

3000m**M15**

1	Paul Thompson	Notts AC	9-28.3
2	Ben Connor	Derby AC	9-42.9
3	Tom Collins	Notts AC	9-46.7
4	Tom Smith	Kingston/Hull	9-52.4
5	Ben Norris	Notts AC	10-01.7
6	Sam Atkin	Cleethorpes	10-08.3
7	Kylie Fowler	Buxton AC	10-08.5
8	Flinn Watson	Matlock AC	10-34.9
9	Mark Boot	Notts AC	11-01.4
10	Stephan Brockett	Grantham AC	11-09.1
11	Andrew Anderson	Kingston/Hull	11-16.4

M17

1	Fergus Anderson	Hull Achilles	9-23.9
2	Liam Clapham	Cleethorpes	9-29.7
3	Elliot Haywood	Lincoln Well.	9-32.9
4	Iain Lynne	Nestle Rowntree	9-35.4
5	Michael Brind	Charnwood	9-36.8
6	Jon Tucker	Kingston/Hull	9-46.7
7	James Kraft	Scarborough AC	9-47.8
8	John Gilchrist	Kingston/Hull	9-47.8
9	Mathew Duncan	Cleethorpes	9-52.1
10	Michael Baldock	Louth AC	9-52.2
11	Jack Hargreaves	Spennthorpe	10-02.0
12	Brendan Chadwick	Shildon RC	10-09.4
13	Tom Hammerton	Cleethorpes	11-07.0
14	Mark Mannings	Oldham&Roy	11-20.2

M20

1	Kevin Deighton	Bridlington RR	8-43.9
2	James Johnson	Kingston/Hull	9-10.1
3	Ashley Sabin	Charnwood	9-26.8
4	Jarratt Perkins	Scunthorpe	9-28.1
5	Sam O`Neil	Scunthorpe	9-46.6
6	James Mee	Mansfield H	9-52.8
7	Simon Hammerton	Cleethorpes	10-01.7

SM

1	Neil Renault	Long Eaton	8-50.4
2	Adam Grice	Heanor RC	8-55.1
3	Mark Baddeley	Lincoln Well.	8-55.4
4	Mick Jagger	Lincoln Well.	8-58.8
5	Philip Hooole	Rotherham H	9-03.7
6	Alex Bostok	Notts AC	9-06.8
7	Richard Harris	Rotherham H	9-07.6
8	Martin Saunders	Ackworth RR	9-25.3
9	Jonathon Carter	Kingston/Hull	9-35.2
10	Thomas McKee	Kingston/Hull	9-39.5
11	Tom Soady	Cleethorpes	9-51.7
12	Gary Perkins	Scunthorpe	10-33.2
13	John Comrie	Rotherham H	10-41.7
14	Rob Starr	Sutton Ashfield	10-48.8
15	Terry Fowler	Buxton AC	11-14.9

F15

1	Tamara Armoush	Amber Valley AC	10-30.1
2	Rachel Robinson	Scunthorpe	10-36.5
3	Rachel Logan	Hull Achilles	11-31.5

	4	Laura Brown	Mansfield H	11-38.3
	5	Chelsea Brockett	Grantham AC	12-01.1
F17	1	Blue Haywood	Lincoln Well.	9-56.4
	2	Michelle Shone	Kingston/Hull	10-29.8
	3	Laura Day	Kingston/Hull	10-49.6
	4	Vicky Needham	Nestle Rowntree	10-53.9
	5	Johanna Gurney	Charnwood	10-55.0
	6	Alex Wheatman	Scarborough AC	10-55.7
	7	Alex Sharp	Louth AC	11-12.5
	8	Nikita Pemberton	Mansfield H	11-23.7
	9	Laura Frenneadx	Kingston/Hull	11-26.9
	10	Harriet Needham	Lincoln Well.	11-31.1
	11	Emma Bayley	Buxton AC	12-01.9
	12	Lorna Hill	Oldham&Roy	12-06.4
	13	Laureen Havercroft	Kingston/Hull	12-11.0
	14	Rachel Burt	Buxton AC	12-13.3
	15	Verity Burt	Buxton AC	12-16.7
	16	Laura Barnes	Rotherham H	13-00.6
F20	1	Joanne Maddick	Kingston/Hull	10-20.9
	2	Klachen Cheshire	Hull Achilles	10-25.8
	3	Alexandra Snook	Shildon RC	10-47.5
	4	Laura Smith	Louth AC	11-12.8
	5	Amy Whelan	Derby AC	11-24.6
SW	1	Kate Ramsay	Charnwood	9-41.2
	2	Sheila Coyle	Charnwood	9-47.9
	3	Cheryl Lyons	Kingston/Hull	11-08.0
	4	Clare Morley	Hull Achilles	11-39.3
	5	Rachel Guite	Scarborough AC	12-02.8
MV	1	Chris Ireland	City Sheffield	9-21.3
	2	Iain Brown	North Lincs	11-56.9
WV	1	Susie Ardron	Lincoln Well.	11-46.4
	2	Jane Morley	Hull Achilles	12-18.4
100m				
M11	1	Elliot wilson	City Sheffield	14.6
	2	Sam Small	Barnsley AC	15.5
	3	Arran Gordon	City Sheffield	15.7
	4	Bradley Tew	Linford Lions	15.8
	5	Joe Hobson	Linford Lions	16.3
	6	Orrin MacIntyre	Linford Lions	16.4
	7	Joseph Cummings	City Sheffield	16.6
	8	Alex Hendy	Scunthorpe	16.7
	9	Samuel Frith	Bedford&County	16.7
	10	Sam Harper	Scarborough AC	16.7
	11	Roman Lawrence	Scarborough AC	16.7
	12	Haran Dunderdale	Lincoln Well.	17
	13	Declan Cocking	Unattached	17
	14	Joseph Parsons	Linford Lions	17.7
	15	Alex Cox	Scunthorpe	18.7
	16	Dion Harrison	Louth AC	18.7
M13				

