

Results - Senior Men

100m

Heat 1 (Wind: -1.2m/sec)

Sun

1	Dean Showler- Davis	Winchester & District	11.24Q
2	John Dickinson	Basingstoke & Mid Hants	11.84Q
3	David Elderfield (M50)	Newbury	12.2
4	Gareth Evans	University of Portsmouth	12.44
5	Dan Batt	University of Portsmouth	12.82
6	Paul Hillyard (M50)	Royal Navy	14.02

Heat 2 (Wind: -1.1m/sec)

1	Darryn Campbell	Team Southampton	11.62Q
2	Callum McKay	Windsor, Slough, Eton & Hounslow	11.72Q
3	Chris Hall	Winchester & District	11.79q
4	Terence Powell	Team Southampton	11.88q
5	Dan Port	University of Portsmouth	12.14
6	Roger Morris	Team Southampton	25.05

Heat 3 (Wind: -1.8m/sec)

1	Rowen Rathling	City of Portsmouth	11.76Q
2	Andy Waddington	University of Portsmouth	12.14Q
3	David Terry	University of Portsmouth	12.19
4	Steven Davey	City of Portsmouth	12.63
5	Ray Watkins (M50)	Basingstoke & Mid Hants	12.91
-	Nicholas Noble-Willock (U20)	New Forest Junior (guest)	11.47

FINAL (Wind: -2.5m/sec)

1	Dean Showler- Davis	Winchester & District	10.98
2	Darryn Campbell	Team Southampton	11.58

Rowen	City of	
3 Rathling	Portsmouth	11.62
Callum	Windsor,	
4 McKay	Slough, Eton	11.69
Terence	& Hounslow	
5 Powell	Team	11.78
6 Chris Hall	Southampton	
Andy	Winchester &	12.03
7 Waddington	District	
	University of	12.11
	Portsmouth	

200m

Heat 1 (Wind: +2.4m/sec)

Sat

Darryn	Team	
1 Campbell	Southampton	22.83Q
	Guernsey	
2 Tom Druce	Island	23.21Q
3 Dan Port	University of	23.44Q
Andy	Portsmouth	
4 Waddington	Portsmouth	24.01q
5 Gareth Evans	University of	25.18
Ray Watkins	Portsmouth	
6 (M50)	Basingstoke &	25.44
	Mid Hants	

Heat 2 (Wind: +1.6m/sec)

Jonathan	Basingstoke &	
1 Elderfield	Mid Hants	22.82Q
2 Chris Hall	Winchester &	23.1Q
	District	
3 Pritpal Chana	Team	23.14Q
	Southampton	
4 David Terry	University of	23.87q
Christopher	Portsmouth	
5 Ore	Portsmouth	24.75
6 Dan Batt	University of	25.06
	Portsmouth	
7 Gareth Petty	Winchester &	DNF
	District	

FINAL (Wind: +5.3m/sec)

Darryn	Team	
1 Campbell	Southampton	22.63
Jonathan	Basingstoke	
2 Elderfield	& Mid Hants	22.94
3 Tom Druce	Guernsey	23.06
	Island	
4 Chris Hall	Winchester &	23.06
	District	
5 Pritpal Chana	Team	23.1
	Southampton	
6 Dan Port	University of	23.6
	Portsmouth	
7 David Terry	University of	23.73
	Portsmouth	

Sheet1

	Andy 8 Waddington	University of Portsmouth	23.89	
400m	Heat 1			<i>Sun</i>
	1 Mark Berridge	Basingstoke & Mid Hants Team	50.81Q	
	2 Paul Yarham	Southampton	51.14Q	
	Jonathan 3 Elderfield	Basingstoke & Mid Hants	52.74	
	4 Jason James	University of Portsmouth	54.55	
	5 Nialls Davies	City of Portsmouth	55.73	
	David Elderfield 6 (M50)	Newbury	DNF	

Heat 2

	1 Ritchie Morgan	Windsor, Slough, Eton & Hounslow Team	50.81Q
	2 Scott Koronka	Southampton	51.15Q
	Simon 3 Ciaravella	Team Southampton	51.49q
	4 David Awde	Andover	52.96
	Christopher 5 Ore	University of Portsmouth	54.59
	6 Sean Glayshe	Basingstoke & Mid Hants	55.87

Heat 3

	1 Andy Blow	Basingstoke & Mid Hants	50.19Q
	2 Peter Irving	Channel Islands	50.9Q
	3 Daniel Snow	University of Portsmouth	52q
	Stephen 4 McGeown	Aldershot, Farnham & District	52.25
	Andy Gannaway 5 (M40)	Winchester & District	56.78

FINAL

	1 Ritchie Morgan	Windsor, Slough, Eton & Hounslow	48.4
	2 Mark Berridge	Basingstoke & Mid Hants	48.59
	3 Andy Blow	Basingstoke & Mid Hants	49.03
	4 Peter Irving	Channel Islands	50.4

Sheet1

	Team	
5 Scott Koronka	Southampton	50.81
Simon	Team	
6 Ciaravella	Southampton	51.27
	Team	
7 Paul Yarham	Southampton	51.7
	University of	
8 Daniel Snow	Portsmouth	52.12

800m

FINAL

Sat

	Basingstoke	
1 Steve Turvill	& Mid Hants	01:54.43
	City of	
2 Ben Harding	Portsmouth	01:54.62
Jonathan	Belgrave	
3 Blackledge	Harriers	01:54.63
	Winchester &	
4 Alex Pritchard	District	01:57.95
	Team	
5 Russell Osborn	Southampton	01:58.88
	University of	
6 Daniel Snow	Portsmouth	02:03.67
Craig		
7 Berryman	Havant	02:10.99

1500m

FINAL

Sun

	Aldershot,	
	Farnham &	
1 Richard Vint	District	04:00.64
	Aldershot,	
	Farnham &	
2 Paul Laslett	District	04:01.98
	Team	
3 John Beattie	Southampton	04:02.43
	Team	
4 Russell Osborn	Southampton	04:04.57
	Winchester &	
5 Alex Pritchard	District	04:05.81
	Bedford &	
6 Steven Phillips	County	04:06.49
	Aldershot,	
	Farnham &	
7 James Ellis	District	04:06.85
Duncan	Winchester &	
8 Wightman	District	04:08.92
Gareth	Team	
9 Klepacz	Southampton	04:09.46
	Basingstoke &	
10 Tom Bolton	Mid Hants	04:10.10
Timothy	Guernsey	
11 Coates	Island	04:12.30
	Guernsey	
12 Tom Druce	Island	04:17.43
	Guernsey	
13 Stephen Dawes	Island	04:17.64
Richard		
14 Weston	Ipswich Jaffa	04:32.82

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15 Philip Lyons Unattached 05:11.85

5000m FINAL *Sat*

1 John Hutchins	Basingstoke & Mid Hants	15:36.47
2 Robert McCarthy	Aldershot, Farnham & District	15:50.80
3 Stephen Dawes	Guernsey Island	15:55.32
4 Christopher Thomson	City of Portsmouth Fleet &	15:59.05
5 James Allen	Crookham Aldershot, Farnham & District	17:36.97
6 Jaime Del-Campo	David Symmonds	18:15.87
7 (M40)	Havant	18:36.96
8 Gordon Westley	Stubbington Green Runners	19:40.63

3000m Steeplechase FINAL *Sun*

1 Matt West	Winchester & District	10:16.49
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110m Hurdles FINAL (Wind: -2.0m/sec) *Sun*

1 Callum McKay	Windsor, Slough, Eton & Hounslow Channel Islands	15.69
2 Peter Irving	Michael Team Southampton	16.99
3 Coker	Paul Hillyard	18.53
4 (M50)	Royal Navy	22.82

400m Hurdles FINAL *Sat*

1 Peter Irving	Channel Islands	54.09
2 Gavin Hodgson	Team Southampton	56.6
3 Paul May	Basingstoke & Mid Hants	59.46
4 Jonathan Tilt (M40)	Guildford & Godalming	59.52
5 Nialls Davies	City of Portsmouth	85.88

3000m Walk FINAL (manual timing) *Sat*

	Nick Silvester	Aldershot, Farnham & District	14:16.70
	Roger Osgood	Havant	18:08.40
	3 Mark Cawte	Scarborough	18:46.50

High Jump*Sun*

		Channel Islands	2
	1 Simon Phelan		
	2 Sam Turner	Havant	1.9
	Brendan		
	3 Fisher	Abingdon	1.85
	John	Basingstoke &	
	4 Dickinson	Mid Hants	1.8

Pole Vault*Sat*

	John	Basingstoke & Mid Hants	4.1
	1 Dickinson		
	Allan Leiper	Aldershot, Farnham & District	3.9
	2 (M45)		
	Dean		
	Showler-	Winchester & District	3.6
	3 Davis		
	Grant	Winchester &	
	4 Showler-Davis	District	3.2
	Paul Hillyard		
	5 (M50)	Royal Navy	2.8

Long Jump*Sat*

	Dean		
	Showler-	Winchester & District	6.75 w
	1 Davis		
	John	Basingstoke & Mid Hants	6.63 w
	2 Dickinson		
	Brendan		
	3 Fisher	Abingdon	6.51 w
	4 Ben Adcock	City of Portsmouth	6.2 w
	5 Dan Port	University of Portsmouth	5.76 w
	6 Steven Davey	City of Portsmouth	5.54
	7 Karl Robertson	Team Southampton	5.51 w
	Allan Leiper	Aldershot, Farnham & District	
	8 (M45)		5.49 w
	9 David Terry	University of Portsmouth	4.94 w
	10 Dan Batt	University of Portsmouth	4.83 w

Triple Jump*Sun*

	Michael 1 Corrigan	Shaftesbury Barnet Harriers	13.03
	Brendan 2 Fisher	Abingdon	12.47
	Jonathan 3 Elderfield	Basingstoke & Mid Hants	12.14
	4 Ian Bridgeman	Aldershot, Farnham & District	12.08
	5 Dan Port	University of Portsmouth	11.03
	Christopher 6 Ore	University of Portsmouth	10.5
	7 Adrian Jack	University of Portsmouth	9.86

Shot*Sun*

	Mark 1 Brockway	Unattached	12.23
	Grant 2 Showler- Davis	Winchester & District	11.85
	Adam 3 Richardson	Team Southampton	11.44
	4 Rene Rogers	Havant	11.29
	5 Paul Derrien	Richmond & Twickenham	11.02
	6 Steven Davey	City of Portsmouth Team	10.46
	7 John Turner	Southampton	9.18
	Paul Hillyard 8 (M50)	Royal Navy	8.48
	9 Mark Cawte	Scarborough	7.69

Discus*Sun*

	1 Rene Rogers	Havant	37.03
	Adam 2 Richardson	Team Southampton	36.29
	Grant 3 Showler- Davis	Winchester & District	36.15
	4 Paul Derrien	Richmond & Twickenham	35.54
	5 Steven Davey	City of Portsmouth Team	31.02
	6 John Turner	Southampton	25.78
	7 Mark Cawte	Scarborough	21.56

Hammer*Sun*

	1 Paul Derrien	Richmond & Twickenham	41.94
	Karl 2 Robertson	Team Southampton	33.69

Adam	Team	
3 Richardson	Southampton	32.93
4 Rene Rogers	Havant	28.11
5 Mark Cawte	Scarborough	26.25
	Woodford	
	Green with	
6 Andy Frost	Essex Ladies	5.76

Javelin

Sat

Eric	Aldershot,	
1 Workman	Farnham &	
	District	58.08
Grant		
Showler-	Winchester &	
2 Davis	District	45.08
	City of	
3 Steven Davey	Portsmouth	42.15
Dean Showler-	Winchester &	
4 Davis	District	42.07
	Aldershot,	
Allan Leiper	Farnham &	
5 (M45)	District	41.48
	Team	
6 Roger Morris	Southampton	7.31

Results - Under 20 Men**100m****FINAL (Wind: -1.5m/sec)**

Sun

Stephen	Channel	
1 Prosser	Islands	11.33
	Team	
2 Gareth Price	Southampton	11.43
3 James Folkes	Andover	11.61
Telawa	Winchester &	
4 Bradshaw	District	11.88
	Team	
5 Graham Filer	Southampton	11.94
Adam	Team	
6 Cowburn	Southampton	12.24
Michael	Team	
7 Randell	Southampton	12.64
James	Team	
8 Grocock	Southampton	12.68

200m**FINAL (Wind: +3.3m/sec)**

Sat

	Team	
1 Gareth Price	Southampton	22.1
2 James Folkes	Andover	22.59
	Team	
3 Graham Filer	Southampton	23.24
	Barton	
Lemarre	Peverell	
4 Sampson	College	23.3
Adam	Team	
5 Cowburn	Southampton	23.31

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6 Hugh Reid	Winchester College	23.93
Michael	Team	
7 Randell	Southampton	24.46
Nicholas	New Forest	
- Noble-Willock	Junior (guest)	23.13

