

scottishathletics North District Championship 2006

U11 Girls

U11 Girls 100m (Final)

ws +2.2

1	Shannon Eyers	Caithness AAC	16.02
2	Anita Evans	Elgin AAC	16.23

U11 Girls Long Jump

1	Shannon Eyers	Caithness AAC	3.00
2	Anita Evans	Elgin AAC	2.79
3	Katie Hocine	North Uist AAC	2.36

U11 Girls Shot Putt

1	Shannon Eyers	Caithness AAC	4.64
2	Katie Hocine	North Uist AAC	3.97
3	Anita Evans	Elgin AAC	3.72

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U13 Girls

U13 Girls 100m (Final)

ws +1.8

1	Charis Mair	Inverness Harriers AAC	13.76
2	Eilidh MacLennan	Inverness Harriers AAC	14.32
3	Megan Marwick	Orkney Athletic Club	14.50
4	Jill Boyd	Nairn AAAC	14.73
5	Paula Gass	Inverness Harriers AAC	14.78
6	Hannah Deighan	Caithness AAC	14.85
7	Kate MacNicol	Caithness AAC	14.86
8	Heather Winfield	Nairn AAAC	15.02

U13 Girls 100m (Heat 1)

1	Eilidh MacLennan	Inverness Harriers AAC	14.52
2	Kate MacNicol	Caithness AAC	15.22
3	Mellisa Johnson	North Uist AAC	16.61
4	Laura Robertson	North Uist AAC	17.33
5	Eilidh Boyle	North Uist AAC	17.63

U13 Girls 100m (Heat 2)

1	Megan Marwick	Orkney Athletic Club	14.47
2	Paula Gass	Inverness Harriers AAC	14.49
3	Hannah Deighan	Caithness AAC	15.25
4	Grace MacKinnon	North Uist AAC	16.69
5	Lauren Nicolson	North Uist AAC	17.87
6	Rebekah MacSween	North Uist AAC	18.21

U13 Girls 100m (Heat 3)

1	Charis Mair	Inverness Harriers AAC	13.97
2	Jill Boyd	Nairn AAAC	14.81
3	Heather Winfield	Nairn AAAC	15.05
4	Kayleigh Petrie	North Uist AAC	15.49
5	Eilidh Johnson	North Uist AAC	16.03
6	Erin Branagan	North Uist AAC	18.25

U13 Girls 200m (Final)

ws +1.4

1	Charis Mair	Inverness Harriers AAC	29.38
2	Megan Smith	Shetland AAC	30.55
3	Eilidh MacLennan	Inverness Harriers AAC	30.81
4	Paula Gass	Inverness Harriers AAC	31.51
5	Sarah Leask	Shetland AAC	31.74
6	Hannah Duncan	Forres Harriers	31.85
7	Megan Marwick	Orkney Athletic Club	31.95
8	Heather Winfield	Nairn AAAC	32.69

U13 Girls 200m (Heat 1)

1	Eilidh MacLennan	Inverness Harriers AAC	30.14
2	Megan Marwick	Orkney Athletic Club	30.77
3	Sarah Leask	Shetland AAC	31.27
4	Heather Winfield	Nairn AAAC	32.23
5	Bethany Wilson	Moray Road Runners	36.02
6	Sian Donkers	North Uist AAC	38.77

U13 Girls 200m (Heat 2)

1	Megan Smith	Shetland AAC	29.72
2	Paula Gass	Inverness Harriers AAC	30.83
3	Leanne Evers	Caithness AAC	33.23
4	Effieann MacQuarrie	North Uist AAC	37.59

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U13 Girls 200m (Heat 3)

1	Charis Mair	Inverness Harriers AAC	29.20
2	Hannah Duncan	Forres Harriers	32.24
3	Kayleigh Petrie	North Uist AAC	33.26
4	Eilidh Johnson	North Uist AAC	35.06
5	Kathleen MacDonald	North Uist AAC	35.96

U13 Girls 70m Hurdles (Final)

1	Fiona Morrison	North Uist AAC	13.54
2	Megan Smith	Shetland AAC	13.62
3	Louise MacLean	North Uist AAC	13.96
4	Hannah Deighan	Caithness AAC	14.05
5	Kelly Bodley	Ellon AC	14.62
6	Eilidh MacLennan	Inverness Harriers AAC	15.51

U13 Girls 800m (Final)

1	Sarah Leask	Shetland AAC	2.42.57
2	Tyler MacLean	Stornoway Running & AC	2.44.41
3	Katie Bristow	Shetland AAC	2.46.48
4	Paula Gass	Inverness Harriers AAC	2.46.84
5	Bethany Wilson	Moray Road Runners	2.47.07
6	Hannah Duncan	Forres Harriers	2.50.69
7	Ailis Murray	Stornoway Running & AC	2.51.87
8	Holly MacIver	Stornoway Running & AC	2.52.19

U13 Girls 800m (Heat 1)

1	Tyler MacLean	Stornoway Running & AC	2.45.58
2	Katie Bristow	Shetland AAC	2.46.62
3	Bethany Wilson	Moray Road Runners	2.50.91
4	Emma Dunnett	Caithness AAC	2.53.65
5	Rhian MacKay	Orkney Athletic Club	2.54.84
6	Gaby Simpson	Inverness Harriers AAC	2.55.24
7	Lauren Westley	Forres Harriers	2.58.00
8	Kristina MacKenzie	Stornoway Running & AC	3.16.96

U13 Girls 800m (Heat 2)

1	Sarah Leask	Shetland AAC	2.41.63
2	Paula Gass	Inverness Harriers AAC	2.42.11
3	Hannah Duncan	Forres Harriers	2.42.75
4	Ailis Murray	Stornoway Running & AC	2.46.91
5	Holly MacIver	Stornoway Running & AC	2.47.94
6	Oonagh Dunnett	Caithness AAC	2.51.35
7	Fiona Morrison	North Uist AAC	2.54.16
8	Amy Westley	Forres Harriers	3.01.73
9	Rebecca Munro	Stornoway Running & AC	3.14.73