	1	Ashley Wren	Scunthorpe	13.7
	2	Tom Carylton	Scunthorpe	13.7
	3	Sam Higgins	City Sheffield	14.1
	4	Ben Nicholson	Hallamshire HS	14.1
	5	Jake Holmes	Barnsley AC	14.3
	6	Donald Tafiri	Unattached	14.5
	7	George Gregory	Hallamshire HS	14.6
	8	Ross Blakemore	City Sheffield	14.6
	9	Thomas Milner	Penistone FPR	14.7
	10	Matthew Cox	Scunthorpe	14.7
	11	Fuad Hassan	City Sheffield	14.8
	12	Matthew Ward	EIS	14.9
	13	Jonathon Croft	Scunthorpe	14.9
	14	Ryan Etherington	Shildon RC	15
	15	Henry Curtis	U/A	15
	16	Josh Sykes	Barnsley AC	15.1
	17	Adam Khan	City Sheffield	15.1
	18	Nathan Neeves-Redpa	Kingston/Hull	15.2
	19	Max Roberts	Unattached	15.4
	20	Garry Milner	Penistone FPR	16.8
	21	Robert England	Penistone FPR	17.6
M15				
	1	Ben Samuels	City Sheffield	11.9
	2	Ben Norris	Notts AC	12.1
	3	Dannish Khan	City Sheffield	12.2
	4	Gareth Lee Morton	Rotherham H	12.8
	5	Liam Summers	Nestle Rowntree	12.9
	6	Jordon Rose	Hallamshire HS	13.1
	7	Ryan Childs	Mansfield H	13.3
M17				
	1	Daniel Mcintosh	Hull Achilles	11.5
	2	Luke Edwards	Barnsley AC	11.6
	3	Jonny Towns	Macclesfield H	11.6
	4	Chris Taylor	Barnsley AC	11.7
	5	Matthew McSherry	Hull Achilles	12.1
	6	Dominic Friend	Charnwood	12.2
	7	David Wolstenholme	Kingston/Hull	12.3
	8	ian Jones	East Ches H	12.3
	9	Richard Williams	Penistone FPR	12.6
	10	Ben Weisz	Nene Valley H	12.8
	11	Mauldoda Alfonson	Unattached	13.1
	12	David Coupe	Rotherham H	13.1
	13	Mark Cage	Kingston/Hull	13.2
	14	Mohammed Mohsin	City Sheffield	13.9
	15	Shakoor Hussain	Burton AC	13.9
	16	Karim Ishmael	City Sheffield	14.1
M20				
	1	Matt Cross	Barnsley AC	11.1
	2	Ricardo Francis	Wakefield H	11.4
	3	Will Steel	Nestle Rowntree	11.9
	4	James Mee	Mansfield H	13.1
	5	Thomas Wilson	Notts AC	14.2
SM				
	1	Jamie Gill	Sheff Hallam	11.1
	2	Johnny Shearn	Wakefield H	11.3
	3	Alec Coley	City Sheffield	11.4

4	Luke Giblin	Kingston/Hull	11.6
5	Aiden Gilmore	Oldham&Roy	11.8
6	Richard Mather	Oldham&Roy	12.1
7	James Carmichael	City Sheffield	12.3
8	Jonathon Newell	Mansfield H	12.4
9	Gary Kearns	Oldham&Roy	12.5
10	Andrew Kinnear	Barnsley AC	12.6
11	Ian Riley	East Ches H	12.6
12	Nash Cummings	City Sheffield	12.7
13	Terry Fowler	Buxton AC	13
14	Simon Pugh	Rotherham H	14.3

F11

1	Danielle Gash	U/A	14.7
2	Abbey Stanley	City Sheffield	15.2
3	Stephanie O`connor	Scunthorpe	15.6
4	Jenny Eliss	Hallamshire HS	15.7
5	Matilda Moulam	City Sheffield	15.8
6	Olivia Noteman	City Sheffield	16
7	Amy Etherington	Shildon RC	16.2
8	Carly Enright	Barnsley AC	16.6
9	Lorna Blakemore	City Sheffield	16.8
10	Jessica Raynor	Mansfield H	17.3
11	Jenni Etherington	Scunthorpe	19.1
12	Sabrina Martin	Linford Lions	19.2
13	Elizabeth Coupe	Unattached	20.1
14	Aimee-Lea Milner	Penistone FPR	21.5

F13

1	Elizabeth Wood	Shildon RC	13
2	Abigail Bishell	City Sheffield	13.7
3	Kelly Clarke	City Sheffield	14
4	Charlotte wignall	Barnsley AC	14.1
5	Olivia Neal	Rotherham H	14.5
6	Emily Cox	City Sheffield	14.6
7	Georgina O`connor	Scunthorpe	14.7
8	Miriam Khan	City Sheffield	14.8
9	Marie Sanson	Mansfield H	15.1
10	Lucy Hodgson	City Sheffield	15.2
11	Jasmine Cornwall	Retford AC	15.2
12	Emily Wilkinson	Hallamshire HS	15.3
13	Lucy Bird	Barnsley AC	15.4
14	Grace Dennis	City Sheffield	15.5
15	Keira Abbott	Mansfield H	15.7
16	Laura England	Barnsley AC	16
17	Emma Towers	City Sheffield	16.1
18	Hollie Arnold	Unattached	16.2
19	Lauryn Burley	Lincoln Well.	16.3
20	Sophia Holdsworth	Carnegie	17.3

