

# MENS TRACK

## "A" EVENT

### 100 Metres

	Athlete	Club	performance
1st	J DOWNE	BIRCHFIELD	10.9
2nd	L DUFF	CARDIFF	11.4
3rd	A RAYBAULD	TIPTON	11.4
4th	J LIGHTFOOT	MANSFIELD	11.5
5th	L WHALE	NORWICH	11.5
6th	A PEARSON	NOTTS	11.6
7th	D BAILEY	BRISTOL	12
8th	B STOREY	TAMWORTH	12.8

### 200 Metres

	Athlete	Club	performance
1st	L LENNONFORD	BIRCHFIELD	22.6
2nd	A PEARSON	NOTTS	23.1
3rd	J LIGHTFOOT	MANSFIELD	23.3
4th	A RAYBAULD	TIPTON	23.3
5th	L WHALE	NORWICH	23.7
6th	M MORGAN	CARDIFF	24.5
7th	J JENKINS	TAMWORTH	25.4
8th	H PRESTON	BRISTOL	25.9

### 400 Metres

	Athlete	Club	performance
1st	J WHITEHOUSE	BIRCHFIELD	50.5
2nd	S CORDIN	MANSFIELD	50.8
3rd	M GIBBONS	NOTTS	51.4
4th	D CASH	TAMWORTH	52.5
5th	M MORGAN	CARDIFF	53.2
6th	J HOLDEN	TIPTON	54.6
7th	J COX	NORWICH	55.2
8th	N JARVIS	BRISTOL	59.2

### 800 Metres

	Athlete	Club	performance
1st	D BISHOP	BRISTOL	1.55.9
2nd	N WOODWARD	TAMWORTH	1.56.3
3rd	J LYNCH	BIRCHFIELD	2.00.1
4th	C MCGURK	NOTTS	2.01.3
5th	J HOLDEN	TIPTON	2.02.3
6th	A REID	MANSFIELD	2.02.3
7th	M DACK	NORWICH	2.08.7
8th	V JONES	CARDIFF	2.10.7

### 1500 Metres

	Athlete	Club	performance
1st	D BISHOP	BRISTOL	4.04.1
2nd	S KING	MANSFIELD	4.05.6
3rd	S ROLLASON	TIPTON	4.08.1
4th	P WHITEHOUSE	BIRCHFIELD	4.09.7
5th	S KING	TAMWORTH	4.18.4
6th	M DACK	NORWICH	4.32.5
7th	A SOLHJOO	CARDIFF	4.36.6
8th	J MELLOR	NOTTS	4.51.0

## "B" EVENT

	Athlete	Club	performance
1st	A THOMAS	BIRCHFIELD	11.2
2nd	S DWIGHT	CARDIFF	11.5
3rd	D FEELEY	MANSFIELD	11.7
4th	A SMITH	TIPTON	11.7
5th	D WARD	NOTTS	11.8
6th	O ARMSTRONG	NORWICH	12
7th	C PARKER	TAMWORTH	12.7
8th	S MIAH	BRISTOL	13.2

	Athlete	Club	performance
1st	D FARRINGTON	BIRCHFIELD	22.8
2nd	S CORDIN	MANSFIELD	22.9
3rd	T OFFLER	NOTTS	23.3
4th	M DWIGHT	CARDIFF	23.3
5th	S TONKS	TAMWORTH	24.4
6th	O ARMSTRONG	NORWICH	28.5
7th			
8th			

	Athlete	Club	performance
1st	R DAVIES	BIRCHFIELD	49.7
2nd	L PAULSON	NOTTS	52.6
3rd	R WOOLLEY	MANSFIELD	54.8
4th	B HORSLEY	TAMWORTH	57.9
5th	R MASON	TIPTON	60.9
6th	M BATH	NORWICH	75.1
7th			
8th			

