

NORTH WALES TRACK AND FIELD CHAMPS 20TH MAY 2006	
SENIOR MEN	
NO NAME EVENT Perf NO Name Event PERF	
18 Fabian Downs BangorUniv	LongJump 100 Ian Rhys Hughes Menai 99 Steven Frost Wrexham
10 Nick Mesney Wrexham	Shot
11 Simon Murray U/A	98 Kieran Whitworth BangorUniv
12 Thomas Norton BangorUniv	Triple Jump
13 Reuben Woodford Menai	97 Steven Frost Wrexham
14 David Woodford Menai	96 Craig Philips Liverpool
10 Nick Mesney Wrexham	200m
15 Gary WynnJones Deeside	Javelin
16 Simon Murray U/A	98 Kieran Whitworth BangorUniv
13 Reuben Woodford Menai	Discus
14 David Woodford Menai	98 Kieran Whitworth BangorUniv
17 Guto Jones Sheffield	
15 Gary WynnJones Deeside	
17 Guto Jones Sheffield	
10 Matthew Jones Wrexham	
18 Fabian Downs BangorUniv	800m
19 Cai Pierce Eryri	
10 Matthew Jones Wrexham	
18 Fabian Downs BangorUniv	1500m
9 Stephen Livett Menai	
19 Cai Pierce Eryri	
20 Darren Wyn Jones U/A	
21 Sean McCormack ColwynBay	3000m
9 Stephen Livett Menai	
SENIOR WOMEN	100H
22 Amanda Wale Wrexham	Hammer
23 Debbie Fletcher Wrexham	12 Laura Douglas Sale 11 Lesley Brannan Birchfield
20 Susan Bagnall Deeside	Shot
27 Beverley Jones Deeside	11 Lesley Brannan Birchfield
20 Susan Bagnall Deeside	23 Debbie Fletcher Wrexham 27 Beverley Jones Menai
20 Susan Bagnall Deeside	Javelin
23 Debbie Fletcher Wrexham	LJ
28 Rebecca Riddings Menai	94 Emma Christine Jones BangorUniv 23 Debbie Fletcher Wrexham
29 Joanne Davies Deeside	Javelin
30 Sarah McRobie Liverpool Univ	93 Stephanie Cheers Wrexham

U20	Women		400H			
	31 Sarah	Colbourne	Wrexham	Discus		
				92 Faye	Calvert	Deeside
			100M			
	32 LisaMarie	Edwards	Wrexham	Hammer		
	33 Faye	Kennedy	Deeside	92 Faye	Calvert	Deeside
			200M	Javelin		
	35 Charlotte	Lloyd	Wrexham	93 Stephanie	Cheers	Wrexham
	32 LisaMarie	Edwards	Wrexham	Shot		
	36 EmmaChristineJones		BangorUniv	92 Faye	Calvert	Deeside
	37 Faye	Kennedy	Deeside	91 HazelSurguyPrice		Deeside
				HighJump		
			400M	91 HazelSurguyPrice		Deeside
	35 Charlotte	Lloyd	Wrexham	LongJump		
	36 EmmaChristineJones		BangorUniv	91 HazelSurguyPrice		Deeside
	37 Faye	Kennedy	Deeside	36 EmmaChristineJones		BangorUniv
	38 Amy	Csizmadia	Wrexham			
	39 Fabiola	Clemente	BangorUniv			
			1500m			
	38 Amy	Csizmadia	Wrexham			
	39 Fabiola	Clemente	BangorUniv			
U20	MEN					
			110H			
	21 Luke	Kavanah	Wrexham	HighJump		
				21 Luke	Kavanah	Wrexham
			100m			
	22 Gwyn	EllisWilliams	Menai			
	23 Thomas	Edwards	Wrexham	LongJump		
	24 Gareth	Breeze	Sale	21 Luke	Kavanah	Wrexham
	25 Gruffudd	OwainWilliams	Menai	9 Jonathan	Llyall	Menai
			200m			
	22 Gwyn	EllisWilliams	Menai	Hammer		
	23 Thomas	Edwards	Wrexham	30 Ian	Beetson	Wrexham
	24 Gareth	Breeze	Sale			
	94 David	Perkins	Maldwyn			
	25 Gruffudd	OwainWilliams	Menai	Shot		
			400m	30 Ian	Beetson	Wrexham
	26 Daniel	Sykes	Wrexham			
	94 David	Perkins	Maldwyn			
			3000m			
	27 Steven	McCormack	ColwynBay	Discus		
				30 Ian	Beetson	Wrexham
			1500M			
	99 Harry	Jones	ColwynBay			
			400H			
	29 Daniel	Sykes	Wrexham			

U17

MEN

31 Callum	Shields	100H	Deeside	PoleVault	46 Liam	Edwards	Wrexham
48 Tom	Tilston	Deeside			45 Daniel	Calvert	Deeside
				Hammer	45 Daniel	Calvert	Deeside
		100m		TripleJump			
31 Callum	Shields	Deeside			31 Callum	Shields	Deeside
32 Gawain	Rogers	Wrexham					
33 CarwynLloydOwen		Deeside					
34 Cynan	Evans	Wrexham					
35 Thomas	Constantine	ColwynBay					
47 Frank	Hudson	Maldwyn					
48 Tom	Tilston	Deeside					
		200m					
32 Gawain	Rogers	Wrexham					
33 CarwynLloydOwen		Deeside					
36 Dan	Gray	Wrexham					
34 Cynan	Evans	Wrexham					
47 Frank	Hudson	Maldwyn					
48 Tom	Tilston	Deeside					
		400m					
37 Aaron	Jones	Menai		HighJump	32 Gawain	Rogers	Wrexham
36 Dan	Gray	Wrexham					
38 Jac	Hughes	ColwynBay					
48 Ben	Gill	Maldwyn					
		800M					
39 MichaelC.CGpierce		Eryri/Menai		LongJump	43 Robert	Bennett	Wrexham
40 Adam	Banks	Deeside			56 Jason	Edwards	DavidHughes
46 Thomas	Csizmadia	Wrexham					
97 Thomas	Snowdon	Deeside					
		1500m					
41 Ricky	Challinor	Deeside					
43 Robert	Bennett	Wrexham					
44 Shon	Evans	Deeside					
46 Thomas	Csizmadia	Wrexham					
48 Ben	Gill	Maldwyn					
		3000m					
41 Ricky	Challinor	Deeside					
42 David	Mountford	Deeside					