F15

1	Carys Hall	City Sheffield	13.2
2	Hayley Strachan	Cleethorpes	13.3
3	Sophie Temple	Barnsley AC	13.4
4	Hannah Brightmore	Mansfield H	13.4
5	Rebecca Hirst	Barnsley AC	13.4
6	Heather Dyson	Rotherham H	13.6
7	Kate Ellis	Barnsley AC	13.7
8	Charlotte Newbould	Hallamshire HS	13.7

	9	Rebecca Collins	Hallamshire HS	13.7
	10	Lauren Pollard	Hallamshire HS	13.9
	11	Claire Beaumont	Mansfield H	14
	12	Jessica Hogg	Hallamshire HS	14
	13	Sophie Croft	Scunthorpe	14
	14	Alex England	Barnsley AC	14.1
	15	Faye Morton	Hallamshire HS	14.1
	16	Becky Stringer	Retford AC	14.1
	17	Hannah Frid	Barnsley AC	14.2
	18	Jodie Deakin	Barnsley AC	14.3
	19	Lauren Sykes	Barnsley AC	14.4
	20	Jade Woolsey	Unattached	14.6
	21	Bethany Hill	Barnsley AC	14.7
	22	Zoe Bayley	Buxton AC	14.8
	23	Jennifer Evans	Barnsley AC	14.8
	24	Danielle Gilchrist	Cleethorpes	14.9
	25	Lorna Barrass	Scunthorpe	15.3
	26	Lindsay King	Hallamshire HS	15.6
F17				
	1	hannah Bird	Barnsley AC	12.8
	2	Jodie Warnes	Hallamshire HS	12.9
	3	Hannah Godrich	Leicester Cor	13.2
	4	Esther Holland	Retford AC	13.2
	5	Reagan Wright	Retford AC	13.2
	6	Becky Ellis	Barnsley AC	13.4
	7	Leah Miller	City Sheffield	13.5
	8	Laura Rigby	Nestle Rowntree	13.5
	9	Amy Giblin	Kingston/Hull	13.7
	10	Alice White	Hallamshire HS	14
	11	Hayley Cameron	Matlock AC	14.1
	12	Kimberley Fegan	Louth AC	14.4
	13	Weaam hassan	City Sheffield	14.7
F20				
	1	Emily Shaw	Oldham&Roy	12.2
	2	Rachel Shaw	Barnsley AC	12.6
	3	Vicky King	Birchfield H	13.8
SW				
	1	Amanda Shaw	Barnsley AC	12.5
	2	Jackie Cooke	Wigan H	13
	3	Maria Ala Kauppila	Barnsley AC	14
	4	Kelly King	Charnwood	14
	5	Amy Martin	Linford Lions	17.2
MV				
	1	David Shaw	Barnsley AC	12.7
	2	Rodney Clarke	NVAC	18.3
800m				
M11				
	1	Bradley Tew	Linford Lions	2-54.5
	2	Alex Hendy	Scunthorpe	2-57.2
	3	Haran Dunderdale	Lincoln Well.	2-58.5
	4	Sam Harper	Scarborough AC	3-12.3
	5	Dion Harrison	Louth AC	3-17.3
	6	Joseph Parsons	Unattached	3-20.8
	7	Declan Cocking	Unattached	3-21.5
	8	Elliot wilson	City Sheffield	3-24.5
	9	Roman Lawrence	Unattached	3-27.1

M13	10	Orrin MacIntyre	Unattached	3-30.1
	1	Chris Grayson	City Sheffield	2-21.7
	2	Cameron Boyek	Shildon RC	2-29.2
	3	Mark Thompson	Notts AC	2-30.1
	4	Scott Thornton	Shildon RC	2-30.7
	5	Scott Edwards	Derby AC	2-32.0
	6	Jonathan Brown	Mansfield H	2-33.8
	7	Cameron McNeil	Notts AC	2-36.9
	8	Nathan Duncan	Cleethorpes	2-46.1
	9	Ryan Etherington	Shildon RC	2-47.7
	10	Matthew Wilks	Hallamshire HS	2-48.5
	11	Luke Comer	U/A	2-49.8
	12	Dale Williams	Scunthorpe	2-50.1
	13	Michael Wilsher	Hallamshire HS	2-50.9
	14	Joshua Savage	City Sheffield	2-52.7
	15	Thomas Wragg	Mansfield H	2-55.1
M15	1	Thomas Atkinson	Spembrough	2-10.2
	2	Tom Butler	Hallamshire HS	2-17.0
	3	Joe Wilbourne	Cleethorpes	2-18.6
	4	Ben Connor	Derby AC	2-20.4
	5	Tom Barker	Matlock AC	2-21.9
	6	Lewis Crossland	Penistone FPR	2-22.7
	7	Noor Hussein	City Sheffield	2-23.7
	8	Jack Thomas	Lincoln Well.	2-24.5
	9	Danny Schofield	Scarborough AC	2-24.5
	10	Mohammed Otmani	City Sheffield	2-46.4
	11	Luke Mason	Mansfield H	2-49.3
M17	1	Aiden Reed	Mansfield H	1-58.8
	2	Karl McDonagh	Scunthorpe	2-00.2
	3	Adbi Risak Ahmed	City Sheffield	2-02.3
	4	Daniel Heathcote	Mansfield H	2-04.5
	5	Jack Cutsforth	Kingston/Hull	2-05.8
	6	Aiden Brown	Mansfield H	2-07.8
	7	Jamie Bonnet	Hallamshire HS	2-09.4
	8	Tom Larter	Louth AC	2-10.8
	9	Scott Baxter	Charnwood	2-11.6
	10	Josh Woodman	Lincoln Well.	2-12.6
	11	Iain Lynne	Nestle Rowntree	2-14.0
	12	Sam Witter	Oldham&Roy	2-14.5
	13	Liam Holiday	Kingston/Hull	2-15.9
	14	Adam Arthurs	Oldham&Roy	2-17.3
	15	Lendle Taylor	City Sheffield	2-20.7
	16	Michael Shaw	Shildon RC	2-24.5
	17	Mark Cage	Kingston/Hull	2-24.7
M20	1	Steven Bonnington	Heanor RC	1-58.7
	2	Stuart King	Mansfield H	1-59.7
	3	Warren Roberts	Shildon RC	2-03.4
	4	Ben Proctor	Scarborough AC	2-05.3
	5	Chris Rainsford	Heanor RC	2-05.6
	6	Michael Munford	Mansfield H	2-08.1
	7	Daniel Holiday	Kingston/Hull	2-08.7
	8	Chris Thornton	Sheff Hallam	2-10.1