U13 Girls Discus

1	Natasha Morris	Caithness AAC	19.73
2	Chloe Fraser	Ross County AC	18.72
3	Leanne Evers	Caithness AAC	13.58

U13 Girls High Jump

1	Hannah Deighan	Caithness AAC	1.30
2	Charis Mair	Inverness Harriers AAC	1.30
3 =	Tyler MacLean	Stornoway Running & AC	1.20
3 =	Jill Boyd	Nairn AAAC	1.20
5	Megan Smith	Shetland AAC	1.20

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U13 Girls Javelin

1	Natasha Morris	Caithness AAC	19.32
2	Kelly Bodley	Ellon AC	16.75
3	Leanne Evers	Caithness AAC	12.40
4	Sarah MacKay	Stornoway Running & AC	9.36
5	Eilidh Boyle	North Uist AAC	4.98

U13 Girls Long Jump

1	Fiona Morrison	North Uist AAC	3.74
2	Heather Winfield	Nairn AAAC	3.65
3	Oonagh Dunnett	Caithness AAC	3.56
4	Jill Boyd	Nairn AAAC	3.55
5	Kate MacNicol	Caithness AAC	3.47
6	Louise MacLean	North Uist AAC	3.42
7	Kayleigh Petrie	North Uist AAC	3.34
8	Ailis Murray	Stornoway Running & AC	3.18
9	Lauren Westley	Forres Harriers	3.12
10	Holly MacIver	Stornoway Running & AC	2.95
11	Amy Westley	Forres Harriers	2.92
12	Rebecca Munro	Stornoway Running & AC	2.92
13	Kathleen MacDonald	North Uist AAC	2.92
14	Hannah Duncan	Forres Harriers	2.86
15	Sarah Leask	Shetland AAC	2.82
16	Mellisa Johnson	North Uist AAC	2.71
17	Bethany Wilson	Moray Road Runners	2.57
18	Rebekah MacSween	North Uist AAC	2.56
19	Effieann MacQuarrie	North Uist AAC	2.53
20	Erin Branagan	North Uist AAC	2.43
21	Nadine Froughi	North Uist AAC	2.40
22	Sian Donkers	North Uist AAC	2.24
23	Kaymar MacDonald	North Uist AAC	2.22
24	Kristina MacKenzie	Stornoway Running & AC	2.13
25	Laura Robertson	North Uist AAC	1.97
26	Lauren Nicolson	North Uist AAC	1.84

U13 Girls Shot Putt

1	Chloe Fraser	Ross County AC	7.50
2	Kate MacNicol	Caithness AAC	7.03
3	Kelly Bodley	Ellon AC	6.81
4	Natasha Morris	Caithness AAC	6.37
5	Jaz Taylor	Nairn AAAC	6.16
6	Grace MacKinnon	North Uist AAC	6.01
7	Vicki MacDonald	North Uist AAC	5.50
8	Eilidh Johnson	North Uist AAC	4.97
9	Sarah MacKay	Stornoway Running & AC	4.68
10	Nadine Froughi	North Uist AAC	4.66
11	Kaymar MacDonald	North Uist AAC	4.35
12	Laura Robertson	North Uist AAC	4.15
13	Kathleen MacDonald	North Uist AAC	4.06

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U15 Girls

U15 Girls 100m (Final)

ws +0.5

1	Jennifer Harrison	Elgin AAC	13.74
2	Carolynn Leslie	Orkney Athletic Club	13.91
3	Zoe Irvine	Shetland AAC	13.94
4	Caitlin Watt	Shetland AAC	14.20
5	Katie Munro	Inverness Harriers AAC	14.21
6	Amanda Johnston	Shetland AAC	14.45
7	Jennifer MacLeay	Inverness Harriers AAC	14.47
8	Claire Wilson	Orkney Athletic Club	14.82

U15 Girls 100m (Heat 1)

1	Carolynn Leslie	Orkney Athletic Club	13.85
2	Jennifer MacLeay	Inverness Harriers AAC	14.25
3	Julie Thomson	Inverness Harriers AAC	14.62
4	Bryony Mullender	Inverness Harriers AAC	15.16
5	Karen Bannister	Shetland AAC	15.27
6	Ceit Stewart	Stornoway Running & AC	15.47

U15 Girls 100m (Heat 2)

1	Katie Munro	Inverness Harriers AAC	13.93
2	Caitlin Watt	Shetland AAC	14.06
3	Claire Wilson	Orkney Athletic Club	14.28
4	Amanda Johnston	Shetland AAC	14.48
5	Chelsea Ross	Nairn AAAC	15.52
6	Christina Campbell	North Uist AAC	15.69

U15 Girls 100m (Heat 3)

1	Jennifer Harrison	Elgin AAC	13.63
2	Zoe Irvine	Shetland AAC	14.14
3	Rebecca Gunn	Stornoway Running & AC	14.84
4	Ann MacLeod	North Uist AAC	15.57
5	Karina Murray	Stornoway Running & AC	15.61
6	Nikita Thompson	North Uist AAC	15.63

U15 Girls 1500m (Final)

1	Gemma Cormack	Elgin AAC	No time
2	Kayleigh Jarrett	Elgin AAC	No time
3	Eilidh Black	Inverness Harriers AAC	No time
4	Kirstin Moynihan	Lochaber AC	No time
5	Sadie Younger	Shetland AAC	No time
6	Katy Leslie	Orkney Athletic Club	No time
7	Heather Taylor	Orkney Athletic Club	No time
8	Signy Spence	Orkney Athletic Club	No time

U15 Girls 200m (Final)

ws +1.2

1	Laura MacLeod	Inverness Harriers AAC	27.39
2	Jennifer Harrison	Elgin AAC	28.66
3	Gemma Cormack	Elgin AAC	28.87
4	Carolynn Leslie	Orkney Athletic Club	28.98
5	Katie Munro	Inverness Harriers AAC	29.72
6	Zoe Irvine	Shetland AAC	29.86
7	Amanda Johnston	Shetland AAC	30.71
8	Caitlin Watt	Shetland AAC	30.74

