

British Athletics League - National One

Fixture Two - Bedford

3 June 2006

	Team	Score
1	City of Sheffield	342
2	Trafford	330
3	Border	319
4	WSE&H	298
5	Bedford & County	230
6	Cardiff AAC	228
7	Blackheath & Bromley	225
8	City of Edinburgh	203

	Team	Score	
1	City of Sheffield	718	15
2	Trafford	711	15
3	Border	642	12
4	WSE&H	596	10
5	Blackheath & Bromley	461	6
6	Cardiff AAC	433	6
7	Bedford & County	403	6
8	City of Edinburgh	360	2

100m A		Wind speed:	1.8	UK Pts	
1	Paul McKee	Border	10.66	16	128
2	Jonathan Barbour	Blackheath & Bromley	10.69	14	122
3	Rion Pierre	WSE&H	10.72	12	116
4	David Riley	Trafford	10.75	10	110
5	Seriashe Childs	Cardiff	10.75	8	110
6	Nigel Lavine	Bedford & County	10.95	6	70
7	Duncan Rogers	City of Edinburgh	11.81	5	0
8	Alistair Thomas	City of Sheffield	12.00	4	0

100m B		Wind speed:	1.1		
1	Tim Ward	Border	10.76	12	108
2	Julian Golding	Blackheath & Bromley	10.81	10	98
3	Richard Beardsell	Trafford	10.84	8	92
4	Adam Butler	WSE&H	10.97	6	66
5	Elderidge Phiri	City of Sheffield	10.98	4	64
6	Gavin Tomlinson	Bedford & County	11.22	3	16
7	Alex Terrell	Cardiff	11.38	2	0
8	Sean Connerton	City of Edinburgh	11.77	1	0

200m A		Wind speed:	3.1		
1	David Riley	Trafford	21.33	16	147
2	Danny Doyley	Blackheath & Bromley	21.36	14	144
3	Rion Pierre	WSE&H	21.67	12	113
4	Robert Daley	Border	21.75	10	105
5	Phil Doorgachum	Cardiff	21.97	8	83
6	Alastair Strange	City of Edinburgh	22.06	6	74
7	Elderidge Phiri	City of Sheffield	22.08	5	72
8	Gavin Tomlinson	Bedford & County	22.87	4	0

200m B		Wind speed:	1.0		
---------------	--	-------------	-----	--	--

1	Andrew Steele	Trafford	21.37	12	143
2	Tim Ward	Border	21.39	10	141
3	Julian Golding	Blackheath & Bromley	21.56	8	124
4	Gareth Warburton	Cardiff	21.81	6	99
5	Adam Butler	WSE&H	22.22	4	58
6	Grant Burnett	City of Edinburgh	22.32	3	48
7	John Kelley	City of Sheffield	22.40	2	40
8	G Gordon	Bedford & County	24.14	1	0

400m A

1	Paul McKee	Border	47.33	16	146
2	Ritchie Morgan	WSE&H	48.02	14	119
3	John Kelley	City of Sheffield	48.19	12	112
4	Richard Beardsell	Trafford	48.45	10	102
5	Grant Burnett	City of Edinburgh	48.79	8	88
6	Neil Simpson	Blackheath & Bromley	49.24	6	70
7	Jimmie Watkins	Cardiff	50.11	5	35
8	Chris Hrynkow	Bedford & County	60.97	4	0

400m B

1	Scott Caine	Trafford	48.04	12	118
2	Alan Low	Border	48.10	10	116
3	Sam Ellis	City of Sheffield	48.23	8	110
4	Tom Miller	Cardiff	48.51	6	99
5	Jeff Christie	WSE&H	50.30	4	28
6	Ed Harrison	Blackheath & Bromley	51.00	3	0
7	Daniel Edwards	City of Edinburgh	52.11	2	0
8	Pete Carpenter	Bedford & County	67.98	1	0