	9	Joe Partridge	Leeds City	2-10.7
	10	Michael Mannings	Oldham&Roy	2-10.8
	11	Christophe Fullerton	Lincoln Well.	2-11.0
	12	Matthew Proctor	Rochdale	2-11.7
	13	James Bateson	Barnsley AC	2-12.3
SM				
	1	Alex Smith	Hallamshire HS	1-58.5
	2	Martin Reid	City Sheffield	2-00.1
	3	Paul Harmer	Charnwood	2-00.1
	4	James Brook	Louth AC	2-02.0
	5	Guy Baragwanath	Sheffield Uni	2-06.1
	6	Christophe Davenport	Charnwood	2-08.7
	7	R Spencer	Doncaster AC	2-12.3
	8	Ryan Smith	Lincoln Well.	2-17.6
	9	Dave Best	Sildon RC	2-19.8
F11				
	1	Amy Etherington	Sildon RC	2-54.4
	2	Matilda Moulam	City Sheffield	2-54.5
	3	Claire Wilsher	Hallamshire HS	2-58.2
	4	Catrina Thomas	Lincoln Well.	3-03.6
	5	Abbey Stanley	City Sheffield	3-07.0
	6	Jessica Raynor	Mansfield H	3-08.4
	7	Jessica Dooley	Hallamshire HS	3-11.9
	8	Charlotte Slack	Hallamshire HS	3-15.3
	9	Antonia Butcher	Linford Lions	3-19.2
	10	Amy Strachan	Cleethorpes	3-21.5
F13				
	1	Samantha Sakovic	Kingston/Hull	2-28.9
	2	Rachel Brandham	Mansfield H	2-35.5
	3	Emma Harper	Scarborough AC	2-40.3
	4	Remmie Cockrell	Hallamshire HS	2-42.0
	5	Amy Potter	Hallamshire HS	2-44.3
	6	Bethany England	Barnsley AC	2-45.6
	7	Fiona Higgin	Sildon RC	2-49.2
	8	Eleanor Robinson	Hull Achilles	2-50.5
	9	Jasmine Pulfrey	Hallamshire HS	2-51.7
	10	Kelly Bramhald	Doncaster AC	2-52.8
	11	Olivia Butters	Hallamshire HS	2-53.5
	12	laura Savage	City Sheffield	2-54.1
	13	Demijade Jakymelen	Mansfield H	2-56.2
	14	Caris Etherington	Scunthorpe	2-57.7
	15	Elizabeth Wood	Sildon RC	3-00.2
	16	Laurel Quinn	Hallamshire HS	3-01.5
	17	Florence Evans	Barnsley AC	3-04.5
	18	Rio Henley	Mansfield H	3-15.1
	19	Charlotte Bellingham	Mansfield H	3-18.2
F15				
	1	Georgia Milton	Mansfield H	2-18.0
	2	Abbey Vernon	Rotherham H	2-19.5
	3	Kate Avery	Sildon RC	2-22.8
	4	Christie Childs	Mansfield H	2-23.1
	5	Rebecca Newton	Hallamshire HS	2-25.9
	6	Hester Talbot	Lincoln Well.	2-27.3
	7	Rebecca Dobson	Lincoln Well.	2-27.6
	8	Hannah Wragg	Mansfield H	2-30.2
	9	Hannah Jacobean	Kingston/Hull	2-30.9

10	Kate Russell	Hallamshire HS	2-32.4
11	Daniella Hankins	Kettering Town	2-33.2
12	Dea_Anna Davey	Lincoln Well.	2-35.0
13	Laura Brown	Mansfield H	2-36.1
14	laureen Potter	Hallamshire HS	2-38.6
15	Charlotte Noonan	Amber Valley AC	2-39.7
16	Karte Raynor	Mansfield H	2-44.1
17	Sophie Ward	Mansfield H	2-47.1
18	Ellie Jones	Lincoln Well.	2-47.2
19	Hannah Dobbs	Cleethorpes	2-47.9
20	Chantelle Clarke	Hallamshire HS	3-00.4
21	Jennifer Vigurs	Lincoln Well.	3-04.3
22	Natalie Mannings	Oldham&Roy	3-10.3

F17

1	Jade Allen	Rotherham H	2-17.7
2	Kerrie Harris	Hull Achilles	2-18.3
3	Rochelle Harrison	Louth AC	2-20.5
4	Briony Harris	Hull Achilles	2-25.0
5	Amy Bridgeman	Scarborough AC	2-25.1
6	Lara Thomas	Lincoln Well.	2-27.5
7	Melanie Fillingham	Scunthorpe	2-28.4
8	Alex Sharp	Louth AC	2-29.8
9	Siobhan Wasyliv	Lincoln Well.	2-31.7
10	Tay Tomouk	Hallamshire HS	2-36.6
11	Jessica Witton	Retford AC	2-36.7
12	Rosie Upton	Hallamshire HS	2-39.2
13	Eleanor Clarke	Lincoln Well.	2-44.7
14	Emily Curry	Kingston/Hull	2-48.5
15	Emma Bayley	Buxton AC	2-49.0
16	April Bontoft	Lincoln Well.	2-59.7

