	1	66	Nisha Desai	Trafford AC	02:08.83	131	☑
2	8	Jessica Sparke	Woodford Green with Essex	02:07.46			145	☑	2	33	Sarah Tomlins	City of Manchester	02:13.04	89	☑
3	3	Emma McIntyre	City of Manchester	02:08.88			131	☑	3	55	Amy Campbell	Shaftesbury Barnet Harriers	02:13.10	89	☑
4	6	Karen Hill	Trafford AC	02:08.91			130	☑	4	22	Sarah Hood	Edinburgh Southern Harriers	02:13.23	87	☑
5	1	Anouska McConnell	Birchfield Harriers & AC	02:10.82			111	☑	5	77	Niki Tribe	Windsor,Slough,Eton & Hour	02:14.30	76	☑
6	5	Ellie Childs	Shaftesbury Barnet Harriers	02:11.56			104	☑	6	88	Tara Bird	Woodford Green with Essex	02:16.85	51	☑
7	7	Christine Long	Windsor,Slough,Eton & Hour	02:11.81			101	☑	7						
8	4	Joanne Emery	Rugby & Northampton AC	02:22.11				☑	8						
Women's 1500m A									Women's 1500m B						
1	2	Nicola Gauld	Edinburgh Southern Harrier	04:16.82	DR		165	☑	1	3	Kaye Kirkham	City of Manchester	04:50.27		☑
2	6	Karen Hill	Trafford AC	04:30.74			96	☑	2	66	Victoria O'Donnell	Trafford AC	04:52.78		☑
3	11	Anna Simmonds	Birchfield Harriers & AC	04:33.33			83	☑	3	55	Victoria Webster	Shaftesbury Barnet Harriers	04:55.25		☑
4	33	Jenna Hill	City of Manchester	04:37.36			63	☑	4	77	Mary Edwards	Windsor,Slough,Eton & Hour	05:03.00		
5	5	Amy Campbell	Shaftesbury Barnet Harriers	04:41.61				☑	5	88	Nina Griffith	Woodford Green with Essex	05:07.63		
6	8	Rachel Townend	Woodford Green with Essex	04:44.07				☑	6						
7	7	Carolyn Dickie	Windsor,Slough,Eton & Hour	04:47.28				☑	7						
8	4	Kathryn Arnold	Rugby & Northampton AC	04:58.89				☑	8						