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U15 Girls 200m (Heat 1)

1	Jennifer Harrison	Elgin AAC	28.61
2	Carolynn Leslie	Orkney Athletic Club	29.17
3	Amanda Johnston	Shetland AAC	29.61
4	Jennifer MacLeay	Inverness Harriers AAC	29.92

U15 Girls 200m (Heat 2)

1	Gemma Cormack	Elgin AAC	28.56
2	Zoe Irvine	Shetland AAC	29.28
3	Katie Munro	Inverness Harriers AAC	29.30
4	Eilidh Carr	North Uist AAC	32.66
5	Teri Hamilton	Orkney Athletic Club	39.71

U15 Girls 200m (Heat 3)

1	Laura MacLeod	Inverness Harriers AAC	28.99
2	Caitlin Watt	Shetland AAC	30.13
3	Eleanor Duncan	Forres Harriers	31.99
4	Christina MacQuarrie	North Uist AAC	35.34
5	Laura MacInnes	North Uist AAC	35.41

U15 Girls 75m Hurdles (Final)

1	Emma Bodiam	Elgin AAC	12.48
2	Rebecca Gunn	Stornoway Running & AC	15.74
3	Emma Leask	Shetland AAC	15.96
4	Allie Elphinstone	Shetland AAC	16.25

U15 Girls 800m (Final)

1	Eleanor Duncan	Forres Harriers	2.31.20
2	Inga Woods	Shetland AAC	2.33.56
3	Emma Leask	Shetland AAC	2.37.99
4	Jane MacIver	Stornoway Running & AC	2.39.49
5	Claire Kennedy	Lochaber AC	2.41.97
6	Bryony Mullender	Inverness Harriers AAC	2.57.75
7	Rebecca Manson	Caithness AAC	3.02.10

U15 Girls 800m (Heat 1)

1	Eleanor Duncan	Forres Harriers	2.40.30
2	Inga Woods	Shetland AAC	2.42.80
3	Bryony Mullender	Inverness Harriers AAC	2.51.80
4	Signy Spence	Orkney Athletic Club	2.55.80
5	Sarah Kelly	Inverness Harriers AAC	2.56.21
6	Ceit Stewart	Stornoway Running & AC	2.57.84
7	Teri Hamilton	Orkney Athletic Club	3.21.39

U15 Girls 800m (Heat 2)

1	Emma Leask	Shetland AAC	2.37.43
2	Claire Kennedy	Lochaber AC	2.38.17
3	Jane MacIver	Stornoway Running & AC	2.38.79
4	Sara Sounny	Inverness Harriers AAC	2.40.25
5	Rebecca Manson	Caithness AAC	2.55.77
6	Heather Taylor	Orkney Athletic Club	2.56.42
7	Mairi Morrison	North Uist AAC	3.07.46

U15 Girls Discus

1	Ashleigh Morris	Caithness AAC	20.53
2	Kerri Cameron	Nairn AAAC	19.90
3	Agnus Neal	Elgin AAC	14.34

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U15 Girls Hammer

1	Michelle Munro	Elgin AAC	29.00
2	Lois Gray	Shetland AAC	21.11
3	Sophie May Leyland	Shetland AAC	18.64
4	Sophie Kelman	Shetland AAC	18.45
5	Eilidh Peterson	Shetland AAC	18.36
6	Emma Leask	Shetland AAC	16.65

U15 Girls High Jump

1	Caitlin Watt	Shetland AAC	1.30
2	Karen Bannister	Shetland AAC	1.30
3	Jane MacIver	Stornoway Running & AC	1.25
4	Rebecca Gunn	Stornoway Running & AC	1.25

U15 Girls Javelin

1	Kerri Cameron	Nairn AAAC	20.61
2	Sophie May Leyland	Shetland AAC	19.00
3	Chelsea Ross	Nairn AAAC	17.72
4	Lois Gray	Shetland AAC	17.44
5	Inga Woods	Shetland AAC	16.74
6	Sophie Kelman	Shetland AAC	16.72
7	Amanda Johnston	Shetland AAC	14.39
8	Karina Murray	Stornoway Running & AC	13.85

U15 Girls Long Jump

1	Emma Bodiam	Elgin AAC	4.37
2	Jennifer MacLeay	Inverness Harriers AAC	4.06
3	Zoe Irvine	Shetland AAC	3.95
4	Ann MacLeod	North Uist AAC	3.89
5	Agnus Neal	Elgin AAC	3.79
6	Allie Elphinstone	Shetland AAC	3.79
7	Eilidh Peterson	Shetland AAC	3.70
8	Eilidh Carr	North Uist AAC	3.69
9	Chelsea Ross	Nairn AAAC	3.66
10	Julie Thomson	Inverness Harriers AAC	3.65
11	Kirstin Moynihan	Lochaber AC	3.39
12	Rebecca Manson	Caithness AAC	3.30
13	Rosie Murdoch	Caithness AAC	3.24
14	Signy Spence	Orkney Athletic Club	3.21
15	Mairi Morrison	North Uist AAC	3.16

U15 Girls Shot Putt

1	Claire Wilson	Orkney Athletic Club	8.72
2	Kerri Cameron	Nairn AAAC	7.82
3	Ashleigh Morris	Caithness AAC	7.25
4	Sophie May Leyland	Shetland AAC	6.77
5	Christina Campbell	North Uist AAC	6.69
6	Lois Gray	Shetland AAC	6.64
7	Karina Murray	Stornoway Running & AC	6.23
8	Sophie Kelman	Shetland AAC	6.08
9	Laura MacInnes	North Uist AAC	5.51
10	Rosie Murdoch	Caithness AAC	4.97

