

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

SENIOR MEN TRACK

100m

No competitors

200m

Wind +1.3

1	Jason Hussain	BEL	21.85
2	Chris Morgan	CR	23.17
3	Matt Sinclair	CR	23.18
4	Nick Duggan	CR	23.75
5	Matt Peel	CR	24.11
6	Mike Bazire	B&H	25.89
7	Tim Popkin	HHH	27.75

400m

1	Craig Cox	CR	51.62
2	Matt Sinclair	CR	51.77
3	Matt Peel	CR	51.80
4	Richard Clayton	CR	52.19
5	James Fox	WDH	52.32
6	Nick Duggan	CR	52.49
7	Andrew Dean	SHB	53.35
8	Mike Bazire	B&H	58.24

800m

1	Joel Kidger	CR	1:53.72
2	Matt Furber	WDH	1:55.14
3	Andrew Dean	SHB	1:56.23
4	Richard Clayton	CR	1:57.24
5	David Boyce	B&H	2:00.76
6	Ian Barrett	CR	2:01.23
7	Ben Ivorson	EG	2:03.93
8	Tim Popkin	HHH	2:15.85
	Rob Hodson	HAI	DNF

1500m

1	Joel Kidger	CR	3:56.13
2	Ben Warren	HAI	3:57.11
3	Matt Furber	WDH	4:01.70
4	David Boyce	B&H	4:12.04

5000m

1	Andrew Robinson	NEB	14:57.7
2	Louis Jones	NEB	15:19.8
3	Joel Clewett	CR	15:43.4
4	Josh Guilman	PHX	15:47.7
5	Ed O'Brien	WST	15:55.4
6	Dave Carter	PHX	16:06.9
7	Tim Kimber	CR	16:26.1
8	Matthew Dumigan	WDH	17:42.3

9 Philip Peters CHI 19:47.4

110m Hurdles Wind 0.0

1 Craig Baker WDH 15.29

400m Hurdles

1 Alan Easey WDH 69.12

3000m Steeplechase

1 James Baker CHI 9:40.05

2 Josh Painter B&H 10:46.88

3 Rob Hodson HAI 11:15.56

4x100m Relay

1 Eastbourne College 45.4

2 Brighton & Hove 46.4

3 Hurstpierpoint College 46.8

FIELD

Pole Vault

		3.60	3.80	3.95					
1	Craig Baker	WDH o	o	xxx					3.80
	David Ingram	B&H	xxx						NH

High Jump

		1.50	1.55	1.60	1.65	1.75	1.80	2.06	
1	Craig Baker	WDH					o	xxRetd	1.80
2	Dean Storry	WDH o	o	o	o	o	xxx		1.75

Long Jump

1	Craig Baker	WDH	NJ	6.35	NJ	6.08	6.35	6.63	6.63
2	Iggy Singh	CR	6.53	NJ	6.30	6.19	6.11	Pass	6.53
3	Andrew Webster	HHH	6.32	6.17	6.16	5.63	6.25	NJ	6.32
4	Chris Morgan	CR	6.18	6.25	6.30	6.13	6.25	6.05	6.30
5	Andrew Hunt	WDH	4.97	4.85	Pass	Pass	Pass	Pass	4.97

Triple Jump

1	Andrew Webster	HHH	12.30	12.39	12.46	12.26	12.65	12.68	12.68
2	Dean Storry	WDH	12.31	12.06	12.22	12.48	12.46	12.63	12.63
3	Rob Hodson	HAI	9.70	NJ	9.30	9.80	9.23	NJ	9.80

Shot

1	David Vandyke	WDH	10.40	11.15	11.13	11.04	NP	NP	11.15
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Discus

1	Simon Cooke	CHI	46.50	47.63	NT	48.21	45.83	NT	48.21
2	Garry Power	HER	NT	40.36	NT	42.71	NT	NT	42.71
3	Craig Baker	WDH	33.91	30.90	NT	35.39	34.13	Pass	35.39
4	Richard Dewdney	HBS	34.93	34.61	34.17	34.20	33.33	34.25	34.93
5	David Vandyke	WDH	NT	29.03	NT	32.17	30.64	NT	32.17
6	David Brown	HBS	NT	NT	25.83	27.82	29.93	NT	29.93

Javelin

1	Craig Baker	WDH	39.60	43.49	43.48	39.31	NT	NT	43.49
2	David Brown	HBS	38.57	39.87	38.62	37.84	37.81	37.89	39.87

3	Brian Slaughter	EBR	32.89	32.49	Pass	32.89	35.11	32.68	35.11
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Hammer

1	Mick Jones	BEL	65.10	65.47	63.08	63.08	NT	63.54	65.47
2	David Pilbeam	LEW	26.35	29.99	27.28	30.23	24.81	NT	30.23

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RESULTS

UNDER 20 MEN TRACK

100m		Wind +0.6	
1	Gareth Lewis	HBS	11.63
2	Luke Sargeant	BEL	11.73
3	Venushka Condegiama	B&H	11.99
4	Joe Fernandez	HC	12.20
5	David Stephens	HBS	12.53
6	James Adeogun	AC	12.88

200m	Heat 1	Wind +0.6	
1	Gareth Lewis	HBS	22.98 Q
2	Frazer Deans	NEB	23.26 Q
3	Sam Turton	EBR	23.93 q
4	Steven Trangmar	EBR	24.38 q
5	Gary Brinkhurst	LEW	25.17

	Heat 2	Wind -0.2	
1	Luke Sargeant	BEL	23.44 Q
2	Andrew Adair	LEW	23.96 Q
3	Venushka Condegiama	B&H	24.49 q
4	Jonathan Hall	HHH	24.67 q

	Final	Wind +0.2	
1	Gareth Lewis	HBS	22.56
2	Luke Sargeant	BEL	22.82
3	Frazer Deans	NEB	22.89
4	Sam Turton	EBR	23.91
5	Jonathan Hall	HHH	24.20
6	Steven Trangmar	EBR	24.24
7	Andrew Adair	LEW	24.24
	Venushka Condegiama	B&H	DNS

400m	Heat 1		
1	Fraser Deans	NEB	51.80 Q
2	Lee Fulham	WDH	52.28 Q
3	Stuart Pelling	EBR	52.48 q
4	Chris Johnson	CR	54.36 q
5	Liam Ward	CR	57.71

	Heat 2		
1	Philip McManus	B&H	52.33 Q
2	Jack Cooper	B&H	53.00 Q
3	Sam Turton	EBR	53.56 q
4	Dave Morris	WDH	54.28 q
5	Jonathan Hall	HHH	54.42
6	David Riley	WDH	60.56

	Final		
1	Fraser Deans	NEB	50.80

2	Philip McManus	B&H	51.62
3	Stuart Pelling	EBR	52.07
4	Sam Turton	EBR	53.48
5	Jack Cooper	B&H	53.73
6	Chris Johnson	CR	54.14
7	Dave Morris	WDH	56.17

800m Heat 1

1	Tom Bilham	NEB	1:59.82 Q
2	Mark Burchett	WDH	2:00.31 Q
3	David Cooper	HAS	2:03.05 q
4	Daniel Titheradge	B&H	2:04.72 q
5	Chris Grant	EC	2:08.01 q

Heat 2

1	Chris Johnson	CR	2:04.14 Q
2	Matt Southam	EBR	2:04.60 Q
3	Adam Stainsby	WDH	2:06.29 q
4	Stephen Jules	HAS	2:08.02
5	Liam Ward	CR	2:10.62
6	David Riley	WDH	2:18.2

Final

1	Tom Bilham	NEB	1:57.1
2	Chris Johnson	CR	1:57.8
3	Mark Burchett	WDH	1:59.6
4	Matt Southam	EBR	2:03.4
5	David Cooper	HAS	2:04.1
6	Adam Stainsby	WDH	2:05.1
7	Daniel Titheradge	B&H	2:05.3
8	Chris Grant	EC	2:08.0

1500m

1	Scott Harris	EBR	3:59.31
2	Daniel Stepney	PHX	4:02.51
3	Mark Burchett	WDH	4:11.02
4	David Cooper	HAS	4:11.04
5	Matt Southam	EBR	4:16.97
6	Adam Stainsby	WDH	4:19.58
7	Daniel Titheradge	B&H	4:23.48
8	Liam Ward	CR	4:50.23