U17

WOMEN

41 Hannah	Wood	80mH	LlanfyllinH.S	PoleVault	42 Stacey	Blundell	Wrexham
42 Stacey	Blundell	Wrexham			18 Ruth	Johns	Deeside
43 Sophie	Beck	Deeside					
44 Katy	Barley	Deeside		Javelin	90 Robyn	Purchase	Wrexham
		100m		Shot	89 Stephanie	Owens	WestCheshire
45 Hannah	Pendlebury	Deeside			88 Sian	Price	Deeside
46 Emma	Roberts	Menai					
47 Ellie	Jones	Deeside					
48 Kellie	Walker	Deeside					
		300H		LongJump	41 Hannah	Wood	LlanfyllinH.S
42 Stacey	Blundell	Wrexham			87 Amy	Campagne	Deeside
44 Katy	Barley	Deeside			46 Emma	Roberts	Menai
49 Jade	Collins	Deeside			86 Emma	Garstang	Deeside
		200m			85 Hawys	Price	Menai
45 Hannah	Pendlebury	Deeside			48 Kellie	Walker	Deeside
46 Emma	Roberts	Menai					
47 Ellie	Jones	Deeside					
50 Rebecca	Nuttall	Deeside					
		300m		TripleJump	84 Amy	Campagne	Deeside
51 Gail	Lippett	Wrexham			85 Hawys	Price	Menai
47 Ellie	Jones	Deeside			44 Katy	Barley	Deeside
50 Rebecca	Nuttall	Deeside					
		800m					
73 Debbie	Williams	Menai					
76 Lydia	Holloway	Menai					
50 Rebecca	Nuttall	Deeside					
59 Amy	Griffiths	Menai		HighJump	41 Hannah	Wood	LlanfyllinH.S
52 Hope	Jones	Wrexham			86 Emma	Garstang	Deeside
		1500m			85 Hawys	Price	Menai
53 Hanna	Daley	Deeside					
52 Hope	Jones	Wrexham					
55 Manon	Webb	Menai					
56 Lisa	Johnson	Deeside		Hammer	89 Stephanie	Owens	WestCheshire
57 Kellie	Walker	Deeside		Discus			
		3000m			89 Stephanie	Owens	WestCheshire

58 Gina    Paletta    Wrexham

88 Sian    Price    Deeside

U15

BOYS

		80H
50 Daniel	Burton	Deeside
51 Osian	Jones	Menai
52 Meiler	Jones	Menai
62 Connor	Moore	Deeside
65 Andrew	Lloyd	Maldwyn
		100m
53 Jack	Gronow	ColwynBay
54 Andrew	Howells	Deeside
55 Tom	Cusworth	Wrexham
56 Jason	Edwards	YsgolDavidHughes
57 Mark	Poglettke	Deeside
62 Connor	Moore	Deeside

DISCUS

		200m
50 Daniel	Burton	Deeside
53 Jack	Gronow	ColwynBay
55 Tom	Cusworth	Wrexham
56 Jason	Edwards	YsgolDavidHughes
57 Mark	Poglettke	Deeside
		300M
61 Callum	Bennett	Deeside
50 Daniel	Burton	Deeside
58 Calum	Muskett	Menai
59 Callam	McCabe	Menai
		800m
60 Andrew	Woodcock	Menai
61 Callum	Bennett	Deeside
62 Thomas	Czismadia	Wrexham
63 Charlie	Hulson	Deeside
64 HuwLlewelynJones		Menai
58 Calum	Muskett	Menai
71 StephenM	Pierce	Menai
		1500m
60 Andrew	Woodcock	Menai
65 Thomas	Czismadia	Wrexham
66 Jamie	Wright	Deeside
64 HuwLlewelynJones		Menai
67 GutoSion	Jones	DavidHughes
70 Luke	Burrowes	Maldwyn
61 Callum	Bennett	Deeside

83 James	Fortune	Deeside
		Hammer
51 Osian	Jones	Menai
		HighJump
82 Daniel	Hodgson	Wrexham
125 Luke	Burrowes	Maldwyn
		PoleVault
82 Daniel	Hodgson	Wrexham
51 Osian	Jones	Menai
		JAVELIN
83 James	Fortune	Deeside

		LongJump
57 Mark	Poglettke	Deeside
54 Andrew	Howells	Deeside
55 Tom	Cusworth	Wrexham
82 Daniel	Hodgson	Wrexham
57 Mark	Poglettke	Deeside
		TripleJump
52 Meiler	Jones	Menai

U15

Girls

		75H
60 Hayley	Webber	Wrexham
61 Jess	Vaughan	Deeside
62 LauraKatie	Edwards	Wrexham
63 Megan	Rogers	Wrexham
64 Christina	Hughes	Deeside
65 Ruth	Denholm	Deeside

SHOT

		100m
83 Naomi	Wynn	Deeside
87 Georgina	Stafford	Maldwyn
61 Jess	Vaughan	Deeside
66 Cara	Smith	Deeside
67 Hannah	Thomas	Wrexham
68 Holly	Ellis	Oswestry
69 Nia	Breeze	Oswestry
70 Laura	Clarke	Deeside
84 Lucy	Beesley	Deeside
72 Sophie	Roberts	Menai
73 Alex	Elliott	Deeside
74 Jodie	Roberts	Wrexham
		200m
66 Cara	Smith	Deeside
63 Megan	Rogers	Wrexham
75 Faye	Guest	Deeside
84 Lucy	Beesley	Deeside
72 Sophie	Roberts	Menai
73 Alex	Elliott	Deeside
76 Rebecca	Davies	Deeside
69 Nia	Breeze	Oswestry
77 Victoria.E	Bowen	Wrexham
65 Ruth	Denholm	Deeside

82 Sian	Jones	Deeside
60 Hayley	Webber	Wrexham
81 Catherine	Bennett	Wrexham
40 Lindsey	Cheers	Wrexham
65 Ruth	Denholm	Deeside
70 Laura	Clarke	Deeside
		HighJump
63 Megan	Rogers	Wrexham
68 Holly	Ellis	Oswestry
65 Ruth	Denholm	Deeside

67 Hannah	Thomas	Wrexham
79 Alice	Fraser	Deeside
		Javelin
40 Lindsey	Cheers	Wrexham
75 Faye	Guest	Deeside
		LongJump
76 Rebecca	Davies	Deeside
61 Jess	Vaughan	Deeside
73 Alex	Elliott	Deeside
68 Holly	Ellis	Oswestry
62 LauraKatie	Edwards	Wrexham
67 Hannah	Thomas	Wrexham
72 Sophie	Roberts	Menai
65 Ruth	Denholm	Deeside
82 Sian	Jones	Deeside
79 Alice	Fraser	Deeside

		PoleVault
64 Christina	Hughes	Deeside
76 Rebecca	Davies	Deeside
		Discus
82 Sian	Jones	Deeside
70 Laura	Clarke	Deeside
40 Lindsey	Cheers	Wrexham