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					3 June 2006								
	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<u>Women's 3000m A</u>						<u>Women's 3000m B</u>							
1	7	Rosemary Ryan	Windsor,Slough,Eton & Hou	09:27.56	154	☑	1	77	Erica Sheldon	Windsor,Slough,Eton & Hour	09:45.46	124	☑
2	55	Sarah Waldron	Shaftesbury Barnet Harriers	09:44.87	125	☑	2	5	Victoria Webster	Shaftesbury Barnet Harriers	10:04.53	92	☑
3	1	Debbie Walters	Birchfield Harriers & AC	09:48.90	118	☑	3	33	Rachel Deegan	City of Manchester	10:23.64	60	☑
4	8	Rachel Townend	Woodford Green with Essex	09:49.90	116	☑	4	88	Nina Griffith	Woodford Green with Essex	10:35.84		☑
5	3	Laura McCreech	City of Manchester	09:54.53	109	☑	5	66	Julia Leventon	Trafford AC	10:57.85		☑
6	6	Kasey-Lea Shuttleworth	Trafford AC	10:33.38		☑	6	11	Wendy Morant	Birchfield Harriers & AC	16:04.40		
7	22	Sarah Hood	Edinburgh Southern Harrier	10:53.42		☑	7						
8	4	Joanne Emery	Rugby & Northampton AC	11:11.06			8						
<u>Women's 400m Hurdles A</u>						<u>Women's 400m Hurdles B</u>							
1	5	Nicola Martell	Shaftesbury Barnet Harriers	61.59	128	☑	1	22	Avril Jackson	Edinburgh Southern Harrier:	63.70	85	☑
2	7	Jenny Christie	Windsor,Slough,Eton & Hou	61.87	122	☑	2	77	Caroline Heaney	Windsor,Slough,Eton & Hour	63.95	80	☑
3	1	Susie McLoughlin	Birchfield Harriers & AC	61.90	122	☑	3	88	Hayley Ramos-Gonzalez	Woodford Green with Essex	67.69		☑
4	2	Rebecca Dougall	Edinburgh Southern Harrier	63.51	89	☑	4	33	Kathy Wellam	City of Manchester	68.69		☑
5	8	Nikki Adeleye	Woodford Green with Essex	65.42	51	☑	5	66	Jackie Fairchild	Trafford AC	73.49		
6	6	Lucy Abbott	Trafford AC	66.31		☑	6	11	Marina Semenova	Birchfield Harriers & AC	80.31		
7	3	Victoria Uttley	City of Manchester	70.79			7						
8	4	Madeleine Smith	Rugby & Northampton AC	72.78			8						
<u>Women's 100m Hurdles A</u>						<u>Women's 100m Hurdles B</u>							
			Wind=	-2.1						Wind=			
1	2	Catriona Pennet	Edinburgh Southern Harrier	14.39	133	☑	1	22	Avril Jackson	Edinburgh Southern Harrier:	16.20		☑
2	6	Susan Moncrieff	Trafford AC	14.51	125	☑	2	44	Lucy Hodkins	Rugby & Northampton AC	16.78		
3	5	Lorna Rogers	Shaftesbury Barnet Harriers	15.22	78	☑	3	55	Jemma Nisell	Shaftesbury Barnet Harriers	16.81		
4	7	Jenny Christie	Windsor,Slough,Eton & Hou	15.45	63	☑	4	33	Victoria Uttley	City of Manchester	17.17		
5	4	Lauren Ambrose	Rugby & Northampton AC	15.53	57	☑	5	77	Marika Reed	Windsor,Slough,Eton & Hour	17.58		
6	8	Diana Osagede	Woodford Green with Essex	17.47			6	66	Lucy Abbott	Trafford AC	17.72		
7	3	Kathy Wellam	City of Manchester	18.66			7	88	Hayley Ramos-Gonzalez	Woodford Green with Essex	17.80		
8	1	Marina Semenova	Birchfield Harriers & AC	19.86			8						