5000m

1	Luke Lambourne	B&H	17:42.3
2	Willi Westenberger	EC	19:07.1

110m Hurdles

Wind 0.0

1	Billy Marchant	B&H	15.60
2	Philip Barrington-Johnson	EC	15.95
3	Josh Mouland	B&H	16.11

400m Hurdles

1	Alex Stimpson	EC	58.70
2	Dave Morris	WDH	62.27

3	Adam Nicholls	HAS	64.01
4	David Stephens	HBS	68.69
	Jack Cooper	B&H	DNF
	Andrew McLaren	EC	DNF

3000m Steeplechase

1	Andrew Donno	B&H	9:36.44	CBP
2	Simon Baker	HAS	10:37.68	
3	Joshua Varney	EBR	10:40.67	
4	Willi Westenberger	EC	11:56.34	

FIELD

Pole Vault

			3.00	3.10	3.20	
1	Josh Mouland	B&H	xo		xxx	3.00

High Jump

			1.50	1.55	1.60	1.65	1.70	1.75	1.80
1	Tom Shaw	HC	o		o	o	xo	xo	xxx
2	Josh Mouland	B&H	o	o	xx		x		

Long Jump

1	Philip Johnson	EC	5.65	NJ	5.92	NJ	5.70	5.52	5.92
2	Josh Mouland	B&H	5.57	5.47	5.78	NJ	5.62	5.65	5.78
3	Andrew McLaren	EC	5.66	5.67	5.71	4.69	5.12	4.45	5.71
4	Michael Buchanan	CH	5.41	5.21	5.04	NJ	5.37	5.18	5.41
5	David Stephens	HBS	5.06	5.08	5.28	4.84	5.15	5.33	5.33
6	Dave Morris	WDH	5.02	5.08	5.20	Pass	Pass	Pass	5.20

Triple Jump

1	Philip Barrington-Johnson	EC	11.68	11.74	11.85	11.79	11.30	Pass	11.85
2	Dominick Whitney	LEW	11.06	11.41	11.25	11.20	11.02	11.07	11.41
3	David Stephens	HBS	11.19	11.19	Pass	10.82	Pass	NJ	11.19
4	Dave Morris	WDH	10.80	10.74	10.26	10.94	10.63	10.79	10.94
5	James Adeogun	AC	10.46	10.46	10.39	10.70	10.89	10.93	10.93

Shot

1	Josh Mouland	B&H	NP	9.40	10.33	10.23	10.26	10.13	10.33
2	David Freeman	CR	8.05	8.20	NP	7.90	NP	7.99	8.20

Discus

1	Josh Mouland	B&H	31.43	29.62	31.65	28.70	25.60	27.06	31.65
2	Vincent Leblond	EC	27.27	19.37	24.26	NT	27.91	22.95	27.91
3	David Freeman	CR	NT	21.17	20.67	18.29	NT	NT	21.17

Javelin

1	Joe Waller	HBS	54.12	NT	53.82	NT	53.34	57.90	57.90
2	Alex Dawkins	EC	41.93	38.27	38.09	40.45	41.83	38.69	41.93
3	Josh Mouland	B&H	33.31	31.58	28.80	29.16	33.05	35.23	35.23

Hammer

1	Alex Dawkins	EC	22.43	25.10	NT	24.39	NT	23.06	25.10
2	Alex Stimpson	EC	20.54	22.44	NT	21.58	21.37	NT	22.44
3	David Freeman	CR	15.81	17.59	16.79	16.83	16.52	15.47	17.59

1.75
1.55

CBP

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RESULTS

UNDER 17 MEN TRACK

100m Heat 1

1	Olufunmi Sobadu	WDH	11.30	Q
2	Ed Bowden	HC	11.81	Q
3	Andy Millen	WDH	11.85	q
4	Nathan Fox	HHH	12.26	q
5	Edward Brittain	EC	12.87	q

Heat 2

1	Harvey Byrne	CHI	11.45	Q
2	Alex Hunte	B&H	11.62	Q
3	Harry Mishon	B&H	12.39	q
4	Luke Duckworth	AC	12.91	
5	Christopher Hewitt	B&H	12.97	

Final

1	Olufunmi Sobadu	WDH	11.0	
2	Harvey Byrne	CHI	11.3	
3	Alex Hunte	B&H	11.7	
4	Ed Bowden	HC	11.7	
5	Andy Millen	WDH	11.9	
6	Nathan Fox	HHH	12.3	
7	Harry Mishon	B&H	12.3	
8	Edward Brittain	EC	12.7	

200m Heat 1

		Manual		Wind +0.1
1	Olufunmi Sobadu	WDH	22.4	Q 22.34
2	Andy Millen	WDH	24.0	Q 24.01
3	Mike West	HAS	24.0	q 24.03
4	Jack Maybank	HC	25.3	25.26
5	Edward Brittain	EC	25.6	25.73
6	Thomas Ward	WOR	26.0	26.02
7	Vito Huhn	EC	27.4	27.46

Heat 2

		Manual		Wind +0.7
1	Harvey Byrne	CHI	23.6	Q 23.58
2	Liam Cox	CR	24.0	Q 24.12
3	Dominic Ross	LEW	24.6	q 24.74
4	Ferdi Mendes	EC	25.2	25.19
5	Steven Brinkhurst	LEW	25.4	25.49
6	Yohan Theodore	WOR	25.9	25.88
7	Anthony Riley	WOR	26.0	26.12

Heat 3

		Manual	
1	Ed Bowden	HC	23.6 Q
2	Liam Kenny	B&H	24.2 Q
3	David Wheeler	LEW	24.6
4	Macsen Lake-Edwards	STB	25.0
5	Harry Mishon	B&H	25.1

6 Ben Collingwood EBR 27.7

Final

Wind +0.0

1	Olufunmi Sobadu	WDH	21.73
2	Harvey Byrne	CHI	22.44
3	Ed Bowden	HC	23.05
4	Liam Cox	CR	23.60
5	Mike West	HAS	23.92
6	Liam Kenny	B&H	23.93
7	Andy Millen	WDH	24.03
8	Dominic Ross	LEW	24.70

400m

1	Liam Cox	CR	52.70
2	Liam Kenny	B&H	53.47
3	Matthew Barber	EBR	55.50
4	Graham Hill	WDH	57.05
5	Adam Boothroyd	EC	57.53
6	Will Baker	HAS	60.13
7	Stephen Denman	B&H	61.67
	Tawanda Chetse	AC	DNS

800m

1	Michael Di Laura	WDH	2:04.2
2	Christopher Dodd	EBR	2:05.9
3	Stefan Emary	HAS	2:06.0
4	Luca Galelli	AC	2:07.3
5	Fraser Weir	EBR	2:08.3
6	Andrew Wilkinson	LEW	2:08.6
7	Nick Hearn	HC	2:09.2
8	Stephen Denman	B&H	2:10.0

1500m

1	Christopher Dodd	EBR	4:14.9
2	Matt Barrie	PHX	4:15.3
3	Mathew Basford	LEW	4:20.7
4	Fraser Weir	EBR	4:24.9
5	Nick Hearn	LEW	4:25.8
6	Ashley Williams	LEW	4:27.7
7	Lewis Hards	PHX	4:29.5
8	Tom Button	CR	4:34.5
9	Tom Wade	AC	5:04.5
10	Karl Threadgold	AC	5:27.2

100m Hurdles

1	Shaun Leigh	B&H	14.85
2	Chris Pilling	LEW	14.94
3	Tim Jolly	WDH	15.16
4	Charlie Harper	HC	15.62
5	Christopher Hewitt	B&H	15.91
6	Sam Caplen	EBR	15.91
7	Adam Boothroyd	EC	16.52

400m Hurdles

1 Adam Boothroyd Ec 62.96

1500m Steeplechase

1 Andrew Wilkinson LEW 4:39.81
2 Stefan Emary HAS 4:48.64

3000m Walk

1 Toby Woolley EC 20:09.7
2 Edward Hickman Casey EC 21:23.2

4x100m Relay

1 Hurspierpoint College 46.3
2 Lewes 46.6

FIELD

Pole Vault

		2.80	3.00	3.10	3.20	3.50	3.60	
1	Chris Pilling	LEW o	XXO	o	o	o	xxx	3.50
2	Tim Jolly	WDH o	xxx					2.80
3	Matthew Wentworth	EBR o	o	o	XXO	o	xxx	2.30