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U17 Women

U17 Women 100m (Final)				ws +1.6
1	Faye Richardson	Shetland AAC	12.58	
2	Sarah Smith	Inverness Harriers AAC	12.83	
3	Rebecca Farquhar	Inverness Harriers AAC	13.40	
4	Karen Munro	Inverness Harriers AAC	13.96	
5	Michelle Bodley	Ellon AC	14.03	
6	Cara MacKay	Lochaber AC	14.75	
U17 Women 1500m (Final)				
1	Jenny Richardson	Shetland AAC	No time	
U17 Women 200m (Final)				ws +0.9
1	Faye Richardson	Shetland AAC	26.11	
2	Sarah Smith	Inverness Harriers AAC	26.76	
3	Rebecca Farquhar	Inverness Harriers AAC	27.74	
4	Morag Hogg	Inverness Harriers AAC	28.25	
5	Karoline Bain	Orkney Athletic Club	28.27	
6	Gemma Beaton	North Uist AAC	31.19	
U17 Women 300m (Final)				
1	Karoline Bain	Orkney Athletic Club	46.94	
U17 Women 300m Hurdles				
1	Rachel Henderson	Ellon AC	56.12	
U17 Women 800m (Final)				
1	Laura Johnson	North Uist AAC	2.44.46	
2	Sarah Dunnett	Caithness AAC	2.53.50	
U17 Women 80m Hurdles (Final)				
1	Morag Hogg	Inverness Harriers AAC	14.58	
2	Michelle Bodley	Ellon AC	15.66	
3	Eilidh MacLeod	North Uist AAC	18.15	
U17 Women Discus				
1	Sarah McConachie	Elgin AAC	30.39	
2	Kerry Annand	Elgin AAC	22.80	
3	Sarah Dunnett	Caithness AAC	19.48	
4	Rachel Henderson	Ellon AC	17.49	
U17 Women Hammer				
1	Eilidh Tait	Elgin AAC	35.12	
2	Claire Munro	Elgin AAC	29.72	
3	Sarah Dunnett	Caithness AAC	15.83	
U17 Women High Jump				
1	Kirsten Learmonth	Orkney Athletic Club	1.45	
U17 Women Javelin				
1	Kirsten Learmonth	Orkney Athletic Club	24.75	

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U17 Women Long Jump

1	Polly Talbot	Inverness Harriers AAC	4.55
2	Michelle Bodley	Ellon AC	4.21
3	Morag Hogg	Inverness Harriers AAC	4.12
4	Gemma Beaton	North Uist AAC	4.12
5	Kirsten Learmonth	Orkney Athletic Club	3.98
6	Eilidh MacLeod	North Uist AAC	3.90
7	Jenny Richardson	Shetland AAC	3.66
8	Laura Johnson	North Uist AAC	3.63

U17 Women Shot Putt

1	Karen Wood	Orkney Athletic Club	9.57
2	Sarah McConachie	Elgin AAC	8.26
3	Kerry Annand	Elgin AAC	6.74
4	Rachel Henderson	Ellon AC	6.54

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U20 Women

U20 Women 100m (Final)

1	Rachael MacKenzie	Inverness Harriers AAC	12.81
2	Robyn MacKintosh	Elgin AAC	13.08

U20 Women 100m Hurdles (Final)

1	Eve Carrington	Stornoway Running & AC	16.50
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U20 Women 200m (Final)

ws +0.6

1	Jade MacLaren	Inverness Harriers AAC	26.00
2	Rachael MacKenzie	Inverness Harriers AAC	26.16
3	Aly Bain	Orkney Athletic Club	26.78
4	Elaine Wilson	Moray Road Runners	27.03
5	Robyn MacKintosh	Elgin AAC	27.34

U20 Women 3000m (Final)

1	Morina MacDougall	North Uist AAC	12.00.1
2	Sarah Johnson	North Uist AAC	12.01.3

U20 Women 400m (Final)

1	Jade MacLaren	Inverness Harriers AAC	57.76
2	Aly Bain	Orkney Athletic Club	58.88
3	Elaine Wilson	Moray Road Runners	61.57
4	Jordon Fogarty	Orkney Athletic Club	68.46

U20 Women 800m (Final)

1	Aly Bain	Orkney Athletic Club	2.23.29
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U20 Women Discus

1	Natalie Bodiam	Elgin AAC	30.58
2	Niculina Alexander	Elgin AAC	21.66

U20 Women Hammer

1	Natalie Bodiam	Elgin AAC	36.39
2	Niculina Alexander	Elgin AAC	31.79

U20 Women High Jump

1	Rachael MacKenzie	Inverness Harriers AAC	1.65	CBP
2	Eve Carrington	Stornoway Running & AC	1.55	

U20 Women Javelin

1	Emma Gray	Shetland AAC	34.65
2	Danica MacLaren	Inverness Harriers AAC	29.35
3	Eve Carrington	Stornoway Running & AC	21.53

U20 Women Long Jump

1	Natalie Bodiam	Elgin AAC	4.58
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U20 Women Shot Putt

1	Niculina Alexander	Elgin AAC	6.66
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Senior Women

Senior Women 100m (Final)				ws +1.1
1	Margaret MacRae	Orkney Athletic Club	12.97	
Senior Women 200m (Final)				ws +0.6
1	Margaret MacRae	Orkney Athletic Club	27.17	
Senior Women 400m (Final)				
1	Margaret MacRae	Orkney Athletic Club	60.37	
Senior Women 5000m (Final)				
1	Franky Farquhar	Caithness AAC	20.16.27	
Senior Women 800m (Final)				
1	Jennifer Main	Inverness Harriers AAC	2.30.32	
2	Sarah Morrison	North Uist AAC	2.53.81	
Senior Women Discus				
1	Kirsty Law	Inverness Harriers AAC	47.50	CBP
Senior Women Hammer				
1	Elaine Park	Shetland AAC	33.68	
Senior Women Long Jump				
1	Maureen MacKinnon	Inverness Harriers AAC	4.75	
Senior Women Shot Putt				
1	Helen Cromarty	Orkney Athletic Club	12.22	CBP
2	Kirsty Law	Inverness Harriers AAC	11.49	
Senior Women Triple Jump				
1	Maureen MacKinnon	Inverness Harriers AAC	10.05	

