

Midlands 1 West Cardiff

Sunday, May 21 2006

		Perf	Records	Grades		Perf
T32 U17 Men's 100m 'A'	Wind=				U17 Men's 100m 'B'	Wind=
1 N Ste Horton	Tipton	11.8	G3		1 AA James Mobley	Bromsgrove & Redditch
2 B Matthew Daniels	Cardiff AAC	12.3			2 BB Tim Dunne	Cardiff AAC
3 A Luke Evans	Bromsgrove & Redditch	12.3			3 NN Josh Decosta	Tipton
4 0	0.00				4 0	0.00
T8 U17 Men's 200m 'A'	Wind=				U17 Men's 200m 'B'	Wind=
1 N Ste Horton	Tipton	23.8	G3*		1 NN John Timmins	Tipton
2 A Luke Evans	Bromsgrove & Redditch	24.4	G4		2 AA Tyrone Bryan	Bromsgrove & Redditch
3 BB Luke Morgan	Cardiff AAC	25.6			3 B Kristian Price	Cardiff AAC
4 0	0.00				4 0	0.00
T25 U17 Men's 400m 'A'					U17 Men's 400m 'B'	
1 B Tom Miller	Cardiff AAC	51.3	G1*		1 NN James Lea	Tipton
2 A James Hood	Bromsgrove & Redditch	53.7	G3		2 BB Fred Wilson	Cardiff AAC
3 N Alex Smith	Tipton	54.3	G3		3 DD Chris Chaplin	City of Plymouth
4 D Darren Franklin	City of Plymouth	54.5	G4		4 AA Saarwar Martin	Bromsgrove & Redditch
T14 U17 Men's 800m 'A'					U17 Men's 800m 'B'	
1 D Sean Howley	City of Plymouth	02:07.7	G4		1 BB Chris Hayes	Cardiff AAC
2 B Craig Hudson	Cardiff AAC	02:12.2			2 AA Saarwar Martin	Bromsgrove & Redditch
3 A Tom Wedgebury	Bromsgrove & Redditch	02:22.8			3 0	0.00
4 NN -	Tipton	02:42.1			4 0	0.00
T37 U17 Men's 1500m 'A'					U17 Men's 1500m 'B'	
1 D Jack Moxley	City of Plymouth	04:30.9	G4		1 DD Darren Franklin	City of Plymouth
2 N Josh Noble	Tipton	05:12.2			2 0 0	0.00
3 0 0	0.00				3 0 0	0.00
4 0 0	0.00				4 0 0	0.00
T16 U17 Men's 3000m 'A'					U17 Men's 3000m 'B'	
1 B Simon Lawson	Cardiff AAC	09:26.7	G3*		1 BB Tom Whitemarsh-Knight	Cardiff AAC
2 A Ben Richardson	Bromsgrove & Redditch	11:01.9			2 0 0	0.00
3 0 0	0.00				3 0 0	0.00
4 0 0	0.00				4 0 0	0.00
T2 U17 Men's 400m Hurdles 'A'					U17 Men's 400m Hurdles 'B'	
1 B Gareth Sutcliffe	Cardiff AAC	60.0	G2*		1 BB Fred Wilson	Cardiff AAC
2 0	0.00				2 0	0.00
3 0	0.00				3 0	0.00
4 0	0.00				4 0	0.00
T23 U17 Men's 100m Hurdles 'A'	Wind=				U17 Men's 100m Hurdles 'B'	Wind=
1 BB Gareth Sutcliffe	Cardiff AAC	16.0	G4		1 B Kurt Kift	Cardiff AAC
2 0	0.00				2 0	0.00
3 0	0.00				3 0	0.00
4 0	0.00				4 0	0.00
T44 U17 Men's 1500m S/Chase					U17 Men's 1500m S/Chase	
1 B Dafydd Jenkins	Cardiff AAC	04:59.3	G4*		1 BB Tom Whitemarsh-Knight	Cardiff AAC
2 D Sean Howley	City of Plymouth	05:30.4			2 0 0	0.00
3 A Simon Lanckham	Bromsgrove & Redditch	05:33.0			3 0 0	0.00
4 0 0	0.00				4 0 0	0.00
F2 U17 Men's Hammer (5k) 'A'					U17 Men's Hammer (5k) 'B'	
1 B Ashley Johnstone	Cardiff AAC	23.44			1 0 0	0.00
2 N Matt Bickley	Tipton	16.83			2 0 0	0.00
3 0 0	0.00	0.00			3 0 0	0.00
4 0 0	0.00	0.00			4 0 0	0.00