		800m
34 Zoe	Rosier	Deeside
87 Georgina	Stafford	Maldwyn
85 Jodie	Roberts	Wrexham
79 Alice	Fraser	Deeside

80 Abbie	Oliver	1500m
81 Emma	Wright	Deeside
		Wrexham

U13

## GIRLS

			70H			
20	Lydia	David	Menai	HighJump	25 Rachel	Trotter Deeside
29	Eleanor	Douggie	Deeside	32 Alice	Denholm Deeside	
25	Rachel	Trotter	Deeside	20 Lydia	David Menai	
48	Rhian	Williams	Maldwyn	69 Deran	Jones Maldwyn	
120	Megan	Varley	Maldwyn			
			100m	LongJump		
23	Chloe	Jones	Wrexham	25 Rachel	Trotter Deeside	
24	Rachel	Johncock	ColwynBay	69 Deran	Jones Maldwyn	
35	Nadia	Starkey	Deeside	49 Rachel	Liscombe Maldwyn	
26	Jenny	Lampkin	Deeside	120 Megan	Varley Maldwyn	
49	Rachel	Liscombe	Maldwyn	122 Chloe	Davies Maldwyn	
54	Catrin	Thomas	Maldwyn	124 April	Owen Maldwyn	
121	Abbey	Griffiths	Maldwyn			
			200m	SHOT		
23	Chloe	Jones	Wrexham	20 Lydia	David Menai	
17	Katy	Griffiths	Deeside	33 Hayley	Nuttall Deeside	
28	Sarah	Livett	Menai	Javelin		
24	Rachel	Johncock	ColwynBay	32 Alice	Denholm Deeside	
35	Nadia	Starkey	Deeside	33 Hayley	Nuttall Deeside	
54	Catrin	Thomas	Maldwyn			
48	Rhian	Williams	Maldwyn	Discus		
121	Abbey	Griffiths	Maldwyn			
123	Lily	Owen	Maldwyn			
			800m	29 Eleanor	Douggie Deeside	
19	Sian	Messum	Deeside	33 Hayley	Nuttall Deeside	
31	ElinAngharad	James	Menai			
24	Rachel	Johncock	ColwynBay			
29	Eleanor	Douggie	Deeside			
28	Sarah	Livett	Menai			
32	Alice	Denholm	Deeside			
26	Jenny	Lampkin	Deeside			
49	Rachel	Liscombe	Maldwyn			
122	Chloe	Davies	Maldwyn			
123	Lily	Owen	Maldwyn			
124	April	Owen	Maldwyn			
			1500m			
28	Sarah	Livett	Menai			

U13

## BOYS

			100M	LongJump		
71	Alun	Webb	ColwynBay	72 Michael	Ludden Deeside	
72	Michael	Ludden	Deeside	78 Simon	Bentley Wrexham	
73	Ben	McPartland	Menai	73 Ben	McPartland Menai	
78	Simon	Bentley	Wrexham	Javelin		
			200M	76 George	Oliver Deeside	
71	Alun	Webb	ColwynBay			
				Shot		
74	JohnDale	Davies	ColwynBay	80 Hywel	Bennett Wrexham	
75	Tom	Earley	ColwynBay	91 Joe	Wynne Wrexham	
			300M	10 William	Scott Wrexham	
72	Michael	Ludden	Deeside	75 Jamie	Stokes Deeside	
74	JohnDale	Davies	ColwynBay			
75	Tom	Earley	ColwynBay			
			800m			
76	George	Oliver	Deeside			
77	OwainLlyr	James	Menai			
79	William	Scott	Wrexham			
75	Tom	Earley	ColwynBay			
			1500m			
80	Hywel	Bennett	Wrexham			
74	JohnDale	Davies	ColwynBay			
91	Joe	Wynne	Wrexham			
92	Ben	McPartland	Menai			
79	William	Scott	Wrexham			

U11

GIRLS

80m  
91 Emily Rowland Wrexham  
89 ElinS Jones ColwynBay  
93 Ffion Roberts Wrexham  
94 Sophie Hughes Wrexham  
95 Naomi Craig Wrexham  
96 Gabrielle Trotter Deeside  
97 Sophie Pemberton Wrexham  
87 Lolly Lewis Maldwyn  
800m  
90 Emily Rowland Wrexham  
89 ElinS Jones ColwynBay  
93 Ffion Roberts Wrexham  
94 Sophie Hughes Wrexham  
95 Naomi Craig Wrexham  
88 Laura Bentley Wrexham  
96 Gabrielle Trotter Deeside  
97 Sophie Pemberton Wrexham  
87 Lolly Lewis Maldwyn

LongJump

91 Emily Rowland Wrexham  
89 ElinS Jones ColwynBay  
93 Ffion Roberts Wrexham  
94 Sophie Hughes Wrexham  
96 Gabrielle Trotter Deeside  
97 Sophie Pemberton Wrexham  
88 Laura Bentley Wrexham

U11

BOYS

80m  
11 Leon Bagnall Prestatyn  
12 Grant Leach Prestatyn  
13 Lloyd Copeland Wrexham  
10 David Laird Maldwyn  
14 RhysLlewelynJames Menai  
800m  
11 Leon Bagnall Prestatyn  
14 RhysLlewelynJames Menai  
12 Grant Leach Prestatyn  
15 Kieran Cooper Wrexham  
10 David Laird Maldwyn

LJ

12 Grant Leach Prestatyn  
15 Kieran Cooper Wrexham  
13 Lloyd Copeland Wrexham



NORTH CHAMPS 2006

SM 3000m  
 1 Sean McCormac Colwyn Bay 10.18.2  
 2 Stephen Livett Menai 11.25.3  
 U20M 3000m  
 1 Steven McCormac Colwyn Bay 11.04.0

U20M 110H  
 110H  
 1 Luke Kavanah Wrexham 17.5

U17M 100H 100H MB  
 1 Tom Tilston Deeside 15.81 1 Tom Tilston Castell Alur 15.81  
 2 Callum Shields Deeside 16.43 2 Callum Shields Castell Alur 16.43  
 3 Gawain Rogers Wxm 16.80 3 Gawain Rogers denbigh 16.80  
 Thomas Edwards Wxm 21.05

Event 4 100HSW/SG

22 Amanda Wale Wrexham  
 SG UNKNOWN

3000M U17M 3000m MB  
 1 Ricky Challinor Flints/Dees 9.31.32  
 2 David Mountford Deeside 9.58.90

100H U17M  
 1 3 Matt Jones Flints 10.21.63  
 2 4 D Barne Wxm 11.00.17  
 5 L Cole Wxm 11.06.82