High Jump

		1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75
1	Dan Dunscombe	WDH						o	o
2	Mike West	HAS				o	o	XXO	o
3=	Edward Stubbs	EG				o	o	xxx	
3=	Shaun Leigh	B&H					o	xxx	
3=	Will Sibley	HBS					o	xxx	
6	Chris Pilling	LEW		o		XXO	o	xxx	
7=	Matt Plunkett	HHH			o	o	XO	xxx	
7=	Richard Evans	EC			o	o	XO	xxx	
9	Tim Jolly	WDH		o		o		xxx	
10	Tom Padgington	CHI o	o	XXO	XO	xxx			
	Daniel Charlton	EBR	xRetd						

Long Jump

1	Jack Maslen	HC	5.65	5.72	5.81	6.14	4.33	5.86	6.14
2	Shaun Leigh	B&H	6.06	3.80	5.51	5.59	5.69	5.84	6.06
3	Tim Jolly	WDH	5.80	5.82	5.99	NJ	5.89	NJ	5.99
4	Ferdi Mendes	EC	5.59	5.75	NJ	5.42	5.56	5.89	5.89
5	James Sleep	HC	NJ	NJ	5.54	5.36	5.31	5.07	5.54
6	Will Baker	HAS	5.50	5.44	NJ	NJ	NJ	NJ	5.50
7	Martin Denyer	STB	5.15	NJ	5.43				5.43
8	Noel Butler	WDH	5.23	4.75	4.47				5.23
9	Chris Pilling	LEW	5.01	4.76	5.15				5.15
10	Ben Collingwood	EBR	4.24	4.17	4.47				4.47

Triple Jump

1	Jack Maslen	HC	12.56	12.33	11.63	12.16	Pass	Pass	12.56
2	Angus Forrester	EC	11.69	11.64	11.47	11.45	NJ	Pass	11.69
3	Tim Jolly	WDH	11.50	11.45	Pass	Pass	Pass	Pass	11.51
4	Chris Pilling	LEW	10.94	11.04	Pass	Pass	Pass	Pass	11.04

Shot

1	Jake Scanlon	LEW	12.27	12.25	12.83	NP	11.84	12.94	12.94
2	Greg Lowe	STB	9.61	11.39	11.43	11.78	11.26	12.34	12.34
3	Jordan Trayfoot	HC	11.57	11.97	11.98	11.53	11.33	11.57	11.98
4	Will Baker	HAS	10.87	11.15	NP	NP	NP	10.78	11.15
5	Michael Tame	HC	10.75	NP	NP	10.33	10.72	NP	10.75
6	Simon Jukes	WOR	9.55	8.92	9.09	8.94	9.09	8.77	9.55
7	Shaun Leigh	B&H	NP	NP	9.52				9.52

Discus

1	Jake Scanlon	LEW	44.08	46.64	43.40	NT	43.98	39.82	46.64
2	Michael Tame	HC	27.60	NT	29.17	NT	NT	30.27	30.27
3	Shaun Leigh	B&H	25.34	NT	25.55	27.86	NT	27.50	27.86
4	William Bunn	HC	25.04	25.75	27.53	26.51	NT	27.59	27.59
5	Will Baker	HAS	25.72	27.45	NT	24.17	25.49	NT	27.45
6	Jonathan Sherlock	EC	20.03	16.96	22.85	20.78	21.90	24.34	24.34
7	William Wilson	B&H	19.11	20.29	22.45				22.45

Javelin

1	Michael Steele-Martin	B&H	40.26	39.08	42.17	43.67	42.11	41.38	43.67
2	Lewis Turk	EG	41.22	39.21	38.18	38.51	38.91	42.49	42.49
3	Tom Jolly	WDH	40.34	36.05	38.53	41.42	40.95	38.95	41.42
4	Andrew Wilkinson	LEW	38.71	35.26	38.76	Pass	Pass	Pass	38.76
5	Chris Pilling	LEW	34.98	27.55	38.10	30.97	36.09	36.38	38.10
6	Shaun Leigh	B&H	35.09	35.86	36.80	36.98	35.92	NT	36.98
7	Tom Padgington	CHI	32.38	30.24	35.80				35.80
8	Richard Evans	EC	25.36	34.67	32.31				34.67
9	Jonathan Sherlock	EC	26.22	Pass	27.93				27.93
10	Matthew Wentworth	EBR	21.43	24.50	22.75				24.50

Hammer

1	Jake Scanlon	LEW	47.38	49.62	49.53	52.34	NT	NT	52.34
2	Nathan Harland-Smith	CR	NT	NT	32.71	42.32	NT	NT	42.32
3	Ben Robson	CR	36.10	33.73	35.60	NT	NT	32.82	36.10
4	William Wilson	B&H	25.21	NT	NT	23.52	24.51	25.54	25.54
5	John Bacon	WDH	21.12	NT	NT	21.12	NT	22.45	22.45
	Will Baker	HAS	NT	Pass	NT				

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RESULTS

UNDER 15 BOYS

TRACK

100m	Heat 1		Wind +0.3	
1	Adam Meadows	B&H	12.60	Q
2	Darion Naylor	B&H	12.85	Q
3	Giacomo Valeri	B&H	13.13	q
4	Alistair Corless	HHH	13.32	
5	Ryan Barker	B&H	14.30	
6	Matthew Lasis	CR	14.51	
7	Mitchell Stather	PHX	14.71	

	Heat 2			
1	Fernando Ngengo	STB	12.88	Q
2	Thomas Bowden	PHX	12.94	Q
3	Jason Strambi	AC	13.26	q
4	Ryan Norcross	EBR	13.28	
5	Mostin Davis	EC	13.59	
6	Mark West	HAS	14.19	
7	Andrew Clark	EG	14.23	

	Heat 3		Wind +0.5	
1	George O'Shea	HBS	12.87	Q
2	Adib Chawdhury	AC	13.24	Q
3	Trent Ray	HBS	13.47	
4	Patrick Apantaku	WDH	13.95	
5	Max Gillies	EC	14.28	
6	Matthew Hewitt	B&H	14.60	

	Final			
1	Adam Meadows	B&H	12.7	
2	Darion Naylor	B&H	12.8	
3	George O'Shea	HBS	12.9	
4	Fernando Ngengo	STB	12.9	
5	Thomas Bowden	PHX	12.9	
6	Adib Chawdhury	AC	13.2	
7	Giacomo Valeri	B&H	13.4	
	Jason Strambi	AC	DNS	

200m	Heat 1		Wind +0.3	
1	Adib Chawdhury	AC	26.0	Q
2	Thomas Bowden	PHX	26.1	Q
3	Elliott Franklin-Page	LEW	26.5	q
4	Giacomo Valeri	B&H	26.8	q
5	Edward Stapley	EC	26.9	q

	Heat 2		Wind +0.4	
1	Ryan Norcross	EBR	26.02	Q
2	Fernando Ngengo	STB	26.37	Q
3	Mathews Stagnetto	WOR	27.17	q
4	Mark West	HAS	27.91	

5 Drew King EG 28.94

Final

Wind +0.8

1 Adib Chawdhury AC 25.52
2 Ryan Norcross EBR 25.58
3 Thomas Bowden PHX 25.87
4 Fernando Ngengo STB 26.11
5 Elliott Franklin-Page LEW 26.16
6 Giacomo Valeri B&H 26.68
7 Edward Stapley EC 26.82
8 Mathews Stagnetto WOR 26.86

400m

1 Oliver Smith HC 58.25
2 Elliott Green B&H 58.77
3 Ryan Norcross EBR 59.20
4 Alistair Corless HHH 59.38
5 Tom Johnson EC 59.52
6 Luke Sidwell LEW 60.03
7 William Sinclair HC 61.45
8 Mitchell Garrett EG 64.83

800m

1 Tom Marsden WDH 2:05.3
2 Sam Wade AC 2:17.1
3 Joseph Steele-Martin B&H 2:18.5
4 Jonathan Aston CR 2:18.6
5 Finn McNally PHX 2:19.9
6 Max Pickard PHX 2:28.2
7 Matthew Rethy LEW 2:30.2
8 Christopher Woolcott B&H 2:30.5
9 William Gray PHX 2:33.9
10 Sam Bennett LEW 2:34.6
11 Kieran Silsby B&H 2:37.5
12 Adam Wilkinson LEW 2:49.7