400m

FINAL

Sun

1 Glyn Hawkes	Haslemere Border Stubbington Green	50.38
2 Jamille Hogg	Runners Basingstoke & Mid Hants	52.24
3 Nick Bates	Basingstoke & Mid Hants	52.25
4 Tim Hiorns	Mid Hants	53.17
Andrew	Winchester	
5 Horsewood	College	55.99
	Team	
6 Gareth Price	Southampton	DNS

800m

Heat 1

Sat

1 Laurence Cox	Aldershot, Farnham & District	02:00.76Q
2 Tom Wade	Isle of Wight	02:01.10Q
3 Max Roberts	Basingstoke & Mid Hants	02:01.43Q
4 Oli Williams	Team Southampton	02:01.45q
5 James Teuten	City of Portsmouth	02:03.74q
6 Kearon Hooley	Andover	02:05.77
James		
7 Marshall	Havant	02:23.81
8 Ryan Hodgson	Jersey Spartan	DNF

Heat 2

1 Martin Mashford	Aldershot, Farnham & District	02:02.45Q
2 Nick Bates	Basingstoke & Mid Hants	02:02.78Q
3 Joe Wade	Isle of Wight	02:03.23Q
4 Jonathan Slade	Team Southampton	02:03.80
5 Guy Brain	Winchester College	02:10.32
6 Simon Gill	Aldershot, Farnham & District	02:11.14
7 Ross Fripp	Team Southampton	02:16.60

University of
8 Darrell Gibson Portsmouth 02:37.34

FINAL

	Aldershot, Farnham & District	
1 Laurence Cox		01:57.84
Martin	Aldershot, Farnham & District	
2 Mashford		01:58.31
3 Joe Wade	Isle of Wight Team	01:59.77
4 Oli Williams	Southampton	01:59.92
5 Tom Wade	Isle of Wight	02:00.38
6 Max Roberts	Basingstoke & Mid Hants	02:01.09
7 Nick Bates	Basingstoke & Mid Hants	02:01.51
8 James Teuten	City of Portsmouth	02:04.35

1500m

FINAL*Sun*

	Aldershot, Farnham & District	
1 Mashford		03:59.77
2 Greg Smith	Aldershot, Farnham & District Team	04:06.69
3 Oli Williams	Southampton	04:08.22
4 Max Roberts	Basingstoke & Mid Hants	04:10.74
5 Mark Mercier	Guernsey Island	04:14.18
6 James Teuten	City of Portsmouth Team	04:18.23
7 Russell North	Southampton	04:18.40
8 Ryan Hodgson	Jersey Spartan Aldershot, Farnham & District	04:25.57
9 Simon Gill		04:25.67
Kieran		
10 McNally	Isle of Wight Guernsey	04:30.11
11 Ben Wilen	Island	04:46.59
12 Darrell Gibson	University of Portsmouth	05:20.63

3000m

FINAL*Sat*

	Aldershot, Farnham & District	
1 Greg Smith		09:01.69
2 Mark Mercier	Guernsey Island	09:12.31

3 Lee Cook	City of Portsmouth	09:16.92
4 Ryan Hodgson	Jersey Spartan	09:28.05
5 David Fry	Basingstoke & Mid Hants	09:31.54
Christopher 6 Moore	Aldershot, Farnham & District	09:32.89
7 Ben Wilen	Guernsey Island	10:12.59
8 Robbie Kite	Basingstoke & Mid Hants	10:55.93

**2000m
Steeplechase**

FINAL			<i>Sun</i>
1 Tom Wade	Isle of Wight	06:17.73	
2 Joe Wade	Isle of Wight	06:21.42	
3 David Fry	Basingstoke & Mid Hants	06:36.99	
4 Kearon Hooley	Andover	06:45.86	
Matthew 5 Slaney	Basingstoke & Mid Hants	06:49.21	

110m Hurdles

FINAL (Wind: -2.0m/sec)			<i>Sun</i>
1 Adam Akehurst	City of Portsmouth	15.92	

400m Hurdles

FINAL			<i>Sat</i>
1 Andrew Horsewood	Winchester College	70	

3000m Walk

No
Competition *Sat*

High Jump

			<i>Sun</i>
1 Jason Fox	Channel Islands	1.95	
2 Adam Akehurst	City of Portsmouth	1.75	
3 Luke Simpson	Winchester College	No ht	

Pole Vault

			<i>Sat</i>
1 Adam Akehurst	City of Portsmouth	3.3	
2 Ryan Wallis	City of Portsmouth	3.1	
3 Gavin Berry	Basingstoke & Mid Hants	3	

Long Jump

			<i>Sat</i>
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James Grocock	Team Southampton	6.67w
Adam Akehurst	City of Portsmouth	6.48w
3 Robert Kite	Basingstoke & Mid Hants Channel	6.1w
4 Jason Fox	Islands	5.64w
5 Hugh Reid	Winchester College	5.63

Triple Jump*Sun*No
Competition**Shot***Sun*

1 David Felton	Jersey Spartan	10.79
2 Easton-Jones	Laurance Winchester College	9.25
3 Jaewon Koh	Winchester College	8.21

Discus*Sun*

1 Adam Akehurst	City of Portsmouth	41.94
2 David Felton	Jersey Spartan	40.2
3 David Smith	City of Portsmouth	33.8
4 Jaewon Koh	Winchester College	29.25
5 Jack Brenton	Team Southampton	29.16
6 Matt Woods	Winchester College	28.5
7 Easton-Jones	Laurance Winchester College	28.01

Hammer*Sun*

1 David Felton	Jersey Spartan	34.41
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Javelin*Sat*

1 Adam Akehurst	City of Portsmouth	51.84
2 Jacob Lewis	Team Southampton	50.78
3 Robert Kite	Basingstoke & Mid Hants	43.94
4 Richard Wood	Winchester College	33.9
5 Matt Woods	Winchester College	28.83

Results - Under 17 Men

Sheet1

100m

Heat 1 (Wind: -1.9m/sec)

Sun

	Team	
1 Ross Langford	Southampton	11.85Q
	Team	
2 Sean Foord	Southampton	12.04Q
3 Edward Law	Havant	12.22Q
4 Kieran Finn	Wimborne	12.5q
Stephen De La		
5 Hays	Jersey Spartan	12.89
Samuel	Winchester	
6 Wesley	College	12.9
Joseph	Basingstoke &	
7 Flitcroft	Mid Hants	13.05

Heat 2 (Wind: -2.4m/sec)

	City of	
1 Chris Tandi	Portsmouth	11.45Q
2 Sam Ratcliffe	Isle of Wight	11.77Q
	Channel	
3 Will Perchard	Islands	11.84Q
Jordan	City of	
4 McBride	Portsmouth	12.5q
Richard		
5 Pitcher	Andover	12.52
	Eastleigh &	
6 Tom Orton	District Junior	12.95
Kamaldeep	Team	
7 Hayre	Southampton	13.87

FINAL (Wind: -1.5m/sec)

	City of	
1 Chris Tandi	Portsmouth	11.31
2 Sam Ratcliffe	Isle of Wight	11.7
Ross	Team	
3 Langford	Southampton	11.75
	Channel	
4 Will Perchard	Islands	11.8
	Team	
5 Sean Foord	Southampton	11.92
6 Edward Law	Havant	12.24
Jordan	City of	
7 McBride	Portsmouth	12.61
8 Kieran Finn	Wimborne	12.72

200m

Heat 1 (Wind: +2.5m/sec)

Sat

	Team	
1 Ross Langford	Southampton	23.06Q
	Channel	
2 Will Perchard	Islands	23.28Q
	Team	
3 Sean Foord	Southampton	23.61q
	Eastleigh &	
4 Gareth Phillips	District Junior	25
Andrew	Guernsey	
5 Hearse	Island	25.61

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6 Daniel Short	Basingstoke & Mid Hants	28.47
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Heat 2 (Wind: +1.9m/sec)

1 Stuart Blackler	Isle of Wight	23.28Q
2 Sam Ratcliffe	Isle of Wight	23.75Q
3 Edward Law	Havant	24.02q
Jaryd		
4 Robinson	Isle of Wight	24.74
5 Kieran Finn	Wimborne	25.18
Samuel	Winchester	
6 Wesley	College	26

Heat 3 (Wind: +2.0m/sec)

1 Chris Tandi	City of Portsmouth	22.5Q
Thomas	Portsmouth	
2 Whitehouse	Grammar School	23.96Q
Richard		
3 Pitcher	Andover	24.47
Jordan	City of	
4 McBride	Portsmouth	24.86
	Eastleigh &	
5 Tom Orton	District Junior	25.46
Robert	Eastleigh &	
6 Winchester	District Junior	26.16

FINAL (Wind: +4.4m/sec)

1 Chris Tandi	City of Portsmouth	22.33
Ross	Team	
2 Langford	Southampton	22.83
Stuart		
3 Blackler	Isle of Wight	22.91
4 Sam Ratcliffe	Isle of Wight	23.12
	Channel	
5 Will Perchard	Islands	23.13
	Team	
6 Sean Foord	Southampton	23.86
7 Edward Law	Havant	24.44
	Portsmouth	
Thomas	Grammar	
8 Whitehouse	School	DNS

400m

Heat 1

Sun

1 Will Perchard	Channel Islands	52.8Q
Duncan	Basingstoke &	
2 Stevenson	Mid Hants	53.18Q
	Team	
3 Renato Veraj	Southampton	53.41Q
Michael	Guernsey	
4 Batiste	Island	54.26q
	Eastleigh &	
5 Gareth Phillips	District Junior	55.17

Sheet1

Jaryd 6 Robinson	Isle of Wight Team	55.64
7 Scott Legg	Southampton Basingstoke &	55.86
8 Dan Francis	Mid Hants	DNS

Heat 2

1 Chris Tandi	City of Portsmouth Basingstoke &	52.57Q
2 Joe Fordham	Mid Hants	53.68Q
Matthew 3 Davidson	Winchester & District	54.33Q
4 Robin Smith	Perins School Eastleigh &	54.86q
5 Adam Hicks	District Junior	55.62
Alastair 6 Phillips	Bournemouth	55.9
7 Kieran Finn	Wimborne	57.05
Andrew 8 Hearse	Guernsey Island	57.4

FINAL

1 Chris Tandi	City of Portsmouth Channel	50.06
2 Will Perchard	Islands Team	52.73
3 Renato Veraj	Southampton Basingstoke &	52.85
4 Joe Fordham	Mid Hants	53.37
Duncan 5 Stevenson	Basingstoke & Mid Hants	53.63
Matthew 6 Davidson	Winchester & District	54.06
Michael 7 Batiste	Guernsey Island	55.15

800m

Heat 1

Sat

1 Renato Veraj	Team Southampton	02:04.90Q
Matthew 2 Loveridge	Guernsey Island	02:05.07Q
Duncan 3 Stevenson	Basingstoke & Mid Hants	02:05.92Q
4 Adam Hicks	Eastleigh & District Junior	02:07.38q
5 Thomas Cropp	Basingstoke & Mid Hants	02:10.67q
6 Peter Batten	Team Southampton	02:11.85
7 Daniel Short	Basingstoke & Mid Hants	02:35.74

Heat 2

Sheet1

Tom	Aldershot, Farnham & District	02:09.38Q
1 Bowerman		
Matthew	Winchester & District	02:09.53Q
2 Davidson		
3 Scott Legg	Team Southampton	02:10.89Q
4 Antony Seal	Aldershot, Farnham & District	02:12.00
5 Tom Brown	Jersey Spartan	02:12.49
Nathan	City of	
6 Parsons	Portsmouth	02:17.19
7 Marty Hooley	Andover	02:19.75

FINAL

	Team	
1 Renato Veraj	Southampton	02:02.26
Matthew	Guernsey	
2 Loveridge	Island	02:03.26
Duncan	Basingstoke	
3 Stevenson	& Mid Hants	02:03.46
Tom	Aldershot, Farnham & District	02:03.80
4 Bowerman		
Matthew	Winchester & District	02:04.93
5 Davidson		
6 Scott Legg	Team Southampton	02:07.53
7 Adam Hicks	Eastleigh & District Junior	02:09.17
8 Thomas Cropp	Basingstoke & Mid Hants	02:09.56

1500m

Heat 1

Sun

Toby Lloyd-		
1 Edwards	Jersey Spartan	04:30.56Q
2 Chris Bounds	Aldershot, Farnham & District	04:30.74Q
Christopher		
3 Blow	Isle of Wight	04:31.00Q
Matthew	Guernsey	
4 Loveridge	Island	04:32.84Q
5 Scott Gallant	Team Southampton	04:38.07q
6 Peter Batten	Team Southampton	04:39.34
7 Dan Francis	Basingstoke & Mid Hants	04:43.15
Danny		
8 Poingdestre	Isle of Wight	04:46.84
9 Sam Fowler	Basingstoke & Mid Hants	04:58.02