F9 U17 Men's Discus (1.5k) 'A'

1	B	Ashley Johnstone	Cardiff AAC	33.06	G4
2	N	Matt Bickley	Tipton	18.11	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	



U17 Men's Discus (1.5k) 'B'

1	BB	Dafydd Jenkins	Cardiff AAC	16.19	
2	0	0	0.00	0.00	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	

F21 U17 Men's Shot Putt (5k) 'A'

1	D	David Hollow	City of Plymouth	9.12	
2	NN	Lewis Thrower	Tipton	8.26	
3	A	Tom Wedgebury	Bromsgrove & Redditch	7.58	
4	BB	Luke Morgan	Cardiff AAC	7.20	



U17 Men's Shot Putt (5k) 'B'

1	N	Matt Bickley	Tipton	6.08	
2	AA	Ben Richardson	Bromsgrove & Redditch	5.14	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	

F31 U17 Men's Javelin (700g) 'A'

1	D	David Hollow	City of Plymouth	45.73	G3*
2	B	Tom Miller	Cardiff AAC	30.90	
3	NN	Lewis Thrower	Tipton	29.00	
4	A	Tom Wedgebury	Bromsgrove & Redditch	25.60	



U17 Men's Javelin (700g) 'B'

1	BB	Kurt Kift	Cardiff AAC	23.88	
2	AA	Simon Lanckham	Bromsgrove & Redditch	18.38	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	

F12 U17 Men's Pole Vault 'A'

99	Event Cancelled				
0			0.00		
0			0.00		
0			0.00		



U17 Men's Pole Vault 'B'

0			0.00		
0			0.00		
0			0.00		
0			0.00		

F28 U17 Men's High Jump 'A'

1	B	Kurt Kift	Cardiff AAC	1.67	G4
2	NN	Lewis Thrower	Tipton	1.60	
0			0.00		
0			0.00		



U17 Men's High Jump 'B'

1	BB	Gareth Sutcliffe	Cardiff AAC	1.60	
2	N	John Timmins	Tipton	1.55	
0			0.00		
0			0.00		

F16 U17 Men's Long Jump 'A'

1	AA	James Mobley	Bromsgrove & Redditch	4.86	
2	B	Rob Green	Cardiff AAC	4.78	
3	DD	Sean Howley	City of Plymouth	4.24	
4	0	0	0.00	0.00	



U17 Men's Long Jump 'B'

1	BB	Tim Dunne	Cardiff AAC	4.48	
2	D	Chris Chaplin	City of Plymouth	3.70	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	

F33 U17 Men's Triple Jump 'A'

1	B	Rob Green	Cardiff AAC	11.24	
2	0	0	0.00	0.00	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	



U17 Men's Triple Jump 'B'

1	0	0	0.00	0.00	
2	0	0	0.00	0.00	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	

T30 U15 Boy's 100m 'A'

1	N	Tom Hinton	Tipton	12.4	G3*
2	B	Jonathan Pengelly	Cardiff AAC	12.9	G4*
3	D	Tyler Johnson	City of Plymouth	13.5	*
4	0	0	0.00		

Wind=



U15 Boy's 100m 'B'

1	BB	Joe Horner	Cardiff AAC	13.3	
2	NN	Scott Wilson	Tipton	13.7	
3	DD	Chris Bryant	City of Plymouth	14.6	
4	0	0	0.00		

Wind=

T6 U15 Boy's 200m 'A'

1	N	Jack Imray	Tipton	25.8	G3
2	B	Jonathan Pengelly	Cardiff AAC	26.0	G4
3	A	Sean Bowden	Bromsgrove & Redditch	28.3	
4	0	0	0.00		

Wind=



U15 Boy's 200m 'B'

1	BB	Kelvin Webber	Cardiff AAC	27.5	
2	NN	Scott Wilson	Tipton	28.0	
3	0	0	0.00		
4	0	0	0.00		

Wind=

T24 U15 Boy's 400m 'A'

1	N	Tom Hinton	Tipton	53.0	G1*
2	B	Gareth Rees	Cardiff AAC	59.9	G4
3	D	Ben Anderson	City of Plymouth	60.0	G4
4	0	0	0.00		



U15 Boy's 400m 'B'

1	NN	Billy Truman	Tipton	58.7	
2	DD	Josh Boon	City of Plymouth	60.7	
3	BB	Harry Robinson	Cardiff AAC	64.3	
4	0	0	0.00		

T12 U15 Boy's 800m 'A'