<u>Women's Hammer A</u>						<u>Women's Hammer B</u>							
1	6	Shirley Webb	Trafford AC	63.78	203	☑	1	22	Laura Chalmers	Edinburgh Southern Harrier:	51.39	141	☑
2	1	Lesley Brannan	Birchfield Harriers & AC	61.30	191	☑	2	88	Monique Buchanan	Woodford Green with Essex	51.38	141	☑
3	2	Susan McKelvie	Edinburgh Southern Harrier	60.09	185	☑	3	33	Sarah Holt	City of Manchester	49.83	134	☑
4	3	Laura Douglas	City of Manchester	58.21	176	☑	4	66	Anna Johnson	Trafford AC	44.91	109	☑
5	4	Lucy Marshall	Rugby & Northampton AC	54.47	157	☑	5	11	Marina Semenova	Birchfield Harriers & AC	34.80	59	☑
6	7	Joanne John	Windsor,Slough,Eton & Hou	53.44	152	☑	6	55	Kirsty Law	Shaftesbury Barnet Harriers	31.01		☑
7	8	Liz Carter	Woodford Green with Essex	52.73	148	☑	7	77	Jo Wade	Windsor,Slough,Eton & Hour	22.08		
8	5	Joanne Davison	Shaftesbury Barnet Harriers	45.19	110	☑	8	44	Amy Harvey	Rugby & Northampton AC	19.33		
<u>Women's Discus A</u>						<u>Women's Discus B</u>							
1	77	Emma Carpenter	Windsor,Slough,Eton & Hou	49.83	154	☑	1	5	Navdeep Dhaliwal	Shaftesbury Barnet Harriers	44.57	127	☑
2	4	Emma Merry	Rugby & Northampton AC	48.03	145	☑	2	33	Alison Rodger	City of Manchester	40.87	109	☑
3	3	Claire Griss	City of Manchester	46.79	138	☑	3	11	Eden Francis	Birchfield Harriers & AC	40.49	107	☑
4	55	Kirsty Law	Shaftesbury Barnet Harriers	46.33	136	☑	4	88	Liz Carter	Woodford Green with Essex	38.91	99	☑
5	8	Joanne Duncan	Woodford Green with Essex	45.80	134	☑	5	66	Chloe Beckett	Trafford AC	38.53	97	☑
6	1	Sarah Henton	Birchfield Harriers & AC	44.99	129	☑	6	7	Joanne John	Windsor,Slough,Eton & Hour	37.57	92	☑
7	6	Jemma Kelly	Trafford AC	44.75	128	☑	7	22	Jennifer Wilkie	Edinburgh Southern Harrier:	29.94	54	
8	2	Laura Chalmers	Edinburgh Southern Harrier	37.65	93	☑	8	44	Lucy Marshall	Rugby & Northampton AC	27.12		
<u>Women's Javelin A</u>						<u>Women's Javelin B</u>							
1	1	Jo Blair	Birchfield Harriers & AC	50.13	165	☑	1	77	Rosie Semenytsh	Windsor,Slough,Eton & Hour	43.95	134	☑
2	5	Louise Watton	Shaftesbury Barnet Harriers	47.80	154	☑	2	55	Jenny Grimstone	Shaftesbury Barnet Harriers	43.48	132	☑
3	7	Laura Kerr	Windsor,Slough,Eton & Hou	45.71	143	☑	3	66	Chloe Beckett	Trafford AC	33.35	81	☑
4	6	Emma Halsall	Trafford AC	37.88	104	☑	4	22	Jennifer Wilkie	Edinburgh Southern Harrier:	32.17	75	☑
5	4	Amy Harvey	Rugby & Northampton AC	37.62	103	☑	5	88	Liz Carter	Woodford Green with Essex	32.12	75	☑
6	8	Emma Smith	Woodford Green with Essex	35.54	92	☑	6	44	Sophie Hine	Rugby & Northampton AC	27.05	50	
7	2	Gayle Dunnett	Edinburgh Southern Harrier	32.63	78	☑	7	11	Eden Francis	Birchfield Harriers & AC	19.88		
8	3	Alison Rodger	City of Manchester	22.57			8	33	Claire Griss	City of Manchester	17.46		