800m A

1	Sam Ellis	City of Sheffield	1:49.61	16	147
2	Chris Moss	Cardiff	1:49.75	14	145
3	Mark Mitchell	City of Edinburgh	1:50.97	12	120
4	Garry Bristow	Trafford	1:53.11	10	77
5	Graham Osbourne	WSE&H	1:58.16	8	0
6	Colin Welsh	Border	1:59.05	6	0
7	Richard Davies	Blackheath & Bromley	2:03.59	5	0
8	Chris Hrynkow	Bedford & County	2:03.73	4	0

800m B

1	Jo Thomas	Cardiff	1:54.42	12	51
2	Derek Watson	City of Edinburgh	1:55.31	10	33
3	Tony Thompson	Border	1:55.56	8	28
4	Andy East	Trafford	1:57.15	6	0
5	Richard Mace	City of Sheffield	1:57.65	4	0
6	Alex Gibbins	Blackheath & Bromley	1:59.87	3	0
7	James Williams	Bedford & County	2:01.25	2	0
8	Sean Franks	WSE&H	2:15.59	1	0

1500m A

1	Chris Moss	Cardiff	3:53.19	16	94
2	Jamie Atkinson	Blackheath & Bromley	3:53.20	14	94
3	Gregg Taylor	Trafford	3:54.17	12	86
4	Ian Rawlinson	Border	3:54.84	10	81
5	Ian May	WSE&H	3:57.76	8	57

6	Chris Watson	City of Edinburgh	4:01.25	6	30
7	Martin Reid	City of Sheffield	4:04.35	5	5
8	Andy Inskip	Bedford & County	4:33.84	4	0

1500m B

1	James Williams	Cardiff	3:56.45	12	68
2	Paddy Hamilton	Border	3:58.96	10	48
3	Michael Saurey	Trafford	4:02.30	8	21
4	Steve Kimber	WSE&H	4:06.23	6	0
5	Alex Gibbins	Blackheath & Bromley	4:07.02	4	0
6	Ian Hough	City of Sheffield	4:20.96	3	0
7	Keith Dunlop	City of Edinburgh	4:23.21	2	0
8	Mike Shotbolt	Bedford & County	4:53.74	1	0

5000m A

1	Darren Deed	Bedford & County	14:49.51	16	60
2	Jonathan Thewlis	City of Sheffield	14:59.65	14	40
3	Mike Johnson	Cardiff	15:22.14	12	0
4	Richard Lee	WSE&H	15:38.61	10	0
5	Darren talbot	Trafford	15:45.71	8	0
6	James Douglas	Border	16:20.12	6	0
7	Martin Ferguson	City of Edinburgh	16:21.30	5	0
8	Danny Brewer	Blackheath & Bromley	17:31.66	4	0

5000m B

1	Lewis Cadman	Bedford & County	15:18.78	12	2
2	James Williams	Cardiff	15:36.65	10	0
3	Tim Egerton	Trafford	15:57.32	8	0
4	James Cordwell	City of Sheffield	16:27.87	6	0
5	Vince Bangs	WSE&H	16:41.98	4	0
6	Simon Murray	Border	18:14.79	3	0
7	Ryan Montgomery	City of Edinburgh	18:17.68	2	0
8	Richard Hall	Blackheath & Bromley	18:59.78	1	0
	Daniel Pettit (Guest)	Peterborough AC	14:51.40		

3000m S/c A

1	Adrian Holiday	Trafford	9:26.38	16	107
2	Gavin Colcombe	Cardiff	9:41.32	14	77
3	James Douglas	Border	9:51.16	12	57
4	James Cordwell	City of Sheffield	9:58.29	10	43
5	George Glancy	WSE&H	10:10.09	8	19
6	Andrew Inskip	Bedford & County	10:18.33	6	3
7	Steven Wales	City of Edinburgh	10:48.26	5	0
8	Richard Hall	Blackheath & Bromley	11:26.98	4	0