	Athlete	Club	performance
1st	M BARKER	BIRCHFIELD	2.02.6
2nd	J JENKINS	TAMWORTH	2.04.7
3rd	H PRESTON	BRISTOL	2.06.3
4th	R MASON	TIPTON	2.06.5
5th	M BATH	NORWICH	2.07
6th	M MUNFORD	MANSFIELD	2.07.6
7th	O MOHAMMED	CARDIFF	2.11
8th	J MELLOR	NOTTS	2.16.6

	Athlete	Club	performance
1st	C BROWN	MANSFIELD	4.06.8
2nd	S O'MEARA	BIRCHFIELD	4.10.6
3rd	J HOLDEN	TIPTON	4.11.4
4th	R HOLBROW	BRISTOL	4.25.7
5th	S DEELEY	TAMWORTH	4.38.1
6th	M FOWLES	CARDIFF	4.43.8
7th			
8th			

# MENS TRACK

## 3000 Metres

	Athlete	Club	performance		Athlete	Club	performance
1st	D STIMPSON	TIPTON	9.10.0	1st	A PALMER	BIRCHFIELD	9.29.1
2nd	J MEE	MANS	9.14.1	2nd	M NAUNTON	TAMWORTH	9.33.0
3rd	A LAMBERT	BIRCHFIELD	9.22.4	3rd	V JONES	CARDIFF	10.22.6
4th	T ADAMS	TAM	9.23.7	4th	C LYNCH	TIPTON	10.26.8
5th	C GUY	NOTTS	9.34.8	5th	M MUNFORD	MANSFIELD	10.47.3
6th	M FOWLES	CARDIFF	9.42.9	6th	S GILBERT	NOTTS	11.11.4
7th	M BATH	NOR	9.45.3	7th			
8th				8th			

## 110 Metre Hurdles

	Athlete	Club	performance		Athlete	Club	performance
1st	C PREISTLEY	BIRCHFIELD	14.6	1st	E OKORO	BIRCHFIELD	15.2
2nd	D FEENEY	MANSFIELD	15.1	2nd	T BURTON	TAMWORTH	16.6
3rd	T OFFLER	NOTTS	15.6	3rd	D WICKHAM	NORWICH	19.5
4th	N WOODWARD	TAMWORTH	16.5	4th	P SCOTHERN	NOTTS	22.2
5th	J COX	NORWICH	17.1	5th	J MEE	MANSFIELD	26.4
6th	M SIMMS	TIPTON	21.8	6th			
7th				7th			
8th				8th			

## 400 Metre Hurdles

	Athlete	Club	performance		Athlete	Club	performance
1st	T OFFLER	NOTTS	57	1st	E OKORO	BIRCHFIELD	60.8
2nd	B HARDWARE	BIRCHFIELD	57.9	2nd	D HEATHCOTE	MANSFIELD	64.7
3rd	C BROWN	MANSFIELD	59.7	3rd	D WICKHAM	NORWICH	65.1
4th	J COX	NORWICH	61.3	4th	C HARRISON	NOTTS	68.7
5th	T BURTON	TAMWORTH	64.2	5th	C LYNCH	TIPTON	85.1
6th	M HOLDEN	TIPTON	64.6	6th			
7th				7th			
8th				8th			

## 2000m Steeplechase

	Athlete	Club	performance		Athlete	Club	performance
1st	S CANNELL	NORWICH	6.18.2	1st	M BATH	NORWICH	6.47.1
2nd	D HEATHCOTE	MANSFIELD	6.20.1	2nd	J MEE	MANSFIELD	6.51.1
3rd	M HOLDEN	TIPTON	6.24.3	3rd	T ADAMS	TAMWORTH	6.51.5
4th	M NAUNTON	TAMWORTH	6.50.5	4th	S HAZEL	BRISTOL	7.07.8
5th	N TODD	BRISTOL	6.58.0	5th	S HUNT	TIPTON	7.47.3
6th	P MELLOR	BIRCHFIELD	7.27.3	6th			
7th				7th			
8th				8th			