Heat 2

Sheet1

1 Mark Challen	City of Portsmouth	04:26.37Q
Tom	Aldershot, Farnham &	
2 Bowerman	District	04:26.95Q
3 Thomas Cropp	Basingstoke & Mid Hants	04:27.17Q
Marius		
4 Cromati	Isle of Wight	04:27.33Q
5 Tom Brown	Jersey Spartan	04:28.73q
Christopher	Team	
6 Dennis	Southampton	04:30.21q
7 Jamie Knapp	Team	
Nathan	Southampton	04:31.68q
8 Parsons	City of Portsmouth	04:41.21
9 Calum Stewart	Team	
	Southampton	04:41.95

FINAL

1 Mark Challen	City of Portsmouth	04:11.73
2 Chris Bounds	Aldershot, Farnham & District	04:13.73
Tom	Aldershot, Farnham & District	
3 Bowerman	District	04:15.56
Christopher		
4 Blow	Isle of Wight	04:16.75
Marius		
5 Cromati	Isle of Wight	04:21.64
6 Thomas Cropp	Basingstoke & Mid Hants	04:24.45
7 Scott Gallant	Team	
Christopher	Southampton	04:25.45
8 Dennis	Team	
Toby Lloyd-	Southampton	04:26.16
9 Edwards	Jersey Spartan	04:26.78
10 Jamie Knapp	Team	
	Southampton	04:27.04
11 Tom Brown	Jersey Spartan	04:29.12
Matthew	Guernsey	
12 Loveridge	Island	04:35.20

3000m

FINAL

Sat

1 Mark Challen	City of Portsmouth	09:05.63
Joshua	Aldershot, Farnham & District	
2 Arnold	District	09:06.48
3 Chris Bounds	Aldershot, Farnham & District	09:14.07

Sheet1

Marius 4 Cromati	Isle of Wight Winchester	09:16.30
5 Dom Kiralyfi	College Aldershot, Farnham & District	09:17.92
6 Tom Goddard Toby Lloyd-	District	09:35.59
7 Edwards	Jersey Spartan Winchester	09:42.04
8 Max Kiralyfi	College Guernsey	09:42.93
9 Daniel Carre Danny	Island	09:55.80
10 Poingdestre Daniel	Isle of Wight Guernsey	10:13.57
11 Arblaster Colin	Island Team	10:21.59
12 Thompson	Southampton	11:34.42

**1500m
Steeplechase**

FINAL

Sun

1 Joshua Arnold	Aldershot, Farnham & District Guernsey	04:36.78
2 Daniel Carre	Island	05:00.19
3 Marty Hooley	Andover	05:17.30
4 Daniel Arblaster	Guernsey Island	05:19.14
5 Kieran Finn	Wimborne	05:49.24

100m Hurdles

FINAL (Wind: -2.8m/sec)

Sun

1 Tom Fright	Basingstoke & Mid Hants Winchester & District	14.99
2 Jack Bolton	District	15.45
3 Ashlie Turner	Isle of Wight	15.45
4 Sam Sleep	Basingstoke & Mid Hants	16.19
5 Dale Thomas	Aldershot, Farnham & District	17.99
6 Philip Coker	Team Southampton	19.4

400m Hurdles

FINAL

Sat

1 Michael Batiste	Guernsey Island	60.04
2 Tom Fright	Basingstoke & Mid Hants	62.96
Alex Richards- 3 Taylor	Bournemouth	65.12

3000m Walk

Sat

No
Competition

High Jump

Sun

	Winchester & District	1.85
1 Jack Bolton	Jersey	
2 La Haye	Spartan	1.8
3 Sam Sleap	Basingstoke & Mid Hants	1.7
4 Tom Fright	Basingstoke & Mid Hants	1.65
Michael	City of	
5 Greentree	Portsmouth	1.45

Pole Vault

Sat

1 Kieran Finn	Wimborne	2.9
2 Sam Sleap	Basingstoke & Mid Hants Team	2.8
3 Peter Humby	Southampton	2.8

Long Jump

Sat

1 La Haye	Jersey Spartan	5.87 w
2 Jack Bolton	Winchester & District	5.74 w
3 Sam Sleap	Basingstoke & Mid Hants	5.04 w
Joseph	Basingstoke & Mid Hants	
4 Flitcroft	Mid Hants	4.94 w
5 Liam King	Havant	4.93 w
Michael	City of	
6 Greentree	Portsmouth	4.85 w
Jordan	City of	
7 McBride	Portsmouth	4.7 w

Triple Jump

Sat

1 La Haye	Jersey Spartan	12.7
2 Tom Fright	Basingstoke & Mid Hants	11.89
3 Constable	Rory Hardley Runners	11.46 w
4 Antony Seal	Aldershot, Farnham & District	10.5 w
Kamaldeep	Team	
5 Hayre	Southampton	10.45 w
6 Tom Gilham	Eastleigh & District Junior	10.36 w
7 Liam King	Havant	10.29 w

Shot

Sat

1 Jack Bolton	Winchester & District Team	13.44
2 Harpal Chana	Southampton Winchester College	11.31
3 Theo Elton	College	11.03
4 Steven Whitehead	Aldershot, Farnham & District Team	10.96
5 Francis Gallagher	Southampton Basingstoke & Mid Hants	10.84
6 Tom Fright	Mid Hants	10.05
7 Stephen De La Haye	Jersey Spartan Basingstoke & Mid Hants	9.74
8 Sam Sleaf	Mid Hants	8.59
9 Liam King	Havant	8.19
10 Joseph Flitcroft	Basingstoke & Mid Hants	7.2
11 Robert Winchester	Eastleigh & District Junior	7.17

Discus*Sat*

1 Jamie Stevenson	Channel Islands Team	45.49
2 Harpal Chana	Southampton Winchester & District	39.78
3 Jack Bolton	District	35.32
4 Sam Lawson	Winchester College	28.09
5 Robert Winchester	Eastleigh & District Junior	20.37

Hammer*Sun*

1 Harpal Chana	Team Southampton	37.02
2 Jamie Stevenson	Channel Islands	35.59

Javelin*Sun*

1 David Brice	Aldershot, Farnham & District	47.68
2 Jack Bolton	District Winchester & Aldershot, Farnham & District	46.73
3 Jamie Broadey	District	46.52
4 Peter Hoe	Winchester & District	44.2
5 Scott Adams	Aldershot, Farnham & District	43.94
6 Stephen De La Haye	Jersey Spartan	38.93

Daniel	Guernsey	
7 Arblaster	Island	34.59

Results - Under 15 Boys

100m	Heat 1 (Wind: -2.3m/sec)	<i>Sun</i>
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	Team	
1 Sam Derham	Southampton	12.44Q
	Bradley	
2 Awuah-Peasah	Mountbatten School	12.7Q
	Calum	
3 Bressington	Eastleigh & District Junior	13.88Q
	Mountbatten	
4 Robin Hunt	School	13.92q
	5 Peter Hodgson	
	Perins School	14.07
	Joshua	
6 Allaway	Guernsey Island	14.12
	7 Sam Dawkins	
	Jersey Spartan	15.93

Heat 2 (Wind: -1.9m/sec)

	New Forest	
1 Andy Nguyen	Junior	12.77Q
	Elliot	
2 Chudleigh	Team Southampton	13.42Q
	Redmond	
3 Gregory	Team Southampton	13.46Q
	Andrew	
4 Coleman	Guernsey Island	13.83q
	Matthew	
5 Dorey	Guernsey Island	14.9
	Michael	
6 Hurley	Eastleigh & District Junior	16.37

FINAL (Wind: -1.8m/sec)

	Bradley	
	Awuah-	
1 Peasah	Mountbatten School	11.94
	Team	
2 Sam Derham	Southampton	12.24
	New Forest	
3 Andy Nguyen	Junior	12.7
	Elliot	
	Team	
4 Chudleigh	Southampton	13.35
	Redmond	
	Team	
5 Gregory	Southampton	13.36
	Mountbatten	
6 Robin Hunt	School	13.7
	Andrew	
	Guernsey	
7 Coleman	Island	13.84
	Calum	
	Eastleigh &	
8 Bressington	District Junior	13.89

200m	Heat 1 (Wind: +3.1m/sec)	<i>Sat</i>
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Sheet1

Kieran 1 Showler-Davis	Winchester & District	24.17Q
Bradley 2 Awuah-Peasah	Mountbatten School	24.29Q
3 Alick Clark Elliot	Eastleigh & District Junior Team	26.25Q
4 Chudleigh Christopher	Southampton	26.4q
5 Berntsen Andrew	Andover	26.8q
6 Coleman	Guernsey Island	27.22
7 Sam Dawkins	Jersey Spartan	27.55

Heat 2 (Wind: +2.3m/sec)

1 Sam Derham	Team Southampton	24.19Q
2 Simon Price	Team Southampton	24.89Q
3 Andy Nguyen	New Forest Junior	25.79Q
4 Bressington	Eastleigh & District Junior	27.23
5 Peter Hodgson	Perins School	27.55
Joshua 6 Allaway	Guernsey Island	28.72
Matthew 7 Dorey	Guernsey Island	29.33

FINAL (Wind: +4.4m/sec)

Kieran 1 Showler-Davis	Winchester & District	22.93
Bradley 2 Awuah-Peasah	Mountbatten School	24.1
3 Sam Derham	Team Southampton	24.2
4 Simon Price	Team Southampton	24.68
5 Andy Nguyen	New Forest Junior	26.24
6 Alick Clark Elliot	Eastleigh & District Junior Team	26.4
7 Chudleigh Christopher	Southampton	26.59
8 Berntsen	Andover	DNS

400m

Heat 1

Sun

Tom 1 Syckelmoore	Basingstoke & Mid Hants	57.88Q
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Sheet1

2	Alick Clark	Eastleigh & District Junior	58.99Q
3	Tom Marsland	Isle of Wight Guernsey	59.4Q
4	Adam Dunn	Island	63.08q
5	Stephen Reid	Basingstoke & Mid Hants	63.39q
6	Robert Wilkinson	Jersey Spartan	75.35

Heat 2

1	Andrew Clement	Basingstoke & Mid Hants	56.88Q
2	David Moore	Aldershot, Farnham & District	57.61Q
3	Justin Hunt	Mountbatten School	62.43Q
4	Joe Whelan	Team Southampton	63.47
5	Alex Young	Basingstoke & Mid Hants	69.15
6	John Roberts	New Forest Junior	DNS

FINAL

1	Andrew Clement	Basingstoke & Mid Hants	54.85
2	Tom Marsland	Isle of Wight	55.54
3	Tom Syckelmoore	Basingstoke & Mid Hants	55.58
4	David Moore	Aldershot, Farnham & District	57.73
5	Alick Clark	Eastleigh & District Junior	60.08
6	Adam Dunn	Guernsey Island	62.66
7	Justin Hunt	Mountbatten School	63.84
8	Stephen Reid	Basingstoke & Mid Hants	DNS

800m

Heat 1

Sat

1	Aaron Orman	City of Portsmouth	02:26.47Q
2	Andrew Clement	Basingstoke & Mid Hants	02:27.50Q
3	Alex Millen	Team Southampton	02:28.18
4	Toby Brimecome	City of Portsmouth	02:30.33
5	Sam Bevan	Basingstoke & Mid Hants	02:30.39

Sheet1

6	Graham Fisher	Mountbatten School	02:33.95
7	Sean Nutbrown	Aldershot, Farnham & District	02:42.36
8	Joshua Allaway	Guernsey Island	02:54.72

Heat 2

1	Jack Graham	Basingstoke & Mid Hants	02:20.76Q
2	Alastair Darwent	City of Portsmouth	02:21.25Q
3	Christopher Berntsen	Andover City of	02:21.77q
4	Ross Thomas	Portsmouth	02:22.72q
5	James Sykes	Isle of Wight	02:23.45
6	Wade le Marquand	Jersey Spartan Team	02:36.55
7	George Belfield	Southampton City of	02:39.36
8	Glenn Tracey	Portsmouth	02:48.71

Heat 3

1	Matthew Gray	City of Portsmouth	02:22.55Q
2	Martin Nottingham	Team Southampton	02:24.60Q
3	Adam Dunn	Guernsey Island	02:31.36
4	Charles Waite- Roberts	Basingstoke & Mid Hants	02:36.91
5	Jordan Nutbrown	Aldershot, Farnham & District	02:41.81
6	Robert Wilkinson	Jersey Spartan	02:56.61
7	Ben Ralph	City of Portsmouth	02:59.83
8	Joe Whelan	Team Southampton	DNS

FINAL

1	Andrew Clement	Basingstoke & Mid Hants	02:06.94
2	Jack Graham	Basingstoke & Mid Hants	02:08.57
3	Matthew Gray	City of Portsmouth	02:14.66
4	Aaron Orman	City of Portsmouth	02:15.48
5	Martin Nottingham	Team Southampton	02:17.35