3000m S/c B

1	Andrew Lister	Trafford	10:00.33	12	39
2	Steve Milward	Cardiff	10:15.72	10	8
3	Simon Murray	Border	10:25.53	8	0
4	Chris Ireland	City of Sheffield	10:33.27	6	0
5	Sean Franks	WSE&H	11:37.05	4	0
6				3	
7				2	
8				1	

110m Hurdles A

Wind speed:

-0.1

1	Callum McKay	WSE&H	15.01	16	114
2	Mensah Elliott	Blackheath & Bromley	15.04	14	112
3	Charlie Kavanagh	City of Sheffield	15.10	12	107
4	Jonathan Miller	Border	15.54	10	74
5	Duncan Rogers	City of Edinburgh	15.58	8	71
6	Chris Hughff	Trafford	16.49	6	3
7	Gavin Fordham	Bedford & County	16.69	5	0
8				4	

110m Hurdles B Wind speed: 3.8

1	Philiph Jarrett	City of Sheffield	14.96	12	118
2	David Collard	City of Edinburgh	15.27	10	95
3	Tom Reynolds	WSE&H	15.51	8	77
4	Ian Neely	Border	16.29	6	18
5	Paul Sutherland	Blackheath & Bromley	16.40	4	10
6	Pete Carpenter	Bedford & County	23.47	3	0
7				2	
8				1	

400m Hurdles A Fifth place hand-timed

1	Robert Lewis	Bedford & County	53.13	16	146
2	Andy Clements	WSE&H	53.17	14	145
3	Alastair Strange	City of Edinburgh	53.66	12	133
4	Ed Harrison	Blackheath & Bromley	54.09	10	122
5	Tom Grantham	City of Sheffield	54.4	8	115
6	Ian Neely	Border	55.81	6	79
7	Matt Williams	Cardiff	56.24	5	68
8	Richard Yates	Trafford	56.90	4	52

400m Hurdles B Hand-timed

1	Jeff Christie	WSE&H	53.8	12	130
2	Jonathan Miller	Border	56.0	10	75
3	Andy Gill	Bedford & County	57.6	8	35
4	Paul Sutherland	Blackheath & Bromley	59.0	6	0
5	Steve Milward	Cardiff	60.2	4	0
6	Andy Dean	City of Sheffield	61.3	3	0
7	Sean Connerton	City of Edinburgh	64.0	2	0
8	Craig Jones	Trafford	64.2	1	0

High Jump A

1	Robbie Grabarz	Bedford & County	2.10	16	150
2	Wanangwa Mkandawire	City of Sheffield	2.05	14	125
3	Cameron Lake	WSE&H	2.00	12	100
4	Alex Girdler	Trafford	2.00	10	100
5	Lloyd Powell	Border	1.85	8	25
6	Alex Pope	Blackheath & Bromley	1.75	6	0
7	Steve Milward	Cardiff	1.70	5	0
8	Alastair Strange	City of Edinburgh	1.50	4	0

High Jump B

1	Gavin Fordham	Bedford & County	1.85	12	25
2	Adam Russell	City of Sheffield	1.80	10	0
3	Tom Reynolds	WSE&H	1.75	8	0
4	Chris Hughff	Trafford	1.70	6	0
5	Paul Samaden	Cardiff	1.65	4	0

6	David Collard	City of Edinburgh	1.50	3	0
7	David Little	Border	1.40	2	0
8				1	

Pole Vault A

1	Alan Richardson	Trafford	4.95	16	165
2	Allan Williams	Blackheath & Bromley	4.00	14	70
3	Sean Power	City of Sheffield	4.00	12	70
4	Gavin Fordham	Bedford & County	3.80	10	50
5	Tom Reynolds	WSE&H	3.80	8	50
6	David Little	Border	2.20	6	0
7				5	
8				4	

Pole Vault B

1	Alex Pope	Blackheath & Bromley	4.00	12	70
2	Alex Kruger	City of Sheffield	3.80	10	50
3	Steven Walker	WSE&H	3.80	8	50
4	Simon Eastwood	Bedford & County	3.80	6	50
5	Chris Hughff	Trafford	2.60	4	0
6				3	
7				2	
8				1	