## 4x100 Metres Relay

	Club	performance
1st	BIRCHFIELD	43.6
2nd	TAMWORTH	46.1
3rd	MANSFIELD	47.2
4th	NOTTS	47.6
5th	NORWICH	48.8
6th	BRISTOL	49.4
7th	TIPTON	50.4
8th		

## 4x400 Metres Relay

	Club	performance
1st	BIRCHFIELD	3.25.9
2nd	NOTTS	3.30.9
3rd	BRISTOL	3.37.7
4th	TAMWORTH	3.40.2
5th	TIPTON	3.40.3
6th	CARDIFF	3.51.5
7th	NORWICH	4.26.2
8th	MANSFIELD	4.31.4

# MENS FIELD

## "A" EVENT

### HAMMER

	Athlete	Club	performance
1st	C SHORTHOUSE	NOTTS	51.97
2nd	D MORGAN	CARDIFF	50.01
3rd	A BERROW	TAMWORTH	45.48
4th	R WOOLLEY	MANSFIELD	34.03
5th	S WHITELOCK	BIRCHFIELD	25.51
6th	J FILER	BRISTOL	24.46
7th	T LANSDALE	NORWICH	19.6
8th	M BUKLEY	TIPTON	14.29

### DISCUS

	Athlete	Club	performance
1st	B MORSE	CARDIFF	44.35
2nd	J BESLEY	BIRCHFIELD	38.51
3rd	D FEENEY	MANSFIELD	31.22
4th	P SCOTHERN	NOTTS	30.96
5th	J FILER	BRISTOL	27.71
6th	A BERROW	TAMWORTH	26.63
7th	M CHERRINGTON	TIPTON	21.18
8th	T LANSDALE	NORWICH	20.25

### SHOT

	Athlete	Club	performance
1st	B HALL	BIRCHFIELD	12.18
2nd	T LANSDALE	NORWICH	11.34
3rd	B MORSE	CARDIFF	11.23
4th	A BERROW	TAMWORTH	10.98
5th	C SHORTHOUSE	NOTTS	10.05
6th	D FEENEY	MANSFIELD	10.02
7th	M HOLDEN	TIPTON	7.85
8th	N TODD	BRISTOL	5.68

### JAVELIN

	Athlete	Club	performance
1st	R WOOLLEY	MANSFIELD	49.81
2nd	B BYRD	TAMWORTH	48.4
3rd	J FRIER	BRISTOL	47.12
4th	P SCOTHERN	NOTTS	38.01
5th	S HAWES	NORWICH	34.16
6th	P MORGAN	CARDIFF	31.81
7th	M CHERRINGTON	TIPTON	27.71
8th	L BAKER	BIRCHFIELD	27.51

### POLE VAULT

	Athlete	Club	performance
1st	A SMITH	TIPTON	3.8
2nd	B MAYORWITZ	NOTTS	3.7
3rd	S RICHARDS	BRISTOL	3.6
4th	S HAWES	NORWICH	3.3
5th	M PIERPOINT	TAMWORTH	2.85
6th	J ROUTLEDGE	MANSFIELD	2.7
7th	S DAVIS	BIRCHFIELD	2.25
8th			

### HIGH JUMP

	Athlete	Club	performance
1st	M SIMMS	TIPTON	1.95
2nd	D SHIELDS	BIRCHFIELD	1.9
3rd	M ASHLEY	NOTTS	1.8
4th	N JARVIS	BRISTOL	1.8
5th	D CASH	TAMWORTH	1.65
6th	L LONG	CARDIFF	1.65
7th	R WOOLLEY	MANSFIELD	1.6
8th	S HAWES	NORWICH	1.6

### LONG JUMP

	Athlete	Club	performance
1st	L WHALE	NORWICH	5.98
2nd	M DWIGHT	CARDIFF	5.9
3rd	A PEARSON	NOTTS	5.88
4th	N JARVIS	BRISTOL	5.7
5th	R HARRIS	TIPTON	4.97
6th	A STEWART	BIRCHFIELD	4.86
7th	J JENKINS	TAMWORTH	4.28
8th	S KING	MANSFIELD	3.85