F20

1	Alex Firth	Hallamshire HS	2-26.0
2	Laura Smith	Louth AC	2-28.7
3	Rebecca Gregory	Hallamshire HS	2-30.1
4	Sarah Barnes	Rotherham H	2-32.0
5	Caitlin Pearson	New Marske H	2-33.0
6	Layla Moore	Lincoln Well.	2-44.1
7	Deborah Haslam	Heanor RC	2-54.5

SW

1	Sheila Coyle	Charnwood	2-18.8
2	Nicola Squires	Hallamshire HS	2-19.6
3	Natalie Owens	Shildon RC	2-28.0
4	Claire Leake	Goole Youth	2-35.2
5	Emily Pelucci	Scarborough AC	2-36.4
6	Tertia Richie	Lincoln Well.	2-37.1
7	Carianne Franks	U/A	2-40.9
8	Emily Findlay	Shildon RC	2-50.1
9	Amy Martin	Linford Lions	3-26.2

200m
M11

1	Elliot wilson	City Sheffield	31
2	Orrin MacIntyre	Unattached	32.6
3	Sam Small	Barnsley AC	32.7
4	Arran Gordon	City Sheffield	33.4
5	Alex Hendy	Scunthorpe	34.2
6	Declan Cocking	Unattached	36.6

M13	7	Roman Lawrence	Unattached	38.7
	1	Tom Carylon	Scunthorpe	28.9
	2	Sam Higgins	City Sheffield	30
	3	Ben Nicholson	Hallamshire HS	30.4
	4	Ashley Wren	Scunthorpe	30.5
	5	George Gregory	Hallamshire HS	30.7
	6	Patrick Jowett	Louth AC	30.8
	7	Fuad Hassan	City Sheffield	30.8
	8	Nathan Duncan	Cleethorpes	31.1
	9	Adam Khan	City Sheffield	31.2
	10	Matthew Cox	Scunthorpe	31.6
	11	Jonathon Croft	Scunthorpe	32.1
	12	Michael Wilsher	Hallamshire HS	32.3
	13	Henry Curtis	U/A	33.2
	14	Thomas Wragg	Mansfield H	34
	15	Luke Comer	U/A	34
	16	Donald Tafiri	Unattached	34.3
M15	1	Dannish Khan	City Sheffield	25.1
	2	Gareth Lee Morton	Rotherham H	25.8
	3	Jordon Rose	Hallamshire HS	26.5
	4	Jack Skeet	Lincoln Well.	26.6
	5	Liam Summers	Nestle Rowntree	26.7
	6	Stephan Brockett	Grantham AC	27.9
	7	Peter Spence	Grantham AC	28.2
	8	Mohammed Otmani	City Sheffield	32.5
	9	Mustafe Mohammed	City Sheffield	41.2
M17	1	Daniel Mcintosh	Hull Achilles	23.3
	2	Luke Edwards	Barnsley AC	24
	3	Chris Taylor	Barnsley AC	24.2
	4	ian Jones	East Ches H	24.6
	5	Jonny Towns	Macclesfield H	24.6
	6	Matthew McSherry	Hull Achilles	25
	7	Richard Williams	Penistone FPR	25.6
	8	Ben Weisz	Nene Valley H	26.2
	9	Abdi Ali	City Sheffield	26.6
	10	Gregg Lant	Hallamshire HS	26.7
	11	Mauldoda Alfonson	City Sheffield	26.7
	12	jack Cornwall	Retford AC	26.8
	13	Mohammed Mohsin	City Sheffield	28.2
	14	Shakoor Hussain	Burton AC	29.6
	15	James Kraft	Scarborough AC	34.7
M20	1	Philip Jarrett	City Sheffield	23
	2	Ricardo Francis	Wakefield H	23.2
	3	Thomas Wilson	Notts AC	29.9
SM	1	Jamie Gill	Sheff Hallam	22.5
	2	Martin Cook	Mansfield H	23
	3	Luke Giblin	Kingston/Hull	23.2
	4	Aiden Gilmore	Oldham&Roy	23.5
	5	Steven Evison	City Sheffield	24
	6	Richard Mather	Oldham&Roy	24.6
	7	James Carmichael	City Sheffield	25.1

	8	Andrew Kinnear	Barnsley AC	25.9
	9	Jonathon Newell	Mansfield H	25.9
	10	Gary Kearns	Oldham&Roy	26.1
	11	Ian Riley	East Ches H	26.2
	12	Simon Pugh	Rotherham H	29.2
F11				
	1	Danielle Gash	U/A	31.5
	2	Abbey Stanley	City Sheffield	32.1
	3	Claire Wilsher	Hallamshire HS	32.2
	4	Matilda Moulam	City Sheffield	33.2
	5	Jenny Eliss	Hallamshire HS	33.3
	6	Olivia Noteman	City Sheffield	33.4
	7	Stephanie O`connor	Scunthorpe	34.7
	8	Catrina Thomas	Lincoln Well.	36.3
	9	Antonia Butcher	Linford Lions	38.8
	10	Tilly Curtis	U/A	40.1
	11	Sabrina Martin	Linford Lions	42.1
F13				
	1	Charlotte wignall	Barnsley AC	28.6
	2	Abigail Bishell	City Sheffield	28.9
	3	Olivia Neal	Rotherham H	30.3
	4	Miriam Khan	City Sheffield	30.6
	5	Emily Cox	City Sheffield	31
	6	Jasmine Cornwall	Retford AC	31.7
	7	Grace Dennis	City Sheffield	32.1
	8	Marie Sanson	Mansfield H	32.1
	9	Eleanor Robinson	Hull Achilles	32.3
	10	Georgina Lee Hurst	Hallamshire HS	33.3
	11	Demijade Jakymelen	Mansfield H	33.3
	12	Keira Abbott	Mansfield H	33.5
	13	Rio Henley	Mansfield H	33.9
	14	Emma Towers	City Sheffield	34.3
	15	Hollie Arnold	Cleethorpes	34.5
	16	Lauryn Burley	Lincoln Well.	34.7
	17	Sophia Holdsworth	Carnegie	38
F15				
	1	Rebecca Hirst	Barnsley AC	27.2
	2	Carys Hall	City Sheffield	27.2
	3	Hayley Strachan	Cleethorpes	27.9
	4	Sophie Temple	Barnsley AC	28
	5	Charlotte Newbould	Hallamshire HS	28.5
	6	Kate Ellis	Barnsley AC	28.8
	7	Lauren Pollard	Hallamshire HS	28.9
	8	Heather Dyson	Rotherham H	29
	9	Faye Morton	Hallamshire HS	29
	10	Alex England	Barnsley AC	29.1
	11	Rebecca Collins	Hallamshire HS	29.1
	12	Sophie Croft	Scunthorpe	29.3
	13	Jessica Hogg	Hallamshire HS	29.6
	14	Claire Beaumont	Mansfield H	29.7
	15	Hannah Frid	Barnsley AC	30
	16	Jodie Deakin	Barnsley AC	30.1
	17	Hannah Wragg	Mansfield H	30.2
	18	Christie Childs	Mansfield H	30.3
	19	Lauren Sykes	Barnsley AC	30.4
	20	samantha Underwood	Hull Achilles	30.4