1	D	Ben Anderson	City of Plymouth	02:11.7	G2*
2	N	Billy Truman	Tipton	02:19.0	G4
3	BB	-	Cardiff AAC	02:24.2	G4
4		0	0.00		



U15 Boy's 800m 'B'

1	DD	Jacob Lander	City of Plymouth	02:16.5
2	NN	Manzulyn Cain	Tipton	02:22.1
3	B	Gareth Rees	Cardiff AAC	02:29.2
4		0	0.00	

T35 U15 Boy's 1500m 'A'

1	A	Sean Bowden	Bromsgrove & Redditch	04:27.0	G2*
2	NN	Joel Hatton	Tipton	04:50.7	G4
3	D	Chris Sykes	City of Plymouth	04:52.6	G4
4	BB	Darren Jones	Cardiff AAC	05:16.0	



U15 Boy's 1500m 'B'

1	N	Lee Whitehouse	Tipton	04:59.4
2	DD	Dale Critchlow	City of Plymouth	05:14.4
3	B	Joe Whitemarsh-Knight	Cardiff AAC	05:20.6
4		0	0.00	

T21 U15 Boy's 80m Hurdles 'A'

Wind=

1	B	Joe Horner	Cardiff AAC	15.1
2	D	Matt Sumner	City of Plymouth	15.2
3		0	0.00	
4		0	0.00	



U15 Boy's 80m Hurdles 'B'

Wind=

1	BB	Joe Whitemarsh-Knight	Cardiff AAC	17.7
2		0	0.00	
3		0	0.00	
4		0	0.00	

F1 U15 Boy's Hammer (4k) 'A'

1	B	Rhys Hodnett	Cardiff AAC	49.91	G1*
2	NN	Scott Lee	Tipton	27.10	G4
3		0	0.00		
4		0	0.00		



U15 Boy's Hammer (4k) 'B'

1	N	Chad Rhodes	Tipton	24.82
2	BB	Harry Robinson	Cardiff AAC	6.90
3		0	0.00	
4		0	0.00	

F8 U15 Boy's Discus (1.25k) 'A'

1	B	Rhys Hodnett	Cardiff AAC	30.78	G3*
2	D	Mike King	City of Plymouth	23.57	G4
3	N	Joel Hatton	Tipton	16.27	
4		0	0.00		



U15 Boy's Discus (1.25k) 'B'

1	NN	Chris Farrington	Tipton	13.16
2	BB	Darren Jones	Cardiff AAC	9.36
3		0	0.00	
4		0	0.00	

F22 U15 Boy's Shot Putt (4k) 'A'

1	N	Chad Rhodes	Tipton	8.15
2	DD	Mike King	City of Plymouth	6.89
3	B	Darren Jones	Cardiff AAC	4.53
4		0	0.00	



U15 Boy's Shot Putt (4k) 'B'

1	NN	Scott Lee	Tipton	7.10
2	D	Chris Bryant	City of Plymouth	6.25
3		0	0.00	
4		0	0.00	

F32 U15 Boy's Javelin (600g) 'A'

1	N	Chad Rhodes	Tipton	26.34
2	D	Matt Sumner	City of Plymouth	20.77
3	BB	Harry Robinson	Cardiff AAC	18.05
4		0	0.00	



U15 Boy's Javelin (600g) 'B'

1	NN	Chris Farrington	Tipton	14.08
2	DD	Josh Boon	City of Plymouth	9.97
3		0	0.00	
4		0	0.00	

F15 U15 Boy's Long Jump 'A'

1	N	Manzulyn Cain	Tipton	5.01	G4
2	BB	Kelvin Webber	Cardiff AAC	4.82	G4
3	D	Chris Bryant	City of Plymouth	4.45	
4		0	0.00		



U15 Boy's Long Jump 'B'

1	DD	Jacob Lander	City of Plymouth	3.87
2	NN	Sam Davies	Tipton	2.78
3		0	0.00	
4		0	0.00	

F27 U15 Boy's High Jump 'A'

1	BB	Gareth Rees	Cardiff AAC	1.45	G4
2	DD	Ben Anderson	City of Plymouth	1.40	
3		0	0.00		
4		0	0.00		



U15 Boy's High Jump 'B'