### TRIPLE JUMP

	Athlete	Club	performance
1st	P SCOTHERN	NOTTS	12.78
2nd	S TONKS	TAMWORTH	12.58
3rd	P THOMAS	BIRCHFIELD	12.4
4th	T BELL	MANSFIELD	12.39
5th	P MORGAN	CARDIFF	10.22
6th	R HARRIS	TIPTON	10.13
7th	S CANNELL	NORWICH	9.47
8th			

## "B" EVENT

	Athlete	Club	performance
1st	S JOHNS	CARDIFF	36.29
2nd	D LEVETT	TAMWORTH	33.05
3rd	J BESLEY	BIRCHFIELD	22.58
4th	J ROUTLEDGE	MANSFIELD	19.4
5th	K TOMS	NOTTS	17.39
6th	S CANWELL	NORWICH	15.69
7th	A SKITT	TIPTON	7.75
8th			

	Athlete	Club	performance
1st	S WHITELOCK	BIRCHFIELD	37.49
2nd	J PROBERT	CARDIFF	33.31
3rd	C SHORTHOUSE	NOTTS	28.97
4th	J ROULEDGE	MANSFIELD	23.4
5th	D LEVETT	TAMWORTH	22.02
6th	D WICKHAM	NORWICH	17.93
7th	M BICKLEY	TIPTON	16.7
8th			

	Athlete	Club	performance
1st	S WHITELOCK	BIRCHFIELD	11.44
2nd	J PROBERT	CARDIFF	11.12
3rd	D LEVETT	TAMWORTH	9.94
4th	A SKITT	TIPTON	7.43
5th	L PAULSON	NOTTS	7.06
6th	S HAWES	NORWICH	6.72
7th	M MUNFORD	MANSFIELD	5.66
8th			

	Athlete	Club	performance
1st	T HARDMAN	TAMWORTH	44.88
2nd	C HARVEY	BRISTOL	36.87
3rd	K TOMS	NOTTS	35.49
4th	J ROUTLEDGE	MANSFIELD	29.5
5th	S JOHNS	CARDIFF	23.58
6th	M BICKLEY	TIPTON	14.82
7th	M BATH	NORWICH	7.15
8th	S DAVIS	BIRCHFIELD	4.47

	Athlete	Club	performance
1st	K TOMS	NOTTS	3.15
2nd	M CHERRINGTON	TIPTON	2.85
3rd			
4th			
5th			
6th			
7th			
8th			

	Athlete	Club	performance
1st	M CHERRINGTON	TIPTON	1.75
2nd	K TOMS	NOTTS	1.7
3rd	H PRESTON	BRISTOL	1.65
4th	T BURTON	TAMWORTH	1.6
5th	P PALMER	BIRCHFIELD	1.6
6th	A REID	MANSFIELD	1.55
7th	J PRESTON	NORWICH	1.4
8th			

	Athlete	Club	performance
1st	D WICKHAM	NORWICH	5.62
2nd	L DUFF	CARDIFF	5.6
3rd	L PAULSON	NOTTS	5.5
4th	S MIAH	BRISTOL	4.6
5th	C PARKER	TAMWORTH	4.17
6th	S CORDIN	MANSFIELD	3.67
7th	A SKITT	TIPTON	3.56
8th			

	Athlete	Club	performance
1st	J LIGHTFOOT	MANSFIELD	11.43
2nd	J HARRISON	NOTTS	11.24
3rd	B LEON	BIRCHFIELD	11.09
4th	B STOREY	TAMWORTH	11.01
5th	A SKITT	TIPTON	9.44
6th	B MORSE	CARDIFF	2.12
7th			
8th			

# WOMENS TRACK

## "A" EVENT

		<b>100 Metres</b>	
Athlete	Club	performance	
1st	A HARRIS	BIRCH	12
2nd	M STEPHENSON	CARDIFF	12.7
3rd	L SPRAY	MANSFIELD	12.9
4th	E HOURD	NOTTS	13
5th	S HARRIMAN	NORWICH	13.5
6th	L ANSON	TIPTON	13.7
7th	L TAYLOR	TAMWORTH	13.8
8th	L FERGUSON	BRISTOL	14