80H U17W 80H MG  
 1 Hannah Wood Llanfyllin H.E 12.66 1 Sophie Beck Flints 13.96  
 2 Sophie Beck Deeside 13.96 2 Katy Barley Flints 14.19  
 3 Katy Barley Deeside 14.19  
 4 Stacey Blundell Wrexham 16.88

3000M SW 3000M MG  
 1 Sarah McRobie Liverpool U 11.04.6 1 Gina Paletta Wrexham 12.30.6  
 2 Flintshire 12.47.8  
 3 wxm 13.07.2  
 1 Gina Paletta Wrexham 12.30.6 4 denb 13.58.3  
 5 denb 13.58.4

100H MB

				1 Tom	Tilston	Deeside	15.81
				2 Callum	Shields	Deeside	16.43
				3 Gawain	Rogers	Wrexham	16.80
	80H	U15B		80H	JB		
1 Meiler	Jones	Menai	12.25	1 Lee	Hughes	Flints	12.97
2 Daniel	Burton	Deeside	14.48	2 Ben	Jones	Denbs	21.10
3 Osian	Jones	Menai	15.24		1500m	JG	
4 Connor	Moore	Deeside	15.34	1 Abbie	Oliver	Deeside	5.11.90
5 Andrew	Lloyd	Maldwyn	16.46	2 Emma	Wright	Wrexham	5.39.03
	1500m	U13B		3 Jenny	Gillespie	Denbs	6.52.48
1 Hywel	Bennett	Wrexham	5.02.53	4			6.54.94
2 Joe	Wynne	Wrexham	5.24.51				
3 Ben	McPartlan	Menai	5.25.04		1500M	U15B	
	1500M	U13G		1 Callum	Bennett	Deeside	2.18.05
1 Sarah	Livett	Menai		2 Charlie	Hulson	Deeside	2.33.08
	1500M	U15B		3 Callum	Muskett	Menai	2.39.18
Callum	Bennett	Deeside	4.45.21	1 M.	Williams	Wrexham	2.22.57
Andrew	Woodcock	Menai	4.48.70	2 Lee	Hughes	Flints	2.26.82
Thomas	Czismadia	Wrexham	4.53.07		800M	JG	
Huw	Llewelyn Jones	Menai	5.03.77	1 Zoe	Rosier	Deeside/flir	2.34.7
Luke	Burrows	Maldwyn	6.06.13	2 Alice	Fraser	Deeside/Flir	2.43.0
				3 Stephanie	Davies	Denbs	2.44.8
1 Mike	Pennington	Denbs	4.52.02	4 Heather	Morris	Denbs	2.50.6
2 Thomas	Czismadia	Wrexham	4.53.07	5 R	Morgan	Wxm	2.56.1
				6 Sarah	Bailey	Wxm	3.16.9
	1500m	U15G			100M	U15G	Final
1 Abbie	Oliver	Deeside	5.11.90	1 Alex	Elliott	Deeside	13.00
2 Emma	Wright	Wrexham	5.39.03	2 Hannah	Thomas	Wrexham	13.00
	75H	JG		3 Lucy	Beesley	Deeside	13.45
Christina	Hughes	Deeside	12.07	4 Jess	Vaughan	Deeside	13.56
Megan	Rogers	Wrexham	12.76	5 Naomi	Wynn	Deeside	13.99
Jess	Vaughan	Deeside	12.93	6 Cara	Smith	Deeside	14.17
Hayley	Webber	Wrexham	12.97	7 Holly	Ellis	Oswestry	14.17
Ruth	Denholm	Deeside	16.43	8 Nia	Breeze	Oswestry	14.34
					100M	JG	
Christina	Hughes	Flints/dees	12.07	1 Alex	Elliott	Deeside	13.00
Megan	Rogers	Wxm	12.76	2 Hannah	Thomas	Wrexham	13.00
Hayley	Webber	Flints	12.97	3 Amy	Somerfield	Denbs	14.14
Bethany	Hewitt	Wxm	13.26	4 Rhian	Morgan	Wxm	15.03
		Denb	16.30				
				800M	U15B		
	800m	SM		1 Callum	Bennett	Deeside	2.18.05
1 Fabian	Downs	BangorUniv	2.07.6	2 Charlie	Hulson	Deeside	2.33.08
2 Cai	Pierce	Eryri	2.13.52	3 Calum	Muskett	Menai	2.39.18
	70H	U13G					
1 Rachel	Trotter	Deeside	13.0	800M	JB		

2 Lydia	David	Menai	13.93	1 Callum	Bennett	Denbighshi	2.18.05
3 Rhian	Williams	Maldwyn	15.87	2 M	Williams	Wrexham	2.22.57
4 Eleanor	Douggie	Deeside	16.92	3 Lee	Hughes	Flintshire	2.26.82
5 Megan	Varley	Maldwyn	22.92				

	800M	U20W					
39 Fabiola	Clemente	BangorUniv	2.34.01				
	800m	U17W					
1 Rebecca	Nuttall	Deeside	2.21.16				
2 Hope	Jones	Wrexham	2.25.25				

	800M	U17M					
1 Rebecca	Nuttall	Flints/Dees	2.21.16				
2 Becky	Davies	Flints/	2.44.39				
3 A	Taylor	Wxm	3.06.79				
4 N	Elms	Wxm	3.07.82				

	800m	U17M					
1 Adam	Banks	Deeside	2.14.92				
2 Thomas	Snowden	Deeside	2.27.91				

	800M	MB					
Jack	Wyatt	Flints	2.09.99				
Adam	Banks	Flints/dees	2.14.92				
L	Bateman	Wxm	2.20.11				
	80m	U11G					
91 Emily	Rowland	Wrexham					
89 ElinS	Jones	ColwynBay					
93 Ffion	Roberts	Wrexham					
94 Sophie	Hughes	Wrexham					
95 Naomi	Craig	Wrexham					
96 Gabrielle	Trotter	Deeside					
97 Sophie	Pemberton	Wrexham					
87 Lolly	Lewis	Maldwyn					

FINAL

EVENT21 80M U11B

11 Leon	Bagnall	Prestatyn	
12 Grant	Leach	Prestatyn	
13 Lloyd	Copeland	Wrexham	
10 David	Laird	Maldwyn	
14 RhysL	LlewelynJames	Menai	

	100M	SM					
1 Nick	Mesney	Wrexham	11.37				
2 Simon	Murray	U/A	12.09				
3 Reuben	Woodford	Menai	12.30				

	100M	U20	
1 LisaMarie	Edwards	Wrexham	13.15
2 Faye	Kennedy	Deeside/	14.18

	SG	100M	
1 Faye	Kennedy	Flints	14.18
2 Rebecca	Hetheringt	Flints	14.27

	100M	U20	
1 Gwyn	EllisWilliam	Menai	11.35
2 Gareth	Breeze	Sale	11.44
3 Tom	Edwards	Wrexham	11.58