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U11 Boys

U11 Boys 100m (Final)

ws +2.2

1	Campbell MacDonald	Stornoway Running & AC	15.70
2	Rorie Stewart	Caithness AAC	16.51
3	Jason MacLean	Nairn AAAC	16.51

U11 Boys Long Jump

1	Campbell MacDonald	Stornoway Running & AC	3.37
2	Jason MacLean	Nairn AAAC	2.92
3	Rorie Stewart	Caithness AAC	2.77

U11 Boys Shot Putt

1	Campbell MacDonald	Stornoway Running & AC	5.30
2	Rorie Stewart	Caithness AAC	4.81
3	Jason MacLean	Nairn AAAC	4.65

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U13 Boys

U13 Boys 100m (Final)

ws +0.8

1	Jamie Firth	Orkney Athletic Club	13.88
2	Cailean Cameron	Inverness Harriers AAC	14.59
3	Jake Anderson	Caithness AAC	14.68
4	Matthew Williamson	Shetland AAC	15.16
5	Calum Lawson	Stornoway Running & AC	15.34
6	Moray Goodfellow	Moray Road Runners	15.41
7	Kieran Munro	Caithness AAC	15.59

U13 Boys 100m (Heat 1)

1	Jake Anderson	Caithness AAC	14.98
2	Moray Goodfellow	Moray Road Runners	15.28
3	Matthew Williamson	Shetland AAC	15.34
4	Calum Robertson	Stornoway Running & AC	15.53
5	Fraser MacDonald	North Uist AAC	15.64
6	Colin MacLeod	North Uist AAC	16.05

U13 Boys 100m (Heat 2)

1	Jamie Firth	Orkney Athletic Club	14.27
2	Cailean Cameron	Inverness Harriers AAC	14.29
3	Calum Lawson	Stornoway Running & AC	15.60
4	Kieran Munro	Caithness AAC	15.60
5	Robert Murdoch	Caithness AAC	16.53
6	Carl MacPhee	North Uist AAC	16.66
7	James Stewart	North Uist AAC	16.87
8	Osin Buckley	North Uist AAC	17.07

U13 Boys 200m (Final)

ws +0.5

1	Jamie Firth	Orkney Athletic Club	29.79
2	Daniel Jays	Moray Road Runners	29.83
3	Christopher Riddell	Caithness AAC	31.31
4	Kieran Munro	Caithness AAC	31.51

U13 Boys 800m (Final)

1	Moray Goodfellow	Moray Road Runners	2.37.70
2	Robert Jones	Stornoway Running & AC	2.40.25
3	Jake Anderson	Caithness AAC	2.42.20
4	Calum Robertson	Stornoway Running & AC	2.43.24
5	Josh Sinclair	Stornoway Running & AC	2.46.32
6	Robert Murdoch	Caithness AAC	2.50.28
7	Sean MacLeod	Stornoway Running & AC	2.50.76
8	Aiden Cameron	Nairn AAAC	2.57.21
9	Peter Johnson	North Uist AAC	2.58.08
10	Graham Sutherland	Caithness AAC	2.59.98

U13 Boys 800m (Heat 1)

1	Robert Jones	Stornoway Running & AC	2.42.11
2	Jake Anderson	Caithness AAC	2.44.59
3	Josh Sinclair	Stornoway Running & AC	2.45.23
4	Peter Johnson	North Uist AAC	2.52.45
5	Graham Sutherland	Caithness AAC	2.54.27

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U13 Boys 800m (Heat 2)

1	Moray Goodfellow	Moray Road Runners	2.42.39
2	Calum Robertson	Stornoway Running & AC	No time
3	Sean MacLeod	Stornoway Running & AC	No time
4	Aiden Cameron	Nairn AAAC	No time
5	Robert Murdoch	Caithness AAC	No time
6	Graham Black	North Uist AAC	No time
7	James Stewart	North Uist AAC	No time

U13 Boys Discus

1	Daniel Jays	Moray Road Runners	14.59
2	Graham Sutherland	Caithness AAC	13.84
3	Lewis Mardon	Ross County AC	13.39
4	Darren Cameron	Nairn AAAC	12.79
5	Graham Nicol	Nairn AAAC	11.21

U13 Boys High Jump

1	Calum Lawson	Stornoway Running & AC	1.25
2 =	Robert Jones	Stornoway Running & AC	1.15
2 =	Josh Sinclair	Stornoway Running & AC	1.15

U13 Boys Javelin

1	Darren Cameron	Nairn AAAC	24.34
2	Graham Nicol	Nairn AAAC	22.02
3	Cailean Cameron	Inverness Harriers AAC	20.47
4	Calum Robertson	Stornoway Running & AC	19.45
5	Kieran Munro	Caithness AAC	18.64
6	Peter Johnson	North Uist AAC	17.31
7	Graham Sutherland	Caithness AAC	15.63
8	Allan Gordon	North Uist AAC	12.94
9	Ewen Campbell	North Uist AAC	11.57

U13 Boys Long Jump

1	Cailean Cameron	Inverness Harriers AAC	3.93
2	Josh Sinclair	Stornoway Running & AC	3.61
3	Sean MacLeod	Stornoway Running & AC	3.34
4	Robert Murdoch	Caithness AAC	3.33
5	Colin MacLeod	North Uist AAC	3.31
6	Fraser MacDonald	North Uist AAC	3.29
7	Lewis Mardon	Ross County AC	3.28
8	Graham Black	North Uist AAC	3.20
9	Aiden Cameron	Nairn AAAC	3.15
10	Osin Buckley	North Uist AAC	3.01
11	Darren Cameron	Nairn AAAC	3.01
12	Peter Johnson	North Uist AAC	3.01
13	Carl MacPhee	North Uist AAC	3.00

U13 Boys Shot Putt

1	Matthew Williamson	Shetland AAC	6.67
2	Jamie Firth	Orkney Athletic Club	6.64
3	Christopher Riddell	Caithness AAC	6.57
4	Allan Gordon	North Uist AAC	5.78
5	Graham Nicol	Nairn AAAC	5.73
6	Lewis Mardon	Ross County AC	5.56
7	Carl MacPhee	North Uist AAC	5.38
8	Colin MacLeod	North Uist AAC	4.92

