

Competition...National Junior League..... Date.....23 April 2006.....

Venue.....Meadowbank, Edinburgh..... Tyne Division

Match Result - Overall				
	Club			Total
1	Team Edinburgh			606
2	Team Glasgow			445
3	Team Forth Valley			414
4	Tees Valley Tigers			408
5	Border Harriers			371
6	Team Tyne & Wear			308
7				
8				

Athletes of the Match

Male Scott Henderson Tees Valley 400m Hurdles 54.49s
Female Stacy Wilson Edinburgh Hammer 42.64m

MALE

100 Metres		A	+3.3m/s
1	Pat Swan	Edinburgh	11.23
2	Ben Wilson	Tees Valley	11.40
3	David Robinson	Tyne & Wear	11.44
4	Jamie Benzie	Border H	11.45
5	Stephen Roy	Forth Valley	11.74
6	Carlo Paloni	Glasgow	12.27
7			
8	Pete Forbes	Guest(Edin)	12.21

100 Metres		B	+1.8m/s
1	Duncan Cleat	Edinburgh	11.78
2	Duncan Lawrence	Border H	11.85
3	Ade Babatunde	Tees Valley	11.86
4	Robert Davison	Tyne & Wear	11.90
5	Liam Milligan	Glasgow	11.99
6			
7			
8	A Simpson(Tees)	Guest	13.00

200 Metres		A	-0.8m/s
1	Scott Henderson	Tees Valley	22.65
2	Pat Swan	Edinburgh	22.81
3	Chris Hodgkins	Glasgow	22.95
4	David Robinson	TTW	23.16
5	Stephen Roy	Forth Valley	23.82
6	Nigel Smith	Border H	26.19
7			
8			

200 Metres		B	-0.4m/s
1	David Martin	Glasgow	22.53
2	Duncan Cleat	Edinburgh	22.71
3	Robert Davison	Tyne & Wear	23.35
4	Marc Danowilz	Tees Valley	23.76
5	Andrew Boyle	Forth Valley	24.18
6	Oliver Cartwright	Border H	25.78
7			
8	Daniel Fiddes	Guest (Edin)	24.00

400 Metres		A	
1	David Martin	Glasgow	49.74
2	Adam allison	Tees Valley	51.22
3	Robert Davison	Tyne & Wear	52.03
4	Daniel Fiddes	Edinburgh	52.55
5	Duncan Lawrence	Border H	52.81
6	Michael Deegan	Forth Valley	54.72
7			
8			

400 Metres		B	
1	Andrew Greep	Edinburgh	53.01
2	Phillipe Goessen	Tyne & Wear	54.46
3	Josh Clark	Forth Valley	54.60
4	Shaun Harrington	Tees Valley	56.66
5	Nigel Smith	Border H	58.45
6	David McDonald	Glasgow	59.31
7			
8	Lawrie McCombie	Guest(Edin)	57.08

800 Metres		A	
1	Gary Smith	Forth Valley	1.57.5
2	Nick Bradley	Border H	1.58.7
3	Richard Morrell	Tees Valley	1.59.3
4	Craig Ruddy	Glasgow	2.02.3
5	Darren Steel	Edinburgh	2.03.7
6			
7			
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800 Metres		B	
1	Will Nicholson	Border H	1.59.70
2	Sean Reilly	Forth Valley	2.01.60
3	Russell Best	Tees Valley	2.09.00
4	Hamish Middlemiss	Edinburgh	2.14.90
5			
6			
7			
8			

1500 Metres		A	
1	Jonathon Taylor	Tees Valley	4.03.46
2	Craig Ruddy	Glasgow	4.06.86
3	Michael Gillespie	Forth Valley	4.14.33
4	Shaun Desport	Edinburgh	4.17.81
5	Tom Farrell	Border H	4.23.26
6	Gary Heppell	Tyne & Wear	4.46.29
7			
8			

1500 Metres		B	
1	James Faye	Tees Valley	4.19.19
2	Hamish Middlemiss	Edinburgh	4.40.10
3	Shaun Gentleman	Forth Valley	4.41.17
4			
5			
6			
7			
8			

3000 Metres A			
1	Chris O'Hare	Edinburgh	9.07.54
2	Scott McDonald	Forth Valley	9.32.20
3	Anthony Powell	Tees Valley	10.48.09
4	Tom Nicholson	Border H	10.49.87
5			
6			
7			
8			