	21	Chelsea Brockett	Grantham AC	31.4
	22	Dea_Anna Davey	Lincoln Well.	31.8
	23	Gina Thornton	Rochdale	31.9
	24	Lorna Barrass	Scunthorpe	32.3
	25	Zoe Bayley	Buxton AC	32.4
F17				
	1	hannah Bird	Barnsley AC	26
	2	Jodie Warnes	Hallamshire HS	27
	3	Reagan Wright	Retford AC	27.1
	4	Hannah Godrich	Leicester Cor	27.3
	5	Esther Holland	Retford AC	27.6
	6	Becky Ellis	Barnsley AC	28.1
	7	Alice White	Hallamshire HS	28.2
	8	Rose Paxman	U/A	29
	9	Weaam hassan	City Sheffield	29.7
	10	Kimberley Fegan	Louth AC	29.9
	11	Tay Tomouk	Hallamshire HS	30.8
F20				
	1	Emily Shaw	Oldham&Roy	25.2
	2	Rachel Shaw	Barnsley AC	26.2
	3	Jayne Moulding	Louth AC	28.2
	4	Rebecca Gregory	Hallamshire HS	35.4
SW				
	1	Jackie Cooke	Wigan H	26.9
	2	Kelly King	Charnwood	29.7
	3	Emily Pelucci	Scarborough AC	30.3
	4	Amy Martin	Linford Lions	38.9
MV				
	1	David Shaw	Barnsley AC	25.8
	2	Steven Walsh	Goole Youth	26.1
400m				
M11				
	1	Elliot wilson	City Sheffield	53.6
	2	Arran Gordon	City Sheffield	55.2
	3	Orrin MacIntyre	Unattached	56.6
	4	Roman Lawrence	Unattached	66.8
	5	Declan Cocking	Unattached	78.3
M13				
	1	Adam Khan	City Sheffield	48.6
	2	Michael Wilsher	Hallamshire HS	53.3
	3	Henry Curtis	U/A	56.1
M15				
	1	Josh Moody	Matlock AC	55.6
	2	Gareth Lee Morton	Rotherham H	59
	3	Ryan Childs	Mansfield H	60.9
	4	Jordon Rose	Hallamshire HS	60.9
	5	Noor Hussein	City Sheffield	62.6
M17				
	1	Jamie Bonnet	Hallamshire HS	54.4
	2	Adbi Risak Ahmed	City Sheffield	55.1
	3	Adam Foster	Hull Achilles	55.2
	4	Abdi Ali	City Sheffield	59
	5	Gregg Lant	Hallamshire HS	60.9
	6	Sam Witter	Oldham&Roy	61.4
	7	jack Cornwall	Retford AC	61.6
	8	Lendle Taylor	City Sheffield	62.3

	9	David Coupe	Rotherham H	64.3
	10	Mark Mannings	Oldham&Roy	65.8
M20				
	1	Will Steel	Nestle Rowntree	52.9
	2	Craig McDonagh	Scunthorpe	53.4
	3	Chris Burns	City Sheffield	57.1
	4	Fungi Makabele	City Sheffield	58
	5	Sophie Bond	City Sheffield	69.9
SM				
	1	Philip Mukomana	U/A	50
	2	Johnny Shearn	Wakefield H	50.4
	3	Martin Cook	Mansfield H	50.8
	4	Steven Evison	City Sheffield	52.1
	5	Mark Gilmer	Leeds City	53.1
	6	R Spencer	Doncaster AC	55.6
	7	Nash Cummings	City Sheffield	61.2
	8	Simon Pugh	Rotherham H	65.2
F11				
	1	Abbey Stanley	City Sheffield	52.1
F17				
	1	Abbey Glover	Derby AC	43.6
	2	Rochelle Harrison	Louth AC	43.8
	3	Jessica Witton	Retford AC	45.4
	4	Alice White	Hallamshire HS	46.4
	5	Eleanor Clarke	Lincoln Well.	46.7
	6	Lara Thomas	Lincoln Well.	47.1
	7	Siobhan Wasyliw	Lincoln Well.	48.4
F20				
	1	Vicky King	Birchfield H	65.9
	2	Jayne Moulding	Louth AC	66.9
SW				
	1	Maria Ala Kauppila	Barnsley AC	64.5
	2	Tertia Richie	Lincoln Well.	69
MV				
	1	Steven Walsh	Goole Youth	57.3
1mile				
M13				
	1	james Gray	City Sheffield	5-00.1
	2	Freddie Reynolds	Hallamshire HS	5-45.3
	3	Tom Hutton	Hallamshire HS	5-48.5
M15				
	1	Jack Skeet	Lincoln Well.	4-57.0
	2	Josh Moody	Matlock AC	5-33.3
	3	Danny Schofield	Scarborough AC	5-35.9
	4	Matthew Wilsher	Hallamshire HS	5-38.2
M17				
	1	Mathew Duncan	Cleethorpes	5-07.7
	2	Jordon Cole	Longcroft Sch	5-10.8
	3	Michael Baldock	Louth AC	5-15.5
	4	Adam Arthurs	Oldham&Roy	5-18.2
	5	Brendan Chadwick	Sildon RC	5-47.2
M20				
	1	Chris Rainsford	Heanor RC	4-44.2
	2	Michael Mannings	Oldham&Roy	5-05.6
SM				
	1	Philip Hooole	Rotherham H	4-41.3