		<b>200 Metres</b>	
Athlete	Club	performance	
1st	K TITILROYE	BIRCHFIELD	25.4
2nd	M STEPHENSON	CARDIFF	26.3
3rd	E HOURD	NOTTS	26.8
4th	S HARRIMAN	NORWICH	27.2
5th	L BENNETT	MANSFIELD	27.4
6th	L YEATES	BRISTOL	28
7th	L ANSON	TIPTON	28.7
8th	G LORAINE	TAMWORTH	29

		<b>400 Metres</b>	
Athlete	Club	performance	
1st	L SGOUGH	BIRCHFIELD	58.4
2nd	L CHECKLEY	TAMWORTH	60.3
3rd	L SPRAY	MANSFIELD	60.6
4th	B SMITH	NOTTS	61.2
5th	F JAMES	CARDIFF	62.3
6th	R MITCHELL	BRISTOL	65.4
7th	L JONES	TIPTON	66.6
8th	H COOPER	NORWICH	68.1

		<b>800 Metres</b>	
Athlete	Club	performance	
1st	R MITCHELL	BRISTOL	2.20.7
2nd	H COOPER	NORWICH	2.21.2
3rd	L JONES	TIPTON	2.24.2
4th	K SNOWDEN	TAMWORTH	2.27.4
5th	A HADID	CARDIFF	2.27.6
6th	J BESTWICK	MANSFIELD	2.29.1
7th	S CAPEWELL	BIRCHFIELD	2.36.9
8th	E BARRETT	NOTTS	2.37.4

		<b>1500 Metres</b>	
Athlete	Club	performance	
1st	B HAYWOOD	NOTTS	4.43.3
2nd	L FERGUSON	BRISTOL	4.55.2
3rd	C BROWN	NORWICH	5.03.4
4th	N PEMBLETON	MANSFIELD	5.08.7
5th	A HADID	CARDIFF	5.29.4
6th	S CAPEWELL	BIRCHFIELD	5.40.1
7th	H GOUGH	TIPTON	5.59.4
8th	C HEDDERMAN	TAMWORTH	6.20.7

		<b>3000 Metres</b>	
Athlete	Club	performance	
1st	E CLARKE	NORWICH	10.33.6
2nd	A TRAFFORD	BRISTOL	11.26.2
3rd	L RICHARDS	CARDIFF	12.42.8
4th	E O'CALLAGHAN	TIPTON	13.06.3
5th	J BESTWICK	MANSFIELD	14.58.2
6th	S WILLIAMS	TAMWORTH	15.02.9
7th			
8th			

		<b>100 Metre Hurdles</b>	
Athlete	Club	performance	
1st	J SURMAN	BIRCHFIELD	14.4
2nd	H PITMAN	BRISTOL	15.4
3rd	G GOULBOURNE	CARDIFF	16.2
4th	M HOLDER	MANSFIELD	16.7
5th	G CARTER	NOTTS	17.3
6th	B PRICE	NORWICH	18.1
7th	K SNOWDEN	TAMWORTH	20.8
8th	R HATTON	TIPTON	22.5

		<b>400 Metre Hurdles</b>	
Athlete	Club	performance	
1st	M BEESLEY	TAMWORTH	64.7
2nd	H PITMAN	BRISTOL	66.9
3rd	L ALAN	BIRCHFIELD	68.7

## "B" EVENT

		<b>100 Metres</b>	
Athlete	Club	performance	
1st	K TITILROYE	BIRCHFIELD	12.5
2nd	E NOBLE	CARDIFF	12.8
3rd	K PASSMORE	TIPTON	13.2
4th	M HOLDER	MANSFIELD	13.3
5th	E LYONS	NOTTS	13.5
6th	C BROWN	NORWICH	13.6
7th	C FREE	TAMWORTH	14
8th			