1	B	Joe Whitemarsh-Knight	Cardiff AAC	1.30
2	D	Jacob Lander	City of Plymouth	1.30
3		0	0.00	
4		0	0.00	

F10 U15 Boy's Pole Vault 'A'

99	Event Cancelled			
	0	0.00		
	0	0.00		
	0	0.00		



U15 Boy's Pole Vault 'B'

	0	0.00	
	0	0.00	
	0	0.00	
	0	0.00	

T28 U13 Boy's 100m 'A'

Wind=

U13 Boy's 100m 'B'

Wind=

1	D	James Ham	City of Plymouth	14.2	G3
2	A	Dewi Hammond	Bromsgrove & Redditch	14.8	G4
3	B	Ben Pearce	Cardiff AAC	15.7	
4	N	Callum Rhodes	Tipton	17.9	



1	DD	Jack Arnott	City of Plymouth	15.0	
2	BB	Tom Howles	Cardiff AAC	15.8	
3	AA	Luke Sammons	Bromsgrove & Redditch	16.9	
4		0	0.00		

T4 U13 Boy's 200m 'A'

Wind=

1	B	Nathan Lawrence	Cardiff AAC	31.2	
2	AA	Jamie Scortock	Bromsgrove & Redditch	37.7	
3		0	0.00		
4		0	0.00		



U13 Boy's 200m 'B'

Wind=

1	BB	Ben Pearce	Cardiff AAC	32.2	
2		0	0.00		
3		0	0.00		
4		0	0.00		

T10 U13 Boy's 800m 'A'

1	A	Chris Warren	Bromsgrove & Redditch	02:35.9	G3
2	D	James Ham	City of Plymouth	02:38.8	G4
3	B	Tom Howles	Cardiff AAC	02:47.6	G4
4	N	Matt Davies	Tipton	02:52.9	



U13 Boy's 800m 'B'

1	DD	Jack Arnott	City of Plymouth	02:59.0	
2		0	0.00		
3		0	0.00		
4		0	0.00		

T33 U13 Boy's 1500m 'A'

1	BB	Johnnie Graham	Cardiff AAC	05:18.5	G4
2	A	Jamie Scortock	Bromsgrove & Redditch	06:00.1	
3	DD	Jamie Burrows	City of Plymouth	07:18.6	
4		0	0.00		



U13 Boy's 1500m 'B'

1	B	Gareth Jones	Cardiff AAC	05:35.3	
2	D	Nathan Higgins	City of Plymouth	07:39.2	
3		0	0.00		
4		0	0.00		

T17 U13 Boy's 75m Hurdles 'A'

Wind=

1	D	Dave King	City of Plymouth	14.4	G4
2	B	Ben Pearce	Cardiff AAC	15.6	
3	A	Jack Morley	Bromsgrove & Redditch	17.6	
4		0	0.00		



U13 Boy's 75m Hurdles 'B'

Wind=

1	DD	Nathan Higgins	City of Plymouth	15.1	
2	BB	Gareth Jones	Cardiff AAC	18.4	
3	AA	Chris Warren	Bromsgrove & Redditch	19.4	
4		0	0.00		

F14 U13 Boy's Shot Putt (3.25k)

1	B	Harry Bennion	Cardiff AAC	7.25	G4
2	D	James Ham	City of Plymouth	6.79	G4
3	NN	Matt Davies	Tipton	6.27	G4
4	AA	Luke Sammons	Bromsgrove & Redditch	5.62	



U13 Boy's Shot Putt (3.25k)

1	BB	Sam Middlemiss	Cardiff AAC	5.34	
2	N	Callum Rhodes	Tipton	5.11	
3	A	Jack Morley	Bromsgrove & Redditch	4.97	
4	DD	Jamie Burrows	City of Plymouth	4.54	

F24 U13 Boy's Long Jump 'A'

1	D	Jack Arnott	City of Plymouth	4.37	G3
2	A	Dewi Hammond	Bromsgrove & Redditch	4.10	G3
3	BB	Sam Middlemiss	Cardiff AAC	4.07	G4
4		0	0.00		



U13 Boy's Long Jump 'B'

1	DD	Dave King	City of Plymouth	4.09	
2	B	Nathan Lawrence	Cardiff AAC	3.86	
3	AA	Ben Peat	Bromsgrove & Redditch	3.22	
4		0	0.00		

F6 U13 Boy's High Jump 'A'

MR

1	DD	Dave King	City of Plymouth	1.35	G3*
2	A	Jack Morley	Bromsgrove & Redditch	1.15	
3=	B	Gareth Jones	Cardiff AAC	1.05	
3=	N	Matt Davies	Tipton	1.05	