Sheet1

Alastair 6 Darwent	City of Portsmouth	02:22.53
7 Ross Thomas Christopher	City of Portsmouth	02:25.06
8 Berntsen	Andover	DNS

1500m

Heat 1

Sun

1 William Bodkin	Guernsey Island	04:41.98Q
2 Jack Graham	Basingstoke & Mid Hants	04:42.20Q
3 Daniel Cox	Sandown Team	04:42.62Q
4 Louis Gates	Southampton Team	04:43.61Q
5 Aaron Bennett	Southampton City of	04:47.64q
6 Ross Thomas Wade le	Portsmouth	04:47.99q
7 Marquand	Jersey Spartan	05:03.10
8 Josh Barnett	Andover	05:10.88
9 Alex Young	Basingstoke & Mid Hants	05:13.47
10 Sean Nutbrown	Aldershot, Farnham & District	05:17.18

Heat 2

1 Aaron Orman	City of Portsmouth	04:44.46Q
2 James Sykes	Isle of Wight	04:45.55Q
3 Alex Teuten	City of Portsmouth Team	04:45.78Q
4 Harry Fisher	Southampton City of	04:46.22Q
5 Jamie Shadbolt Toby	Portsmouth City of	04:47.36q
6 Brimecome	Portsmouth Mountbatten	04:59.40q
7 Graham Fisher	School Aldershot, Farnham &	05:05.04
8 Jordan Nutbrown	District	05:12.33
9 Daniel Thorn	Basingstoke & Mid Hants	05:25.80

FINAL (manual timing)

1 Jack Graham	Basingstoke & Mid Hants	04:37.20
2 Daniel Cox	Sandown	04:40.60
3 Aaron Orman	City of Portsmouth	04:41.10
4 William Bodkin	Guernsey Island	04:42.00

Sheet1

5 Alex Teuten	City of Portsmouth Team	04:43.30
6 Louis Gates	Southampton City of	04:46.10
7 Jamie Shadbolt	Portsmouth Team	04:46.40
8 Harry Fisher	Southampton	04:46.90
9 James Sykes	Isle of Wight City of	04:47.70
10 Ross Thomas	Portsmouth Team	04:47.90
11 Aaron Bennett Toby	Southampton City of	04:54.70
12 Brimecome	Portsmouth	04:59.00

3000m

FINAL

Sat

1 Daniel Cox	Sandown City of	10:04.69
2 Alex Teuten William	Portsmouth Guernsey	10:07.91
3 Bodkin	Island City of	10:08.93
4 Jamie Shadbolt	Portsmouth Aldershot, Farnham &	10:10.32
5 Alex Ledger	District Basingstoke &	10:15.75
6 Alex Wilson	Mid Hants	10:49.20

80m Hurdles

FINAL (Wind: -3.3m/sec)

Sun

James 1 Forman	Isle of Wight Team	13.02
2 Chudleigh Nick	Southampton Jersey	13.75
3 Wildman	Spartan	13.97
4 Ross Jeffs	Jersey Spartan Guernsey	14.45
5 James Brehaut Joshua	Island Guernsey	14.72
6 Allaway	Island	16.09

3000m Walk

No
Competition

Sat

High Jump

Sun

1 Ross Jeffs	Jersey Spartan	1.6
2 Callum Woon	Isle of Wight Team	1.55
3 Matt Fowler	Southampton Team	1.5
4 Chris Lang	Southampton	1.5

Sheet1

5	Alick Clark	Eastleigh & District Junior	1.45
6	James Forman Stuart	Isle of Wight Winchester & District	1.45
7	Tognarelli Robert	District	1.4
8	Wilkinson	Jersey Spartan Mountbatten	1.4
9	Robin Hunt	School Mountbatten	1.4
10	Justin Hunt	School	1.35
	Matthew	Guernsey	
11	Dorey	Island	1.3
	Joshua	Guernsey	
12	Allaway	Island	1.25

Pole Vault

Sat

	Richard 1 Humby	Team Southampton	2.5
	Nathan 2 Harris	City of Portsmouth	2

Long Jump

Sat

	Matthew 1 Gray	City of Portsmouth	5.53 w
	2 Sam Derham	Team Southampton	5.51 w
	3 Simon Price	Southampton	5.48 w
4	George Corbin	Isle of Wight	5.13 w
5	Leon Phillips	Isle of Wight	5.06 w
	Calum	Eastleigh & District Junior	
6	Bressington	District Junior	4.97 w
7	Ross Jeffs	Jersey Spartan Team	4.93 w
8	Chris Lang	Southampton Mountbatten	4.92 w
9	Robin Hunt	School Mountbatten	4.82 w
10	Justin Hunt	School	4.73 w
	Robert	Aldershot, Farnham & District	
11	Woolgar	District	4.71 w
	Andrew	Guernsey	
12	Coleman	Island	4.68 w
13	Callum Woon	Isle of Wight	4.56 w
		Basingstoke & Mid Hants	
14	Chris Mason	Mid Hants Team	4.54 w
	Ryan	Team	
15	Wheatley	Southampton	4.3 w
	Matthew	Guernsey	
16	Dorey	Island	4.21 w
17	Nick Wildman	Jersey Spartan	4.12 w

Sheet1

Charlie		
18 Occomore	Isle of Wight	4.1 w
Robert		
19 Wilkinson	Jersey Spartan	3.63 w

Triple Jump*Sat*

George		
1 Corbin	Isle of Wight	11.38
	Jersey	
2 Ross Jeffs	Spartan	10.76 w
	Aldershot,	
Robert	Farnham &	
3 Woolgar	District	10.58 w
	Team	
4 Chris Lang	Southampton	10.48 w
Andrew	Guernsey	
5 Coleman	Island	10.21 w
William	Guernsey	
6 Bodkin	Island	10.08 w
	Basingstoke &	
7 Chris Mason	Mid Hants	9.6 w
	Mountbatten	
8 Graham Fisher	School	9.2 w
Ryan	Team	
9 Wheatley	Southampton	9.14
10 Sam Dawkins	Jersey Spartan	8.75 w
Charles Waite-	Basingstoke &	
11 Roberts	Mid Hants	8.74 w

Shot*Sat*

Richard	City of	
1 Shuttleworth	Portsmouth	12.91
2 Joshua Gilbey	Isle of Wight	11.76
3 Jack New	Perins School	11.45
4 Richard Sinel	Jersey Spartan	10.75
5 Callum Woon	Isle of Wight	10.12
Cameron		
6 Mitchell	Isle of Wight	9.78
	Eastleigh &	
7 Fred Young	District Junior	9.46
8 Callum Kent	Isle of Wight	7.66
	Team	
9 Joe Whelan	Southampton	7.34
	Aldershot,	
Christopher	Farnham &	
10 Gilfrin	District	5.89

Discus*Sat*

Zane	Jersey	
1 Duquemin	Spartan	37.98
	Eastleigh &	
2 Fred Young	District	
	Junior	32.35

Richard 3 Shuttleworth	City of Portsmouth	31.93
4 Richard Sinel Cameron	Jersey Spartan	28.71
5 Mitchell Stuart	Isle of Wight Winchester & District	27
6 Tognarelli	District	26.78
7 Tom Hall	Isle of Wight Aldershot, Farnham & District	25.14
8 Christopher Gilfrin	District	12.64

Hammer

1 Callum Woon Stuart	Isle of Wight Winchester & District	51.16	<i>Sun</i> CBP
2 Tognarelli Cameron	Isle of Wight	27.23	
3 Mitchell Zane	Isle of Wight	26.25	
4 Duquemin	Jersey Spartan	25.63	
5 Richard Sinel	Jersey Spartan Aldershot, Farnham & District	20.99	
6 Christopher Gilfrin	District	14.31	

Javelin

Richard 1 Shuttleworth	City of Portsmouth	44.15	<i>Sat</i>
James 2 Brehaut	Guernsey Island	40.4	
Cameron 3 Mitchell	Isle of Wight	38.37	
4 Tognarelli	Winchester & District	35.25	
5 Tom Hall	Isle of Wight	33.23	
6 Duquemin	Jersey Spartan	32.62	
7 Ross Jeffs	Jersey Spartan Guernsey	29.39	
8 Adam Dunn	Island	28.27	

Results - Under 13 Boys**100m****Heat 1 (Wind: -2.0m/sec)***Sun*

Ashley 1 Reynolds	Havant	14.58Q
2 Nick Thorn	City of Portsmouth Guernsey	14.63Q
3 Ross Hanley Joshua	Island	14.69Q
4 Robinson	Isle of Wight	15.01q

Sheet1

5 Simon Hunt	Perins School	15.5
	City of	
6 Tom Clarke	Portsmouth	15.78
Lewis	Eastleigh &	
7 Williams	District Junior	16.73

Heat 2 (Wind: -1.4m/sec)

1 Joshua Kelly	Havant	13.5Q
Michael	Guernsey	
2 Steele-Moore	Island	14.44Q
Jonathan		
3 Turner	Isle of Wight	14.54Q
William		
4 Howard	Perins School	15.08q
Daniel	City of	
5 Metherell	Portsmouth	15.43
	Eastleigh &	
6 George Jenkins	District Junior	17.13

FINAL (Wind: -2.3m/sec)

1 Joshua Kelly	Havant	13.46
Jonathan		
2 Turner	Isle of Wight	14.09
Michael	Guernsey	
3 Steele-Moore	Island	14.22
Ashley		
4 Reynolds	Havant	14.41
	City of	
5 Nick Thorn	Portsmouth	14.68
	Guernsey	
6 Ross Hanley	Island	14.94
William		
7 Howard	Perins School	15.13
Joshua		
8 Robinson	Isle of Wight	15.18

200m

Heat 1 (Wind: +1.8m/sec)

Sat

	City of	
1 Samuel Yates	Portsmouth	27.56Q
Ashley		
2 Reynolds	Havant	28.22Q
Michael	Guernsey	
3 Steele-Moore	Island	28.8Q
	Guernsey	
4 Ross Hanley	Island	30.3q
	Basingstoke &	
5 Jake Sellwood	Mid Hants	30.68q
	Basingstoke &	
6 Louie Penny	Mid Hants	31.11
Matthew	City of	
7 Bartlett	Portsmouth	31.9

Heat 2 (Wind: +3.3m/sec)

Lloyd		
1 Woodhouse	Isle of Wight	28.7Q

Sheet1

2 Nick Thorn	City of Portsmouth	28.73Q
Charlie		
3 Hibberd	Isle of Wight	29.15Q
Thomas	Team	
4 Belfield	Southampton	30.7
Thomas	Basingstoke &	
5 Rowlandson	Mid Hants	32.19
	Eastleigh &	
6 Joseph Peters	District Junior	32.79

FINAL (Wind: +4.5m/sec)

	City of	
1 Samuel Yates	Portsmouth	27.57
Ashley		
2 Reynolds	Havant	28.71
	City of	
3 Nick Thorn	Portsmouth	28.97
Michael	Guernsey	
4 Steele-Moore	Island	29.12
Lloyd		
5 Woodhouse	Isle of Wight	29.72
Charlie		
6 Hibberd	Isle of Wight	29.78
	Guernsey	
7 Ross Hanley	Island	30.25
	Basingstoke &	
8 Jake Sellwood	Mid Hants	32.17

800m

Heat 1

Sat

Connor	Team	
1 Newman	Southampton	02:28.40Q
2 Elliott Dorey	Jersey Spartan	02:36.12Q
Richard	Winchester &	
3 Clarkson	District	02:39.35Q
Simon	Team	
4 Campbell	Southampton	02:41.14q
	Basingstoke &	
5 Louie Penny	Mid Hants	02:42.15q
	City of	
6 Tom Clarke	Portsmouth	02:42.99
	Eastleigh &	
7 Olly Gittner	District Junior	02:59.16

Heat 2

Christopher	Basingstoke &	
1 Ladhams	Mid Hants	02:31.37Q
	Guernsey	
2 Samuel Hall	Island	02:33.47Q
Daniel		
3 Grinham	Andover	02:36.62Q
4 Sam Ward	Jersey Spartan	02:44.17
	Basingstoke &	
5 Alec New	Mid Hants	02:48.44

Sheet1

Thomas 6 Rowlandson	Basingstoke & Mid Hants	02:51.60
Daniel 7 Metherell	City of Portsmouth	02:52.37

FINAL

Connor 1 Newman	Team Southampton	02:22.35
Christopher 2 Ladhams	Basingstoke & Mid Hants	02:25.02
3 Elliott Dorey	Jersey Spartan	02:25.83
4 Samuel Hall	Guernsey Island	02:30.47
Daniel 5 Grinham	Andover	02:38.06
6 Louie Penny	Basingstoke & Mid Hants	02:41.19
Richard 7 Clarkson	Winchester & District	02:41.97
Simon 8 Campbell	Team Southampton	DNS