1500m

1 Tom Marsden WDH 4:13.41
2 Aaron Stone CR 4:19.3
3 Tom Evans EC 4:35.12
4 Finn McNally PHX 4:38.49
5 Matt Suter LEW 4:45.14
6 Joseph Steele-Martin B&H 4:47.58
7 Jonathon Aston CR 4:51.71
8 Max Pickard PHX 5:01.45
9 Luke Sidwell LEW 5:02.44
10 Christopher Woolcott B&H 5:04.88
11 William Gray PHX 5:10.77
12 Kieran Silsby B&H 5:11.22
13 Louis Gower LEW 5:24.12
14 Matthew Rethy LEW 5:33.14
15 Ben Lewis WDH 5:34.90
16 Adam Wilkinson LEW 5:37.52
17 Stefan Barrie PHX 5:37.74

80m Hurdles

1	Matthew Hewitt	B&H	13.97
2	Spencer Bennett	LEW	14.16
3	Tom Johnson	EC	16.20

3000m Walk

1	Jaime Docherty	EC	20:10.3
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4x100m Relay

1	Lewes	50.0
2	Eastbourne College	52.6
3	East Grinstead	56.2
	Hurstpierpoint College	DQ

FIELD**Pole Vault**

			1.60	1.70	1.80	2.20	2.50	2.70	2.85
1	Sam Brown	LEW				o	o	o	o
2	Matthew Rethy	LEW	xo	xxo	xxx				

High Jump

			1.20	1.25	1.30	1.35	1.40	1.45	1.50
1	George O'Shea	HBS				o	o	o	o
2	Tom Gardner	EG					o	xxx	
3=	David Gardner	EG		o	o	xxx			
3=	Adam Meadows	B&H			o	xxx			
5	Adam Wilkinson	LEW	xo	xxx					
	Patrick Apantaku	WDH				xxx			

Long Jump

1	Benjamin Smith	LEW	Pass	5.25	5.13	5.14	5.48	5.09	5.48
2	Darion Naylor	B&H	4.91	4.83	5.06	5.29	5.33	5.45	5.45
3	Sebastian Lampard	LEW	4.49	4.88	4.54	NJ	4.96	NJ	4.96
4	Mostin Davis	EC	4.86	4.64	4.92	NJ	4.90	4.93	4.93
5	Spencer Bennett	LEW	NJ	4.90	4.93	4.83	4.86	NJ	4.93
6	Tom Gardner	EG	4.84	4.64	NJ	4.15	4.77	4.39	4.84
7	Matthews Stagnetto	WOR	4.83	4.74	4.72				4.83
8	Trent Ray	HBS	4.75	4.62	4.80				4.80
9	Ryan Norcross	EBR	3.86	4.28	4.50				4.50
10	Drew King	EG	4.35	4.26	4.44				4.44
11	Patrick Apantaku	WDH	4.32	NJ	4.34				4.34
12	Giacomo Valeri	B&H	4.06	4.34	NJ				4.34
13	Baron Ceylan	HC	NJ	4.31	NJ				4.31
14	Edward Stapley	EC	4.26	4.28	4.30				4.30
15	Max Gillies	PHX	3.92	4.27	4.08				4.27
16	Mitchell Stather	PHX	4.05	3.80	3.69				4.05
17	Matthew Hearn	HC	3.95	3.81	3.66				3.95

Triple Jump

1	Darion Naylor	B&H	11.93	11.72	11.78	11.95	NJ	11.56	11.95
2	Tom Gardner	EG	10.20	10.24	10.77	10.40	10.89	10.72	10.89
3	Sebastian Lampard	LEW	10.70	10.67	10.85	10.76	10.78	10.67	10.85
4	Trent Ray	HBS	10.49	10.40	10.71	NJ	10.29	10.57	10.71
5	Spencer Bennett	LEW	NJ	10.45	10.18	10.05	NJ	NJ	10.45

6	Toby Drsydale	HC	9.16	10.31	NJ	9.85	NJ	10.12	10.31
7	Adam Meadows	B&H	9.65	10.12	9.97				10.12

Shot

1	William Sinclair	HC	10.26	10.31	NP	8.84	9.71	9.26	10.31
2	James Tighe	WOR	9.73	9.54	8.89	NP	10.09	9.21	10.09
3	Matthew Gue	HBS	9.54	9.81	9.37	9.49	8.91	8.14	9.81
4	Drew King	EG	9.53	8.84	8.57	NP	8.84	8.82	9.53
5	Jonathan Gellett	HBS	8.38	8.39	8.52	8.75	8.62	8.70	8.75
6	Christian Walsh	AC	8.41	8.37	7.99	8.57	8.58	NP	8.58
7	Matthew Lasis	CR	7.59	8.08	7.71				8.08
8	Adam Rutherford	AC	8.01	7.84	7.91				8.01
9	Matthew Ward	HBS	7.67	6.16	NP				7.67
10	Matthew Evans	WDH	7.31	7.50	6.31				7.50
11	Simon Evans	WDH	7.09	6.52	7.14				7.14
12	Ivan Tang	AC	NT	6.04	6.84				6.84
13	Jamie Docherty	EC	6.76	NP	Pass				6.76

Discus

1	Matthew Gue	HBS	32.61	38.73	40.78	38.10	NT	33.25	40.78
2	Simon Evans	WDH	NT	NT	25.74	22.30	24.86	24.99	25.74
3	Darren James	HBS	24.82	25.12	25.35	22.25	24.28	24.62	25.35
4	Ivan Tang	AC	17.64	20.27	20.00	23.60	23.92	21.57	23.92
5	Matthew Evans	WDH	19.00	21.87	21.82	22.26	17.54	21.51	22.26
6	Matthew Lasis	CR	20.41	NT	Pass	NT	20.94	NT	21.87
7	Matthew Rethy	LEW	NT	15.48	17.13				17.13

Javelin

1	Cameron Bygraves	HC	38.61	38.85	41.24	NT	31.37	NT	41.24
2	Sam Brown	LEW	30.05	29.00	23.96	34.14	31.17	31.82	34.14
3	Oliver Varney	EBR	25.66	26.69	25.53	27.43	26.53	24.61	27.43
4	Samuel Stewart	EG	23.48	25.07	23.43	24.68	23.16	23.74	25.07

Hammer

1	Matthew Evans	WDH	26.55	NT	25.04	31.06	NT	NT	31.06
2	Simon Evans	WDH	NT	26.70	30.38	30.00	29.04	NT	30.38
3	Sam Dunscombe	WDH	23.16	NT	20.68	21.68	NT	23.29	23.29
4	Sam Brown	LEW	21.94	22.08	21.90	21.04	20.53	21.39	22.08
5	Matt Lasis	CR	NT	NT	19.17	20.82	NT	NT	20.82

2.90
XXX **2.85**
 1.70

1.53 1.56
XO XXX **1.53**
 1.40
 1.30
 1.30
 1.20
 NH

CBP

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006 RESULTS

UNDER 13 BOYS

MINITHON

		Jump	Throw	Run	Total Points	
		LJ or HJ	SP or DT	150 or 800		
1	Warwick Meyler	HBS	1.41	6.32	2:24.9	
			25	14	28	67
2	Tom Glenn	LEW	1.32	17.04	2:36.3	
			21	15	24	60
3	Lewis Cullen	WDH	4.14	6.56	21.30	
			18	15	25	58
4	Edward Pillai	WDH	3.79	7.20	22.16	
			13	20	22	55
5	Jake Giles	EBR	3.85	5.62	20.45	
			14	9	27	50
6	Ashley Sykes	WDH	4.05	14.50	23.10	
			16	10	19	45
7=	Tom Wilmot	B&H	3.24	5.44	2:25.6	
			7	8	28	43
7=	Ryan Smith	WDH	4.00	11.23	22.19	
			16	5	22	43
7=	Edward Dodd	EBR	3.67	5.30	2:38.5	
			12	7	24	43
10	Jack Swift	WDH	3.96	5.01	22.04	
			15	5	22	42
11	Michael Plater	HBS	3.52	17.18	24.23	
			10	15	16	41
12	Billy Payne	EBR	1.20	4.22	2:41.1	
			15	2	23	40
13	Ryan Marsden	UN	1.23	4.92	23.44	
			16	5	18	39
14	Jonathon Kenyon	EBR	3.44	4.57	23.39	
			9	3	18	30
15=	Luke Smyth	EG	3.55	3.59	23.21	
			10	0	18	28
15=	Joe Russell	EBR	3.41	3.60	2:52.1	
			8	1	19	28
17	Oliver O'Shea	HBS	2.66	4.42	3:08.9	
			3	3	14	20