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U15 Boys

U15 Boys 100m (Final)

ws +1.8

1	David Garioch	Moray Road Runners	12.20
2	Ruaraidh Stewart	Stornoway Running & AC	12.36
3	Pat Sattaphol	Stornoway Running & AC	12.55
4	Jamie MacDonald	North Uist AAC	13.79
5	Iain Campbell	North Uist AAC	14.26
6	Kyle MacLeod	Ross County AC	14.29
7	Steven MacDonald	North Uist AAC	14.42

U15 Boys 100m (Heat 1)

1	David Garioch	Moray Road Runners	12.30
2	Pat Sattaphol	Stornoway Running & AC	12.59
3	Steven MacDonald	North Uist AAC	14.17
4	Iain Campbell	North Uist AAC	14.17

U15 Boys 100m (Heat 2)

1	Ruaraidh Stewart	Stornoway Running & AC	12.38
2	Jamie MacDonald	North Uist AAC	13.79
3	Kyle MacLeod	Ross County AC	14.13
4	Bruce Stewart	Caithness AAC	15.02

U15 Boys 1500m (Final)

1	Christopher Fife	Inverness Harriers AAC	4.49.51
2	Olan Spears	North Uist AAC	5.00.72
3	Ryan Jenkins	Inverness Harriers AAC	5.04.37
4	Bobby Bristow	Shetland AAC	5.08.80
5	Callum Stevenson	Orkney Athletic Club	5.17.88
6	Michael Royan	Forres Harriers	5.23.13
7	James MacPhail	Ross County AC	5.41.13
8	Duncan Paterson	Caithness AAC	5.41.73

U15 Boys 200m (Final)

ws +0.8

1	David Garioch	Moray Road Runners	24.75
2	Christopher Fife	Inverness Harriers AAC	27.21
3	Kevin Donkers	North Uist AAC	29.56
4	Iain Campbell	North Uist AAC	29.57
5	Steven MacDonald	North Uist AAC	29.70
6	Mark Farquhar	Moray Road Runners	29.88

U15 Boys 200m (Heat 1)

1	David Garioch	Moray Road Runners	25.58
2	Pat Sattaphol	Stornoway Running & AC	25.90
3	Iain Campbell	North Uist AAC	30.09
4	Andrew Currie	North Uist AAC	30.56

U15 Boys 200m (Heat 2)

1	Christopher Fife	Inverness Harriers AAC	26.83
2	Steven MacDonald	North Uist AAC	29.44
3	Kevin Donkers	North Uist AAC	29.52
4	Mark Farquhar	Moray Road Runners	29.64
5	Fraser MacDonald	North Uist AAC	33.53

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U15 Boys 400m (Final)

1	Ruaraidh Stewart	Stornoway Running & AC	57.85
2	Maurice Williamson	Shetland AAC	59.54
3	Andrew Gibson	Inverness Harriers AAC	59.95
4	Mark Farquhar	Moray Road Runners	70.12

U15 Boys 800m (Final)

1	Ryan Jenkins	Inverness Harriers AAC	2.29.30
2	Callum Stevenson	Orkney Athletic Club	2.30.68
3	Bobby Bristow	Shetland AAC	3.30.99
4	Robert Smith	Stornoway Running & AC	2.43.14
5	Darren MacLean	North Uist AAC	2.48.85
6	David Mitchell	Caithness AAC	2.49.67
7	Fraser MacDonald	North Uist AAC	2.53.27

U15 Boys 80m Hurdles (Final)

1	James MacPhail	Ross County AC	14.05
2	Kevin MacQuarrie	North Uist AAC	16.45
3	Andrew Currie	North Uist AAC	19.42

U15 Boys Discus

1	Sam O'Kane	Caithness AAC	24.44
2	Scott Jeromson	Shetland AAC	20.24
3	Michael Bull	Inverness Harriers AAC	19.40
4	Ruaraidh Stewart	Stornoway Running & AC	18.60
5	Martin Beattie	Elgin AAC	16.17

U15 Boys Hammer

1	Maurice Williamson	Shetland AAC	33.93
2	Martin Beattie	Elgin AAC	24.64
3	Scott Jeromson	Shetland AAC	23.68
4	Sam O'Kane	Caithness AAC	22.10
5	David Stewart	North Uist AAC	18.46
6	Hamish MacDonald	North Uist AAC	16.23

U15 Boys High Jump

1	Peter Adamson	Caithness AAC	1.55
2	Martin Nicol	Nairn AAAC	1.55
3	Maurice Williamson	Shetland AAC	1.55
4	Kyle MacLeod	Ross County AC	1.50
5 =	Andrew Gibson	Inverness Harriers AAC	1.35
5 =	Sam O'Kane	Caithness AAC	1.35
7	Andrew Currie	North Uist AAC	1.30

U15 Boys Javelin

1	Scott Jeromson	Shetland AAC	34.28
2	Christopher Fife	Inverness Harriers AAC	31.95
3	Jordon Morrison	Shetland AAC	24.73
4	Bruce Stewart	Caithness AAC	23.53
5	Kyle MacLeod	Ross County AC	22.06
6	Martin Beattie	Elgin AAC	22.05
7	David Mitchell	Caithness AAC	20.42
8	Darren MacLean	North Uist AAC	18.88
9	Angus MacIntosh	North Uist AAC	16.91
10	Robert Smith	Stornoway Running & AC	14.57
11	Donald Morrison	North Uist AAC	12.08

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U15 Boys Long Jump

1	Allan Johnston	Shetland AAC	4.75
2	Martin Nicol	Nairn AAAC	4.20
3	Kevin MacQuarrie	North Uist AAC	4.07
4	Jordon Morrison	Shetland AAC	4.06
5	Duncan Paterson	Caithness AAC	3.77
6	David Mitchell	Caithness AAC	3.73
7	Olan Spears	North Uist AAC	3.49