3000 Metres B			
1	Lewis Paulin	Edinburgh	9.29.75
2	Murray McLarty	Forth Valley	9.40.06
3			
4			
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6			
7			
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2000m Steeplechase A			
1	Michael Wright	Forth Valley	6.37.12
2	Darren Steel	Edinburgh	6.48.98
3	Duncan Lawrence	Border H	7.47.77
4	Jamie Sinclair	Glasgow	8.26.86
5			
6			
7			
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2000m Steeplechase B			
1	Fraser Gibson	Glasgow	8.53.36
2	Pete Forbes	Edinburgh	8.58.96
3			
4			
5			
6			
7			
8			

110m Hurdles A			
1	Steven Beattie	Glasgow	16.50
2	Andrew Greep	Edinburgh	19.12
3			
4			
5			
6			
7			
8			

110m Hurdles B			
1	Callum Sharp	Glasgow	19.38
2	Lawrie McCombie	Edinburgh	21.03
3			
4			
5			
6			
7			
8			

400m Hurdles A			
1	Scott Henderson	Tees Valley	54.49
2	David Martin	Glasgow	57.89
3	Andrew Greep	Edinburgh	62.80
4	Michael Wright	Forth Valley	68.18
5	Oliver Cartwright	Border H	70.79
6			
7			
8			

400m Hurdles B			
1	Lawrie McCombie	Edinburgh	66.82
2	David McDonald	Glasgow	68.67
3	Nigel Smith	Border	72.37
4			
5			
6			
7			
8			

4 x 100m Relay			
1	Edinburgh		45.41
2	Forth Valley		46.50
3	Tyne & Wear		47.53
4	Glasgow		48.12
5	Border		50.21
6			
7			
8			

4 x 400m Relay			
1	Tees Valley		3.33.93
2	Edinburgh		3.36.03
3	Forth Valley		3.36.55
4	Glasgow		3.36.71
5	Border		3.50.94
6			
7			
8			

Long Jump A			
1	Jamie Benzie	Border H	6.42
2	Garry Mackay	Edinburgh	6.25
3	Ade Babatunde	Tees Valley	6.09
4	Andrew Boyle	Forth Valley	5.87
5	Steven Beattie	Glasgow	5.65
6	Phillipe Goessen	Tyne & Wear	5.16
7			
8	Jack Proctor	Guest(Tees)	5.54

Long Jump B			
1	Hamish Wright	Edinburgh	6.04
2	Liam McDonnell	Tees Valley	5.97
3	Blair Rushford	Forth Valley	5.38
4	Carlo Paloni	Glasgow	4.74
5	Tom Farrell	Border H	4.43
6	Robert Davison	Tyne & Wear	4.29
7			
8			

Triple Jump A			
1	Ade Babtunde	Tees Valley	13.51
2	Jamie Benzie	Border H	12.57
3	Garry Mackay	Edinburgh	11.51
4	Jamie Sincalir	Glasgow	10.08
5	Steven Humphrey	Tyne & Wear	9.68
6			
7			
8			

Triple Jump B			
1	Liam McDonnell	Tees Valley	12.19
2	Hamish Wright	Edinburgh	11.36
3	David Adam	Glasgow	9.98
4	Tom Nicholson	Border H	8.71
5			
6			
7			
8			

High Jump A			
1	Thomas Campbell	Glasgow	1.90
2	Greg Boyd	Forth Valley	1.85
3	Lloyd Powell	Tees Valley	1.85
4	Gary Forfar	Edinburgh	1.70
5	Duncan Lawrence	Border H	1.70
6	Gary Heppell	Tyne & Wear	1.55
7			
8			

High Jump B			
1	Stuart Chalmers	Forth Valley	1.80
2	Jack Proctor	Tees Valley	1.70
3	Chris Hodgkins	Glasgow	1.65
4	Darren Steel	Edinburgh	1.65
5	Phillipe Goessen	Tyne & Wear	1.55
6			
7			
8			

Pole Vault A			
1	Thomas Campbell	Glasgow	3.80
2	Gary forfar	Edinburgh	3.05
3	Gary Heppell	Tyne & Wear	2.90
4			
5			
6	Jamie Sinclair	Guest(Gla)	3.05
7	Fraser Gibson	Guest(Gla)	2.60
8			

Pole Vault B			
1	Callum Sharp	Glasgow	3.65
2	Grant Ewing	Edinburgh	3.05
3			
4			
5			
6			
7			
8			