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

TRACK

5000m

Over 40

1	Paul Froud	B&H	16:59.40
2	Paul Collicutt	PHX	17:12.87
3	Gary Thayre	PHX	17:27.63
4	Paul Lowden	EC	19:02.18
5	Jonathan Britten	A80	21:10.22
	Mark Halls	B&H	DNF

3000m Steeplechase

Over 40

1	Chris Lee	HBS	13:22.33
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3000m Walk

1	Richard Emsley	ST	16:09.3
2	Ron Penfold	ST	17:01.8
3	Dave Stevens	ST	18:14.4

Pole Vault

Over 40

		2.60	2.80	3.00	3.10	3.20	
1	Alan Easey	WDH	o	xo	o	xxx	3.10
2	Brian Slaughter	EBR	o	o	x	xx	3.00
3	Wayne Martin	HAS	xo	xxo	xxx		2.80

Over 50

		2.20	2.40		
1	Mick Cole	HBS	xxo	xxx	2.20

Triple Jump

Over 40

1	Charlie Bostock	EC	9.18	NJ	Pass	9.98	NJ	9.67	9.98
2	Alan Easey	WDH	9.61	9.49	Pass	9.72	9.94	9.88	9.94

Over 50

1	Ian Turner	EBR	9.34	NJ	NJ	Pass	8.58	8.72	9.34
2	Robert Ruff	HHH	8.50	8.58	8.47	NJ	8.65	8.05	8.65

Hammer

Over 40

1	Brian Slaughter	EBR	29.84	Pass	29.73	NT	NT	NT	29.84
2	David Brown	HBS	25.78	NT	27.75	26.67	NT	29.06	29.06
3	Mike Bale	HHH	28.23	26.68	27.93	27.68	28.47	27.81	28.47
4	Philip Bacon	WDH	24.24	26.10	25.72	27.23	26.55	26.33	27.23
5	Paul Figg	WDH	NT	NT	22.67	24.54	25.12	25.14	25.14

Over 50

1	Les Monahan	WDH	26.20	NT	30.89	NT	NT	30.63	30.89
2	Doug Birch	HHH	17.20	15.62	NT	14.45	16.16	16.83	17.20

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

SENIOR WOMEN TRACK

100m

1	Lianne George	PHX	12.65
2	Laura Penfold	HHH	13.03
3	Lindsay Badman	PHX	13.37

200m

Wind +1.1

1	Lianne George	PHX	26.22
2	Lindsay Badman	PHX	28.17

400m

1	Phillipa Aukett	WDH	57.81
2	Racahel Ogden	WDH	58.11
3	Lucy Aukett	WDH	58.59
	Elaine Wells	CR	DNF

800m

1	Rachel Ogden	WDH	2:07.72
2	Philippa Aukett	WDH	2:10.50
3	Elizabeth Austen	PHX	2:17.12
4	Sharon Whitby	CR	2:20.11
5	Lauren Fawke	B&H	2:29.18
6	Jenny Hughes	A80	2:33.45

1500m

1	Linda Spencer	CHI	4:36.2
2	Elizabeth Austen	PHX	4:42.5
3	Fiona Clark	CR	4:44.1
4	Sharon Whitby	CR	4:49.8
5	Elizabeth Durman	PHX	4:59.5
6	Lauren Fawke	B&H	5:22.7

3000m

1	Linda Spencer	CHI	9:50.5
2	Fiona Clark	CR	10:04.72
3	Gemma Sharp	A80	10:48.83
4	Kirsty Fenn	CR	11:03.72
5	Laura Burton	B&H	11:05.92
6	Lauren Fawke	B&H	11:30.86
7	Emma Rollings	A80	11:37.22

100m Hurdles

Wind +0.8

1	Leanne Buxton	BED	14.48
2	Helen Morton	HBS	15.38

400m Hurdles

1	Leanne Buxton	BED	62.94
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3000m Walk

1 Victoria Burford EC 21:30.4

4x100m Relay

1 Brighton & Hove 51.69
2 Hurspierpoint College 53.23
3 East Grinstead 55.32

FIELD

High Jump

		1.35	1.40	1.45	1.50	1.55	1.55	1.50	
1	Leanne Buxton	BED	o	o	xxo	xxx	x	o	1.50
2	Helen Morton	HBS		o	xxo	xxx	x	x	1.50
3	Rosanne Warner	B&H	o	o	xxo	xxx			1.45

Long Jump

1	Leanne Buxton	BED	5.22	NJ	5.19	5.42	5.53	5.40	5.53
2	Helen Morton	HBS	4.98	NJ	4.89	5.01	4.82	4.99	5.01

Triple Jump

1	Helen Diack	HHH	9.01	8.91	8.67	8.58	8.24	8.76	9.01
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Shot

1	Candie Lintern	CR	10.89	11.21	10.38	10.85	10.94	10.76	11.21
2	Leanne Buxton	BED	10.32	9.70	8.91	10.09	10.45	10.10	10.45

Discus

1	Joanne Davison	WDH	32.81	30.23	31.38	27.52	NT	NT	32.81
2	Candie Lintern	CR	29.83	30.09	28.29	29.55	NT	31.47	31.47

Javelin

1	Caroline Garrett	WDH	36.26	34.29	35.8	37.45	NT	35.54	37.45
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Hammer

1	Joanne Davison	WDH	48.14	46.57	47.06	48.36	NT	NT	48.36 CBP
2	Rachel Basford	UWIC	36.85	43.07	45.18	45.62	45.80	NT	45.80
3	Candie Lintern	CR	34.46	33.50	34.77	35.12	NT	Pass	35.12

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

UNDER 20 WOMEN TRACK

100m Wind +1.3

1	Carley Wenham	CR	12.25	CBP
2	Natalie Pettifer	HHH	13.30	
3	Emily Jones	EBR	13.32	

200m Wind +0.0

1	Carley Wenham	CR	25.07	CBP
2	Laura Hitchman	B&H	26.46	
3	Emily Jones	EBR	27.62	
4	Cassie Hall	EBR	28.23	
5	Alex Flavell	EC	28.26	
6	Katharine Giddings	HBS	28.33	
7	Kate Agent	CH	29.71	

400m

1	Jo Lister	EG	59.71	
2	Laura Hitchman	B&H	60.61	
3	Emily Jones	EBR	61.96	
4	Lisa Henderson	HBS	64.59	
5	Victoria Woolcott	B&H	67.62	
6	Katharine Giddings	HBS	71.08	

800m

1	Florence Ray	B&H	2:15.52	
2	Charlotte Browning	AFD	2:16.32	
3	Keely Gunn	PHX	2:25.76	
4	Eloise Lee	HBS	2:30.29	

1500m

1	Keely Gunn	PHX	5:11.0	
2	Eloise Lee	HBS	5:31.1	

100m Hurdles Wind +0.8

1	Chelsie Bearman	CR	18.01	
2	Victoria Woolcott	B&H	19.28	

400m Hurdles

1	Cara Pain	HAS	64.51	
2	Hannah Sargeant	CR	71.67	
3	Cassie Hall	EBR	72.71	
4	Katharine Giddings	HBS	73.87	
5	Vicky Woolcott	B&H	75.43	

3000m Walk

1	Sophie Wilson	EC	20:44.6	
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FIELD

Pole Vault			2.00	2.10	2.20	2.30	2.40	2.50	
1	Stepahnie Downes	HBS	o	o	o	o	o	xxx	2.40
2	Natalie Masters	HBS			o	o	xo	xx	2.40

High Jump			1.30						
1	Katharine Giddings	HBS	o	Withdrew					1.30

Long Jump									
1	Natalie Pettifer	HHH	4.40	4.22	4.49	4.60	4.63	4.54	4.63
2	Laura McGarty	EG	4.31	4.50	NJ	4.58	4.23	NJ	4.58
3	Carolyn Funnell	EG	4.51	4.51	4.36	4.36	4.30	4.27	4.51

Triple Jump									
1	Anne Onions	SDC	10.81	9.55	10.41	10.27	10.37	10.49	10.81
2	Laura McGarty	EG	9.64	NJ	NJ	9.85	9.71	10.36	10.36
3	Danielle Svoboda	PHX	10.23	10.01	9.89	10.04	10.14	10.09	10.23
4	Jade Mitchell	EG	9.71	NJ	9.43	9.68	NJ	9.94	9.94
5	Carolyn Funnell	EG	9.48	9.61	9.27	9.79	9.60	9.71	9.79
6	Sam Eatwell	LEW	7.73	7.64	9.46	Pass	Pass	Pass	9.46