U15 Boys Shot Putt

1	Peter Adamson	Caithness AAC	9.34
2	Allan Johnston	Shetland AAC	8.47
3	Bruce Stewart	Caithness AAC	8.19
4	Hamish MacDonald	North Uist AAC	7.60
5	Jamie MacDonald	North Uist AAC	7.28
6	Angus MacIntosh	North Uist AAC	7.21
7	Pat Sattaphol	Stornoway Running & AC	7.21
8	David Stewart	North Uist AAC	6.57
9	Donald Morrison	North Uist AAC	5.23

U15 Boys Triple Jump

1	Allan Johnston	Shetland AAC	9.96
2	Peter Adamson	Caithness AAC	9.76
3	Martin Nicol	Nairn AAAC	9.10
4	Kevin Donkers	North Uist AAC	8.68

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U17 Men

U17 Men 100m (Final)

ws +0.8

1	Gordon Mowat	Orkney Athletic Club	11.70
2	Stewart Johnson	North Uist AAC	11.96
3	Edrian Skea	Orkney Athletic Club	12.11
4	Donald Ferguson	Inverness Harriers AAC	12.16
5	Iain Nelson	Orkney Athletic Club	12.16
6	Craig McClanlish	Moray Road Runners	12.25
7	Stuart Donald	Shetland AAC	12.50

U17 Men 100m (Heat 1)

1	Gordon Mowat	Orkney Athletic Club	11.85
2	Stewart Johnson	North Uist AAC	12.07
3	Craig McClanlish	Moray Road Runners	12.20
4	Stuart Donald	Shetland AAC	12.28
5	Kenneth Nicholson	Inverness Harriers AAC	13.22

U17 Men 100m (Heat 2)

1	Edrian Skea	Orkney Athletic Club	12.32
2	Iain Nelson	Orkney Athletic Club	12.44
3	Donald Ferguson	Inverness Harriers AAC	12.44
4	Douglas Stewart	North Uist AAC	13.77

U17 Men 100m Hurdles (Final)

1	Steven Morrison	North Uist AAC	23.40
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U17 Men 1500m (Final)

1	Kenneth Wilson	Moray Road Runners	4.28.53
2	Iain F MacDonald	North Uist AAC	4.30.71
3	Graeme Taylor	Caithness AAC	4.32.82
4	Joshua Morrison	Shetland AAC	4.32.85
5	David Grant	Orkney Athletic Club	4.59.63
6	Ruairidh Stewart	North Uist AAC	5.05.66
7	Paul Ferguson	North Uist AAC	5.08.18

U17 Men 200m (Final)

ws +0.7

1	Gordon Mowat	Orkney Athletic Club	24.33
2	Craig McClanlish	Moray Road Runners	24.85
3	Edrian Skea	Orkney Athletic Club	25.05
4	Adam Robinson	Orkney Athletic Club	25.51
5	Joe Smithyman	North Uist AAC	26.54
6	Kenneth Nicholson	Inverness Harriers AAC	26.74
7	Douglas Stewart	North Uist AAC	27.73

U17 Men 200m (Heat 1)

1	Gordon Mowat	Orkney Athletic Club	24.13
2	Edrian Skea	Orkney Athletic Club	24.69
3	Adam Robinson	Orkney Athletic Club	25.69
4	Stuart Donald	Shetland AAC	25.56
5	Joe Smithyman	North Uist AAC	26.60
6	Kenneth Nicholson	Inverness Harriers AAC	26.79

U17 Men 200m (Heat 2)

1	Craig McClanlish	Moray Road Runners	24.65
2	Andrew Cumming	Caithness AAC	26.41
3	Douglas Stewart	North Uist AAC	27.82

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U17 Men 3000m (Final)

1	Grant Cameron	Forres Harriers	9.43.5
2	Robbie Cammack	Moray Road Runners	9.56.5
3	David Grant	Orkney Athletic Club	11.00.0

U17 Men 400m (Final)

1	Donald Ferguson	Inverness Harriers AAC	53.48
2	Adam Robinson	Orkney Athletic Club	57.71
3	Lewis King	Shetland AAC	58.20
4	Andrew Cumming	Caithness AAC	58.78
5	Steven Morrison	North Uist AAC	60.77

U17 Men 800m (Final)

1	Kenneth Wilson	Moray Road Runners	2.06.80
2	Grant Cameron	Forres Harriers	2.11.24
3	Angus MacDougall	North Uist AAC	2.12.00
4	Joshua Morrison	Shetland AAC	2.12.50
5	Graeme Taylor	Caithness AAC	2.14.52
6	Eoghainn MacIsaac	North Uist AAC	No time

U17 Men Discus

1	Angus Milton	Elgin AAC	34.58
2	Lewis King	Shetland AAC	22.68

U17 Men Hammer

1	Alex McWilliam	Elgin AAC	31.01
2	Angus Milton	Elgin AAC	28.36

U17 Men High Jump

1	Steven Morrison	North Uist AAC	1.60
2	Iain Nelson	Orkney Athletic Club	1.35

U17 Men Javelin

1	Craig McClanlish	Moray Road Runners	25.31
2	Calum MacDonald	North Uist AAC	17.17

U17 Men Long Jump

1	Edrian Skea	Orkney Athletic Club	5.67
2	Michael Heubeck	Shetland AAC	5.50
3	Iain Nelson	Orkney Athletic Club	5.00
4	Andrew Cumming	Caithness AAC	4.87

U17 Men Shot Putt

1	Angus Milton	Elgin AAC	11.96
2	Michael Heubeck	Shetland AAC	8.93

U17 Men Triple Jump

1	Stewart Johnson	North Uist AAC	11.53
2	Michael Heubeck	Shetland AAC	11.02
3	Lewis King	Shetland AAC	10.87
4	Joe Smithyman	North Uist AAC	9.17
5	Eoghainn MacIsaac	North Uist AAC	8.63