	100m	SB	
1 Tom	Edwards	Wrexham	11.58
2 Sion	Parry	Denbs	15.21

	100m	U17M	
1 CarwynLloydOwen		Deeside	11.93
2 Cynan	Evans	Wrexham	12.12
3 Frank	Hudson	Maldwyn	12.28
4 Tom	Tilston	Deeside	12.34
5			

	100M	MB	
			FINAL
1 Cynan	Evans	Wrexham	12.12
2 Gawain	Rogers	Wrexham	12.39
3 M	Bywater	Wxm	13.06
4 Darren	Heap	Denbs	

	100M	U17W	
1 Hannah	Pendlebury	Deeside	13.42
2 Ellie	Jones	Deeside	13.57
3 Emma	Roberts	Menai	13.83

	100M	MG	13.99
5 A	Williams	Wxm	14.03
1 Megan	Roberts	Denbs	14.56
6 M	Jones	Wxm	

	100m	U15B	FINAL
Jack	Gronow	ColBay	12.16
Andrew	Howells	Deeside	12.5
Tom	Cusworth	Wrexham	12.7
Mark	Poglettke	Deeside	13.3

	100m	JB	FINAL
1 Jack	Gronow	Denbs	12.16
3 Aron	Andrews	Flints	12.20
4 Andy	Smith	Flints	12.71
2 Scott	Reed	Denbs	12.97
5 D	Povey	Wxm	13.41

6 C	Parlour	Wxm	13.79
	100m	U15G	Heat1
1 Hannah	Thomas	Wrexham	13.19
2 Lucy	Beesley	Deeside	13.45
3 Cara	Smith	Deeside	14.17
4 Holly	Ellis	Oswestry	14.17
5 Nia	Breeze	Oswestry	14.34
6 Laura	Clarke	Deeside	14.49

100m U15G Heat2

1 Alex	Elliott	Deeside	13.12
2 Jess	Vaughan	Deeside	13.56
3 Naomi	Wynn	Deeside	13.99
4 Jodie	Roberts	Wxm	14.69
5 Sophie	Roberts	Menai	14.82
6 Georgina	Stafford	Maldwyn	14.93
	100M	U13B	

1 Alun	Webb	ColwynBay	14.61
2 Ben	McPartlanc	Menai	14.62
3 Simon	Bentley	Wrexham	14.95
4 Michael	Ludden	Deeside	15.55

100m U13G

1 Rachel	Johncock	ColwynBay	13.19
2 Chloe	Jones	Wrexham	13.75
3 Nadia	Starkey	Deeside	14.20
4 Catrin	Thomas	Maldwyn	14.55
5 Rachel	Liscombe	Maldwyn	15.45
6 Jenny	Lampkin	Deeside	17.14
7 Abbey	Griffiths	Maldwyn	

	400H	SM	SM
1 Fabian	Downs	BangorUniv	1.02.57
	400H	U20M/SB	
Daniel	Sykes	Wrexham	1.02.57
	400H	U20W/SG	
1 Sarah	Colbourne	Wrexham	1.13.23
2 Faye	Kennedy	Deeside	1.22.66

Final

	300H	MG	
Katy	Barley	Flints/dees	54.57
Charlotte	Davies	Denbs	57.10
Stacey	Blundell	Wrexham	57.18
Jade	Collins	Deeside	58.39
Amy	Carter	Wxm	58.52

	300H	U17W	
Katy	Barley	Deeside	54.57
Stacey	Blundell	Wrexham	57.18
Jade	Collins	Deeside	58.39

	600M	U11BOYS	
1 RhysLlewelynJames		Menai	2.00.94
2 David	Laird	Maldwyn	2.12.9
3 Grant	Leach	Prestatyn	2.13.21
4 Leon	Bagnall	Prestatyn	2.22.01

	600m	U11GIRLS	
1 ElinS	Jones	ColwynBay	2.02.9
2 Gabrielle	Trotter	Deeside	2.16.4
3 Naomi	Craig	Wrexham	2.24.8
4 Laura	Bentley	Wrexham	2.26.6
5 Sophie	Pemberton	Wrexham	2.26.6
6 Sophie	Hughes	Wrexham	2.29.3
7 Emily	Rowland	Wrexham	2.29.8
8 Ffion	Roberts	Wrexham	2.30.6

	800M	U13B	
1 Tom	Earley	ColwynBay	2.33.43
2 OwainLlyr	James	Menai	2.35.50
3 George	Oliver	Deeside	2.46.27
4 William	Scott	Wrexham	3.09.80

	800m	U15G	
1 Zoe	Rosier	Deeside	2.43.0
2 Alice	Fraser	Deeside	2.44.8
3 Jodie	Roberts	Wrexham	2.54.1

EVENT 43	800M	U13G	
1 Sian	Messum	Deeside	2.45.60
2 Jenny	Lampkin	Deeside	2.48.53
3 ElinAngharadJames		Menai	2.48.83
4 Rhian	Williams	Maldwyn	2.58.64
5 April	Owen	Maldwyn	3.01.33
6 Lily	Owen	Maldwyn	3.02.30
7 Nia	Morgan	TrelawnydS	3.03.30
8 Rachel	Liscombe	Maldwyn	3.22.65

	300M	U13B	
1 Tom	Earley	ColwynBay	50.4
2 Michael	Ludden	Deeside	53.7

	300M	U15B	
Daniel	Burton	Deeside	44.5

Calum	Muskett	Menai	49.9
	300M	MG	
1 Gail	Lippett	Wrexham	42.2
2 Rebecca	Nuttall	Flints	44.00
3 Stephanie	Owens	Flints	48.5
4 Bethan	Jones	Denb	50.1

		U17W	
1 Gail	Lippett	Wrexham	42.2
2 Rebecca	Nuttall	Flints	44.00

		400M	
		U17M	
1 Aaron	Jones	Menai	
2 Dan	Gray	Wrexham	
3 Jac	Hughes	ColwynBay	
4 Ben	Gill	Maldwyn	

		400M	MB
1 Tom	Clarke	Flints	57.2
2 Liam	Bateman	Wrexham	57.9
3 D	Evans	Flints	58.0
4 Matthew	McCabe	Denbighshir	58.0

		400M	U20W
1 Charlotte	Lloyd	Wrexham	65.3

		400M	SM
1 Guto	Jones	Sheffield	51.9

		400M	U20M
1 David	Perkins	Maldwyn	53.9
2 Dan	Sykes	Wrexham	56.3

		400M	SB
1 Dan	Sykes	Wrexham	56.3

		200M	U13B
1 Alun	Webb	ColwynBay	30.6
2 Tom	Earley	ColwynBay	31.2

#### Heat1

		200M	U13G
1 Rachel	Johncock	ColwynBay	28.3
2 Chloe	Jones	Wrexham	29.7
3 Catrin	Thomas	Maldwyn	31.4
4 Sarah	Livett	Menai	32.1