Shot									
1	Katrina Reidon	EC	8.48	9.29	8.41	Pass	Pass	Pass	9.29
2	Hannah James	HBS	9.19	8.48	8.76	9.02	8.43	NP	9.19
3	Kim Randall	HBS	7.79	NP	NP	7.01	7.24	7.83	7.83

Discus									
1	Hannah James	HBS	31.13	35.48	33.50	28.86	33.09	33.54	35.48
2	Kim Randall	HBS	28.54	29.28	29.60	28.15	27.85	28.59	29.60

Javelin									
1	Lucy Brennan	WDH	24.92	25.19	22.22	NT	24.95	NT	25.19
2	Victoria Woolcott	B&H	14.89	16.04	NT	15.52	NT	17.58	17.58

Hammer									
1	Lucy Tattersall	WDH	NT	36.98	34.82	NT	36.86	38.04	38.04
2	Kelly Coombs	HAS	30.50	31.78	32.18	33.92	32.86	33.10	33.92
3	Catherine Waite	LEW	NT	31.77	NT	31.20	29.66	NT	31.77
4	Emily Woodall	LEW	28.40	NT	NT	NT	NT	NT	28.40

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

UNDER 17 WOMEN

TRACK

100m	Heat 1		Wind +0.5	
1	Savannah Echel-Thomson	PHX	12.61	Q
2	Verity Lipscombe	B&H	13.37	Q
3	Michaela Barnett	B&H	13.58	q
4	Rosie Yates	WDH	13.91	
5	Denise Chalmers	EC	13.96	
6	Tracey Ledia	CR	14.13	
7	Daisy White	HC	14.65	

	Heat 2		Wind +0.9	
1	Kelly Denyer	WDH	12.61	Q
2	Alice Essam	EBR	13.14	Q
3	Michelle Hodges	HBS	13.26	q
4	Charlotte Hugill	EC	13.31	q
5	Amy Martin	EBR	13.86	q
6	Lorna Egglestone	STB	14.48	
7	Lily Pearl	STB	15.05	

	Final		Wind +0.7	
1	Kelly Denyer	WDH	12.42	
2	Savannah Echel-Thomson	PHX	12.50	
3	Alice Essam	EBR	13.15	
4	Charlotte Hugill	EC	13.22	
5	Michelle Hodges	HBS	13.30	
6	Verity Lipscombe	B&H	13.47	
7	Michaela Barnett	B&H	13.59	
8	Amy Martin	EBR	13.71	

200m	Heat 1		Wind 0.0	
1	Savannah Echel-Thomson	PHX	26.16	Q
2	Charlotte Read	WDH	28.20	Q
3	India Liere	EC	28.31	
4	Michelle Hodges	HBS	28.34	
5	Grace Shepherd	HAS	28.43	
6	Joy Davut	WDH	29.69	

	Heat 2		Wind +0.3	
1	Nicki Avery	HAS	27.20	Q
2	Michaela Barnett	B&H	28.08	Q
3	Naomi Carter	B&H	28.36	
4	Amy Martin	EBR	28.37	
5	Bella Hailstone	B&H	28.39	
6	Rosie Yates	WDH	29.72	

	Heat 3		Wind 0.0	
1	Sarah Moore	EBR	27.60	Q
2	Alice Essam	EBR	27.61	Q
3	Charlotte Hugill	EC	27.92	q

4	Lucy Lintott	EBR	28.24	q
5	Deanna Coggin	HAS	29.26	
6	Denise Chalmers	EC	30.58	

Final Wind -1.1

1	Savannah Echel-Thomson	PHX	25.79	
2	Nicky Avery	HAS	27.23	
3	Alice Essam	EBR	27.62	
4	Charlotte Hugill	EC	27.91	
5	Sarah Moore	EBR	28.54	
6	Lucy Lintott	EBR	28.64	
7	Charlotte Read	WDH	28.64	
8	Michaela Barnett	B&H	28.80	

300m Heat 1

1	Kelly Denyer	WDH	40.98	Q
2	India Leire	EC	43.78	Q
3	Laura Grover	EBR	44.11	q
4	Lucy Lintott	EBR	44.56	q
5	Sophie Evans	EC	44.67	q
6	Natasha Bennett	B&H	45.18	q

Heat 2

1	Nicky Avery	HAS	44.08	Q
2	Naomi Carter	B&H	45.08	Q
3	Millie Jones	PHX	45.52	
4	Becky Hawkes	LEW	46.38	
5	Vicky True	HBS	46.95	

Final

1	Kelly Denyer	WDH	40.44	CBP
2	Nicky Avery	HAS	42.43	
3	India Leire	EC	44.07	
4	Naomi Carter	B&H	44.82	
5	Laura Grover	EBR	45.14	
6	Lucy Lintott	EBR	45.42	
7	Natasha Bennett	B&H	46.31	
	Sophie Evans	EC	DNS	

800m

1	Sundai Boulton	PHX	2:24.25
2	Becky Hawkes	LEW	2:25.58
3	Becky Woods	EBR	2:26.27
4	Jessica Douglas	CR	2:26.48
5	Isabella Murray	CR	2:26.77
6	Elizabeth Keeler	EG	2:31.03
7	Claire Stokes	CR	2:32.42
8	Laura Lambourne	B&H	2:36.46
9	Alex Wentworth	EBR	2:46.79

1500m

1	Lucy Baker	HAS	5:12.7
2	Holly Horsley	B&H	5:13.6
3	Theresia Gedin	PHX	5:15.5

4	Georgina Rennie	LEW	5:19.1
5	Kayleigh Veentjer	CHI	5:22.8
6	Rebecca Gould	HBS	5:37.2

3000m

1	Sarah Wigmore	HBS	10:47.45
2	Kate Kaye	HBS	10:52.33
3	Lucy Baker	HAS	11:07.90
4	Theresia Gedin	PHX	12:05.46

80m Hurdles

Wind -0.3

1	Kayley Alcorn	WDH	12.05
2	Laura Duke	WDH	12.42
3	Rebecca Jennings	HBS	12.46
4	Alice Essam	EBR	13.29
5	Lucy Lintott	EBR	13.58
	Bella Hailstone	B&H	DNF

300m Hurdles

1	Kayley Alcorn	WDH	46.44
2	India Leire	EC	48.00
3	Rebecca Jennings	HBS	48.26
4	Laura Grover	EBR	48.39
5	Becky Woods	EBR	49.20
6	Lucy Lintott	EBR	50.63
7	Natasha Bennett	B&H	74.31

4x100m Relay

1	Worthing Harriers	51.37
2	Eastbourne Rovers	52.52
3	Eastbourne College	52.99
4	Hastings	53.02
	Hurstpierpoint College	DQ
	Phoenix Non Scoring	54.11

FIELD

Pole Vault

			1.20	1.40	1.50	1.60	1.70	
1	Michaela Barnett	B&H	o	xxo	o	xxo	xxx	1.60

High Jump

			1.30	1.35	1.40	1.45	1.50	1.55	1.60
1	Kayley Alcorn	WDH					o	o	o
2	Bella Hailstone	B&H					o	o	xxx
3	Sarah Moore	EBR					xo	xxo	xxx
4	Laura Grover	EBR			o	xo	xo	xxx	
5=	India Smith	PHX		o	o	o	xxx		
5=	Laura Duke	WDH			o	o	xxx		
7	Beth Curtis	PHX	o	o	o	xxx			

Long Jump

1	Nicki Avery	HAS	5.09	5.07	NJ	5.13	5.27	5.38	5.38
2	Jenny Coe	B&H	4.75	NJ	4.67	4.97	5.11	5.16	5.16
3	Kayley Alcorn	WDH	NJ	5.00	5.06	NJ	5.08	5.10	5.10
4	Laura Duke	WDH	4.85	NJ	5.04	4.84	4.77	NJ	5.04

5	Sarah Moore	EBR	4.96	4.54	4.51	4.81	4.91	4.92	4.96
6	Verity Lipscombe	B&H	4.75	4.68	4.74	4.15	4.53	3.73	4.75
7	Bella Hailstone	B&H	4.55	4.36	4.70				4.70
8	Rebecca Jennings	HBS	4.65	4.42	4.64				4.65
9	Georgie Grubb	EG	4.39	4.44	4.24				4.44
10	Laura Grover	EBR	4.35	4.21	4.23				4.35
11	Rosie Yates	WDH	4.19	3.90	3.76				4.19
12	Tamsin George-Gilbert	HC	4.07	NJ	4.18				4.18
13	Sacha Lawrence	EC	3.54	3.63	3.70				3.70
14	Kayleigh Clusker	HAS	3.64	3.50	NJ				3.64
	Jo Morgan	HHH		NJ					