1500m

FINAL*Sun*

Connor 1 Newman	Team Southampton	04:44.60
2 Samuel Hall	Guernsey Island	04:52.31
3 Elliott Dorey	Jersey Spartan	05:01.04
4 Jake Sellwood	Basingstoke & Mid Hants	05:05.98
Jonathan 5 Burgin	Winchester & District	05:08.03
6 Simon Hunt	Perins School	05:10.09
7 Tom Bennett	Andover	05:10.12
8 Sam Ward	Jersey Spartan	05:18.84
Simon 9 Campbell	Team Southampton	05:24.08
10 Max Costley	Team Southampton	05:29.62
11 Jake Aldridge	Basingstoke & Mid Hants	05:36.43
Lewis 12 Williams	Eastleigh & District Junior	05:58.56

80m Hurdles **FINAL (Wind: -2.3m/sec)***Sun*

Michael 1 Steele-Moore	Guernsey Island	14.39
Oliver 2 Brehaut	Guernsey Island	15.42
3 Samuel Deery	Andover	15.79
Ashley 4 Reynolds	Havant	16.25

Sheet1

Joshua		
5 Robinson	Isle of Wight	16.63
Morgan	Eastleigh &	
6 Bressington	District Junior	16.98
	Eastleigh &	
7 Joseph Peters	District Junior	17.44
Lewis	Eastleigh &	
8 Williams	District Junior	19.19

2000m Walk FINAL (manual timing) *Sat*

	Aldershot, Farnham & District	
1 Hamish Hall	Eastleigh & District	10:46.40
2 Max Absolom	Junior	13:31.10
3 Isaac Hudson	Isle of Wight	14:15.10

High Jump *Sat*

	City of Portsmouth	
1 Samuel Yates	Ashley	1.4
2 Reynolds	Havant	1.35
	Lloyd	
3 Woodhouse	Isle of Wight	1.25
	Eastleigh &	
4 Joseph Peters	District Junior	1.25

Pole Vault *Sat*

No
Competition

Long Jump *Sat*

1 Joshua Kelly	Havant	4.72 w
Michael	Guernsey	
2 Steele-Moore	Island	4.69 w
	Lloyd	
3 Woodhouse	Isle of Wight	4.64 w
	City of	
4 Samuel Yates	Portsmouth	4.49 w
Daniel		
5 Grinham	Andover	4.31 w
Charlie		
6 Hibberd	Isle of Wight	4.29
	City of	
7 Nick Thorn	Portsmouth	4.23 w
	Team	
8 Max Costley	Southampton	3.91 w
	Basingstoke &	
9 Jake Sellwood	Mid Hants	3.79 w
10 Sam Ward	Jersey Spartan	3.78 w
	Eastleigh &	
11 Joseph Peters	District Junior	3.75 w
Thomas	Basingstoke &	
12 Rowlandson	Mid Hants	3.51 w

Sheet1

13 Olly Gittner	Eastleigh & District Junior	3.49w
Christopher	Basingstoke & Mid Hants	3.24w

Shot

1 Gary Jones	Andover	7.62
Nicholas		
2 Percy	Isle of Wight	7.22
Morgan	Eastleigh & District	
3 Bressington	Junior	4.81

Sat

Discus

1 Gary Jones	Andover	28.11
Nicholas		
2 Percy	Isle of Wight	20.16
Morgan	Eastleigh & District	
3 Bressington	Junior	11.38

Sat

CBP

Javelin

1 Oliver	Guernsey	
Brehaut	Island	32.58
Nicholas		
2 Percy	Isle of Wight	26.3
Thomas	Team	
3 Belfield	Southampton	25.98
4 Gary Jones	Andover	22.19
5 Louie Penny	Basingstoke & Mid Hants	20.6
6 Max Absolom	Eastleigh & District Junior	12.46
Morgan	Eastleigh &	
7 Bressington	District Junior	10.67

Sat

Results - Senior Women

100m

FINAL (Wind: +1.8m/sec)

Sat

1 Rhiannon	Aldershot, Farnham & District	12.08
Burden	Team	
2 Emily Young	Southampton	12.22
3 Vicki Burgess	Southampton	12.37
4 Sam Vaile	City of Portsmouth	12.71
5 Donna	Team	
5 Chatting	Southampton	13.02
6 Helen Machin	Team	
Alexandra	Southampton	13.75
7 Davoile (W40)	City of Portsmouth	14.43
Catherine	Team	
8 Steels (W35)	Southampton	23.93

200m **FINAL (Wind: -2.8m/sec)** *Sun*

	Team	
1 Vicki Burgess	Southampton	26.58
Donna	Team	
2 Chatting	Southampton	26.75
Rachael	Team	
3 Lewington	Southampton	26.78
4 Rebecca Gray	City of Portsmouth	27.1
5 Claire Nichols	Woking	27.18
	City of	
6 Sam Vaile	Portsmouth	27.93
Alexandra	City of	
7 Davoile (W40)	Portsmouth	31.03
Catherine	Team	
8 Steels (W35)	Southampton	57.48

400m **FINAL** *Sat*

1 Claire Nichols	Woking	58.08
Rachael	Team	
2 Lewington	Southampton	59.61
	Aldershot,	
Louise	Farnham &	
3 Douglass	District	60.46
4 Katie Silva	Jersey Spartan	62.09
Jayne		
Anscombe	City of	
5 (W35)	Portsmouth	64.54
Tracy Burrows	City of	
6 (W40)	Portsmouth	64.8

800m **FINAL** *Sun*

	Shaftesbury	
Amy	Barnet	
1 Campbell	Harriers	02:12.18
	Team	
2 Ceri Mitchell	Southampton	02:12.21
	Team	
3 Helen Zenner	Southampton	02:20.61
4 Katie Silva	Jersey Spartan	02:26.24
Deborah	Guernsey	
5 Doherty (W35)	Island	02:29.98
Tracy Burrows	City of	
6 (W40)	Portsmouth	02:30.53

1500m **FINAL** *Sat*

	Shaftesbury	
Amy	Barnet	
1 Campbell	Harriers	04:38.28
2 Susie Hignett	Bournemouth	04:40.22

	Team	
3 Helen Zenner	Southampton	04:50.42
	Channel	
4 Louise Perrio	Islands	04:52.57
	Martine	
5 Scholes (W35)	Guernsey Island	04:55.16
6 Sarah Bolton	Basingstoke & Mid Hants	05:07.50
Kirsty	City of	
7 Broomfield	Portsmouth	05:16.86
	Aldershot, Farnham &	
8 Tahli Gill	District	05:22.37
Vicki Spencer		
9 (W40)	Havant	05:23.58

3000m FINAL (manual timing) Sun

1 Lucy Elliott (W40)	Winchester & District	09:35.70	CBP
2 Erica Sheldon	Southampton Running Club	09:47.30	
3 Louise Perrio	Channel Islands	10:24.10	
	Martine		
4 Scholes (W35)	Guernsey Island	10:31.50	
5 Sarah Bolton	Basingstoke & Mid Hants	10:50.40	
	Aldershot, Farnham &		
6 Tahli Gill	District	11:08.80	
	Aldershot, Farnham &		
7 Greenfield	District	11:31.20	

100m Hurdles FINAL (Wind: +3.1m/sec) Sat

	Shaftesbury	
	Barnet	
1 Lorna Rogers	Harriers	14.57
	Team	
2 Emily Young	Southampton	15.05
	City of	
3 Sam Vaile	Portsmouth	16.18
	Charmaine	
4 Johnson (W40)	Epsom & Ewell Harriers	DNF

400m Hurdles FINAL Sun

	Aldershot, Farnham &	
1 Niki Densley	District	63.57
	Deborah	
2 (W35) Doherty	Guernsey	
	Island	71.42

3000m Walk	FINAL (manual timing)			<i>Sat</i>
	Verity Snook	Aldershot, Farnham & District	15:27.50	
	1 (W35)			
	Marian Grace	Isle of Wight	19:43.20	
	2 (W45)			
High Jump				<i>Sat</i>
	Sharon	City of Portsmouth	1.63	
	1 Woolrich			
	Charmaine	Epsom & Ewell		
	Johnson	Harriers	1.53	
	2 (W40)			
Pole Vault				<i>Sat</i>
	Kelly			
	1 Anderson	Havant	2.2	
Long Jump				<i>Sun</i>
	Charmaine	Epsom & Ewell		
	Johnson	Harriers	4.97	
	1 (W40)			
	Sharon	City of Portsmouth	4.79	
	2 Woolrich			
	3 Vicki Burgess	Southampton Team	4.64 w	
	4 Helen Machin	Southampton	4.54 w	
Triple Jump				<i>Sun</i>
	Katharine	Team		
	1 Streatfield	Southampton	12.22 w	CBP
	Sharon	City of Portsmouth	9.88	
	2 Woolrich			
Shot				<i>Sat</i>
	Lauren	Channel Islands	11.92	
	1 Therin			
	Charmaine	Epsom & Ewell		
	Johnson	Harriers	10.9	
	2 (W40)			
	Rosalind	City of Portsmouth	10.47	
	3 Humby			
	4 Lynsey Knott	Aldershot, Farnham & District	9.74	
	Catarina	City of Portsmouth	8.36	
	5 Hallden (W35)			
	6 Kim Minett	City of Portsmouth (guest)	6.24	
Discus				<i>Sat</i>
	Lauren	Channel Islands	41.59	
	1 Therin			

	Aldershot, Farnham & District	
2 Lynsey Knott Catarina Hallden	City of Portsmouth	34.48
3 (W35)		28.73
4 Sara Darts	Havant	27.31

Hammer*Sun*

	Sutton & District	
1 Amy Church Kelly		45.12
2 Anderson Lisa	Havant	34.67
3 Anderson	Havant Channel	34.54
4 Michelle Ryan	Islands	33.7
	Aldershot, Farnham & District	
5 Lynsey Knott Catarina	City of Portsmouth	31.71
6 Hallden (W35)		30.44
7 Sara Darts	Havant	28.56
	Shaftesbury Barnet Harriers	
8 Lorna Rogers		25.17

Javelin*Sun*

	Channel Islands Team	
1 Therin		45.98
2 Sarah Ellis	Southampton Aldershot, Farnham & District	35.35
3 Bennett		31.52
	Epsom & Ewell Harriers	
4 Charmaine Johnson (W40)		28.77
	Guernsey Island	
5 Deborah Doherty (W35)		26.32

Results - Under 20 Women**100m****FINAL (Wind: +2.4m/sec)***Sat*

	Guernsey Island Team	
1 Robilliard		12.53
2 Kim Murray	Southampton New Forest Junior	12.62
3 Roberts		13.15
	City of Portsmouth	
4 Ella Sullivan		13.52
	Aldershot, Farnham & District	
5 Rebecca Lawrence		13.55

Sheet1

Alexis Curtis- 6 Harris	Basingstoke & Mid Hants	13.59
7 Kerry Elcock	Aldershot, Farnham & District	DNS

200m **FINAL (Wind: -1.3m/sec)** *Sun*

	Team	
1 Kim Murray	Southampton	26.43
Georgina	Basingstoke	
2 Neame	& Mid Hants	26.93
Megan	City of	
3 Williams	Portsmouth	27.4
Alexis Curtis- 4 Harris	Basingstoke & Mid Hants	29.12
5 Emma Brown	Andover	29.82

400m **FINAL** *Sat*

1 Georgina Neame	Basingstoke & Mid Hants	59.01
2 Catriona Witcombe	Team Southampton	60.78
3 Stephanie Le Cornu	Channel Islands	61.16
Corin 4 Reynolds	Havant Winchester & District	62.02
5 India Lee	District	62.26
Megan 6 Williams	City of Portsmouth	63.93
7 Emma Brown	Andover	66.94
8 Jemma Hobbs	Havant	67.28

800m **Heat 1** *Sun*

1 Catriona Witcombe	Team Southampton	02:23.99Q
2 Stephanie Twell	Aldershot, Farnham & District	02:26.42Q
3 India Lee	Winchester & District	02:27.03Q
4 Katherine Smith	Aldershot, Farnham & District	02:28.80q
5 Lucy Bowers	Team Southampton	02:32.79q
6 Rebecca Sleaf	Basingstoke & Mid Hants	02:38.19

Heat 2

1 Corin Reynolds	Havant	02:35.58Q
2 Stacey Preston	Aldershot, Farnham & District	02:36.13Q

Sheet1

3 Emma Pallant	Aldershot, Farnham & District Team	02:36.88Q
4 Jodie Bowers	Southampton Team	02:38.68
5 Steph Singer	Southampton	02:44.71

FINAL

1 Stephanie Twell	Aldershot, Farnham & District	02:13.69
2 Emma Pallant	Aldershot, Farnham & District	02:14.80
3 India Lee	Winchester & District	02:18.07
4 Stacey Preston	Aldershot, Farnham & District	02:21.97
5 Reynolds	Havant	02:26.01
6 Katherine Smith	Aldershot, Farnham & District Team	02:26.78
7 Lucy Bowers	Southampton Team	02:36.13
8 Catriona Witcombe	Southampton	DNS