Shot A			
1	Nick Whittle	Edinburgh	10.12
2	McGregor Drummond	Forth Valley	10.10
3	Duncan Lawrence	Border H	10.10
4	Liam Milligan	Glasgow	9.17
5	Jack Proctor	Tees Valley	8.83
6	Steven Humphrey	Tyne & Wear	8.52
7			
8			

Shot B			
1	Peter Holmes	Edinburgh	9.41
2	Greg Boyd	Forth Valley	9.26
3	David Adam	Glasgow	8.62
4	Robert Davison	Tyne & Wear	7.80
5	Nigel Smith	Border H	7.29
6	Anthony Powell	Tees Valley	5.54
7			
8			

Competition...National Junior League..... Date.....23 April 2006.....

Venue.....Meadowbank, Edinburgh.....

Tyne Division

<u>Discus</u>		<u>A</u>	
1	David Adam	Glasgow	28.52
2	Scott Henderson	Tees Valley	27.18
3	James Slack	Border H	26.31
4	Sydney Kamanga	Edinburgh	26.17
5	Steven Humphrey	Tyne & Wear	22.25
6			
7			
8			

<u>Discus</u>		<u>B</u>	
1	Karl Wilson	Border H	22.24
2	Liam Milligan	Glasgow	22.07
3	David Robinson	Tyne & Wear	21.03
4	Nick Whittle	Edinburgh	18.03
5	Andrew Simpson	Tees Valley	11.24
6			
7			
8			

<u>Hammer</u>		<u>A</u>	
1	Peter Holmes	Edinburgh	50.89
2	James Slack	Border H	36.82
3	McGregor Drummond	Forth Valley	30.50
4	David Adam	Glasgow	29.39
5			
6			
7			
8			

<u>Hammer</u>		<u>B</u>	
1	Nick Whittle	Edinburgh	28.27
2	Liam Milligan	Glasgow	18.56
3	Will Nicholson	Border H	17.49
4			
5			
6			
7			
8			

<u>Javelin</u>		<u>A</u>	
1	Grant Ewing	Edinburgh	47.90
2	Karl Wilson	Border H	46.87
3	McGregor Drummond	Forth Valley	37.38
4	Steven Humphrey	Tyne & Wear	36.24
5	Steven Beattie	Glasgow	33.29
6	Lloyd Powell	Tees Valley	21.26
7			
8			

<u>Javelin</u>		<u>B</u>	
1	Nick Whittle	Edinburgh	38.40
2	Blair Rushford	Forth Valley	34.90
3	David Adam	Glasgow	21.67
4	Gary Heppell	Tyne & Wear	19.45
5	James Slack	Border H	12.43
6	Shaun Harrington	Tees Valley	11.65
7			
8			

FEMALE

100 Metres		A	+1.6m/s
1	Kim Skinner	Forth Valley	12.48
2	Carly Beattie	Edinburgh	12.50
3	Jenny Graham	Tyne & Wear	12.75
4	Faye Winspear	Tees Valley	12.82
5	Katie Watts	Border H	13.26
6			
7	R McKee(Forth)	Guest	13.22
8	M Carroll	Guest	14.29

100 Metres		B	+1.0m/s
1	Alix Wilson	Forth Valley	12.80
2	Claire Carmichael	Edinburgh	13.40
3	Emma Lightburn	Border H	13.90
4	Olivia Cook	Tees Valley	14.00
5	Hester Dix	Tyne & Wear	15.90
6			
7			
8	E Park	Guest(Bord)	13.60

200 Metres		A	+1.6m/s
1	Kim Skinner	Forth Valley	25.30
2	Jenny Graham	Tyne & Wear	26.04
3	Faye Winspear	Tees Valley	26.65
4	Aisling McGhee	Glasgow	27.13
5	Claire Carmichael	Edinburgh	27.16
6	Katie Watts	Border H	28.38
7			
8			

200 Metres		B	-0.7m/s
1	Alix Wilson	Forth Valley	26.29
2	Sarah Warnock	Edinburgh	27.52
3	Laura Watt	Tyne & Wear	29.14
4	Olivia Cook	Tees Valley	29.91
5	Libby Cleggs	Border H	30.56
6	Charlotte Logan	Glasgow	30.67
7			
8			