Long Jump A

1	Steve Small	City of Sheffield	7.34	16	144	1.7
2	Jonathan Ritchie	City of Edinburgh	7.01	14	111	2.3
3	Mark Holloway	WSE&H	6.98	12	108	1.1
4	Leslie Leung	Border	6.82	10	92	0.6
5	Craig Jones	Trafford	6.67	8	77	1.9
6	Sam Bobb	Blackheath & Bromley	6.63	6	73	1.4
7	Gavin Fordham	Bedford & County	6.42	5	52	1.4
8	Paul Samaden	Cardiff	5.18	4	0	2.9

Long Jump B

1	Olly Briggs	WSE&H	6.74	12	84	0.4
2	Jamie Russell	City of Sheffield	6.60	10	69	1.7
3	Jamie Benzie	Border	6.28	8	38	2.5
4	Matt Jones	Bedford & County	5.95	6	4	2.7
5	Sean Connerton	City of Edinburgh	5.66	4	0	2.5
6	Paul Sutherland	Blackheath & Bromley	5.29	3	0	0.7
7	Rob Green	Cardiff	5.08	2	0	1.5
8	Chris Hughff	Trafford	4.39	1	0	3.1

Triple Jump A

1	Julian Golley	WSE&H	16.50	16	200	2.1
2	Oluwafemi Akinsanya	Trafford	15.83	14	173	1.8
3	David Budd	City of Sheffield	14.87	12	134	2.0
4	Sam Bobb	Blackheath & Bromley	14.80	10	132	5.0
5	Robert Forbes	City of Edinburgh	13.89	8	95	4.3
6	Leslie Leung	Border	13.07	6	62	1.9
7	Matt Jones	Bedford & County	12.31	5	32	1.0
8	Paul Samaden	Cardiff	12.16	4	26	2.1

Triple Jump B

1	Graeme Matthews	City of Sheffield	14.78	12	131	2.8
---	-----------------	-------------------	-------	----	-----	-----

2	Lawrence Harvey	Trafford	14.65	10	126	3.9
3	Jonathan Ritchie	City of Edinburgh	12.35	8	34	3.6
4	Olly Briggs	WSE&H	11.99	6	19	2.8
5	Tony Thompson	Border	11.28	4	0	-0.5
6	Rob Green	Cardiff	11.15	3	0	2.5
7	Pete Carpenter	Bedford & County	10.86	2	0	2.6
8	Paul Sutherland	Blackheath & Bromley	9.67	1	0	1.8

Shot Putt A

1	Jamie Williamson	City of Sheffield	16.97	16	174
2	Neil Elliott	Border	15.45	14	136
3	William Faulkner	City of Edinburgh	14.05	12	101
4	Adam Davis	Bedford & County	13.44	10	86
5	Mike Small	WSE&H	13.30	8	82
6	Roger Bate	Trafford	12.59	6	64
7	Alex Pope	Blackheath & Bromley	10.62	5	15
8	Brett Morse	Cardiff	9.51	4	0

Shot Putt B

1	Daniel Brunt	City of Sheffield	14.61	12	115
2	Craig Fleming	City of Edinburgh	13.10	10	77
3	Damien Larrington	Bedford & County	12.15	8	53
4	Chris Smith	Border	12.04	6	51
5	Tom Norman	WSE&H	10.93	4	23
6	Mensah Elliott	Blackheath & Bromley	10.59	3	14
7	Peter Morgan	Cardiff	7.82	2	0
8				1	

Discus A

1	Les Richards	Trafford	50.04	16	142
2	Jamie Williamson	City of Sheffield	47.08	14	122
3	Brett Morse	Cardiff	45.22	12	109
4	Neil Elliott	Border	44.98	10	107
5	Mike Small	WSE&H	42.25	8	88
6	Craig Fleming	City of Edinburgh	40.37	6	75
7	Adam Davis	Bedford & County	38.25	5	60
8	Alex Pope	Blackheath & Bromley	30.68	4	7