1500m

FINAL

Sat

1 Stephanie Twell	Aldershot, Farnham & District	04:27.70	CBP
2 Emma Pallant	Aldershot, Farnham & District	04:37.25	
3 Stacey Preston	Aldershot, Farnham & District	04:51.05	
4 Jessica Prier	Aldershot, Farnham & District Team	05:30.95	
5 Lucy Bowers	Southampton Team	05:33.29	
6 Jodie Bowers	Southampton Team	05:34.06	
7 Carol Thompson	Southampton	05:59.41	

3000m

FINAL

Sun

1 Stephanie Twell	Aldershot, Farnham & District	09:45.20	CBP
2 Stacey Preston	Aldershot, Farnham & District	10:20.79	

Sheet1

Hayley Pointer	Team Southampton	10:38.78
4 Polly Keen	Havant	10:43.09
	New Forest	
5 Charlotte Bates	Junior	10:59.32
Rebecca	Basingstoke &	
6 Skelton	Mid Hants	11:38.84
Dominique	Team	
7 Mucci	Southampton	11:46.01
8 Sarah Holliday	Andover	12:03.42

100m Hurdles FINAL (Wind: +2.3m/sec) *Sat*

Kylie Robilliard	Guernsey Island	14.34	CBP
2 Jade Birch	Havant	15.98	
	Team		
3 Nicole Gough	Southampton	17.02	
	Guernsey		
4 Erica Bodman	Island	18.24	
Catriona	Team		
5 Witcombe	Southampton	18.25	

400m Hurdles FINAL *Sun*

Ellen Howarth-Brown	City of Portsmouth	60.4	CBP
Claire Alexander	City of Portsmouth	66.21	
Stephanie Le Cornu	Channel Islands	67.79	
	Team		
4 Nicole Gough	Southampton	75.95	
5 Natasha Parker	Havant	76.53	

3000m Walk FINAL *Sat*

1 Claire Grace	Isle of Wight	18:53.90
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High Jump *Sat*

Charlotte Heron	Team Southampton	1.6
Erica Bodman	Guernsey Island	1.6
Clementine Turner-Powell	Winchester & District	1.5
Stephanie Le	Channel	
4 Cornu	Islands	1.45
5 Teri Longyear	Havant	1.4

Pole Vault *Sat*

1 Victoria Wise	City of Portsmouth	2.4
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Long Jump *Sun*

		Team	
1	Kim Murray	Southampton	5.14
	Stephanie Le	Channel	
2	Cornu	Islands	4.8 w
	Clementine		
	Turner-	Winchester &	
3	Powell	District	4.73
		Guernsey	
4	Erica Bodman	Island	4.58
5	Emma Brown	Andover	4.33 w
	Rebecca	Aldershot,	
		Farnham &	
6	Lawrence	District	4.26 w

Triple Jump *Sun*

	Clementine		
	Turner-	Winchester &	
1	Powell	District	10.76
	Stephanie Le	Channel	
2	Cornu	Islands	10.46

Shot *Sat*

	Gemma	Guernsey	
1	Tingay	Island	11.06
	Rebecca	City of	
2	Greentree	Portsmouth	9.19

Discus *Sat*

	Gemma	Guernsey	
1	Tingay	Island	28.18
		Aldershot,	
		Farnham &	
2	Kerry Elcock	District	21.09

Hammer *Sun*

		City of	
1	Joanne Price	Portsmouth	38.17
	Gemma	Guernsey	
2	Tingay	Island	25.39

Javelin *Sun*

	Gemma	Guernsey	
1	Tingay	Island	32.4
	Rebecca	City of	
2	Greentree	Portsmouth	29.25
	Erica	Guernsey	
3	Bodman	Island	23.05

Results - Under 17 Women**100m** **Heat 1 (Wind: +2.3m/sec)** *Sat*

		Aldershot,	
		Farnham &	
	Emily	District	
1	Thackrah		12.47Q

Sheet1

Kimberley 2 Gleeson	Guernsey Island Team	12.74Q
3 Becca Carozzi Louise	Southampton	12.96Q
4 Corcoran	Andover	12.99q
5 Vicky Warren Tiffany	Bournemouth New Forest	13.3q
6 Markham Madeleine	Junior Team	13.44
7 Foster Mollie	Southampton	13.46
8 Occomore	Isle of Wight	14.31

Heat 2 (Wind: +2.1m/sec)

	Team	
1 Amy Matthews Pascha	Southampton	12.67Q
2 Burgoyne Gemma	Isle of Wight	12.91Q
3 Dawkins	Jersey Spartan New Forest	13.17Q
4 Chloe Foot	Junior New Forest	13.35
5 Rosie Cooper	Junior Team	13.51
6 Alison Sanders	Southampton	13.97
7 Becky James	Basingstoke & Mid Hants	14.43

FINAL (Wind: +3.4m/sec)

1 Emily Thackrah	Aldershot, Farnham & District Team	12.28
2 Amy Matthews	Southampton	12.4
3 Kimberley Gleeson	Guernsey Island Team	12.74
4 Becca Carozzi Pascha	Southampton	12.77
5 Burgoyne	Isle of Wight	12.99
6 Vicky Warren Louise	Bournemouth	13.11
7 Corcoran Gemma	Andover	13.12
8 Dawkins	Jersey Spartan	13.26

200m

Heat 1 (Wind: -2.5m/sec)

1 Holly Croxford	Winchester & District	25.99Q
2 Kimberley Gleeson	Guernsey Island	27.23Q
3 Gemma Dawkins	Jersey Spartan	28.11Q

Sun

Sheet1

Suzanne		
4 Clifton	Isle of Wight	28.19q
Tiffany	New Forest	
5 Markham	Junior	28.19q
	New Forest	
6 Chloe Foot	Junior	29.28

Heat 2 (Wind: -1.1m/sec)

Emily	Aldershot,	
1 Thackrah	Farnham &	
	District	26.76Q
	Team	
2 Amy Matthews	Southampton	27.16Q
Pascha		
3 Burgoyne	Isle of Wight	28.13Q
	New Forest	
4 Rosie Cooper	Junior	28.97
Megan	City of	
5 Freeman	Portsmouth	30.85

FINAL (Wind: -1.5m/sec)

Holly	Winchester &	
1 Croxford	District	25.42
Emily	Aldershot,	
2 Thackrah	Farnham &	
	District	26.19
Amy	Team	
3 Matthews	Southampton	26.38
Kimberley	Guernsey	
4 Gleeson	Island	27.14
Gemma		
5 Dawkins	Jersey Spartan	27.39
Pascha		
6 Burgoyne	Isle of Wight	27.81
Tiffany	New Forest	
7 Markham	Junior	27.87
Suzanne		
8 Clifton	Isle of Wight	28.49

300m

FINAL

Sat

Holly	Winchester &		
1 Croxford	District	39.96	CBP
Louise			
2 Corcoran	Andover	43.27	
	Basingstoke		
3 Laura Wright	& Mid Hants	44.94	
Eloise	City of		
4 Waldon-Day	Portsmouth	45.47	
5 Natalie Hobbs	Havant	48.85	

800m

Heat 1

Sun

	Team	
1 Louise Webb	Southampton	02:35.12Q
Michelle	Team	
2 Hallett	Southampton	02:35.15Q

Sheet1

3	Samantha Price	City of Portsmouth Team	02:38.22
4	Katrina Brace	Southampton	02:41.60
5	Lucy Olden	Isle of Wight City of Portsmouth	02:42.03
6	Laura Kidby	Portsmouth	02:46.71

Heat 2

1	Siobhan Svendsen	Isle of Wight Winchester & District	02:23.62Q
2	Sarah Burgin	Rebecca Team	02:23.63Q
3	Gough	Southampton	02:23.71q
4	Natalie Hobbs	Havant	02:42.80
5	Selina Henderson	Basingstoke & Mid Hants City of Portsmouth	02:44.92
6	Louisa Boyle	Portsmouth	02:57.87

Heat 3

1	Charlotte Purdue	Aldershot, Farnham & District	02:32.43Q
2	Rio Brookes-Gibbs	Team Southampton	02:32.95Q
3	Sinead O'Hara	Team Southampton	02:38.19q
4	Lucy Denny	Havant	02:42.04
5	Anna Lee-Flood	Winchester & District	02:45.89
6	Rebecca Campbell	Team Southampton	02:47.76

FINAL

1	Louise Webb	Team Southampton	02:16.94
2	Charlotte Purdue	Aldershot, Farnham & District	02:17.31
3	Rebecca Gough	Team Southampton	02:17.46
4	Sarah Burgin	Winchester & District	02:21.55
5	Siobhan Svendsen	Isle of Wight Team	02:24.68
6	Michelle Hallett	Southampton Team	02:26.80
7	Sinead O'Hara	Southampton	02:40.67
8	Rio Brookes-Gibbs	Team Southampton	02:47.60

1500m

FINAL

Sat

Charlotte 1 Purdue	Aldershot, Farnham & District Team	04:40.21
2 Louise Webb Rebecca 3 Gough	Southampton Team Southampton	04:41.85 04:42.40
4 Sarah Burgin	Winchester & District	04:49.52
Laura Alexander- 5 High	Aldershot, Farnham & District	04:52.09
6 Aiya Abe	Isle of Wight	05:02.82
7 Sarah Mercier	Guernsey Island	05:08.88
8 Samantha Prier	Aldershot, Farnham & District	05:18.12
Samantha 9 Price	City of Portsmouth	05:31.40
10 Lucy Olden	Isle of Wight	05:31.84
11 Laura Kidby	City of Portsmouth	05:33.89
12 Kate Bourne	Basingstoke & Mid Hants	05:57.93
13 Louisa Boyle	City of Portsmouth	06:09.50

3000m

FINAL

Sun

Charlotte 1 Purdue	Aldershot, Farnham & District	09:45.61	CBP
Laura Alexander- 2 High	Aldershot, Farnham & District	10:31.93	
3 Aiya Abe	Isle of Wight	10:59.72	
4 Sarah Mercier	Guernsey Island	11:09.68	
5 Georgina Gair	City of Portsmouth	11:15.78	

80m Hurdles Heat 1 (Wind: +2.9m/sec)

Sat

1 Katy Penn	Isle of Wight	12.41Q
Tiffany	New Forest	
2 Markham	Junior	12.54Q
Jennifer	Channel	
3 Harrop	Islands	12.83Q
Samantha	Basingstoke &	
4 Doodoo	Mid Hants	13.53q
5 Thalia Laing	Basingstoke & Mid Hants	13.89q
6 Becky James	Basingstoke & Mid Hants	14.07

Heat 2 (Wind: +2.2m/sec)

Sophie	Channel	
1 Twinam	Islands	12.96Q

Sheet1

2	Kate Crooks	City of Portsmouth	13.88Q
3	Franki Hansen	Andover	14.5Q

FINAL (Wind: +2.5m/sec)

1	Katy Penn	Isle of Wight	12.62
	Tiffany	New Forest	
2	Markham	Junior	12.78
	Sophie	Channel	
3	Twinam	Islands	12.84
	Jennifer	Channel	
4	Harrop	Islands	12.9
	Samantha	Basingstoke &	
5	Dodoo	Mid Hants	13.37
		City of	
6	Kate Crooks	Portsmouth	14.03
7	Franki Hansen	Andover	14.35
		Basingstoke &	
8	Thalia Laing	Mid Hants	DNS

300m Hurdles FINAL

Sun

		Team	
1	Becca Carozzi	Southampton	46.91
	Sophie	Channel	
2	Twinam	Islands	49.06
3	Katy Penn	Isle of Wight	49.08
	Eloise	City of	
4	Waldon-Day	Portsmouth	49.8
	Jennifer	Channel	
5	Harrop	Islands	51.13
	Jennifer		
6	Sanders	Bournemouth	53.34

3000m Walk FINAL

Sat

1	Sarah Osgood	Havant	22:08.30
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High Jump

Sat

	Sophie	Channel	
1	Twinam	Islands	1.53
		City of	
2=	Kate Crooks	Portsmouth	1.45
	Hannah	Basingstoke	
2=	Myatt	& Mid Hants	1.45
		Basingstoke &	
4	Thalia Laing	Mid Hants	1.4
	Hannah		
5	Jennings	Isle of Wight	1.35

Pole Vault

Sat

		Team	
1	Hannah Pim	Southampton	1.9

Long Jump

Sun

	Kimberley	Guernsey	
1	Gleeson	Island	5.16w

Sheet1

	Basingstoke	
2 Laura Wright	& Mid Hants	4.77
Jennifer	Channel	
3 Harrop	Islands	4.66
	New Forest	
4 Chloe Foot	Junior	4.37w
Megan	City of	
5 Freeman	Portsmouth	4.21 w
6 Franki Hansen	Andover	4.2 w
Samantha	Basingstoke &	
7 Doodoo	Mid Hants	4.14w
Madeleine	Team	
8 Foster	Southampton	4.12w

