

## Second John Walters Memorial Throws Meeting

**Date** Sat 29 April 2006  
**Venue** Cardiff Athletic Stadium, Leckwith  
**Weather** Warm and sunny

### Report

Cardiff AAC hosted the second Annual John Walters Memorial Throws Meeting at Cardiff Athletic Stadium for invited top U17 to U23 Welsh throwers this weekend. In the hammer, Mathew Richards, U20 Swansea, won with 50.09m and a six throw series all over 48m. There were also personal bests from Ritchie Wells, U17 Swansea (48.99m) and Nic Stevenson, U20W Bridgend (45.62m), one of the UK's best so far this season. Rhys Hodnett U15 Cardiff (43.59m) also improved on his 2005 best, but Welsh No1 U20, Peter Morgan struggled to find form today. The Shot was won by Swansea's Ritchie Wells (13.43m) using his newly adopted rota technique. In the discus Cardiff's Brett Morse, U20 dominated the event with another strong series: a best of 44.40m, to also win the overall competition and the John Walters Trophy for 2006. Best Hammer Performance: Mathew Richards, U23 Swansea (50.09m); Best Shot Performance: Ritchie Wells, U17 Swansea (13.43m); Best Discus Performance: Brett Morse, U20 Cardiff (44.40m). The John Walters Trophy went to Ceri Lewis, U17W Hammer, Cardiff.

### Results

#### Hammer

Name	Club	Age	Perf.	Place	
Nicola Stevenson	Bridgend	U20W	45.62m	1	PB
Ceri Lewis	Cardiff	U20W	32.55m	2	
Rhys Hodnett	Cardiff	U15B	43.59m	1	PB
Ritchie Wells	Swansea	U17M	48.99m	1	PB
Peter Morgan	Cardiff	U20M	46.22m	1	
Steven Johns	Cardiff	U20M	36.42m	2	
Mathew Richards	Swansea	U23M	50.09m	1	PB

#### Shot Putt

Name	Club	Age	Perf.	Place	
Toni Wells	Swansea	U15G	10.29m	1	
Nicola Stevenson	Bridgend	U20W	10.56m	1	
Ritchie Wells	Swansea	U17M	13.43m	1	PB
Brett Morse	Cardiff	U20M	10.73m	1	
James Probert	Cardiff	U20M	10.54m	2	

## Discus

<b>Name</b>	<b>Club</b>	<b>Age</b>	<b>Perf.</b>	<b>Place</b>	
Toni Wells	Swansea	U15G	27.87m	1	PB
Sarah Richards	Swansea	U17W	29.82m	1	
Nicola Stevenson	Bridgend	U20W	28.45m	1	
Ritchie Wells	Swansea	U17M	37.74m	1	
Ashley Johnston	Cardiff	U17M	31.01m	2	PB
Brett Morse	Cardiff	U20M	44.40m	1	
Peter Morgan	Cardiff	U20M	35.76m	2	
James Probert	Cardiff	U20M	30.67m	3	