	2	Steven Borrill	Scunthorpe	4-42.5
	3	Jeff Prest	Trafford AC	4-57.6
	4	Mitchell Robinson	Chesterfield	5-17.1
	5	michael Nicholson	Kingston/Hull	9-17.6
F13				
	1	Remie Cockrell	Hallamshire HS	5-56.2
	2	Laura Muth	Birchfield H	6-11.7
F15				
	1	Calli Thackery	Hallamshire HS	5-30.3
	2	Nicola Birch	Hallamshire HS	5-56.8
	3	Ella Dooley	Hallamshire HS	5-59.6
	4	Emily Reeve	Mansfield H	6-18.0
F17				
	1	Fiona Gilbert	Matlock AC	5-33.9
	2	Kelly Hewison	Hallamshire HS	5-39.2
	3	Hollie Clarke	Hallamshire HS	5-45.8
	4	Hayley Cameron	Matlock AC	5-51.8
	5	Rosie Upton	Hallamshire HS	5-53.8
SW				
	1	Nicola Squires	Hallamshire HS	5-14.9
Long Jump				
M11				
	1	Alex Hendy	Scunthorpe	3.57
	2	Haran Dunderdale	Lincoln Well.	3.27
	3	Arran Gordon	City Sheffield	3.23
	4	Sam Small	Barnsley AC	3.13
	5	Samuel Frith	Bedford&County	2.79
	6	Bradley Fowler	Buxton AC	2.51
M13				
	1	Ashley Wren	Scunthorpe	4.53
	2	Donald Tafiri	City Sheffield	4.14
	3	Jake Holmes	Barnsley AC	4.14
	4	Sam Higgins	City Sheffield	4.11
	5	Jonathan Brown	Mansfield H	4.04
	6	Patrick Jowett	Louth AC	3.87
	7	Matthew Cox	Scunthorpe	3.77
	8	Thomas Milner	Penistone FPR	3.71
	9	Adam Khan	City Sheffield	3.7
	10	Ross Blakemore	City Sheffield	3.69
	11	Josh Sykes	Barnsley AC	3.69
	12	Max Roberts	Unattached	3.59
	13	Jonathon Croft	Scunthorpe	3.51
	14	George Gregory	Hallamshire HS	3.5
	15	Dale Williams	Scunthorpe	3.49
	16	Thomas Wragg	Mansfield H	3.4
	17	Garry Milner	Penistone FPR	3.13
	18	Robert England	Penistone FPR	2.99
M15				
	1	Mohammed Otmani	City Sheffield	3.14
	2	Mustafe Mohammed	City Sheffield	2.7
	3	Arlen Williams	Scunthorpe	2.38
M17				
	1	David Wolstenholme	Kingston/Hull	5.73
	2	David Coupe	Rotherham H	4.77
	3	Jordon Cole	Longcroft Sch	4.64
	4	Karim Ishmael	City Sheffield	4.24

	5	Shakoor Hussain	Burton AC	4.04
	6	Katie Noonan	Amber Valley AC	3.83
	7	jack Cornwall	Retford AC	3.72
	8	Ben Weisz	Nene Valley H	3.63
	9	James Kraft	Scarborough AC	3.04
F11				
	1	Stephanie O`connor	Scunthorpe	3.6
	2	Matilda Moulam	City Sheffield	3.44
	3	Danielle Gash	U/A	3.43
	4	Carly Enright	Barnsley AC	3.17
	5	Jenny Eliss	Hallamshire HS	3.13
	6	Claire Wilsher	Hallamshire HS	3.1
	7	Olivia Noteman	City Sheffield	3.02
	8	Jessica Raynor	Mansfield H	2.83
	9	Amy Strachan	Cleethorpes	2.73
	10	Antonia Butcher	Linford Lions	2.7
	11	Lorna Blakemore	City Sheffield	2.66
	12	Sabrina Martin	Linford Lions	2.61
	13	Jenni Etherington	Scunthorpe	2.39
	14	Elizabert Coupe	Rotherham H	2.18
	15	Aimee-Lea Milner	Penistone FPR	1.85
F13				
	1	Charlotte wignall	Barnsley AC	4.38
	2	Olivia Neal	Rotherham H	4.08
	3	Miriam Khan	City Sheffield	3.96
	4	Bethany England	Barnsley AC	3.94
	5	Georgina O`connor	Scunthorpe	3.92
	6	Kelly Bramhald	Doncaster AC	3.74
	7	Kelly Clarke	City Sheffield	3.61
	8	Grace Dennis	City Sheffield	3.53
	9	Lucy Hodgson	City Sheffield	3.48
	10	Emily Wilkinson	Hallamshire HS	3.36
	11	Lucy Bird	Barnsley AC	3.23
	12	Jasmine Cornwall	Retford AC	3.14
	13	Rio Henley	Mansfield H	3.09
	14	Georgina Lee Hurst	Hallamshire HS	3.02
	15	Emma Towers	City Sheffield	2.96
	16	Charlotte Bellingham	Mansfield H	2.94
	17	Demijade Jakymelen	Mansfield H	2.66
	18	Elizabeth Wood	Shildon RC	2.61
	19	Sophia Holdsworth	Carnegie	2.5
F15				
	1	Sophie Temple	Barnsley AC	4.9
	2	Rebecca Hirst	Barnsley AC	4.45
	3	Danielle Gilchrist	Cleethorpes	4.3
	4	Jade Woolsey	Cleethorpes	4.24
	5	Sophie Croft	Scunthorpe	4.22
	6	Becky Stringer	Retford AC	4.12
	7	Charlotte Noonan	Amber Valley AC	4.1
	8	Lauren Sykes	Barnsley AC	4.07
	9	Rachel Robinson	Scunthorpe	3.84
	10	Jodie Deakin	Barnsley AC	3.73
	11	Zoe Bayley	Buxton AC	3.7
	12	Chelsea Brockett	Grantham AC	3.56
	13	Lindsay King	Hallamshire HS	3.46
	14	Gina Thornton	Rochdale	3.36