		<b>200 Metres</b>	
Athlete	Club	performance	
1st	K OKORO	BIRCHFIELD	26.8
2nd	L JONES	TIPTON	28.3
3rd	B SMITH	NOTTS	28.3
4th	C ROSE	NORWICH	28.5
5th	L TAYLOR	TAMWORTH	28.6
6th	L FEENEY	MANSFIELD	28.6
7th	L RICHARDS	CARDIFF	29.9
8th			

		<b>400 Metres</b>	
Athlete	Club	performance	
1st	J CAULTON	BIRCHFIELD	59.6
2nd	H OWEN	TAMWORTH	60.4
3rd	C ROSE	NORWICH	62.5
4th	G CURLEY	MANSFIELD	63.3
5th	A SPETTIE	CARDIFF	64.2
6th	S DAVIES	TIPTON	66.4
7th	E LOCKETT	BRISTOL	69.4
8th	E BARRETT	NOTTS	72

		<b>800 Metres</b>	
Athlete	Club	performance	
1st	H GLOVER	TIPTON	2.28.0
2nd	L TAYLOR	BRISTOL	2.32.0
3rd	S HARRISON	MANSFIELD	2.36.4
4th	H RADBURN	BIRCHFIELD	2.39.2
5th	R LINE	TAMWORTH	2.41.3
6th	L RICHARDS	CARDIFF	2.49.6
7th	C SUMMERS	NOTTS	2.54.5
8th			

		<b>1500 Metres</b>	
Athlete	Club	performance	
1st	D NICOL	BRISTOL	5.00.9
2nd	C ROSE	NORWICH	5.26.2
3rd	R ELLIS	NOTTS	5.38.8
4th	C FRANKS	MANSFIELD	5.40.6
5th	A BIRD	TAMWORTH	6.37.5
6th			
7th			
8th			

		<b>3000 Metres</b>	
Athlete	Club	performance	
1st	V CROOK	BRISTOL	13.13.8
2nd	N PEMBLETON	MANSFIELD	14.58.2
3rd			
4th			
5th			
6th			
7th			
8th			

		<b>100 Metre Hurdles</b>	
Athlete	Club	performance	
1st	N FRANCIS	BIRCHFIELD	15.8
2nd	L YEATES	BRISTOL	17.3
3rd	L FEENEY	MANSFIELD	17.6
4th	H BACON	NOTTS	18.5
5th	K JONES	CARDIFF	19.5
6th	S DAVIES	TIPTON	22.1
7th			
8th			

		<b>400 Metre Hurdles</b>	
Athlete	Club	performance	
1st	N FRANCIS	BIRCHFIELD	67.7
2nd	L YEATES	BRISTOL	68.8
3rd	L FEENEY	MANSFIELD	73.3

## WOMENS TRACK

4th	B PRICE	NORWICH	71.4	4th	H WEAVER	NOTTS	74.3
5th	M HOLDER	MANSFIELD	71.7	5th	G GOULBOURNE	CARDIFF	78
6th	S DAVIES	TIPTON	72.4	6th	S CASH	TAMWORTH	80.4
7th	H BACON	NOTTS	80.2	7th			
8th	K JONES	CARDIFF	84.5	8th			

### 1500 Metres S/ Chase

	Athlete	Club	performance
1st	L FERGUSON	BRISTOL	6.02.5
2nd	S DAVIES	TIPTON	6.15.6
3rd	H WEAVER	NOTTS	6.21.0
4th	K SNOWDEN	TAMWORTH	6.37.6
5th			
6th			
7th			
8th			

### 4x100 Metres Relay

	Club	performance
1st	BIRCHFIELD	49.7
2nd	CARDIFF	52
3rd	NOTTS	54.3
4th	TAMWORTH	54.3
5th	NORWICH	54.8
6th	BRISTOL	55.4
7th	MANSFIELD	55.9
8th	TIPTON	56