400 Metres		A	
1	Ashleigh Kennedy	Edinburgh	58.81
2	Aisling McGhee	Glasgow	59.88
3	Debbie Forster	Tees Valley	62.36
4	Hannah Fairhurst	Border H	68.08
5	Georgia Campbell	Tyne & Wear	73.75
6			
7			
8			

400 Metres		B	
1	Louise McLelland	Edinburgh	61.27
2	Courtney McGuire	Glasgow	65.07
3	Paula Smith	Border H	68.13
4			
5			
6			
7			
8			

800 Metres		A	
1	Kirsty Hunter	Forth Valley	2.15.19
2	Abbey McGhee	Glasgow	2.17.03
3	Catrina Sinclair	Edinburgh	2.18.74
4	Kirsty Legg	Tees Valley	2.25.54
5	Stephanie Crowell	Tyne & Wear	2.27.03
6	Gemma Crowther	Border H	2.30.92
7			
8	L Hunter	Guest(Forth)	2.18.53

800 Metres		B	
1	Mhairi Inglis	Forth Valley	2.22.33
2	Katie McGregor	Edinburgh	2.35.74
3	Georgia Campbell	Tyne & Wear	2.43.49
4			
5			
6			
7			
8			

1500 Metres		A	
1	Sara Inglis	Forth Valley	5.00.69
2	Laura Dunn	Edinburgh	5.02.05
3	Charlotte Arter	Border H	5.04.39
4	Abbey McGhee	Glasgow	5.06.31
5	Jennifer Stephenson	Tyne & Wear	5.24.46
6	Clare Rushton	Tees Valley	5.36.51
7			
8			

1500 Metres		B	
1	Alice Loudon	Edinburgh	5.11.47
2			
3			
4			
5			
6			
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8			

3000 Metres A			
1	Sara Inglis	Forth Valley	10.35.87
2	Jess Russon	Tees Valley	10.55.05
3	Hester Dix	Tyne & Wear	11.09.09
4	Lauren Stoddart	Edinburgh	11.17.93
5			
6			
7			
8			

3000 Metres B			
1	Georgia Campbell	Tyne & Wear	12.14.68
2			
3			
4			
5			
6			
7			
8			

100m Hurdles A +1.7m/s			
1	Elayne Henderson	Forth Valley	15.90
2	Sylvia Kamyra	Edinburgh	16.46
3	Eden Markl	Tees Valley	19.96
4	Elaine Taggart	Glasgow	20.03
5	Hannah Fairhurst	Border H	20.18
6			
7			
8			

100m Hurdles B -0.2m/s			
1	Yvonne Elms	Edinburgh	17.74
2	Debbie Forster	Tees Valley	19.42
3	Emma Park	Border H	20.43
4	Charlotte Logan	Glasgow	21.41
5			
6			
7			
8			

400m Hurdles A			
1	Debbie Forster	Tees Valley	71.37
2	Yvonne Elms	Edinburgh	74.54
3	Eleanour Murray	Tyne & Wear	78.95
4			
5			
6			
7			
8			

400m Hurdles B			
1	Katie McGregor	Edinburgh	74.65
2			
3			
4			
5			
6			
7			
8			

4 x 100m Relay			
1	Forth Valley		50.00
2	Edinburgh		50.71
3	Tees Valley		53.46
4	Tyne & Wear		53.78
5	Border		55.72
6	Glasgow		56.97
7			
8			

4 x 400m Relay			
1	Glasgow		4.03.93
2	Edinburgh		4.06.38
3	Forth Valley		4.08.35
4	Tees Valley		4.29.71
5	Tyne & Wear		4.34.71
6	Border		4.35.27
7			
8			

Long Jump A			
1	Jayne Nisbet	Edinburgh	5.56
2	Elayne Henderson	Forth Valley	5.51
3	Laura Watt	Tyne & Wear	4.46
4	Olivia Cook	Tees Valley	4.30
5	Stephanie O'Neill	Glasgow	4.19
6	Paula Smith	Border H	4.02
7			
8			

Long Jump B			
1	Jade Nimmo	Forth Valley	5.26
2	Sarah Warnock	Edinburgh	4.92
3	Michelle Barton	Tyne & Wear	4.22
4	Elaine Taggart	Glasgow	4.19
5	Emma Lightburn	Border H	3.89
6	Clare Rushton	Tees Valley	3.13
7			
8			