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National Division 1 - Sports City, Manchester

					3 June 2006								
	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<u>Women's Shot Putt A</u>						<u>Women's Shot Putt B</u>							
1	3	Rebecca Peake	City of Manchester	17.75	225	☑	1	33	Alison Rodger	City of Manchester	13.91	148	☑
2	8	Joanne Duncan	Woodford Green with Essex	15.33	176	☑	2	1	Liz Millward	Birchfield Harriers & AC	13.16	133	☑
3	11	Eden Francis	Birchfield Harriers & AC	13.93	148	☑	3	6	Chloe Beckett	Trafford AC	11.51	100	☑
4	5	Navdeep Dhaliwal	Shaftebury Barnet Harriers	12.34	116	☑	4	55	Kirsty Law	Shaftebury Barnet Harriers	11.03	90	☑
5	66	Jemma Kelly	Trafford AC	11.82	106	☑	5	2	Laura Chalmers	Edinburgh Southern Harrier:	9.69	63	
6	4	Emma Merry	Rugby & Northampton AC	11.55	101	☑	6	44	Lucy Marshall	Rugby & Northampton AC	9.64	62	
7	7	Laura Kerr	Windsor,Slough,Eton & Hou	11.42	98	☑	7	88	Diana Osagede	Woodford Green with Essex	7.92		
8	22	Jennifer Wilkie	Edinburgh Southern Harrier	10.28	75	☑	8	77	Marika Reed	Windsor,Slough,Eton & Hour	7.69		
<u>Women's Long Jump A</u>						<u>Women's Long Jump B</u>							
1	2	Gillian Cooke	Edinburgh Southern Harrier	6.26	166	☑	1	66	Hazel Hall	Trafford AC	5.74	114	☑
2	6	Louise Bloor	Trafford AC	6.20	160	☑	2	77	Jenny Pacey	Windsor,Slough,Eton & Hour	5.50	90	☑
3	3	Rebecca White	City of Manchester	6.12	152	☑	3	5	Nadia Williams	Shaftebury Barnet Harriers	5.46	86	☑
4	7	Karlene Turner	Windsor,Slough,Eton & Hou	5.90	130	☑	4	88	Azaria Francis	Woodford Green with Essex	5.23	63	☑
5	8	Hannah Frankson	Woodford Green with Essex	5.89	129	☑	5	33	Danielle Parkinson	City of Manchester	5.18	58	☑
6	55	Nony Mordi	Shaftebury Barnet Harriers	5.65	105	☑	6	22	Nike Osifodunrin	Edinburgh Southern Harrier:	4.27		
7	11	Henrietta Paxton	Birchfield Harriers & AC	5.59	99	☑	7	44	Madeleine Smith	Rugby & Northampton AC	3.80		
8	4	Sophie Hine	Rugby & Northampton AC	5.36	76	☑	8						
<u>Women's Triple Jump A</u>						<u>Women's Triple Jump B</u>							
1	1	Tiombe Hurd	Birchfield Harriers & AC	13.36	182	☑	1	55	Nony Mordi	Shaftebury Barnet Harriers	12.50	148	☑
2	2	Gillian Kerr	Edinburgh Southern Harrier	12.79	159	☑	2	88	Azaria Francis	Woodford Green with Essex	12.04	129	☑
3	5	Nadia Williams	Shaftebury Barnet Harriers	12.58	151	☑	3	22	Louise Haston	Edinburgh Southern Harrier:	11.36	102	☑
4	3	Rebecca White	City of Manchester	12.48	147	☑	4	11	Amy Woodman	Birchfield Harriers & AC	10.89	83	☑
5	8	Stephanie Aneto	Woodford Green with Essex	12.40	144	☑	5	77	Alison MacLeod	Windsor,Slough,Eton & Hour	10.75	78	☑
6	7	Lydia Nakagiri	Windsor,Slough,Eton & Hou	12.28	139	☑	6	33	Danielle Parkinson	City of Manchester	10.29	59	☑
7	66	Hazel Hall	Trafford AC	10.70	75	☑	7						
8	4	Madeleine Smith	Rugby & Northampton AC	8.59			8						
<u>Women's High Jump A</u>						<u>Women's High Jump B</u>							
1	3	Stephaine Pywell	City of Manchester	1.83	185	☑	1	33	Adelle Lassu	City of Manchester	1.75	145	☑
2	6	Susan Moncrieff	Trafford AC	1.75	145	☑	2	4	Sophie Hine	Rugby & Northampton AC	1.60	70	☑
3	44	Lucy Hodkins	Rugby & Northampton AC	1.70	120	☑	3	7	Marika Reed	Windsor,Slough,Eton & Hour	1.55		☑
4	8	Diana Osagede	Woodford Green with Essex	1.60	70	☑	4	55	Jemma Nisell	Shaftebury Barnet Harriers	1.50		
5	11	Amy Woodman	Birchfield Harriers & AC	1.60	70	☑	5	66	Victoria O'Donnell	Trafford AC	1.45		
6	22	Louise Haston	Edinburgh Southern Harrier	1.55		☑	6	2	Claire Kennedy	Edinburgh Southern Harrier:	1.40		
7=	5	Nicola Martell	Shaftebury Barnet Harriers	1.55		☑	7	1	Marina Semenova	Birchfield Harriers & AC	1.45		
7=	77	Jenny Pacey	Windsor,Slough,Eton & Hou	1.55		☑	8	88	Hannah Frankson	Woodford Green with Essex	1.35		
<u>Women's Pole Vault A</u>						<u>Women's Pole Vault B</u>							
1	11	Hilary Smith	Birchfield Harriers & AC	3.80	170	☑	1	88	Louise Shortland	Woodford Green with Essex	3.40	130	☑
2	7	Cath McCrae	Windsor,Slough,Eton & Hou	3.60	150	☑	2	1	Becky Lilley	Birchfield Harriers & AC	3.20	110	☑
3	8	Jemma Harding	Woodford Green with Essex	3.60	150	☑	3	22	Gillian Cooke	Edinburgh Southern Harrier:	3.00	90	☑
4	6	Clare Neve	Trafford AC	3.60	150	☑	4	66	Janine Mullineaux	Trafford AC	2.50		☑
5	2	Claire Kennedy	Edinburgh Southern Harrier	3.00	90	☑							
6	3	Lindsay Johnson	City of Manchester	2.50		☑							
7	44	Sarah Hardwick	Rugby & Northampton AC	2.50		☑							
<u>Women's 4x100m Relay</u>													
1	2	Edinburgh Southern Harrie	Gillian Cooke	Susan Deacon	Sara Whigham	Louise Dickson	46.11				☑		
2	3	City of Manchester	Helen Taylor	Rebecca Sweeney	Rebecca White	Faye Harding	47.07				☑		
3	4	Rugby & Northampton AC	Emma Bailey	Lauren Ambrose	Vicky Barr	Ellena Ruddock	47.68				☑		
4	1	Birchfield Harriers & AC	Kayo Citiloye	Berneice Wilson	Rachel Harris	Amy Harris	47.81				☑		
5	7	Windsor,Slough,Eton & Ho	Jenny Christie	Lesley Owoso	Dawn Wilson	Karlene Turner	48.30				☑		
6	8	Woodford Green with Esse	Joanne Ryan	Azaria Francis	Marion Omajawa	Katie Skelding	48.35				☑		
7	6	Trafford AC	Susan Moncrieff	Louise Bloor	Joanne Duxbury	Katie Flower	48.56				☑		
8	5	Shaftebury Barnet Harrier:	Lorna Rogers	Nicola Martell	Nadia Williams	Nony Mordi	50.04				☑		