F17	1	Laura Rigby	Nestle Rowntree	4.71
	2	Abbey Glover	Derby AC	4.52
	3	Rose Paxman	U/A	4.5
	4	Hannah Burkitt	Newark AC	4.11
	5	Kimberley Fegan	Louth AC	4.05
SW	1	Amy Martin	Linford Lions	2.95
Shot Putt				
M13	1	Jake Holmes	Barnsley AC	6.38
	2	Fuad Hassan	City Sheffield	5.96
	3	George Gregory	Hallamshire HS	4.25
	4	Ross Blakemore	City Sheffield	3.42
M15	1	Daniel Bowkett	Dearnside High	12.16
	2	Ben Sleigh	Leeds City	9.58
	3	Aiden Law	Dearnside High	9.46
	4	Peter Spence	Grantham AC	8.71
	5	Ryan Childs	Mansfield H	8.16
	6	Mustafe Mohammed	City Sheffield	4.95
M17	1	Huggins Phiri	City Sheffield	11.49
	2	Mohammed Mohsin	City Sheffield	7.56
	3	Katie Noonan	Amber Valley AC	6.39
SM	1	Danny Thompson	U/A	10.39
F13	1	Laura England	Barnsley AC	6.31
	2	Kelly Bramhald	Doncaster AC	5.59
F15	1	Tesni Ward	Worksop H	8.25
	2	Clare Iebond	Rotherham H	7.82
	3	Bethany Mitchell	Sutton Ashfield	7.79
	4	Carra Iommi	Burton AC	7.1
	5	Jade Woolsey	Cleethorpes	6.55
	6	Hannah Brightmore	Mansfield H	6
	7	Alex England	Barnsley AC	5.95
	8	Gina Thornton	Rochdale	5.23
	9	Hannah Dobbs	Cleethorpes	5.17
	10	Bethany Hill	Barnsley AC	5.16
F17	1	Kelly Pagdin	Rotherham H	9.08
	2	Abbey Glover	Derby AC	6.31
	3	Laura Barnes	Rotherham H	5.84
High Jump				
M13	1	Patrick Jowett	Louth AC	1.43
	2	Adam Khan	City Sheffield	1.15
	3	Max Roberts	U/A	1.15
M15	1	Joe Wilbourne	Cleethorpes	1.5
	2	Stephan Brockett	Grantham AC	1.45
M17	1	Jamie Bonnet	Hallamshire HS	1.56
	2	Karim Ishmael	City Sheffield	1.5

F13	3	Abdi Ali	City Sheffield	1.44
	1	Florence Evans	Barnsley AC	1.15
F15	2	Lucy Hodgson	City Sheffield	1.15
	1	Charlotte Worth	Barnsley AC	1.55
	2	Hannah Frith	Bedford&County	1.53
	3	Charlotte Noonan	Amber Valley AC	1.41
	4	Jenni Smith	Kingston/Hull	1.38
	5	Emily Ireland	City Sheffield	1.33
	6	samantha Underwood	Hull Achilles	1.3
	7	Jennifer Evans	Barnsley AC	1.3
	8	Laura Brown	Mansfield H	1.25
Javelin				
M13	1	Thomas Peters	Mansfield H	31.28
	2	Thomas Milner	Penistone FPR	22.7
	3	Garry Milner	Penistone FPR	16.52
	4	George Gregory	Hallamshire HS	14.05
	5	Robert England	Penistone FPR	7.84
M15	1	Ben Sleigh	Leeds City	37.72
	2	Tom Williams	Nene Valley H	34.86
	3	Adam Rubery	Mansfield H	31.81
	4	Arlen Williams	Scunthorpe	19.69
	5	Mustafe Mohammed	City Sheffield	15.55
M17	1	Luke Peters	Mansfield H	49.31
SM	1	Gerard Plunkett	Sale H Manch.	62.07
	2	Rob Andrews	City Sheffield	27.64
F13	1	Kelly Bramhald	Doncaster AC	22.28
	2	Laura England	Barnsley AC	21.75
	3	Bethany England	Barnsley AC	19.14
	4	Hollie Arnold	Cleethorpes	18.04
	5	Lauryn Burley	Lincoln Well.	11.37
F15	1	Bethany Mitchell	Sutton Ashfield	28.6
	2	Tesni Ward	Worksop H	27.25
	3	Clare lebond	Rotherham H	24.95
	4	Bethany Hill	Barnsley AC	21.31
	5	Jade Woolsey	Cleethorpes	19.98
	6	Sophie Allen	Charnwood	10.1
	7	Cara lommi	Burton AC	7.22
	8	Hannah Wragg	Mansfield H	7.02
F17	1	Kelly Pagdin	Rotherham H	33.16