Triple Jump A			
1	Jade Nimmo	Forth Valley	10.77
2	Iona Mackay	Edinburgh	10.28
3	Stephanie O'Neill	Glasgow	9.35
4	Rebecca Pottinger	Tyne & Wear	9.30
5	Debbie Forster	Tees Valley	8.70
6	Emma Lightburn	Border H	8.48
7	Jayne Nisbet	Guest(Edin)	11.77
8	Emma Lowry	Guest(Edin)	9.99

Triple Jump B			
1	Aja Murray	Edinburgh	9.78
2	Eleanour Murray	Tyne & Wear	8.88
3	Paula Smith	Border H	8.30
4	Clare Rushton	Tees Valley	7.29
5			
6			
7			
8			

High Jump A			
1	Jayne Nisbet	Edinburgh	1.70
2	Anna Welford	Tees Valley	1.65
3	Barbara Kolasinski	Glasgow	1.65
4	Elayne Henderson	Forth Valley	1.65
5	Michelle Barton	Tyne & Wear	1.55
6			
7			
8	Rebecca Pottinger	Guest(Tyne)	1.65

High Jump B			
1	Erin Leggate	Glasgow	1.60
2	Laura Watt	Tyne & Wear	1.50
3	Emma Lowry	Edinburgh	1.50
4	Jade Nimmo	Forth Valley	1.45
5	Eden Markl	Tees Valley	1.30
6			
7			
8			

Pole Vault A			
1	Stephanie McKenz	Forth Valley	3.20
2	Courtney McGuire	Glasgow	3.20
3	Natalie Dunbar	Edinburgh	2.15
4			
5			
6			
7			
8	Charlotte Logan	Guest(Gla)	2.45

Pole Vault B			
1	Elaine Taggart	Glasgow	2.60
2			
3			
4			
5			
6			
7			
8			

Shot A			
1	Rachel Parkin	Edinburgh	10.02
2	Shannon Williams	Border H	8.15
3	Rachael McKee	Forth Valley	8.08
4	Elizabeth Sellars	Tees Valley	7.39
5	Erin Leggate	Glasgow	6.39
6			
7			
8			

Shot B			
1	Stacy Wilson	Edinburgh	9.73
2	Kayleigh Sullivan	Tees Valley	6.71
3	Vicky Lockhart	Border H	5.63
4	Charlotte Logan	Glasgow	5.47
5			
6			
7			
8			

Discus A			
1	Stacy Wilson	Edinburgh	32.75
2	Kayleigh Sullivan	Tees Valley	22.63
3	Stephanie McKenz	Forth Valley	19.79
4	Barbara Kolasinski	Glasgow	16.10
5	Stephanie Crowell	Tyne & Wear	15.58
6	Becky Rudkin	Border H	14.10
7			
8			

Discus B			
1	Kirsty Buglass	Edinburgh	26.16
2	Rachael McKee	Forth Valley	17.09
3	Elizabeth Sellars	Tees Valley	16.91
4	Eleanour Murray	Tyne & Wear	15.57
5	Shannon Williams	Border H	13.86
6	Stephanie O'Neill	Glasgow	13.44
7			
8			

Competition...National Junior League..... Date.....23 April 2006.....

Venue.....Meadowbank, Edinburgh.....

Tyne Division

<u>Hammer</u>		<u>A</u>	
1	Stacy Wilson	Edinburgh	42.64
2	Becky Rudkin	Border H	36.96
3	Elizabeth Sellars	Tees Valley	24.85
4	Michelle Barton	Tyne & Wear	15.73
5	Erin Leggate	Glasgow	10.92
6			
7			
8			

<u>Hammer</u>		<u>B</u>	
1	Shannon Williams	Border H	30.80
2	Kayleigh Sullivan	Tees Valley	23.39
3	Rachel Parkin	Edinburgh	17.09
4	Stephanie O'Neill	Glasgow	4.00
5			
6			
7			
8			

<u>Javelin</u>		<u>A</u>	
1	Kirsty Buglass	Edinburgh	31.45
2	Elayne Henderson	Forth Valley	28.49
3	Becky Rudkin	Border H	14.03
4	Abbey McGhee	Glasgow	11.08
5	Hester Dix	Tyne & Wear	6.96
6	Kirsty Legg	Tees Valley	6.65
7			
8			

<u>Javelin</u>		<u>B</u>	
1	Shannon Williams	Border H	13.10
2	Charlotte Logan	Glasgow	9.76
3	Jess Russon	Tees Valley	4.03
4			
5			
6			
7			
8			