Triple Jump*Sun*

	Hayley		
1 Wright	Bournemouth	11.62	CBP
Gemma	Jersey		
2 Dawkins	Spartan	10.39w	
Sophie	Channel		
3 Twinam	Islands	10.11	
	Basingstoke &		
4 Laura Wright	Mid Hants	9.36	

Shot*Sat*

	Charlotte	City of	
1 Waldon-Day	Portsmouth	9.55	
Eloise	City of		
2 Waldon-Day	Portsmouth	8.55	
	Jersey		
3 Emma Wilton	Spartan	7.95	
	Channel		
4 Becky Slater	Islands	7.66	
	Basingstoke &		
5 Thalia Laing	Mid Hants	7.42	
Samantha	Basingstoke &		
6 Doodoo	Mid Hants	7.07	
Mollie			
7 Occomore	Isle of Wight	6.76	
	New Forest		
8 Rebecca Gray	Junior	6.46	
9 Sarah Osgood	Havant	5.91	

Discus*Sat*

	Team	
1 Lizzie Dunn	Southampton	28.21
	Channel	
2 Becky Slater	Islands	27.05
	Jersey	
3 Emma Wilton	Spartan	26.32
	Team	
4 Eleanor Berry	Southampton	23.29
5 Sarah Osgood	Havant	22.88
	New Forest	
6 Rebecca Gray	Junior	19.64

Hammer *Sun*

Sabrina		
1 Turner	Havant	25.19
2 Sarah Osgood	Havant	18.94

Javelin *Sun*

Channel		
1 Becky Slater	Islands	30.4
Holly	City of	
2 Thompson	Portsmouth	29.41
Charlotte	City of	
3 Waldon-Day	Portsmouth	24.81
	Team	
4 Eleanor Berry	Southampton	21.17

results - Under 15 Girls**100m** **Heat 1 (Wind: +1.2m/sec) (manual timing)** *Sat*

1 Alice Reynolds	Havant	13.1 Q
	New Forest	
2 Ailsa Roberts	Junior	13.4
Hannah	Winchester &	
3 Ashmore	District	13.6
	New Forest	
4 Emily Radjen	Junior	14
	New Forest	
5 Hayley Platt	Junior	14.2
	Eastleigh &	
6 Melissa Brown	District Junior	14.4
	Eastleigh &	
7 Jo Hunt	District Junior	15.7
8 Suzanna Miers	Perins School	DNS

Heat 2 (Wind: +1.6m/sec) (manual timing)

	Team	
1 Sophie Mead	Southampton	12.9 Q
Christina	New Forest	
2 Parsons	Junior	13.1 q
	Winchester &	
3 Abbie Tarrant	District	13.2 q
	Basingstoke &	
4 Amy Mosdell	Mid Hants	13.6
5 Sarah Grace	Isle of Wight	13.7
	Guernsey	
6 Kerrin Leigh	Island	14
Megan	Basingstoke &	
7 Golding	Mid Hants	14.5
8 Natasha Pitt	Havant	14.8

Heat 3 (Wind: +2.6m/sec) (manual timing)

	Eastleigh &	
1 Rebecca King	District Junior	13 Q
	Eastleigh &	
2 Sophie Jones	District Junior	13.3 q

Sheet1

3 Ella Bilton	Isle of Wight New Forest	13.4
4 Zara Martin Sophie	Junior	13.6
5 Ramsey Ellen	Andover Team	13.7
6 Cranstone	Southampton Team	14.1
7 Katie Sanders	Southampton	14.3

Heat 4 (Wind: +2.1m/sec) (manual timing)

Samantha		
1 Birch	Havant Eastleigh &	13.6Q
2 Melody Young	District Junior City of	13.7
3 Eliza Castleton	Portsmouth	13.8
4 Tessa Flood	Isle of Wight Aldershot,	13.9
Daniele	Farnham &	
5 Greener	District Guernsey	14
6 Kristy Grant	Island	14.1
7 Emily Varcoe	Eastleigh & District Junior	14.5

Run-off (Wind: +3.7m/sec)

1 Ella Bilton	Isle of Wight	13.09q
2 Ailsa Roberts	NFJun	13.21

FINAL (Wind: +2.8m/sec)

	Team	
1 Sophie Mead	Southampton	12.76
Alice		
2 Reynolds	Havant	12.84
Christina	New Forest	
3 Parsons	Junior	12.85
	Eastleigh &	
4 Rebecca King	District Junior Winchester &	12.94
5 Abbie Tarrant	District	13.1
6 Ella Bilton	Isle of Wight	13.36
Samantha		
7 Birch	Havant Eastleigh &	13.37
8 Sophie Jones	District Junior	13.48

200m

Heat 1 (Wind: -1.8m/sec)

Sun

Christina	New Forest	
1 Parsons	Junior	27.37Q
2 Brogan Percy	Isle of Wight	27.53q
3 Amy Dingle	Jersey Spartan	28.28q
4 Sarah Grace	Isle of Wight	28.94
	Basingstoke &	
5 Amy Mosdell	Mid Hants	29.1

Sheet1

6 Suzanna Miers	Perins School	29.3
	Guernsey	
7 Kristy Grant	Island	30.47

Heat 2 (Wind: -1.4m/sec)

1 Rebecca King	Eastleigh & District Junior	27.81 Q
2 Ella Bilton	Isle of Wight	28.37 q
3 Sophie Jones	Eastleigh & District Junior	28.63
4 Ramsey	Andover	29.37
5 Tessa Flood	Isle of Wight	29.61
	Guernsey	
6 Kerrin Leigh	Island	30.1
	Lacey	
7 Hailstones	City of Portsmouth	31.06
8 Natasha Pitt	Havant	31.48

Heat 3 (Wind: -1.5m/sec)

	Team	
1 Sophie Mead	Southampton	27.37 Q
	Winchester &	
2 Abbie Tarrant	District	27.81 q
3 Faith Norster	Isle of Wight	28.68
	New Forest	
4 Ailsa Roberts	Junior	28.72
	City of	
5 Eliza Castleton	Portsmouth	30.24
	Sophie	
6 Chamberlain	Team	30.51
	Southampton	
	Megan	
7 Golding	Basingstoke & Mid Hants	30.71

Heat 4 (Wind: -2.1m/sec)

1 Alice Reynolds	Havant	27.49 Q
	Eastleigh &	
2 Melody Young	District Junior	29.12
	Hannah	
3 Ashmore	Winchester & District	29.63
	New Forest	
4 Emily Radjen	Junior	30.04
	Amber De	
5 Strange	Redenat-	
	Basingstoke & Mid Hants	30.69
	City of	
6 Imogen Parkin	Portsmouth	31.34
	Aldershot,	
	Daisy	
7 Seabrook	Farnham & District	34.17

FINAL (Wind: -3.5m/sec)

	Team	
1 Sophie Mead	Southampton	27.07

Sheet1

Christina 2 Parsons Alice 3 Reynolds	New Forest Junior	27.11
4 Brogan Percy	Isle of Wight Eastleigh &	27.45
5 Rebecca King	District Junior	27.68
6 Amy Dingle	Jersey Spartan Winchester &	28.28
7 Abbie Tarrant	District	28.44
8 Ella Bilton	Isle of Wight	28.68

800m

Heat 1

Sat

	Aldershot, Farnham &	
1 Ciara Dullaghan	District	02:25.85Q
2 Brogan Percy	Isle of Wight Winchester &	02:26.44Q
3 Nikki Ferris	District	02:28.74q
Felicity Johnson- 4 Deeley	Jersey Spartan	02:32.71q
5 Nicola Milner	Jersey Spartan	02:34.31q
	Aldershot, Farnham &	
6 Andrea McCarthy	District	02:37.75
	Basingstoke &	
7 Sophie Myatt	Mid Hants	02:41.04
Abigail	City of	
8 Lazenbury	Portsmouth	02:42.57
	Basingstoke &	
9 Claire Bourne	Mid Hants	02:45.15
Bethany	Eastleigh &	
10 Woodhouse	District Junior	02:48.54

Heat 2

	City of	
1 Chloe Campbell	Portsmouth	02:38.73Q
	Aldershot, Farnham &	
2 Claire Arnold	District	02:40.92Q
	Guernsey	
3 Helen Sinclair	Island	02:43.26
	Fleet &	
4 Helen Ogle	Crookham	02:44.61
	Team	
5 Alisha Parnell	Southampton	02:46.06

Heat 3

	Andover	
1 Christie Woodford	Aldershot, Farnham &	02:37.48Q
	District	
2 Rebecca Bolt	District	02:38.10Q

Sheet1

3 Hannah Vossier	Winchester & District	02:38.67
4 Emma Stevens	Aldershot, Farnham & District	02:53.68
5 Houze	Jersey Spartan	03:04.57

FINAL

1 Brogan Percy	Isle of Wight	02:24.09
2 Nikki Ferris	Winchester & District	02:26.38
3 Chloe Campbell	City of Portsmouth	02:32.26
4 Woodford	Christie Andover	02:33.05
5 Deeley	Felicity Johnson- Jersey Spartan	02:33.16
6 Claire Arnold	Aldershot, Farnham & District	02:36.98
7 Rebecca Bolt	Aldershot, Farnham & District	02:37.76
8 Nicola Milner	Jersey Spartan	02:43.13
9 Ciara Dullaghan	Aldershot, Farnham & District	DNF

1500m

Heat 1

Sun

1 Abigail Lazenbury	City of Portsmouth	05:16.35Q
2 Sophie Smith	Basingstoke & Mid Hants	05:18.09Q
3 Rebecca Bolt	Aldershot, Farnham & District	05:18.79Q
4 Andrea McCarthy	Aldershot, Farnham & District	05:19.11Q
5 Alice Cole	New Forest Junior	05:22.37q
6 Daisy Seabrook	Aldershot, Farnham & District	05:26.88q
7 Chloe Campbell	City of Portsmouth	05:38.79
8 Hannah Ransome	Team Southampton	05:48.98
9 Ruth Stilwell	Jersey Spartan	06:10.48

Heat 2

Sheet1

1	Claire Arnold Felicity Johnson-	Aldershot, Farnham & District	05:17.67Q
2	Deeley	Jersey Spartan Winchester & District	05:17.68Q
3	Hannah Vossier	Aldershot, Farnham & District	05:20.18Q
4	Louise Small	Jersey Spartan	05:20.56Q
5	Nicola Milner Christie	Andover Guernsey Island	05:28.17q
6	Woodford	Basingstoke & Mid Hants	05:29.16q
7	Helen Sinclair	Eastleigh & District Junior	05:35.96
8	Katie Smith		05:38.27
9	Bethany Woodhouse		05:40.20

FINAL

1	Louise Small	Aldershot, Farnham & District	04:46.04
2	Felicity Johnson- Deeley	Jersey Spartan	05:04.16
3	Sophie Smith	Basingstoke & Mid Hants	05:06.68
4	Claire Arnold	Aldershot, Farnham & District	05:12.93
5	Abigail Lazenbury	City of Portsmouth	05:16.40
6	Rebecca Bolt	Aldershot, Farnham & District	05:17.52
7	Andrea McCarthy	Aldershot, Farnham & District	05:17.92
8	Daisy Seabrook	Aldershot, Farnham & District	05:26.39
9	Alice Cole	New Forest Junior	05:27.00
10	Hannah Vossier	Winchester & District	05:32.46
11	Christie Woodford	Andover	05:34.51

75m Hurdles Heat 1 (Wind: +3.8m/sec)

Sat

1	Zara Martin	New Forest Junior	12.65Q
2	Jessica Shuttleworth	City of Portsmouth	12.81Q

Sheet1

3	Kristy Grant Christina	Guernsey Island Team	12.83Q
4	Hargreaves Lucy	Southampton	13.23q
5	Crossman	Jersey Spartan	13.46q

Heat 2 (Wind: +2.2m/sec)

1	Amy Dingle	Jersey Spartan Winchester & District	12.47Q
2	Emma Buckett Jessica	Basingstoke & Mid Hants	12.63Q
3	Sandwell Nicola	Perins School	12.65Q
4	Hampton	Guernsey Island	13.7
5	Kerrin Leigh	Guernsey	15.26
6	Helen Sinclair	Island	16.19

FINAL (Wind: +3.4m/sec)

1	Amy Dingle	Jersey Spartan	12.24
2	Jessica Sandwell	Basingstoke & Mid Hants	12.3
3	Zara Martin	New Forest Junior	12.36
	Jessica	City of Portsmouth	12.51
4	Shuttleworth	Guernsey Island	13.09
5	Kristy Grant Lucy	Jersey Spartan	13.41
6	Crossman	Winchester & District	DNF
7	Emma Buckett Christina	Team	DNS
8	Hargreaves	Southampton	