200M U13G	Final		
1 Rachael	Johncock	C/Bay	27.5
2 Chloe	Jones	Wxm	29.3
3 Katy	Griffiths	Deeside	30.6
4 Catrin	Thomas	Maldwyn	30.8
5 Sarah	Livett	Menai	31.5
6 Lily	Owen	Maldwyn	35.9

#### Heat2

		200M	U13G
1 Katy	Griffiths	Deeside	30.8
2 Lily	Owen	Maldwyn	36.3
3 Abbey	Griffiths	Maldwyn	39.00

	200M	U15G	Heat1	200M	U15G	Final	
1 Lucy	Beesley	Deeside	27.9	1 Alex	Elliott	Deeside	27.0
2 Bethany	Hewitt	WXMS	28.7	2 Lucy	Beesley	Deeside	28.4
3 Sophie	Roberts	Menai	31.7	3 Megan	Rogers	Wxm	29.5
4 Megan	Rogers	Wrexham	29.5	4 Rebecca	Davies	Deeside	29.6
5 Amy	Somerford		30.2	5 Victoria	Bowen	Wxm	30.4
6 Becky	Clayton		30.7				

			HEAT2	200M	JG	Final	
EVENT 61	200M	U15G		1 Alex	Elliott	Flints	27.0
73 Alex	Elliott	Deeside	28.1	2 Bethany	Hewitt	Wxm	29.0
76 Rebecca	Davies	Deeside	30.0	3 Megan	Rogers	Wxm	29.5
77 Victoria.E	Bowen	Wrexham	30.3	4 Amy	Somerford	Denb	30.2
65 Ruth	Denholm	Deeside	30.7	5 Victoria	Bowen	Wxm	30.3
69 Nia	Breeze	Oswestry	31.6				
87 Georgina	Stafford	Maldwyn	32.0				

	200M	MB		4*100	RELAY	JG	
1 Cynan	Evans	Denb	26.0	1 Flints			54.1
2 Dan	Gray	Wrexham	26.4	2 WREXHAM			56,0
3 Jonny	Cooper	Wrexham	27.2	4*100	RELAY	JB	
	200M	U15BOYS		4*100	RELAY	MG	
1 Jack	Gronow	ColwynB	25.8	Flints.			53,9
2 Tom	Cusworth	Wrexham	26.00	Wrex			55,0
3 Mark	Poglettke	Deeside	27.3	Denb			57,.0
4 Daniel	Burton	Deeside	27.3	4*100	RELAY	MB	
				Wrex			49.8
				Flints.			51.1

	200M	JB					
1 Jack	Gronow	Denbs	25.8				
3 Lawrence	Angel	Flints	26.7				
3 George	Cheesboro	Flints	27.00				
5 D	Povey	Wxm	27.5				
6 C	Parlour	Wxm	28.6				

	200M	U17W					
1 Ellie	Jones	Deeside	27.8				
2 Hannah	Pendlebury	Deeside	27.8				
3 Rebecca	Nuttall	Deeside	28.3				
4 Emma	Roberts	Menai	28.8				

	200M	MG					
1 Ellie	Jones	Deeside	27.8				
2 Megan	Roberts	Denbs	29.7				
3 B	Roberts	Wxm	31.1				
4 Liz	Whitfield	Denbs	33.3				

	200M	U17M					
1 CarwynLloydOwen		Deeside	24.9				
2 Gawain	Rogers	Wrexham	25.4				



3	Tom	Tilston	Deeside	25.6
4	Cynan	Evans	Wrexham	26.0
5	Dan	Gray	Wrexham	26.4
6	Frank	Hudson	Maldwyn	26.1

		200M	MB	
1	Tom	Tilston	Flints	25.6
2	Cynan	Evans	DENB	26.0
3	Dan	Gray	Wrexham	26.4
4	Jonny	Cooper	Wrexham	27.2

		200M	U20W	
1	LisaMarie	Edwards	Wrexham	27.8
2	Charlotte	Lloyd	Wrexham	28.8
3	Faye	Kennedy	Deeside	30.5
4	EmmaChristine	Jones	BangorUniv	31.6

		200M SM		
1	Nick	Mesney	Wrexham	23.3
2	Guto	Jones	Sheffield	23.6
3	Simon	Murray	U/A	24.5
4	Reuben	Woodford	Menai	25.4

		1500m	U17W	
1	Hope	Jones	Wrexham	5.05.6
2	Hanna	Daley	Deeside	5.20.1
3	Manon	Webb	Menai	5.32.7
4	Lisa	Johnson	Deeside	5.38.6

		1500M	U20W	
1	Fabiola	Clemente	BangorUniv	5.38.6

		1500M	U17M	
1	Robert	Bennett	Wrexham	4.24.0
2	Ricky	Challinor	Deeside	4.25.0
3	Ben	Gill	Maldwyn	5.03.9

1

		1500m	MB	
1	Ricky	Challinor	Argoed	4.25.0
2	M	Richards	wxm	5.30.7

		1500m	U20M	
	Harry	Jones	ColwynBay	4.11.4
		1500M	SM	
	Fabian	Downs	BangorUniv	4.19.3
	Ioan	Rhys Hugt	Menai	4.23.9
	Stephen	Livett	Menai	5.20.7

				U20M	
1	Gwyn	Ellis	William	Menai	11.35
2	Gareth	Breeze	Sale		11.44

		200M	SB		
		1	Denb		11.58
		2	Denb		15.21

				1500m	MG
1	Hope	Jones	Wrexham	5.05.6	
2	Hanna	Daley	Flints	5.20.1	
3	Lisa	Johnson	DENB	5.38.6	
4	Becky	Davies	Flints	5.39.0	
5	J.Hanmer	Jones	WX	5.56.5	
7	Charlotte	Davies	DENB	5.57.2	



