

Birmingham Rowheath Athletics Club & University of Birmingham AC
Open Track & Field Series Birmingham University 19 / 4 / 06

Boys & Girls 75M U11

1 Rydell Day	Birchfield H	11.3 U11B
2 Nikita Campbell	Birchfield H	11.5 U11G
3 Chloe Gayle	Birchfield H	11.7 U11G
4 Nikki Mulholland	Birchfield H	12.0 U11G
5 Ashley Hector	Birmingham Rowheath	12.5 U11B
6 Stacie Mulholland	Birchfield H	13.5 U11G

Boys & Girls 75M U13

1 Myles Morris	Birchfield H	10.9 U13B
2 Cameron Moore	Birchfield H	11.1 U13B
3 Paul Scott	Birmingham Rowheath	11.4 U13B
4 Kathryn Smith	Royal Sutton Coldfield	11.5 U13G
5 Katie Mulholland	Birchfield H	11.9 U13G

Senior Men 100m

1 Mark O'Neill	Bristol AC	11.5 SM
2 Alistair Abrams	Bristol AC	11.9 SM
3 Mehtaab Singh	Bristol AC	11.9 SM
4 Dalton Powell	Notts AC	12.0 SM
5 Dave Pope	DASH	12.4 SM
6 Donald Maccauley	University Birmingham	12.6 SM
7 Callum Ward	University Birmingham	12.8 SM

Senior / U20 / U17 / U15 Men 100m

1 Alex Jones	Birchfield H	11.5 U20M
2 Jason Woodley	Birchfield H	11.8 U20M
3 Luke Spiers	Tipton H	12.7 U15B
4 Craig Ellis	Tipton H	15.6 U17M
5 Tando Bala	Birmingham Rowheath	15.9 SM-CP

Mens 150m

1 Mark O'Neill	Bristol AC	17.1 SM
2 Nick Evans	University Birmingham	17.2 SM
3 Mehtaab Singh	Bristol AC	17.6 SM
4 Alastair Abrams	Bristol AC	17.7 SM
5 Dalton Powell	Notts AC	17.9 SM
6 Callum Ward	University Birmingham	19.2 SM

Mixed 150m

1 Jamie Fletcher	Burton	17.5 SM
2 Jason Woodley	Birchfield H	18.4 U20M
3 David MacCauley	University Birmingham	18.5 SM
4 Luke Spiers	Tipton H	19.2 U15B
5 Craig Ellis	Tipton H	20.0 U17M

Mixed Boys & Girls 150m

1 Myles Morris	Birchfield H	22.2 U13B
2 Cameron Moore	Birmingham Rowheath	22.6 U13B
3 Rydell Day	Birchfield H	23.6 U11B
4 Kathryn Smith	Royal Sutton Coldfield	23.6 U13G
5 Chloe Gayle	Birchfield H	24.3 U11G
6 Nikki Mulholland	Birchfield H	25.3 U11G

Mens U20 / U17 300m

1 Shem Nelson	Birchfield H	35.9 U20M
2 Nick Browning	Birmingham Rowheath	37.0 U20M
3 David Hewett	Birmingham Rowheath	37.7 U20M
4 Sam Hart	Birmingham Rowheath	37.8 U20M
5 James Hood	Bromsgrove & Redditch	38.0 U17M
6 Adam Thompson	Birmingham Rowheath	38.6 U17M
7 Jason Wood	Birmingham Rowheath	42.4 U17M

Senior Mens 300m

1 Mark O'Neill	Bristol AC	36.2 SM
2 James Colclough	Kidderminster & Stour	36.3 SM
3 Jamie Fletcher	Burton	37.1 SM
4 Mehtaab Singh	Bristol AC	37.2 SM
5 Randeep Bains	Leamington C&AC	37.6 SM
6 Richard Henry	Birchfield H	40.1 SM

Mixed 300m

1 Charmaine Riley	Royal Sutton Coldfield	40.8	SW
2 Jayne Mould	Birchfield H	44.2	SW
3 Tando Bala	Birmingham Rowheath	51.3	SM-CP
4 Laura Clarke	Birmingham Rowheath	53.3	SW