Triple Jump

1	Kayley Alcorn	WDH	11.41	11.60	11.45	11.71	11.62	11.33	11.71
2	Nicki Avery	HAS	10.42	10.62	10.38	10.77	10.84	10.71	10.84
3	Becky Woods	EBR	10.36	NJ	NJ	NJ	10.21	10.30	10.36
4	Stephanie Black	EBR	9.40	9.22	9.35	9.21	9.23	9.16	9.40
5	Summer Sayers	STB	9.04	8.52	7.79	Pass	Pass	Pass	9.04
6	Lauren Charman	LEW	8.61	7.65	8.02	8.03	8.45	8.11	8.61
7	Alexandra Wentworth	EBR	8.19	7.52	7.58				8.19
8	Claire Stokes	CR	7.89	NJ	NJ				7.89

Shot

1	Erica Francis	EBR	NP	NP	9.42	10.22	10.00	10.17	10.22
2	Laura Duke	WDH	9.45	8.30	8.60	7.86	8.22	8.86	9.45
3	Catherine Shin	EG	8.13	8.49	8.58	7.92	7.78	8.53	8.58
4	Rebecca Karkia	AC	6.32	6.99	6.93	6.93	6.53	7.29	7.29
5	Sarah Moore	EBR	6.84	6.58	6.37	6.31	NP	NP	6.84
6	Stephanie Black	EBR	5.97	5.74	5.73	6.18	6.18	5.62	6.18

Discus

1	Jodie Jacobs	CR	32.26	34.45	33.04	31.61	NT	NT	34.45
2	Erica Francis	EBR	21.69	NT	27.32	NT	26.10	24.05	27.32

Javelin

1	Alice Warren	UN	24.76	23.29	26.56	25.83	25.83	25.40	26.56
2	Jo Morgan	HHH	21.81	NT	24.33	NT	NT	NT	24.33
3	Kayley Alcorn	WDH	24.27	NT	19.88	NT	20.43	22.17	24.27
4	Laura Duke	WDH	21.34	21.16	NT	NT	22.91	NT	22.91
5	Claire Stokes	CR	18.90	19.92	20.28	20.18	20.43	20.18	20.43
6	Alexandra Wentworth	EBR	13.23	NT	18.19	19.80	17.99	NT	19.80
7	Philippa Stimpson	EC	NT	17.98	15.92				17.98

Hammer

1	Erica Francis	EBR	NT	33.35	34.22	NT	34.21	NT	34.22
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1.65	1.68	1.71	
XO	XO	XXX	1.68
			1.55
			1.55
			1.50
			1.45
			1.45
			1.40

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

UNDER 15 GIRLS

TRACK

100m	Heat 1		Wind +0.7
1	Ashleigh Turner	PHX	13.06 Q
2	Emily Taylor	HBS	13.23 Q
3	Georgia Ungoed	EBR	13.36 q
4	Christina Okenla	B&H	13.93
5	Anya Caister	B&H	14.02
6	Sophie Holmberg	B&H	14.35

	Heat 2		Wind +0.3
1	Elise Lovell	HAS	13.40 Q
2	Amy Barclay	CR	13.60 Q
3	Sophie Cannon	WDH	13.88
4	Bethany Zalder	HC	14.48
5	April Johns	HAS	14.57
6	Bethany Suggitt	EC	14.63
7	Katie Carmichael	HBS	14.68

	Heat 3		Wind +0.7
1	Tayo MacCanna	CR	13.37 Q
2	Natasha Cox	CHI	13.57 Q
3	Kate McCarthy	B&H	13.64 q
4	Vicki Groves	EC	14.28
5	Claire Stokes	B&H	14.65
6	Zarah Manning	AC	14.94

	Final		Wind +0.3
1	Ashleigh Turner	PHX	13.08
2	Emily Taylor	HBS	13.23
3	Elise Lovell	HAS	13.24
4	Amy Barclay	CR	13.45
5	Natasha Cox	CHI	13.54
6	Tayo MacCanna	CR	13.66
7	Kate McCarthy	B&H	13.82
	Georgia Ungoed	EBR	DNS

200m	Heat 1		Wind +0.1
1	Ashleigh Turner	PHX	27.48 Q
2	Isabella King	STB	28.53 Q
3	Kate McCarthy	B&H	28.81 q
4	Hana Teraie-Wood	PHX	29.34 q
5	Sophie Holmberg	B&H	30.55

	Heat 2		
1	Emily Taylor	HBS	28.15 Q
2	Elise Lovell	HAS	28.59 Q
3	Grace O'Reilly	B&H	29.46
4	Sarah Kitchen	HBS	30.00
5	Vicki Groves	EC	30.44

6 Briony Radford-Kirby EC 32.70

Heat 3

1 Phoebe Conlan PHX 28.01 Q
2 Sophie Cannon WDH 28.59 Q
3 Christina Okenla B&H 29.41
4 Emma Noel EBR 29.62
5 Bethany Suggitt EC 33.03
6 Laura Williams AC 35.02

Final

1 Ashleigh Turner PHX 27.40
2 Phoebe Conlan PHX 27.58
3 Emily Taylor HBS 27.76
4 Elise Lovell HAS 28.13
5 Sophie Cannon WDH 28.16
6 Isabella King STB 28.77
7 Kate McCarthy B&H 29.09
8 Hana Teraie-Wood PHX 29.25

800m Race 1

1 Jessica Mckenzie CHI 2:36.74
2 Rebecca White CR 2:38.78
3 Paige Brockbank EG 2:41.56
4 Amy Maggs PHX 2:42.56
5 Stacey Clusker HAS 2:44.69
6 Sorcha Cotter HBS 2:47.06
7 Tanya Pamment CR 2:49.71
8 Claire Stokes B&H 2:51.39
9 Emma Nicholson CHI 2:55.60
10 Lizzie Williams EC 3:07.40

Race 2

1 Rachael Phelps PHX 2:24.8 **Gold**
2 Niamh MacCaoilte CR 2:25.3 **Silver**
3 Isabella King STB 2:26.9 **Bronze**
4 Ellen Franks CR 2:27.5
5 Lizzie Keep LEW 2:27.8
6 Lily Hayes CH 2:30.6
7 Jessica Lewis LEW 2:31.0
8 Naomi Berrio-Allen PHX 2:37.6

1500m

1 Niamh MacCaoilte CR 5:01.95
2 Brittany Saville WDH 5:03.49
3 Stephanie Dowd PHX 5:14.77
4 Ania Hiles CHI 5:21.84
5 Jessica Lewis LEW 5:24.81
6 April Johns HAS 5:26.14
7 Eleanor Purvis CHI 5:26.76
8 Lucy Barrie EC 5:32.57
9 Rosie Hiles CHI 5:36.20
10 Amy Maggs PHX 5:42.55
11 Emma Noel EBR 5:51.99

12	Aimee Graham	CR	5:54.31
13	Chloe Threadgold	AC	5:55.21

75m Hurdles

Wind +0.7

1	Tayo MacCanna	CR	12.00
2	Amy Barclay	CR	12.39
3	Chloe Loader	HBS	12.46
4	Philippa Wilson	B&H	12.54
5	Sorcha Cotter	HBS	13.51
6	Katie Carmichael	HBS	13.59
7	Sophie Ely	EG	14.30
8	Briony Radford-Kirby	EC	16.36

2500m Walk

1	Lizzie Williams	EC	20:50.8
2	Vicki Groves	EC	20:50.9
3	Bethany Suggitt	EC	NT

4x100 Relay

1	Hosrham Blue Star	54.65
2	East Grinstead	58.03
	Hurstpierpoint College	DQ
	Phoenix Non Scoring	53.51

FIELD

Pole Vault

		2.20	2.30	2.40	2.50	2.60			
1	Lucy Stickland	HBS o		o	o	xxx			
		1.20	1.50	1.60	1.70	1.80	1.90	2.00	2.10
2	Sophie Ely	EG	o	o	o	o	o	o	xxx
3	Liz Wells	LEW o	o		o	o	xxx		