2500m Walk FINAL (manual timing) Sat

1	Nicola Milner	Jersey Spartan	16:32.50
2	Rebecca Houze	Jersey Spartan	16:49.30
3	Ruth Stilwell	Jersey Spartan	19:06.00

High Jump Sat

1	Emma Buckett	Winchester & District	1.69	CBP
2	Jenna Murphy	Jersey Spartan	1.55	
3=	Amy Dingle	Jersey Spartan	1.5	
3=	Christina Parsons	New Forest Junior	1.5	

Sheet1

Lucy		
5 Crossman	Jersey Spartan	1.45
Nicola		
6 Hampton	Perins School	1.4
Lucy		
7 Dobinson	Andover	1.35
Ellen	Team	
8 Cranstone	Southampton	1.35
	Eastleigh &	
9 Melissa Brown	District Junior	1.2

Pole Vault

Sat

Jennifer	City of		
1 Tilbury	Portsmouth	2.1	CBP

Long Jump

(no wind gauge)

Sun

Emma	Winchester &	
1 Buckett	District	5.2
	Jersey	
2 Amy Dingle	Spartan	5
Jenna	Jersey	
3 Murphy	Spartan	4.87
	New Forest	
4 Zara Martin	Junior	4.6
5 Sophie Hughes	Perins School	4.55
Jessica	Basingstoke &	
6 Sandwell	Mid Hants	4.51
Lucy		
7 Crossman	Jersey Spartan	4.41
Samantha		
8 Birch	Havant	4.29
	New Forest	
9 Hayley Platt	Junior	4.26
	Team	
10 Kirsten Squibb	Southampton	4.22
	City of	
11 Eliza Castleton	Portsmouth	4.16
12 Sarah Grace	Isle of Wight	4.09
Lucy		
13 Dobinson	Andover	4.04
	City of	
14 Eve Gunter	Portsmouth	4.03
	Guernsey	
15 Kristy Grant	Island	4.03
	Guernsey	
16 Kerrin Leigh	Island	3.88
Lacey	City of	
17 Hailstones	Portsmouth	3.81
Sophie	Team	
18 Chamberlain	Southampton	3.75
19 Natasha Pitt	Havant	3.66
	Basingstoke &	
20 Sophie Myatt	Mid Hants	3.31

Shot

Sun

Sheet1

Kathryn 1 Rothwell	Channel Islands Team	9.7
2 Georgina Pick Hannah	Southampton Winchester & District	8.79
3 Ashmore	Eastleigh & District Junior Team	8.73
4 Emily Varcoe	Southampton	8.55
5 Kathryn Webb	Basingstoke & Mid Hants	8.3
6 Rebecca Owens		8.14
7 Amy Dingle	Jersey Spartan Winchester & District Team	8.04
8 Sarah Newton	Southampton	7.78
9 Anna Stevens		7.58
10 Catherine Snell	Havant	6.34

Discus

Sun

Lizzy 1 Lovegrove	Isle of Wight	26.7
Rebecca 2 Owens	Basingstoke & Mid Hants Team	23.88
3 Georgina Pick	Southampton Team	23.59
4 Anna Stevens	Southampton	22.7
5 Sarah Newton	Winchester & District	17.97
6 Emily Varcoe	Eastleigh & District Junior	17.94
7 Catherine Snell	Havant	16.18
Megan	Basingstoke & Mid Hants	13.2
8 Golding		

Javelin

Sat

Jennifer 1 Tilbury	City of Portsmouth	28.42
Emma 2 Broadey	Aldershot, Farnham & District	26.83
3 Sarah Newton	District Winchester &	24.43
4 Emma Buckett	District	21.54
Mary-Kate		
5 Longyear	Havant	20.96
Rebecca		
6 Houze	Jersey Spartan Team	17.1
7 Georgina Pick	Southampton	14.21

Results - Under 13 Girls

100m

Heat 1 (Wind: +1.4m/sec)

Sat

Rebecca	Basingstoke &	
1 Curtis-Harris	Mid Hants	13.59Q
	Team	
2 Victoria Vinter	Southampton	14.35Q
	Guernsey	
3 Ciara Fossey	Island	14.65
Elly	Eastleigh &	
4 Henderson	District Junior	15.22
Gabriella	Winchester &	
5 Oliver	District	15.46
6 Ellora Milsom	Andover	15.77

Heat 2 (Wind: +1.2m/sec)

	Guernsey	
1 Chloe Huxster	Island	13.74Q
	City of	
2 Laura Collins	Portsmouth	14.23Q
Bethany	Team	
3 Sharpe	Southampton	14.29q
	City of	
4 Hollie Fudge	Portsmouth	14.8
	Eastleigh &	
5 Lauren Hyslop	District Junior	15.15
	Team	
6 Imogen Street	Southampton	15.39

Heat 3 (Wind: +2.3m/sec)

	Team	
1 Megan Fry	Southampton	14.11Q
	Guernsey	
2 Robyn Wild	Island	14.34Q
3 Amelia Jones	Jersey Spartan	14.61q
Emily		
4 Glanfield	Perins School	14.85
Laura	Winchester &	
5 Tognarelli	District	15.31
6 Frainey Spurge	Perins School	15.48

FINAL (Wind: +1.7m/sec)

Rebecca	Basingstoke	
1 Curtis-Harris	& Mid Hants	13.59
	Guernsey	
2 Chloe Huxster	Island	13.73
	Team	
3 Megan Fry	Southampton	14.06
	Guernsey	
4 Robyn Wild	Island	14.38
Bethany	Team	
5 Sharpe	Southampton	14.39

Sheet1

	Team	
6 Victoria Vinter	Southampton	14.44
	City of	
7 Laura Collins	Portsmouth	14.56
8 Amelia Jones	Jersey Spartan	14.71

200m

Heat 1 (Wind: -2.1m/sec)

Sun

	Rebecca	Basingstoke &	
1	Curtis-Harris	Mid Hants	29.21Q
	Hannah	Basingstoke &	
2	Skelton	Mid Hants	30.39Q
		Team	
3	Megan Fry	Southampton	30.53q
		Guernsey	
4	Robyn Wild	Island	30.6q
		Team	
5	Alice Dexter	Southampton	32.02
		Eastleigh &	
6	Lauren Hyslop	District Junior	33.68

Heat 2 (Wind: -1.1m/sec)

		Team	
1	Victoria Vinter	Southampton	30.71Q
		Guernsey	
2	Ciara Fossey	Island	31.52Q
	Emily		
3	Glanfield	Perins School	31.77
4	Amelia Jones	Jersey Spartan	31.77
	Laura	Winchester &	
5	Tognarelli	District	32.61
6	Frainey Spurge	Perins School	33.8

Heat 3 (Wind: -2.1m/sec)

	Lucy Des	Winchester &	
1	Clayes	District	30.56Q
	Elizabeth		
2	Flesher	Perins School	31.67Q
		New Forest	
3	Emily Shore	Junior	31.76
		Winchester &	
4	Jessica Maw	District	32.9

FINAL (Wind: -2.1m/sec)

	Rebecca	Basingstoke	
1	Curtis-Harris	& Mid Hants	28.89
	Hannah	Basingstoke	
2	Skelton	& Mid Hants	29.57
	Lucy Des	Winchester &	
3	Clayes	District	30.34
		Team	
4	Victoria Vinter	Southampton	30.51
		Guernsey	
5	Robyn Wild	Island	30.8

Sheet1

	Team	
6 Megan Fry	Southampton	31.15
	Guernsey	
7 Ciara Fossey	Island	32.32
Elizabeth		
8 Flesher	Perins School	32.38

800m

Heat 1

Sat

	City of	
1 Emma Gilmore	Portsmouth	02:37.56Q
2 Carey Fenton	Jersey Spartan	02:45.59Q
	City of	
3 Emily Hume	Portsmouth	02:47.71Q
	Team	
4 Laura Seaman	Southampton	02:48.54q
	Winchester &	
5 Jessica Maw	District	02:52.46
Lucy Des	Winchester &	
6 Claves	District	02:58.45
Liberty		
7 Pritchard	Unattached	03:01.95
	Eastleigh &	
8 Laura Kalus	District Junior	03:03.71
	Basingstoke &	
9 Jemma Prosser	Mid Hants	03:14.65

Heat 2

	Team	
1 Nicky Humphrey	Southampton	02:43.88Q
2 Elizabeth Ives	Havant	02:48.02Q
Hannah	Basingstoke &	
3 Skelton	Mid Hants	02:49.09Q
Charlotte	City of	
4 Harris	Portsmouth	02:49.86q
5 Ellora Milsom	Andover	02:51.69
	Mountbatten	
6 Sophie Shimell	School	02:51.75
Jessica	Basingstoke &	
7 Clement	Mid Hants	02:51.93
	Basingstoke &	
8 Joanna Hay	Mid Hants	02:56.24
Millie		
9 Dobinson	Andover	03:10.95

FINAL

Emma	City of	
1 Gilmore	Portsmouth	02:32.83
Nicky	Team	
2 Humphrey	Southampton	02:39.04
	Jersey	
3 Carey Fenton	Spartan	02:44.06
4 Elizabeth Ives	Havant	02:48.20
	Team	
5 Laura Seaman	Southampton	02:49.21

Sheet1

Hannah 6 Skelton	Basingstoke & Mid Hants	02:51.22
Charlotte 7 Harris	City of Portsmouth	02:52.02
8 Emily Hume	City of Portsmouth	03:00.82

1500m

FINAL

Sun

1 Emma Gilmore	City of Portsmouth	05:09.47
2 Mhairi-Clair Stewart	Team Southampton Aldershot, Farnham & District	05:17.13
3 Laura Haines	District	05:18.37
4 Elizabeth Ives	Havant Team	05:41.08
5 Daena Bennett	Southampton	05:44.86
Charlotte 6 Harris	City of Portsmouth	05:46.99
7 Jessica Maw	Winchester & District	06:02.23
Liberty 8 Pritchard	Unattached Basingstoke &	06:15.17
9 Rachel Francis	Mid Hants	06:21.60

70m Hurdles Heat 1 (Wind: +2.2m/sec)

Sat

1 Rebecca Curtis-Harris	Basingstoke & Mid Hants	11.82Q
2 Robyn Wild	Guernsey Island Team	12.65Q
3 Imogen Street	Southampton	14.21Q
Laura 4 Tognarelli	Winchester & District	15.56q

CBP

Heat 2 (Wind: +3.7m/sec)

1 Chloe Huxster	Guernsey Island	12.55Q
2 Ciara Fossey	Guernsey Island	13.16Q
3 Laura Collins	City of Portsmouth	14.06Q
Gabriella 4 Oliver	Winchester & District	14.22q
5 Lauren Hyslop	Eastleigh & District Junior	15.85

FINAL (Wind: +3.1m/sec)

1 Rebecca Curtis-Harris	Basingstoke & Mid Hants	11.65	CBP
2 Ciara Fossey	Guernsey Island	12.96	
3 Laura Collins	City of Portsmouth	13.89	

Sheet1

4 Robyn Wild	Guernsey Island Team	14.07
5 Imogen Street Gabriella	Southampton Winchester & District	14.08
6 Oliver Laura	Winchester & District	14.9
7 Tognarelli	Guernsey Island	15.01
8 Chloe Huxster	Island	DNF

2000m Walk **FINAL** *Sat*

	Jersey	
1 Carey Fenton	Spartan	14:33.50

High Jump *Sat*

1 Jessica Maw	Winchester & District	1.1
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Long Jump *Sun*

1 Ciara Fossey	Guernsey Island	4.04_w
2 Robyn Wild	Guernsey Island	3.99_w
3 Jessica Maw	Winchester & District	3.95
Elizabeth		
4 Flesher	Perins School	3.89
5 Elizabeth Ives	Havant Team	3.74 _w
6 Laura Seaman	Southampton	3.53 _w
7 Lauren Hyslop	Eastleigh & District Junior	3.53 _w

Shot *Sun*

	Team	
1 Freya Jones	Southampton	8.34
Eleanor		
2 Mitchell	Isle of Wight	7.47
Jessica		
3 Clement	Basingstoke & Mid Hants	7.33
Elizabeth		
4 Flesher	Perins School	6.35
5 Amelia Jones	Jersey Spartan	5.81

Discus *Sun*

1 Laura Tognarelli	Winchester & District	20.28
Eleanor		
2 Mitchell	Isle of Wight	17.55
Elizabeth		
3 Flesher	Perins School	17.33

Javelin *Sat*

Sheet1

	Team		
1 Freya Jones	Southampton	29.29	CBP
Eleanor			
2 Mitchell	Isle of Wight	25.51	
	Winchester &		
3 Jessica Maw	District	15.35	
Gabriella	Winchester &		
4 Oliver	District	12.88	