### 4x400 Metres Relay

	Club	performance
1st	BIRCHFIELD	4.08.8
2nd	TAMWORTH	4.16.0
3rd	NORWICH	4.16.2
4th	BRISTOL	4.18.5
5th	MANSFIELD	4.19.5
6th	TIPTON	4.32.4
7th	NOTTS	4.52.9
8th		

# WOMENS FIELD

## "A" EVENT

	Athlete	Club	HAMMER performance
1st	C LEWIS	CARDIFF	32.62
2nd	C JONES	BRISTOL	32.61
3rd	E JACKSON	NORWICH	31.17
4th	L MILLWARD	BIRCHFIELD	26.69
5th	R BACKHOUSE	NOTTS	25.89
6th	R WOOD	TAMWORTH	21.55
7th	L CLEWS	TIPTON	17.32
8th	G CURLEY	MANSFIELD	4.6

	Athlete	Club	DISCUS performance
1st	E FRANCIS	BIRCHFIELD	43.97
2nd	R BACKHOUSE	NOTTS	35.79
3rd	S JONES	TIPTON	32.51
4th	R COTLEE	MANSFIELD	27.71
5th	E JACKSON	NORWICH	18.72
6th	C LAZENBY	BRISTOL	17.68
7th	F MCCABE	TAMWORTH	17.36
8th	F JAMES	CARDIFF	15.98

	Athlete	Club	SHOT performance
1st	L MILLWARD	BIRCHFIELD	13.25
2nd	S JONES	TIPTON	9.68
3rd	C JONES	BRISTOL	9.33
4th	R BACKHOUSE	NOTTS	8.72
5th	F MCCABE	TAMWORTH	7.73
6th	K JONES	CARDIFF	6.52
7th	G CURLEY	MANSFIELD	5.6
8th	C ROSE	NORWICH	4.82

	Athlete	Club	JAVELIN performance
1st	L CLARKE	CARDIFF	48.14
2nd	S DEKREMER	NOTTS	33.43
3rd	V STARR	BIRCHFIELD	32.31
4th	L STEVENSON	TIPTON	30.48
5th	M HOLDER	MANSFIELD	27.65
6th	E JACKSON	NORWICH	25.13
7th	C JAMES	BRISTOL	24.04
8th	F MCCABE	TAMWORTH	22.89

	Athlete	Club	POLE VAULT performance
1st	E LYONS	NOTTS	3.4
2nd	R LILLEY	BIRCHFIELD	3.2
3rd	K PALSHORE	TIPTON	3
4th	S WILLIAMS	TAMWORTH	2.75
5th			
6th			
7th			
8th			

	Athlete	Club	HIGH JUMP performance
1st	E LYONS	NOTTS	1.6
1st	J SURMAN	BIRCHFIELD	1.6
3rd	B PIKE	NORWICH	1.5
4th	S CASH	TAMWORTH	1.45
5th	L BENNETT	MANSFIELD	1.45
6th	K PASSMORE	TIPTON	1.4
7th			
8th			

	Athlete	Club	LONG JUMP performance
1st	J SURMAN	BIRCHFIELD	5.84
2nd	S HARRIMAN	NORWICH	4.94
3rd	L TAYLOR	TAMWORTH	4.89
4th	L BENNETT	MANSFIELD	4.82
5th	G GOULBOURNE	CARDIFF	4.33
6th	H BACON	NOTTS	4.3
7th	E LOCKETT	BRISTOL	4.08
8th	L ANSON	TIPTON	4.03

	Athlete	Club	TRIPLE JUMP performance
1st	D MATTHEW	BIRCHFIELD	12.07
2nd	L BROWN	NORWICH	10.41
3rd	K PASSMORE	TIPTON	10.18

## "B" EVENT

	Athlete	Club	performance
1st	G CARTER	NOTTS	21.2
2nd	C LAZENBY	BRISTOL	20.46
3rd	T GREEN	TIPTON	14.58
4th	S CASH	TAMWORTH	7.89
5th	C FRANKS	MANSFIELD	4.09
6th			
7th			
8th			