High Jump

		1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50
1	Philippa Wilson	B&H					o	o	o
2=	Chloe Loader	HBS			o	o	o	xxx	
2=	Anya Caister	B&H			o	o	o	xxx	
4	Elizabeth Maries	CR			o	o	xo	xxx	
5	Sophie Ely	EG			o	o	xxo	xxx	
6=	Briony Radford-Kirby	EC	o	o	o	o	xxx		
6=	Laura Hind	HAS	o	o	o	o	xxx		
6=	Megan Cox	B&H			o	o	xxx		
9=	Bethany Zalder	HC	o	o	xo	xo	xxx		
9=	Melanie Leonida	EBR	o	xo	o	o	xo	xxx	
11	Katie Carmichael	HBS		o	o	xxo	xxx		
12	Sorcha Cotter	HBS			o	xxx			

Long Jump

1	Elise Lovell	HAS	4.58	4.61	NJ	4.66	4.87	4.80	4.87
2	Sarah Kitchen	HBS	4.51	4.33	4.45	4.17	4.28	4.53	4.53
3	Anya Caister	B&H	4.02	4.29	4.52	NJ	4.36	NJ	4.52
4	Amy Barclay	CR	4.06	4.45	4.24	4.19	4.51	4.45	4.51
5	Philippa Wilson	B&H	4.34	4.44	4.33	NJ	4.20	4.37	4.44
6	Charlotte O'Leary	WDH	4.02	4.16	4.27	4.15	4.03	4.18	4.27
7	Emma Noel	EBR	3.70	3.85	4.18				4.18

8	Vicki Groves	EC	3.94	3.83	4.10				4.10
9	Tessa Martin	EG	4.07	3.99	3.77				4.07
10	Bridie Wallis	AC	3.87	3.92	3.94				3.94
11	Chloe Loader	HBS	3.89	3.93	NJ				3.93
12	Rachael Phelps	PHX	3.63	3.82	3.74				3.82
13	Bethany Suggitt	EC	3.45	3.63	3.77				3.77
14	Charlotte Frost	B&H	3.74	2.88	3.47				3.74
15	Nicole Tester	HHH	3.72	NJ	3.59				3.72
16	Stacey Clusker	HAS	3.27	2.89	2.81				3.27

Shot

1	Amber O'Brien	B&H	10.59	NP	10.63	10.09	10.40	9.92	10.63
2	Nicole Tester	HHH	8.64	NP	8.85	8.15	7.70	7.13	8.85
3	Lucie Robichaud	EBR	7.93	8.41	8.83	NP	8.62	8.02	8.83
4	Hannah Coombs	HAS	8.15	7.75	7.86	8.14	7.64	7.68	8.15
5	Shiree Hillman	HAS	5.98	7.51	7.13	6.92	7.19	7.41	7.51
6	Philippa Wilson	B&H	6.56	6.64	6.79				6.79
7	Sophie Ely	EG	5.53	6.43	6.49				6.49
8	Hannah Meyerratken	STB	6.15	6.21	6.43				6.43
9	Laura Hind	HAS	6.30	6.39	6.15				6.39
10	Grace O'Reilly	B&H	6.08	5.73	6.32				6.32

Discus

1	Lauren Allymohammed	EBR	19.75	21.35	21.62	18.49	21.81	23.94	23.94
2	Eleanor Earl	LEW	23.90	21.79	NT	NT	NT	NT	23.90
3	Nicole Tester	HHH	17.13	17.78	NT	22.07	18.15	NT	22.07
4	Hannah Coombs	HAS	18.05	17.36	18.27	16.88	21.03	19.92	21.03
5	Lucie Robichaud	EBR	20.81	NT	19.78	NT	19.95	NT	20.81
6	Sophie Ely	EG	17.07	17.47	17.06				17.47
7	Hannah Meyerratken	STB	16.21	17.47	16.97				17.47
8	Shiree Hillman	HAS	13.81	16.63	14.97				16.63

Javelin

1	Jessica Challen	WDH	35.80	30.63	34.56	31.80	33.90	31.97	35.80
2	Stephanie Mottershead	B&H	22.72	25.44	24.68	24.20	24.22	23.84	25.44
3	Lauren Allymohamed	EBR	24.04	22.32	22.25	24.48	23.64	19.49	24.48
4	Sophie Ely	EG	15.49	11.57	17.84	12.94	16.72	16.13	17.84
5	April Johns	HAS	NT	NT	10.96	11.95	16.09	14.79	16.09

Hammer

1	Hannah Coombs	HAS	NT	NT	14.98	NT	23.31	27.41	27.41
2	Hannah Grant (U13)	WDH	NT	21.08	21.83	22.86	NT	NT	22.86
3	Lucie Robichaud	EBR	NT	18.15	NT	18.62	18.37	19.00	19.00
4	Shiree Hillman	HAS	18.04	17.35	16.87	18.26	NT	17.07	18.26

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006

RESULTS

UNDER 13 GIRLS

2000m Walk

1	Mollie Hoare	ST	12:13.2
2	Sophie Hesketh	ST	13:43.7
3	Melissa Killner-Brown	ST	14:14.8
4	Jacinta Dawe	ST	15:25.2

MINITHON

		Jump	Throw	Run	Total Points	
		LJ or HJ	SP or DT	150 or 800		
1	Ella Cooper	B&H	4.16	7.23	2:38.1	
			21	22	29	72
2	Vicky Platt	EBR	3.98	7.29	20.8	
			19	23	29	71
3	Joanna Morgan	EBR	4.16	6.25	20.7	
			21	16	29	66
4	Amy Beeden	EBR	3.91	5.98	20.5	
			18	14	30	62
5	Sophie Rodger	EBR	3.97	5.80	20.8	
			18	13	29	60
6	Charlotte Firth	WDH	1.23	4.62	2:40.8	
			20	5	29	54
7	Chantal West	PHX	3.73	5.42	21.8	
			15	10	26	51
8	Natalie Sampson	WDH	1.26	12.81	23.1	
			22	7	21	50
9	Keira Jarvis	WDH	3.26	5.36	22.1	
			10	10	25	45
10	Frances Lythgo-Smith	EBR	3.27	5.50	22.7	
			10	11	23	44
11=	Katie Urquhart	B&H	3.56	4.57	22.4	
			13	5	24	42
11=	Beth Kidger	CR	3.23	4.51	2:43.6	
			10	5	27	42
13=	Megan Kidger	CR	3.32	4.79	2:51.9	
			10	6	25	41
13=	Yasemin Craggs Mersinoglu	PHX	3.31	5.20	22.9	
			10	9	22	41
15	Melissa Killner-Brown	ST	3.22	5.59	24.3	
			9	11	17	37
16=	Lauren Milnthorpe	HBS	3.19	3.70	2:55.0	
			9	3	24	36
16=	Rachel Noel	EBR	3.21	3.77	2:56.3	
			9	3	24	36
18	Lauren Asplin	B&H	3.02	3.96	22.6	
			7	3	23	33
19=	Abigail Ashbee-Simmonds	CR	2.54	4.42	2:25.6	
			4	5	23	32
19=	Laura Brown	HBS	3.10	4.57	23.7	
			8	5	19	32

21	Eleanor Woolcott	B&H	2.92	5.04	3:27.9	
			7	8	13	28
22	Holly Hodges	HBS	2.49	3.52	3:11.2	
			4	3	19	26
23	Jacinta Dawe	ST	2.01	4.15	29.5	
			1	4	5	10

SUSSEX AAA TRACK & FIELD CHAMPIONSHIPS 2006 RESULTS

3000m Walk

1	Jo Hesketh	ST	15:34.9
2	Jenny Denyer	HHH	21:34.7

Pole Vault

Over 35

			1.80	1.90	2.00	2.10	2.20	2.30	
1	Alison Duke	WDH	o		o	XXO	XXO	XXX	2.20

Over 45

			1.50	1.60	1.70	1.80	10.90	
1	Jenny Denyer	HHH	o	o	o	o	XXX	1.80

Triple Jump

Over 35

1	Alison Duke	WDH	8.67	8.50	8.10	8.42	8.45	8.44	8.67
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Over 45

1	Jenny Denyer	HHH	6.82	6.76	5.95	Pass	6.69	NJ	6.82
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Hammer

Over 45

1	Jenny Denyer	HHH	18.72	21.19	NT	20.59	16.38	19.31	21.19
2	Liz Brandon	EBR	17.38	16.99	16.36	17.23	17.94	17.31	17.94