U13 Boy's High Jump 'B'

		0	0.00		
		0	0.00		
		0	0.00		
		0	0.00		

T31 U17 Women's 100m 'A'

Wind=

1	NN	Leyoni Massop	Tipton	14.1	
2	DD	Suzanne McNiff	City of Plymouth	14.5	
3	B	Aimee Thomas	Cardiff AAC	14.5	
4	A	Tuesday Bickley	Bromsgrove & Redditch	14.7	



U17 Women's 100m 'B'

Wind=

1	N	Lucy Hansell	Tipton	14.3	
2	D	Clare Curtis	City of Plymouth	14.7	
3	BB	Julee Gregory	Cardiff AAC	16.5	
4		0	0.00		

T7 U17 Women's 200m 'A'

Wind=

1	BB	Hanna Lewis	Cardiff AAC	28.6	
2	A	Tuesday Bickley	Bromsgrove & Redditch	29.3	
3	N	Lucy Ansell	Tipton	29.8	
4		0	0.00		



U17 Women's 200m 'B'

Wind=

1	B	Rebecca Garrett	Cardiff AAC	30.1	
2	AA	Amy Jenkerson	Bromsgrove & Redditch	34.0	
3		0	0.00		
4		0	0.00		

T26 U17 Women's 300m 'A'

1	B	Hanna Lewis	Cardiff AAC	45.1	G4
---	---	-------------	-------------	------	----



U17 Women's 300m 'B'

1	BB	Courtney Hamilton	Cardiff AAC	46.4	
---	----	-------------------	-------------	------	--

2	NN	Zoe Cooper	Tipton	45.7
3	D	Clare Curtiss	City of Plymouth	47.0
4		0	0.00	

2	N	Nadia Bobash	Tipton	47.3
3		0	0.00	
4		0	0.00	

T13 U17 Women's 800m 'A'

1	B	Rebecca Morgan	Cardiff AAC	02:44.5
2	N	Zoe Cotterill	Tipton	03:12.0
3		0	0.00	
4		0	0.00	



U17 Women's 800m 'B'

1	BB	Natalie Allan	Cardiff AAC	02:56.8
2		0	0.00	
3		0	0.00	
4		0	0.00	

T36 U17 Women's 1500m 'A'

1	B	Aysha Hadid	Cardiff AAC	05:23.5
2	N	Hayley Gough	Tipton	05:45.2
3		0	0.00	
4		0	0.00	



U17 Women's 1500m 'B'

1	BB	Michelle Allen	Cardiff AAC	06:20.0
2		0	0.00	
3		0	0.00	
4		0	0.00	

T19 U17 Women's 3000m 'A'

1	B	Gwenno Brown	Cardiff AAC	11:27.5 G3
2	N	Eilish O'Callaghan	Tipton	13:18.7
3		0	0.00	
4		0	0.00	



U17 Women's 3000m 'B'

1	BB	Aimee Thomas	Cardiff AAC	12:37.3
2	NN	Zoe Cotterill	Tipton	15:35.9
3		0	0.00	
4		0	0.00	

T20 U17 Women's 80m Hurdles

Wind=

1	N	Zoe Cooper	Tipton	14.8
2	A	Amy Irish	Bromsgrove & Redditch	15.5
3		0	0.00	
4		0	0.00	



U17 Women's 80m Hurdles

Wind=

1	NN	Hardeep Koonar	Tipton	15.8
2		0	0.00	
3		0	0.00	
4		0	0.00	

T1 U17 Women's 300m Hurdle

1	N	Leyoni Massop	Tipton	49.5 G3*
2	B	Laura Seary	Cardiff AAC	54.8
3		0	0.00	
4		0	0.00	



U17 Women's 300m Hurdles

1	NN	Nadia Bobash	Tipton	53.4
2		0	0.00	
3		0	0.00	
4		0	0.00	

F3 U17 Women's Hammer (4k)

MR

1	B	Bea Morris	Cardiff AAC	20.41 G4
2	N	Toni Green	Tipton	13.39
3		0	0.00	
4		0	0.00	



U17 Women's Hammer (4k)

1	NN	Eilish O'Callaghan	Tipton	12.59
2		0	0.00	
3		0	0.00	
4		0	0.00	

F20 U17 Women's Discus (1.0k)