NR

NR















NR

23.9

## FIELD

Hammer	SW			LongJump	SM		
1 Laura	Douglas	Sale	59.18	1 IoanRhys	Hughes	Menai	
2 Lesley	Brannan	Birchfield	59.96	2 Steven	Frost	Wrexham	
Shot	SW			Shot	SM		
1 Lesley	Brannan	Birchfield	11.59	1 Kieran	Whitworth	BangorUniv	
2 Debbie	Fletcher	Wrexham	8.92				
Javelin	SW			Javelin	SM		
1 Debbie	Fletcher	Wrexham	32.47	1 Kieran	Whitworth	BangorUniv	
				Discus	SM		
				1 Dave	Stokes	Deeside	
				1 Kieran	Whitworth	BangorUniv	
Discus	U20W			HighJump	U20M		
1 Faye	Calvert	Deeside	36.03	1 Luke	Kavanah	Wrexham	
Hammer	U20W						
1 Faye	Calvert	Deeside	33.99	LongJump	U20M		
Javelin	U20W			1 Luke	Kavanah	Wrexham	
1 Stephanie	Cheers	Wrexham	31.15	2 Jonathan	Lyll	Menai	
Shot	U20W						
1 Faye	Calvert	Deeside	9.98	Hammer	U20M		
2 Hazel	SurguyPrice	Deeside	8.55	1 Ian	Beetson	Wrexham	
HighJump	U20W			Shot			
1 Hazel	SurguyPrice	Deeside	1.55	1 Ian	Beetson	Wrexham	
LongJump	U20W			1 Discus	U20M		
1 Hazel	SurguyPrice	Deeside	4.59	Ian	Beetson	Wrexham	
PoleVault	U17W			PoleVault	U17M		
18 Ruth	Johns	Deeside	2.30	1 Liam	Edwards	Wrexham	
42 Stacey	Blundell	Wrexham	2.00	2 Daniel	Calvert	Deeside	
Javelin	U17W			Hammer	U17M		
90 Robyn	Purchase	Wrexham	35.46N/R	1 Daniel	Calvert	Deeside	
Shot	U17W			TripleJump	U17M		
1 Stephanie	Owens	WestChest	9.55	Callum	Shields	Deeside	
2 Sian	Price	Deeside	7.08	SHOT			
				40 Daniel	Stokes	Deeside	

LongJump U17W			
1	Hannah Wood	LlanfyllinH.	5.21
2	Emma Garstang	Deeside	4.55
3	Amy Campagne	Deeside	4.22
4	Hawys Price	Menai	4.04

HighJump		
1	Gawain Rogers	Wrexham
DISCUS		
1	Daniel Stokes	Deeside

LongJump U17M		
1	Jason Edwards	David Hugt
2	Robert Bennett	Wrexham

TripleJump U17W			
1	Amy Campagne	Deeside	10.70
2	Hawys Price	Menai	10.31
3	Katy Barley	Deeside	9.92

HighJump U17W			
1	Hannah Wood	LlanfyllinH.	1.50
2	Hawys Price	Menai	1.45
3	Emma Garstang	Deeside	1.35
Hammer U17W			
1	Stephanie Owens	WestChest	39.99
Discus U17W			
1	Stephanie Owens	WestChest	29.73
2	Sian Price	Deeside	24.36

#### U15B

DISCUS U15B		
1	James Fortune	Deeside
2	Jamie Stokes	Deeside

Hammer U15B		
1	Osian Jones	Menai
2	Jamie Stokes	Deeside

HighJump U15B		
1	Daniel Hodgson	Wrexham
2	Luke Burrowes	Maldwyn

PoleVault U15B		
1	Daniel Hodgson	Wrexham
2	Osian Jones	Menai

JAVELIN U15B		
1	James Fortune	Deeside

LongJump		
1	Mark Poglettke	Deeside
2	Daniel Hodgson	Wrexham
3	Andrew Lloyd	Maldwyn

SHOT U15G			
1	Lindsey Cheers	Wrexham	9.43
2	Hayley Webber	Wrexham	7.93
3	Catherine Bennett	Wrexham	7.64
4	Laura Clarke	Deeside	7.38
5	Sian Jones	Deeside	7.13
6	Ruth Denholm	Deeside	7.03

HighJump			
1	Hannah Thomas	Wrexham	1.56
2	Alex Elliott	Deeside	1.50
3	Megan Rogers	Wrexham	1.45
4	Alice Fraser	Deeside	1.40
5	Ruth Denholm	Deeside	1.30
6	Holly Ellis	Oswestry	1.15

Javelin			
40	Lindsey Cheers	Wxm	20.89

LongJump U15G			
1	Alex Elliott	Deeside	4.60
2	Hannah Thomas	Wrexham	4.60
3	Jess Vaughan	Deeside	4.36
4	Alice Fraser	Deeside	4.01
5	Sian Jones	Deeside	3.97
6	Ruth Denholm	Deeside	3.85

TripleJump U15B		
1	Meiler Jones	Menai
2	Andrew Lloyd	Maldwyn

SHOT		
1	James Fortune	Deeside
2	Jamie Stokes	Deeside

7 Holly	Ellis	Oswestry	3.83
8 Rebecca	Davies	Deeside	3.78
9 Sophie	Roberts	Menai	3.54
10 Georgina	Stafford	Newtown	3.21
11 Kelly	Walker	Deeside	2.90

PoleVault U15G

1 Christina	Hughes	Deeside	2.60 N/R
2 Rebecca	Davies	Deeside	2.20

Discus U13G

1 Lindsey	Cheers	Wrexham	20.91
2 Sian	Jones	Deeside	13.18
3 Laura	Clarke	Deeside	12.81

HighJump U13G

1 Rachel	Trotter	Deeside	1.30
2 Lydia	David	Wrexham	1.20
3 Alice	Denholm	Deeside	1.00

LongJump U13G

1 Rachel	Trotter	Deeside	3.95
2 Catrin	Thomas	Maldwyn	3.25
3 April	Owen	Maldwyn	2.97
4 Rachel	Liscombe	Maldwyn	2.69
5 Rhian	Williams	Maldwyn	2.69
6 Megan	Varley	Maldwyn	2.50
7 Chloe	Davies	Maldwyn	2.41
8 Abbie	Griffiths	Maldwyn	2.04

SHOT U13G

1 Lydia	David	Menai	6.53
2 Hayley	Nuttall	Deeside	5.22
3 Megan	Varley	Maldwyn	4.35
4 Chloe	Davies	Maldwyn	4.30

Javelin U13G

1 Hayley	Nuttall	Deeside	12.89
2 Alice	Denholm	Deeside	12.08

DISCUS U13G

1 Hayley	Nuttall	Deeside	12.55
2 Eleanor	Douggie	Deeside	9.64

U11G

LongJump

1 Laura	Bentley	Wrexham	2.86
2 Sophie	Pemberton	Wrexham	2.82
3 Emily	Rowland	Wrexham	2.38
4 Sophie	Hughes	Wrexham	2.8
5 Lolly	Lewis	Maldwyn	1.75

LongJump U13 Boys

1 Ben	McPartland	Menai
2 Simon	Bentley	Wrexham
3 Will	Scott	Wxm
4 Michael	Ludden	Deeside

Javelin

1 George	Oliver	Deeside
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Shot

1 Joe	Wynne	Wrexham
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U11B

LJ

1 Kieran	Cooper	Wrexham
2 David	Laird	Maldwyn
3 Grant	Leach	Prestatyn

MG	LJ		
1 Emma	Garstang	Denbs	4.55
2 Amy	Campagne	Denbs	4.22
3 Fleur	Bowen	Denbs	3.88