Men 600m

1 Oliver Holden	Halesowen C&AC	82.9	SM
2 David Woods	Royal Sutton Coldfield	83.0	U20M
3 Anthony Gray	Birmingham Rowheath	84.1	U20M
4 Daniel Storr	Royal Sutton Coldfield	84.7	U20M
5 Marc Turner	Birchfield H	85.6	SM
6 James Hood	Bromsgrove & Redditch	88.6	U17M
7 Jamie Fletcher	Burton	89.5	SM
8 Sam Daley	University Warwick	101.1	SW

600m Mixed

1 Andrew Timothy	Saracens RC	1.55.7	U15B
2 Emily Mousley	Birmingham Rowheath	1.59.4	U15G
3 Katie Mulholland	Birchfield H	2.12.4	U13G
4 Stacie Mulholland	Birchfield H	2.36.3	U13G

Mens 1200m

1 Steve Ellerton	Royal Sutton Coldfield	3.11.2	SM
2 Russel Betts	Mansfield	3.13.5	SM
3 Phil Nicholls	Tipton H	3.14.2	SM
4 Neil Hawkins	Stratford AC	3.15.3	SM
5 Simon Bond	Royal Sutton Coldfield	3.20.1	U20M
6 Adrian Iszatt	Birmingham Rowheath	3.21.1	M40
7 Stuart Meadows	Rugby & North	3.23.6	SM
8 James Barlow	U/A	3.34.0	SM

Mixed 1200M

1 Greg Divall	Royal Sutton Coldfield	3.19.8	U17M
2 Hayley Beard	University Birmingham	3.31.1	SW
3 Matt Timothy	Coventry Godiva	3.41.6	U17M
4 Alex Kavaghan	Charnwood	3.57.8	U15B
5 Lee Taylor	Centurion RC	4.04.1	U17M
6 Laura Hopcroft	Birchfield H	4.10.8	U13G
7 Amie O'Donnell	Birchfield H	5.18.6	U15G
8 Louise Clare	Birmingham Rowheath	6.00.3	U13G

Long Jump

1 Nikita Campbell	Birchfield H	4.00	U11G
2 Chloe Gayle	Birchfield H	3.21	U11G
3 Nikki Mulholland	Birchfield H	3.17	U11G
4 Stacie Mulholland	Birchfield H	2.77	U11G
1 Katie Mulholland	Birchfield H	3.58	U13G
1 Rydell Day	Birchfield H	3.84	U11B
1 Lilly Gregg	Birmingham Rowheath	4.70	U17W
1 Sonya Crawley	Birchfield H	5.60	SW
2 Laura Reed	Bristol AC	5.10	SW
3 Aimee Palmer	Birchfield H	5.09	SW
1 Alex Jones	Birchfield H	6.00	U20M
2 Sam Hart	Birmingham Rowheath	5.79	U20M
1 James Heptonstall	Kingston Poly	6.61	SM
2 Mike McKernan	Birchfield H	6.44	SM
3 Neil Skelding	DASH	5.94	SM
4 Tando Bala	Birmingham Rowheath	3.34	SM-CP

Hammer

1 Hayley Murray	Nuneaton H	45.02	U17W
2 Zoe Ash	Rugby & North	35.28	U17W
1 Jenny Scott	Birmingham Rowheath	35.45	U20W
1 Louise Brewster	Birmingham Rowheath	34.58	SW
1 Christine Smith	Nuneaton H	29.39	V50
1 Richard Parsons	Birmingham Rowheath	26.27	U20M
1 Russell Payne	Birchfield H	46.10	M45

Shot Put

1 Nikita Campbell	Birchfield H	4.09	U11G
1 Kathryn Smith	Royal Sutton Coldfield	5.79	U13G
1 Jenny Scott	Birmingham Rowheath	10.59	U20W
1 Louise Brewster	Birmingham Rowheath	9.82	SW
1 Paul Scott	Birmingham Rowheath	6.78	U13B
2 Myles Morris	Birchfield H	6.30	U13B
1 Richard Parsons	Birmingham Rowheath	9.29	U20M
1 Russell Payne	Birchfield H	9.98	M45