Discus B

1	Daniel Brunt	City of Sheffield	45.21	12	109
2	Roger Bate	Trafford	44.26	10	102
3	William Faulkner	City of Edinburgh	39.65	8	70
4	John Little	Border	39.00	6	65
5	Damien Larrington	Bedford & County	35.02	4	37
6	Peter Morgan	Cardiff	33.13	3	24
7	Paul Sutherland	Blackheath & Bromley	23.72	2	0
8				1	

Hammer A

1	Glen Kerr	Bedford & County	63.21	16	161
2	Wayne Clarke	City of Sheffield	53.37	14	111
3	David Little	Border	52.40	12	107
4	Roger Bate	Trafford	51.50	10	102
5	Micki Finn	WSE&H	44.96	8	69
6	Peter Morgan	Cardiff	43.36	6	61

7	Peter Holmes	City of Edinburgh	39.97	5	44
8	Alex Pope	Blackheath & Bromley	28.79	4	0

Hammer B

1	Darren Kerr	Bedford & County	46.86	12	79
2	John Little	Border	42.02	10	55
3	Mike Small	WSE&H	41.35	8	51
4	Les Richards	Trafford	41.32	6	51
5	William Faulkner	City of Edinburgh	32.85	4	9
6	Brett Morse	Cardiff	29.67	3	0
7	Jamie Williamson	City of Sheffield	24.25	2	0
8	John Robinson	Blackheath & Bromley	10.31	1	0

Javelin A

1	Michael Allen	Trafford	74.10	16	185
2	Chris Smith	Border	62.64	14	128
3	Sam Ellis	City of Sheffield	54.01	12	85
4	Alex Pope	Blackheath & Bromley	49.92	10	64
5	John Mitchell	City of Edinburgh	48.68	8	58
6	Mark Dalrymple	Bedford & County	45.46	6	42
7	Andy Clements	WSE&H	42.66	5	28
8	Luigi Antomazzi	Cardiff	41.72	4	23

Javelin B

1	Chris Hughff	Trafford	55.23	12	91
2	Alex Kruger	City of Sheffield	44.16	10	35
3	Neil Elliott	Border	42.24	8	26
4	Tom Reynolds	WSE&H	42.02	6	25
5	Mensah Elliott	Blackheath & Bromley	41.63	4	23
6	Gavin Fordham	Bedford & County	40.93	3	19
7	Peter Morgan	Cardiff	38.74	2	8
8				1	

4x100m

1	Border		42.21	16
2	Cardiff		42.41	14
3	WSE&H		42.49	12
4	Trafford		42.58	10
5	Blackheath & Bromley		42.98	8
6	City of Sheffield		43.10	6
7	City of Edinburgh		44.23	5
8	Bedford & County		45.78	4

4x400m

1	Trafford		3:13.95	16
2	City of Sheffield		3:15.37	14
3	Cardiff		3:15.38	12
4	Border		3:23.52	10
5	Blackheath & Bromley		3:25.51	8
6	WSE&H		3:26.88	6
7	City of Edinburgh		3:27.51	5
8	Bedford & County		3:47.30	4

Wheelchair Races

100m

No wind-speed reading HT 4 & 5

1	Ed Graizier	17.25
2	Douglas Stone	17.46
3	Andrew Tongue	19.30
4	Jack Binstead	27.1
5	Jenny Hill	27.6

200m Wheelchair Race Wind Speed 2.1

1	Ed Graizier	31.35
2	Douglas Stone	31.93
3	Andrew Tongue	36.23
4	Jack Binstead	50.00
5	Jenny Hill	54.04

400m Wheelchair Race

1	Ed Graizier	65.49
2	Douglas Stone	65.81
3	Andrew Tongue	81.36
4	Jack Binstead	1:49.09
5	Jenny Hill	1:52.86

100m non scoring Wind speed 2.1

1	Duayne Bovell	Blackheath & Bromley	11.01
2	John Baines	Border	11.32