Hammer	MG		
1 Stephanie Owens	WestChest		39.99N/r

SHOT	JB		
1 James	Fortune	Flints	12.71
2 Liam	Barbwick	Wxm	10.3
3 Ryan	Gillott	Flints	9.22

Triple Jump	MB		
1 Stephen	Gadie	Wxm	11.52
2 Callum	Shields	Flints	10.65

Triple Jump	JB		
1 Jack	Gronow	Denb	11.73
2 Matthew	Williams	Wxm	10.55

Shot	SB		
1 Sion	Parry	Denbs	8.56

High Jump	MB		
1 Danny	Evans	Flints	1.70
2 Stephen	Gadie	Wxm	1.65
3 Gawian	Rogers	Wxm	1.60
4 Paul	Sellwodd	Wxm	1.45

High Jump	SB		
1 Nick	Wood	Denbs	1.45

Discus	JG		
1 Lyndsey	Cheers	Wxm	20.91
2 Sadie	Gibson	Wxm	18.27
3 Sarah	Massey	Denb	16.27
4 Bethan	Ryvar	Denb	16.03
5 Sophie	Filer	Flint	13.74

High Jump	JG		
1 Alex	Elliot	Alun	1.50
2 Vicky	Richards	Denbigh	1.15

LONG JUMP	MB		
1 Jack	Davies	Darland	5.61
2 Jamie	Snook	Alun	5.39

Long Jump	JB		
1 Andrew	Smith	Hawarden	
2 Scott	Reed	Prestatyn	
3 John	Edwards	Argoed	
4 Sam	Faulke	Morgan Llwy	
5 Callum	Pertout	Wrexham	

High Jump	JB		
1 Sam	Foulkes	Wxm	
2 Joe	Freeman	Wxm	

Junior Girl	Discus		
1 Lindsay	Cheers	Wrexham	
2 Jodie	Gibson	Wrexham	
3 Sarah	Massey	Denb	
4 Bethan	Ryvar	Denb	
5 Sophie	Filer	Flint	

JAVELIN	JB		
1 J	Allaway	Denbs	
2 L	Badwick	Wxm	
3 S	Williams	Denbs	

Long Jump	JB		
1 Andrew	Smith	Flints	
2 Scott	Read	Denbs	
3 John	Edwards	Flints	
4 Sam	Foulkes	Wxm	
5 Callum	Perlow	Wxm	

Long Jump	SB		
1 Alex	Jones	Denbs	
2 Sion	Parry	Denbs	

3 Mike	Bywater	Penley	4.75
4 Ryan	Morris	Dinas Bran	4.65

Javelin		JG	
1 Lindsey	Cheers	Wxm	20.89
2 Vicky	Ricahrds	Denbs	15.14
3 Jody	Gibson	Wxm	13.46

Javelin		MG	
1 Robyn	Purchase	Wxm	35.46
2 Kim	Bielawski	Wxm	15.93

HighJump		MG	
1 Ruby	Ogden	Wxm	1.40
2 Emma	Garstang	Denbs	1.35
3 Anna	Williams	Wxm	1.30

HighJump		MB	
1 Daniel	Evans	Flints	1.70
2 Stephen	Gadie	Wrexham	1.65
3 Gawain	Rogers	Wrexham	1.60
4 Paul	Sellwood	Denbighshi	1.45

SHOT		MB	
1 Troy	Roberts	Wxm	10.97
2 Declan	Bourne	Wxm	9.16
3 Daniel	Stokes	Flints	8.87

Long Jump		JG	
1 Bethany	Hewitt	wxm	4.54
2 Chris	Hughes	Flints	4.49
3 Sarah	Bailey	Wxm	3.79

DISCUS		MB	
1 Matthew	McCabe	Denbs	30.57
2 Joe	Sprotson	Flints	28.40
3 Troy	Roberts	Wxm	22.58
4 Lee	Ward	Denbs	22.42
5 Jack	Davies	Wxm	20.70
6 Dan	Stokes	Flints	18.44

Javelin		MB	
1 B	Price	Denbs	39.59

Shot		MG	
1 Beth	Pickering	Flints	8.66
2 Charlotte	Abbott	Denbs	6.75
3 Kim	Bielawski	Wxm	6.63
4 Hollie	Davies	Wxm	6.47
5 Charlotte	McConnell	Denbs	6.13

DISCUS		JB	
1 James	Fortune	Flints	
2 Mark	Padgest	Flints	
3 Liam	Badwick	Wxm	
4 John	Allouray	Denbs	

SHOT		JG	
1 Lindsey	Cheers	Wxm	
2 Hayley	Webber	Flints	
3 Bethan	Ryner	Denbs	
4 Jodie	Gibson	Wxm	
5 Jenna	Sherratt	Flints	

Discus		SB	
1 Dan	Skidmore	Denbs	

Shot		SG	
1 Faye	Calvert	Flints	

TripleJump		MG	
1 Amy	Campagne	Denbs	
2 Katy	Barley		
3 Beccy	Roberts		
4 Hannah	Aldcroft		
5 Fleur	Bowen	Denbs	

Hammer		JB	
1 Mark	Polgletti	Denbs	

Hammer		MB	
1 Daniel	Calvert	Flins	

Discus		SG	
1 Faye	Calvert	Flints	

Discus		MG	
1 Stephanie	Owens	Flints	
2 Sian	Price	Flints	
3 Lisa	Witticker	Wxm	
4 Steph	James	Denbs	

6.69  
6.39

6.22

23.19

28.73  
13.87

1.76

6.57  
6.23

35.18

10.26

26.69

2.30  
2.00

20.14

10.65

8.87



1.60

18.44

5.48

5.08

35.63

16.26

26.66

21.54

1.40

1.05

2.20

1.70

38.31

4.52

3.76

3.49

11.90

8.45

12.71

7.89

3.97  
3.49  
3.07  
3.05

18.85

6.56

4.16NR  
2.92  
2.12

5.03  
4.99  
4.70  
4.39  
4.10

1.50  
1.45

20.91  
18.27  
16.27  
16.03  
13.74

27.35  
23.71  
23.28

5.03  
4.99  
4.70  
4.39  
4.10

6.10  
5.29

35.63  
24.51  
20.00  
15.74

9.43  
7.93  
7.70  
7.38  
6.59

17.67

9.98

10.7  
9.92  
9.21  
8.71  
8.56

28.02

20.14

36.03

29.73  
24.36  
16.16  
14.91