1	N	Toni Green	Tipton	23.67 G4
2	B	Bea Morris	Cardiff AAC	19.62
3		0	0.00	
4		0	0.00	



U17 Women's Discus (1.0k)

1	NN	Zoe Cotterill	Tipton	11.17
2	BB	Courtney Hamilton	Cardiff AAC	9.45
3		0	0.00	
4		0	0.00	

F30 U17 Women's Shot Putt (4k)

1	B	Bea Morris	Cardiff AAC	8.45 G4
2	A	Amy Irish	Bromsgrove & Redditch	6.40
3	N	Lucy Ansell	Tipton	5.76
4		0	0.00	



U17 Women's Shot Putt (4k)

1	NN	Zoe Cooper	Tipton	5.64
2		0	0.00	
3		0	0.00	
4		0	0.00	

F25 U17 Women's Javelin (600g)

1	N	Toni Green	Tipton	23.15
2	D	Suzanne McNiff	City of Plymouth	18.10
3	BB	Gwenno Brown	Cardiff AAC	3.72
4		0	0.00	



U17 Women's Javelin (600g)

1		0	0.00	0.00
2		0	0.00	0.00
3		0	0.00	0.00
4		0	0.00	0.00

F5 U17 Women's Long Jump 'A'

1	N	Raceine Reid	Tipton	4.72 G4
2	BB	Rebecca Morgan	Cardiff AAC	3.23



U17 Women's Long Jump 'B'

1	NN	Hardeep Koonar	Tipton	3.87
2		0	0.00	0.00

3	0	0	0.00	0.00	3	0	0	0.00	0.00
4	0	0	0.00	0.00	4	0	0	0.00	0.00

F34 U17 Women's Triple Jump

1	N	Raceine Reid	Tipton	10.61	G2*
2	B	Rebecca Morgan	Cardiff AAC	7.50	
3	0	0	0.00	0.00	
4	0	0	0.00	0.00	



U17 Women's Triple Jump 'I'

1	0	0	0.00	0.00
2	0	0	0.00	0.00
3	0	0	0.00	0.00
4	0	0	0.00	0.00

F18 U17 Women's High Jump 'I'

1	N	Hardeep Koonar	Tipton	1.25	
		0	0.00		
		0	0.00		
		0	0.00		



U17 Women's High Jump 'B'

0	0.00
0	0.00
0	0.00
0	0.00

F11 U17 Women's Pole Vault 'A'

1	99	Event Cancelled		
		0	0.00	
		0	0.00	
		0	0.00	



U17 Women's Pole Vault 'B'

0	0.00
0	0.00
0	0.00
0	0.00

T29 U15 Girls' 100m 'A'

Wind=

1	B	Laura Howe	Cardiff AAC	13.8	G4
2	N	Elenor Russin	Tipton	14.0	G4
3	AA	Melissa Benton	Bromsgrove & Redditch	14.0	G4
4	DD	Kiam Rosenstein	City of Plymouth	14.4	

U15 Girls' 100m 'B'

Wind=

1	A	Alex Freeman	Bromsgrove & Redditch	14.8
2	D	Amy Millard	City of Plymouth	14.8
3	BB	Rachel McCabe	Cardiff AAC	14.8
4	NN	Charlotte Fletcher	Tipton	15.4

T5 U15 Girls' 200m 'A'

Wind=

1	AA	Melissa Benton	Bromsgrove & Redditch	28.3	G4
2	B	Laura Howe	Cardiff AAC	29.0	G4
3	N	Elenor Russin	Tipton	29.2	G4
4		0	0.00		

U15 Girls' 200m 'B'

Wind=

1	A	Alex Freeman	Bromsgrove & Redditch	30.4
2	BB	Lorna Chamberlin	Cardiff AAC	30.9
3	NN	Tara Clarke	Tipton	31.2
4		0	0.00	

T11 U15 Girls' 800m 'A'

1	B	Bille Attard	Cardiff AAC	02:28.6	G3
2	N	Larna Partridge	Tipton	02:31.0	G3
3	D	Beth Anderson	City of Plymouth	02:36.5	G4
4	A	Kelly Oliver	Bromsgrove & Redditch	02:39.1	G4



U15 Girls' 800m 'B'

1	NN	Hannah Whitehouse	Tipton	02:31.2
2	DD	Hayley Harvey	City of Plymouth	02:37.5
3	BB	Ann Marie Hayward	Cardiff AAC	02:41.1
4	AA	Laura Porter	Bromsgrove & Redditch	02:47.2

T34 U15 Girls' 1500m 'A'