	Athlete	Club	performance
1st	L STEVENSON	TIPTON	26.42
2nd	L GOMERY	BIRCHFIELD	20.12
3rd	B SMITH	NOTTS	19.71
4th	H GIAR	MANSFIELD	15.87
5th	A SPETTIE	CARDIFF	14.21
6th	C PERRY	TAMWORTH	12.8
7th	E CLARKE	NORWICH	11.34
8th	R MITCHELL	BRISTOL	8

	Athlete	Club	performance
1st	L GOMERY	BIRCHFIELD	11.53
2nd	G CARTER	NOTTS	8.69
3rd	C LAZENBY	BRISTOL	7.84
4th	T GREEN	TIPTON	6.94
5th	L CHECKLEY	TAMWORTH	6.57
6th	C LEWIS	CARDIFF	5.05
7th	C FRANKS	MANSFIELD	4.34
8th	E CLARKE	NORWICH	3.26

	Athlete	Club	performance
1st	T GREEN	TIPTON	23.63
2nd	K JONES	CARDIFF	23.43
3rd	E LYONS	NOTTS	21.07
4th	L RADBURN	BIRCHFIELD	20.02
5th	C PERRY	TAMWORTH	18.74
6th	H GIAR	MANSFIELD	16.45
7th	L TAYLOR	BRISTOL	15.68
8th	E CLARKE	NORWICH	8.94

	Athlete	Club	performance
1st	L CHECKLEY	TAMWORTH	2
2nd	B SMITH	NOTTS	1.7
3rd			
4th			
5th			
6th			
7th			
8th			

	Athlete	Club	performance
1st	S HARRISON	MANSFIELD	1.4
2nd	L JONES	TIPTON	1.35
3rd	C SUMMERS	NOTTS	1.35
4th	S WILLIAMS	TAMWORTH	1.3
5th	L BROWN	NORWICH	1.25
6th			
7th			
8th			

	Athlete	Club	performance
1st	B GOWHIRE	BIRCHFIELD	4.89
2nd	L SPRAY	MANSFIELD	4.75
3rd	S WILLIAMS	TAMWORTH	4.64
4th	L BROWN	NORWICH	4.51
5th	E HOURD	NOTTS	4.09
6th	F JAMES	CARDIFF	3.86
7th	L TAYLOR	BRISTOL	3.57
8th			

	Athlete	Club	performance
1st	J BIRMINGHAM	BIRCHFIELD	10.61
2nd	C FREE	TAMWORTH	9.4
3rd	C SUMMERS	NOTTS	8.94

## WOMENS FIELD

4th	C MCDONOUGH	TAMWORTH	10.05	4th	K JONES	CARDIFF	8.73
5th	L SPRAY	MANSFIELD	9.81	5th	J BESTWICK	MANSFIELD	8.16
6th	L YEATES	BRISTOL	9.29	6th			
7th	H BACON	NOTTS	9.14	7th			
8th	G GOULBOURNE	CARDIFF	9.11	8th			

## MATCH RESULT

	Birchfield Harriers	Bristol & West AC	Cardiff AC	City of Norwich AC	Mansfield Harriers	Notts AC	Tamworth AC	Tipton Harriers
<b>MATCH POINTS (men)</b>	263	130.5	149.5	166	219.5	219.5	208	188
<b>MATCH POINTS (women)</b>	250	177	149	152	179	207	183	173
<b>OFFICIALS POINTS</b>	35	35	35	35	35	35	35	35
<b>TOTAL</b>	<b>548</b>	<b>342.5</b>	<b>333.5</b>	<b>353</b>	<b>433.5</b>	<b>461.5</b>	<b>426</b>	<b>396</b>
<b>FINAL POSITION</b>	<b>1</b>	7	8	6	3	2	4	5

Athlete of the Match Women

E LYONS (NOTTS) POLE VAULT - 3.40M

Athlete of the Match Men

C PREISTLEY (BIRCH) 110M HURDLES - 14.6S