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Perf Record Wind UKA AW 3 June 2006

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National Division 1 - Sports City, Manchester

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Women's 4x400m Relay

1	2	Edinburgh Southern Harrie	Nicola Gauld	Joanna Ross	Susan Deacon	Katherine Evans	03:42.96	<input checked="" type="checkbox"/>
2	3	City of Manchester	Rebecca Sweeney	Emma McIntyre	Sarah Tomlins	Faye Harding	03:43.70	<input checked="" type="checkbox"/>
3	6	Trafford AC	Nisha Desai	Catherine Riley	Joanne Duxbury	Katie Flower	03:45.30	<input checked="" type="checkbox"/>
4	1	Birchfield Harriers & AC	Anouska McConnell	Ellie Darby	Anna Simmonds	Seemita Gumbs	03:47.76	<input checked="" type="checkbox"/>
5	7	Windsor, Slough, Eton & Ho	Dawn Wilson	Niki Tribe	Marika Reed	Michelle Rodgers	03:51.71	<input checked="" type="checkbox"/>
6	5	Shaftebury Barnet Harrier:	Amy Campbell	Nina Anderson	Nadia Williams	Nicola Martell	03:56.63	<input checked="" type="checkbox"/>
7	4	Rugby & Northampton AC	Ellena Ruddock	Vicky Barr	Sophie Hine	Emma Bailey	04:02.74	<input checked="" type="checkbox"/>
8	8	Woodford Green with Esse	Nikki Adeleye	Melanie Brown	Tara Bird	Marion Omajuwa	DSQ	

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	ESH		8	184.0	1	ESH	8	184.0	
2	COM		7	183.0	2	COM	7	183.0	
3	TRAFF		6	171.0	3	TRAFF	6	171.0	
4	WSE&H		5	155.5	4	WSE&H	5	155.5	
5	BIRCH		4	155.0	5	BIRCH	4	155.0	
6	WG&EL		3	148.0	6	WG&EL	3	148.0	
7	SBH		2	145.5	7	SBH	2	145.5	
8	R&N		1	81.0	8	R&N	1	81.0	

Women's 100m Non Scoring

Wind=

1	287	Bernice Wilson	Birchfield Harriers	12.88	<input checked="" type="checkbox"/>
2	286	Wendy Morant	Birchfield Harriers	14.34	
3					
4					
5					
6					
7					
8					

Women's 100m Non Scoring

Wind=

1
2
3
4
5
6
7
8