1	N	Katie Harper	Tipton	05:01.9	G3*
2	BB	Lauren Reagan	Cardiff AAC	05:25.0	G4
3	A	Tomasina Ball	Bromsgrove & Redditch	05:49.2	
4	D	Jenny Anderson	City of Plymouth	06:05.3	



U15 Girls' 1500m 'B'

1	B	Alice Johnstone	Cardiff AAC	05:28.4
2	DD	Olivia Driver	City of Plymouth	06:15.1
3	0	0	0.00	
4	0	0	0.00	

T18 U15 Girls' 75m Hurdles 'A'

Wind=

1	B	Sophie Grint	Cardiff AAC	12.8	G3*
2	AA	Kelly Oliver	Bromsgrove & Redditch	14.0	
3	D	Laura Rodgers	City of Plymouth	14.7	
4	N	Charlotte Fletcher	Tipton	16.4	



U15 Girls' 75m Hurdles 'B'

Wind=

1	A	Tomasina Ball	Bromsgrove & Redditch	14.4
2	BB	Rachel McCabe	Cardiff AAC	16.0
3	DD	Phillipa Stiff	City of Plymouth	16.1
4		0	0.00	

F4 U15 Girls' Long Jump 'A'

1	B	Rachel McCabe	Cardiff AAC	4.33	G4
2	A	Jess Ford	Bromsgrove & Redditch	4.31	G4
3	NN	Shenika Samuels	Tipton	4.01	
4	0	0	0.00	0.00	



U15 Girls' Long Jump 'B'

1	N	Carragh Spencer Hicks	Tipton	3.93
2	AA	Tomasina Ball	Bromsgrove & Redditch	3.86
3	BB	Alice Johnstone	Cardiff AAC	3.69
4	0	0	0.00	0.00

F17 U15 Girls' High Jump 'A'

1	N	Shenika Samuels	Tipton	1.30
2	D	Phillipa Stiff	City of Plymouth	1.20
3	A	Kelly Oliver	Bromsgrove & Redditch	1.20



U15 Girls' High Jump 'B'