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U20 Men

U20 Men 100m (Final)

ws +1.2

1	Jamie Bowie	Inverness Harriers AAC	11.36
2	Lee Williamson	Shetland AAC	11.73
3	Donald MacLeod	Stornoway Running & AC	11.79
4	Fraser MacDonald	Ross County AC	11.81
5	Craig McAulay	Ross County AC	12.06
6	Ross MacDonald	Ross County AC	12.17
7	Jamie Miller	Inverness Harriers AAC	12.24
8	Leigh Kennedy	Orkney Athletic Club	13.45

U20 Men 100m (Heat 1)

1	Jamie Bowie	Inverness Harriers AAC	11.40
2	Lee Williamson	Shetland AAC	11.77
3	Fraser MacDonald	Ross County AC	11.85
4	Jamie Miller	Inverness Harriers AAC	12.10
5	Leigh Kennedy	Orkney Athletic Club	13.25

U20 Men 100m (Heat 2)

1	Donald MacLeod	Stornoway Running & AC	11.81
2	Craig McAulay	Ross County AC	12.18
3	Ross MacDonald	Ross County AC	13.27

U20 Men 110m Hurdles (Final)

1	Gary Sweeney	Moray Road Runners	24.58
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U20 Men 1500m (Final)

1	Matthew Sutherland	Caithness AAC	5.03.67
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U20 Men 200m (Final)

ws +0.9

1	Ian Garioch	Moray Road Runners	22.77	CBP
2	Jamie Bowie	Inverness Harriers AAC	22.87	
3	Craig McAulay	Ross County AC	24.80	
4	Leigh Kennedy	Orkney Athletic Club	27.10	

U20 Men 400m (Final)

1	Mark Mitchell	Forres Harriers	49.64
2 =	Jamie Bowie	Inverness Harriers AAC	51.02
2 =	Ian Garioch	Moray Road Runners	51.02
4	David Miller	Orkney Athletic Club	51.12
5	Donald MacLeod	Stornoway Running & AC	51.14
6	Ronald Gray	Orkney Athletic Club	55.11
7	Leigh Kennedy	Orkney Athletic Club	61.97

U20 Men 800m (Final)

1	Mark Mitchell	Forres Harriers	1.59.31
2	David Miller	Orkney Athletic Club	2.04.07
3	Andrew MacKenzie	Stornoway Running & AC	2.06.08
4	Ronald Gray	Orkney Athletic Club	2.12.48

U20 Men Discus

1	Gary Sweeney	Moray Road Runners	36.52
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U20 Men Hammer

1	David Bull	Inverness Harriers AAC	44.65
2	Peter Chalmers	Elgin AAC	41.19

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U20 Men High Jump

1	Gary Sweeney	Moray Road Runners	1.60
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U20 Men Javelin

1	Jamie Quarm	North Uist AAC	35.57
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U20 Men Long Jump

1	Jamie Miller	Inverness Harriers AAC	5.64
2	Gary Sweeney	Moray Road Runners	5.62

U20 Men Shot Putt

1	Gary Sweeney	Moray Road Runners	13.28
2	David Bull	Inverness Harriers AAC	11.34

U20 Men Triple Jump

1	Fraser MacDonald	Ross County AC	11.04
2	Ross MacDonald	Ross County AC	10.79

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Senior Men

Senior Men 100m (Final)				ws +1.2
1	Alastair Beaton	Inverness Harriers AAC	11.02	CBP
2	Neil Gray	Orkney Athletic Club	11.29	
3	Nigel Thomson	Orkney Athletic Club	11.61	
Senior Men 110m Hurdles (Final)				
1	Kevin Morice	Moray Road Runners	19.83	
2	Kenneth Pokorniecki	Ross County AC	22.51	
Senior Men 1500m (Final)				
1	Shawn Tait	Orkney Athletic Club	4.51.03	
Senior Men 200m (Final)				ws +0.7
1	Alastair Beaton	Inverness Harriers AAC	22.64	
2	Neil Gray	Orkney Athletic Club	22.90	
3	Nigel Thomson	Orkney Athletic Club	23.49	
Senior Men 400m (Final)				
1	Neil Gray	Orkney Athletic Club	50.55	
2	Nigel Thomson	Orkney Athletic Club	52.98	
Senior Men 400m Hurdles (Final)				
1	Kevin Morice	Moray Road Runners	68.51	
2	Kenneth Pokorniecki	Ross County AC	78.01	
Senior Men 5000m (Final)				
1	Alastair Dunlop	Stornoway Running & AC	17.01.89	
2	Shawn Tait	Orkney Athletic Club	17.56.26	
Senior Men 800m (Final)				
1	Alastair Dunlop	Stornoway Running & AC	2.10.35	
Senior Men Discus				
1	Malcolm MacLeod	Ross County AC	34.90	
2	Malcolm Cleghorn	Ross County AC	33.49	
3	Edward McKenzie	Aberdeen AAC	33.35	
4	Kenneth Pokorniecki	Ross County AC	25.56	
Senior Men Hammer				
1	Malcolm Cleghorn	Ross County AC	33.69	
2	Donnie MacLean	North Uist AAC	26.24	
3	Edward McKenzie	Aberdeen AAC	25.37	
4	Kevin Morice	Moray Road Runners	24.67	
5	Kenneth Pokorniecki	Ross County AC	22.60	
Senior Men High Jump				
1	Malcolm MacLeod	Ross County AC	1.70	
2	Kevin Morice	Moray Road Runners	1.45	
3	Kenneth Pokorniecki	Ross County AC	1.40	
4	Edward McKenzie	Aberdeen AAC	1.35	
Senior Men Javelin				
1	Edward McKenzie	Aberdeen AAC	42.00	
2	Robbie Campbell	Nairn AAAC	38.29	

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Senior Men Long Jump

1	Edward McKenzie	Aberdeen AAC	4.50
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Senior Men Shot Putt

1	Malcolm Cleghorn	Ross County AC	12.14
2	Malcolm MacLeod	Ross County AC	11.16
3	Edward McKenzie	Aberdeen AAC	10.92
4	Robbie Campbell	Nairn AAAC	10.26
5	Donnie MacLean	North Uist AAC	10.25