1	NN	Tara Clarke	Tipton	1.15
		0	0.00	
		0	0.00	

0	0.00			0	0.00		
F19 U15 Girls' Discus (1.0k) 'A'				U15 Girls' Discus (1.0k) 'B'			
1	D Jessica Driver	City of Plymouth	15.93	1	DD Beth Anderson	City of Plymouth	10.49
2	B Ann Marie Hayward	Cardiff AAC	12.06	2	0 0	0.00	0.00
3	0 0	0.00	0.00	3	0 0	0.00	0.00
4	0 0	0.00	0.00	4	0 0	0.00	0.00
F26 U15 Girls' Javelin (600g) 'A'				U15 Girls' Javelin (600g) 'B'			
1	D Phillipa Stiff	City of Plymouth	16.90	1	DD Kiam Rosenstein	City of Plymouth	13.74
2	AA Laura Porter	Bromsgrove & Redditch	13.14	2	B Ann Marie Hayward	Cardiff AAC	2.76
3	N Tara Clarke	Tipton	12.00	3	0 0	0.00	0.00
4	BB Bille Attard	Cardiff AAC	6.99	4	0 0	0.00	0.00
F29 U15 Girls' Shot Putt (3.25k)				U15 Girls' Shot Putt (3.25k)			
1	N Shenika Samuels	Tipton	7.09	1	NN Carragh Spencer Hicks	Tipton	6.42
2	AA Melissa Benton	Bromsgrove & Redditch	6.80	2	D Aysha Lymn	City of Plymouth	4.70
3	DD Olivia Driver	City of Plymouth	5.04	3	0 0	0.00	0.00
4	B Bille Attard	Cardiff AAC	4.07	4	0 0	0.00	0.00
T27 U13 Girls' 75m 'A'				U13 Girls' 75m 'B'			
1	N Tanika Burgess	Tipton	10.5 G2*	1	NN Sadie Forrester	Tipton	11.1
2	B Lauren McCarthy	Cardiff AAC	11.6 G4	2	A Romy Naven	Bromsgrove & Redditch	11.9
3	D Sophie Bannon	City of Plymouth	11.6 G4	3	BB Heledd Williams	Cardiff AAC	12.0
4	AA Zeta Clark	Bromsgrove & Redditch	11.9	4	DD Jodie Critchlow	City of Plymouth	12.8
T3 U13 Girls' 150m 'A'				U13 Girls' 150m 'B'			
1	N Jenny Timmins	Tipton	22.0 G3*	1	NN Jodie Hamson	Tipton	23.1
2	AA Gabby Haines	Bromsgrove & Redditch	23.9	2	B Lucy Harvey	Cardiff AAC	24.1
3	BB Bethan Flynn	Cardiff AAC	24.0	3	A Zeta Clark	Bromsgrove & Redditch	25.2
4	0	0.00		4	0	0.00	
T9 U13 Girls' 800m 'A'				U13 Girls' 800m 'B'			
1	N Lia Bradley	Tipton	02:37.3 G2*	1	NN Charlotte Edmunds	Tipton	02:44.3
2	A Georgie Savage	Bromsgrove & Redditch	02:38.8 G3*	2	BB Heledd Williams	Cardiff AAC	02:44.5
3	B Lauren McCarthy	Cardiff AAC	02:43.6 G3	3	AA Hayley Oliver	Bromsgrove & Redditch	02:51.6
4	D Jodie Critchlow	City of Plymouth	03:01.7	4	DD Katy Anderson	City of Plymouth	03:07.9
T22 U13 Girls' 1200m 'A'				U13 Girls' 1200m 'B'			
1	N Lara Tipper	Tipton	04:32.4 G4	1	AA Olivia Laxton	Bromsgrove & Redditch	05:30.3
2	A Sally Hogan	Bromsgrove & Redditch	04:34.7 G4	2	B Bethan Daw	Cardiff AAC	DNF
3	BB Elise Harding	Cardiff AAC	04:48.5	3	0 0	0.00	
4	D Katy Burns	City of Plymouth	04:54.9	4	0 0	0.00	
T15 U13 Girls' 70m Hurdles 'A'				U13 Girls' 70m Hurdles 'B'			
1	NN Sarah Douras	Tipton	14.0 G4	1	B Bethan Daw	Cardiff AAC	15.1
2	BB Megan Thomas	Cardiff AAC	14.4 G4	2	N Emma Douras	Tipton	16.2
3	A Rachel Baker	Bromsgrove & Redditch	14.9	3	DD Katy Anderson	City of Plymouth	16.8
4	D Jasmin Gould	City of Plymouth	14.9	4	AA Olivia Laxton	Bromsgrove & Redditch	16.8
F7 U13 Girls' High Jump 'A'				U13 Girls' High Jump 'B'			
1	BB Sara Otung	Cardiff AAC	1.20 G4	1	A Ashleigh Wood	Bromsgrove & Redditch	1.15
2	AA Rachel Baker	Bromsgrove & Redditch	1.20 G4	2	N Emma Douras	Tipton	1.10
3	NN Sarah Douras	Tipton	1.10	3	B Bethan Daw	Cardiff AAC	1.05
	0	0.00			0	0.00	
F23 U13 Girls' Long Jump 'A'				U13 Girls' Long Jump 'B'			
1	DD Yasmin Lymn	City of Plymouth	3.86 G4	1	D Sophie Bannon	City of Plymouth	3.71
2	B Lauren McCarthy	Cardiff AAC	3.77 G4	2	A Gabby Haines	Bromsgrove & Redditch	3.53
3	AA Rachel Baker	Bromsgrove & Redditch	3.66 G4	3	BB Lucy Harvey	Cardiff AAC	3.37
4	NN Sara Bobash	Tipton	3.44	4	N Sophie Tibbets	Tipton	3.21

F13 U13 Girls' Shot Putt (2.72k)

1	N Sara Bobash	Tipton	6.47 G4
2	BB Elise Harding	Cardiff AAC	5.21
3	A Olivia Laxton	Bromsgrove & Redditch	5.08
4	D Dezzi Distin	City of Plymouth	4.64



U13 Girls' Shot Putt (2.72k)

1	NN Jessica Green	Tipton	5.07
2	B Lucy Harvey	Cardiff AAC	5.01
3	AA Georgie Savage	Bromsgrove & Redditch	4.41
4	DD Katy Burns	City of Plymouth	4.10

Grades

ENTER CLUB LETTER, PERFORMANCE and any wind readings in the Yellow Boxes. Times for 800m and above should be entered as mm:ss eg 2:07.6 (NB use COLONS to separate minutes & seconds) Otherwise use as 0



G4



G4



G3





*



G4



G3
G4



G4



G4



G4
G4







G3
G4
G4



G4





G3*



G3
G3
G4



G4
G4

